



OUR LADY'S SCHOOL NEWSLETTER

11 September 2020

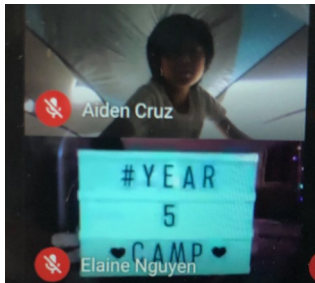
www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times: Saturday 6:00pm
 Sunday 9:00am, 10:30am & 5:30pm
School Phone: 9312 2230
School website: www.olsunshine.catholic.edu.au
Our Lady's is a Child Safe School

'Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with wherever you go.' Josh 1:9

Dear Parents,

Below you can see a screen shot of the very happy and excited Year 5 students who today are participating in a Virtual Camp. We began the day gathering together in prayer and gratitude for all the blessings that have come our way during this term. I would like to thank the Year 5 teachers Angelica Mendoza (5D) and Wendy Veldman (5C) for organising a fun packed virtual camp for the Year 5 students. Some of the exciting activities were: Kahoot, Paper dress ups, a scavenger hunt with Ms McManus, an Art activity with Ms Pina and finally a Talent Show with judges and prizes.



Year 5 Virtual Camp

As you know next week will be our final week of Term 3. Thank you to the staff, students and parents of Our Lady's school for making it such a successful one in spite of all the challenges. Our students have continued to learn and grow. They have found very creative and alternative ways to demonstrate their learning and myself and the staff have been so proud of their efforts. As a thank you to the students we will finish all online learning and Google Meets by 12 o'clock next Friday. The teachers are organising some fun and exciting activities for the students on the last day of this term. It will be a day to celebrate our achievements and finish the term in a positive way.

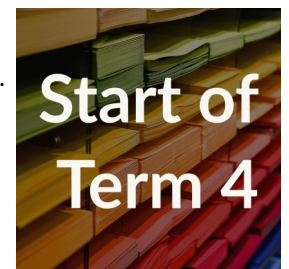
Important dates for Term 4:

Remote, Online Learning will continue into the first week of Term 4 (Monday October 5 - Friday October 9) for all students except those whose parents are essential workers and have a Permitted Worker Permit.

Foundation, Years 1 and 2 will come back to school on Monday the 12th of October. Year 3, 4, 5 and 6 students will continue remote online learning. The canteen will be open from the 12th of October for lunch orders only.

Next week I will give you more details about what the return to school for the Foundation, Years 1 and 2 students will look like. This will include drop off and pick up times.

We are also in the process of organising Art packs for students in Years 3, 4, 5 and 6 to provide art materials for these students who will be continuing to work online. Ms Pina has been working hard to organise this to ensure that all students can participate in the Term 4 Art program. Once they are ready we will let parents know when they can come and pick them up.



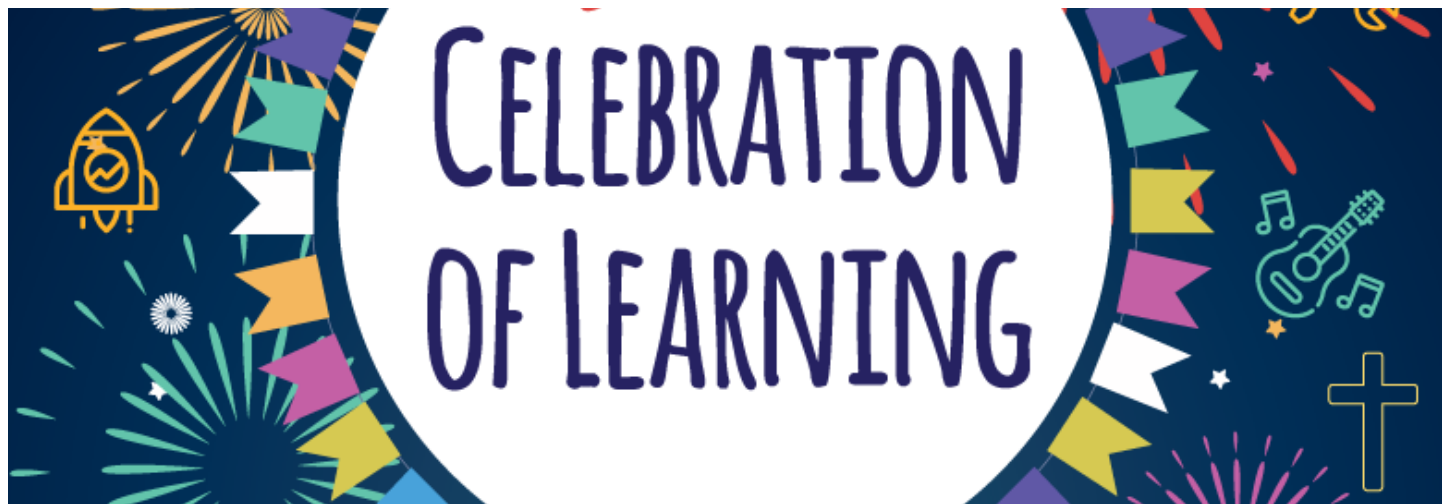
Prayer in Spring

God made all of creation. God gives us the gift of spring.

Living God, in the spring help us to rejoice in the newness of life and to celebrate all life that comes from you. We thank you for blooming flowers and budding trees, for birds singing and beautiful butterflies, and for the world made new.

We wonder at the beauty of this season and the hope it brings.
Amen





FI

Evie - For a graceful dance performance inspired by Spring. Moving around your garden to respond to music and the theme worked really well! Great idea! *From Ms. Cam Tu*

Kiera - For outstanding work in Writing. Your book report was very detailed and your letter to your dog in heaven was very touching. Keep it up! *Ms. Cam Tu*

FJ

Joanne H - For your AWESOME SuperHero workout. You demonstrated some great, powerful moves! Well Done! *From Miss Severino*

Bonnie M- For composing a story book titled: 'Scary Camp'. Keep writing stories! You have a great imagination! *From Miss Severino*

1K

Ben M For trying so hard to improve his learning by being focused and doing more Seesaw activities that help him learn more. Keep trying Ben! *From Miss Karen*

Charlotte M For focussing more on the spelling of words when writing and doing learning on Seesaw. Also for contributing to discussions in Google Meets. Well done! *From Miss Karen*

1L

Danny B - For being an effective Communicator when retelling the story of Creation! He communicated clearly and gave lots of detail! Keep it up! *From Miss Steph*

Olivia T - For being a polite and effective Communicator when learning online, and always asking her teachers how she can improve her work! *From Miss Steph*

2M

Chhazakhai C- for attending all google meets and reading groups. You have been a Self Manager through remote learning. Well done *From Miss Scarpaci*

Khy P- for trying your best through remote learning, it has been great seeing you in our google meets and reading group. Well done *From Miss Scarpaci*

2N

Ivan W- For consistently showing your best learning while learning from home and having a positive approach to all new learning! You have been flexible and adaptable! Well done Ivan! *From Ms Howe*

Henry N- For always being so positive about your learning and for working so well with Mrs. Frances everyday! We are both very proud of you! *From Ms Howe*

3E

Cade A - For completing all of your learning activities each day and for really trying your best this week. I am very impressed with your work every day and I know the other teachers are too. Well done, keep it up! *From Miss O'Connell*

Don A - For working hard this week to try to complete three activities each day. Well done for being a self manager and asking your teachers for help when you needed it. Keep it up! *From Miss O'Connell*

3F

Van R - For working so hard with your reading strategies, such as reading and spelling with long vowel sounds. Keep up

the great work! *From Ms Murphy & Mrs Mitchell*

Evelyn L- For completing all the must do activities, to a high standard, each day! Well done! *From Ms Murphy*

4G

Dominic C- For consistently being an active and eager participant in group activities and always offering to support his fellow peers. Keep it up champ! *From Mrs Sales*

Chloe N- For being an excellent Self-Manager and using the tools accessible to her to overcome difficulties and to learn new Maths concepts. You're a star!

From Mrs Sales

4H

Michael G- For showing initiative in extending his skills and knowledge, taking the risk in heading in a new direction for his learning. Congratulations!! *From Mr Wickham*

Karen H- For showing resilience and determination in the approach that she takes with her learning tasks. Keep up the good work!! *From Mr Wickham*

5C

Levi J - For acting on feedback and completing tasks. You showed persistence when you were in the learning pit, that's what good learners do! *From Miss Wendy*

Kayla T- You showed persistence when you acted on feedback to improve your review plan, and then you wrote a fabulous review! Keep up the great work! *From Miss Wendy*

5D

Joseph C - For the amazing effort you put into your learning each day and working on your goal of using the Learning Asset of Communicator to ask for help when you need it! Superstar! *From Mrs Mendoza*

Julian D - For the amazing effort you have put into your learning this term! I have been so impressed with the work you have been submitting, also completing some of the extension activities! Amazing! *From Mrs Mendoza*

6A

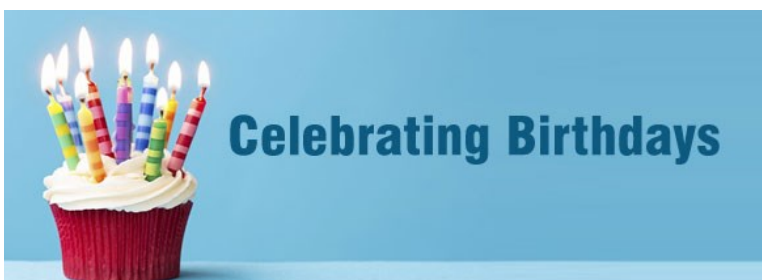
Kon D For bouncing back! You have used the learning Asset of Self-manager to not only improve your attendance for our Google Meets this week but for stating to improve how you manage your workload! *From Ms Kaan*

Martin R For collaborating and working creatively on both your writing task (using a fairy tale to inspire a rap/poem) and FLI tasks! *From Ms Kaan*

6B

Heidi D - For consistently completing all the required tasks during remote learning and making sure you produce work that is your best effort. You are developing into an excellent self-manager! Keep it up! *From Ms. Gurry*

Phoebe W - For writing an exceptional persuasive text about a social justice issue. Your text was well structured and thoughtfully written with facts and data to support your arguments. Well done! *From Ms. Gurry*



Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au

Angelina P 1K
Mason M 1K
Callum D 6B
Kloe N 2N
Grace C 3E
Peter D 2M

Dear Parents,

As our school has a membership with parenting ideas, you are able to access free webinars. You will need to create an account with parenting ideas, listing your details and email address. By creating an account it means all webinars that you register for will be listed in your dashboard and you will be sent reminders.

We did have all this information on the OLPS Wellbeing Hub. However, due to the issue with safeyoutube yesterday, I took the HUB down, so it is currently not accessible. Hopefully that will be temporary. All links will need to be rechecked before making it available again. Apologies for the inconvenience.

In the meantime, I am adding information you need from parenting ideas to register for some great webinars they have available. See details below.

Regards

Christine Carabott

1. View a webinar recording 'Future-proofing your child' for parents at no charge.

As part of this membership, you can access the below webinar recording, 'Futureproofing your child' at no cost.

In this webinar Nikki Bush teaches parents what to expect and how to support their kids to thrive in a future world of work.

To redeem please follow the below steps:

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-future-proofing-your-child>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the coupon code FUTURE
5. Click 'Apply Coupon' Your discount of \$37 will be applied.
6. Click 'Proceed to checkout'
7. Fill in your account details. These are the details you will use to login
8. Click 'Place Order'

This voucher is valid until 14 October 2020.

The webinar recording will then be available in your Parenting Ideas dashboard so you can refer to it at any time. To view the recording visit the website <https://www.parentingideas.com.au> and login using your email and password. You will be directed to a blue welcome page where you select 'my webinars' and all of your webinars will be displayed.

[Article: Parenting in the Age of Disruption](#)

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MINI
Parenting in the age of disruption



2. View a webinar 'Teaching young people about healthy relationships' at no charge.

As part of this membership, you can attend the upcoming webinar 'Teaching young people about healthy relationships' at no cost.

In this webinar Collett Smart gives parents the tools to build a strong relationship with their child where no topic is off-limits and they can come to them with any questions.

To redeem please follow the below steps:

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar->

teaching-young-people-about-healthy-relationships

2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code HEALTHY
5. Click 'Apply Coupon' Your discount of \$37 will be applied.
6. Click 'Proceed to checkout'
7. Fill in your account details. These are the details you will use to login
8. Click 'Place Order'

The voucher is valid until 9 December 2020.

If you're unable to make the broadcast time, just register anyway and you will get access to the recording. The webinar recording will then be available in your Parenting Ideas dashboard so you can refer to it at any time. To view the recording visit the website <https://www.parentingideas.com.au> and login using your email and password. You will be directed to a blue welcome page where you select 'my webinars' and all of your webinars will be displayed.

The webinar relates to the Article: [Article: A topic you can't ignore.](#)

3.View a webinar recording 'Understanding techno tantrums for parents at no charge.

As part of this membership, you can access the below webinar recording 'Understanding techno tantrums' at no cost.

In this webinar Dr Kristy Goodwin helps parents and carers understand why children and teens emotionally combust when they digitally-disconnect, and how to establish new, healthy technology habits.

To redeem please follow the below steps:

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-understanding-techno-tantrums>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code TECHNO
5. Click 'Apply Coupon' Your discount of \$37 will be applied.
6. Click 'Proceed to checkout'
7. Fill in your account details. These are the details you will use to login
8. Click 'Place Order'

The voucher is valid until 17 October 2020.

The webinar recording will then be available in your Parenting Ideas dashboard so you can refer to it at any time. To view the recording visit the website <https://www.parentingideas.com.au> and login using your email and password. You will be directed to a blue welcome page where you select 'my webinars' and all of your webinars will be displayed.

The webinar relates to the Article: [Conquering kids' techno-tantrums](#)

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INSIGHTS
A topic you can't ignore



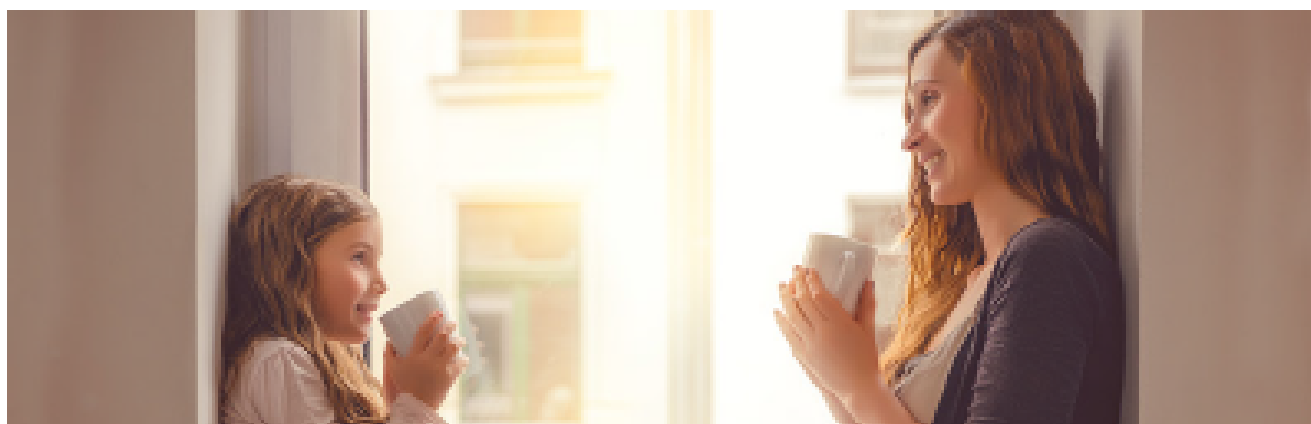
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INSIGHTS
Conquering kids' techno-tantrums



INSIGHTS

Leading the way for children during the Coronavirus pandemic



If you're like me, the news of the Coronavirus (COVID-19) pandemic has your head spinning and your heart pumping. That's only natural as life as we know has taken a seismic shift in recent days.

International travel bans, cancellation of sporting and cultural events, shopping frenzies and talk of school closures continue to dominate the airwaves. Terms such as social distancing, self-isolation and social lockdowns have entered our vocabularies and may soon become part of our daily lives.

Coronavirus is having an unprecedented impact on our daily lives, and will probably do so for some time. While keeping ourselves and children healthy and safe is our main concern, it's also essential to address the anxieties of children and young people during these changing times. Here are some ideas to help inform, reassure and keep children and young people safe.

Build on what your children know

Children and young people have already been exposed to a great deal of information about corona virus through media, digital means and direct social contact. Their understanding will vary depending on their age and also the quality of their information sources so you probably will need to help kids process what they already know.

Casual conversations with teenagers and older children can be useful ways to glean their understanding. You could ask questions like "What are you hearing about Coronavirus? Is there anything you're not sure about?" Younger primary age children may need a more direct approach with parents addressing their specific concerns without giving too much information that can overwhelm them.

Check your own thoughts and feelings

Check your own frame of mind and emotions about COVID-19 before talking to kids. Most children are astute mood detectives and they'll gauge their safety by the way you communicate with them. If you tell a child, "You've got to wash your hands or you'll get infected," you are communicating your own anxieties, making it difficult for them to maintain a healthy state of mind. Have a think about how you can frame your instructions and their importance in a way that doesn't heighten your child's anxieties.

Stay informed

It's difficult to work out fact from fiction, correct from incorrect, information from exaggeration when the news is changing so fast. However you need to educate yourself about the virus itself, including how it's transmitted and how to stay safe. Get information from trustworthy sources such as The Australian Government Health Department website and the current federal government corona virus information media campaign.

parenting * ideas

Answer questions truthfully

It's important that parents and teachers answer children's questions honestly in age-appropriate ways and within context of what is happening at the given time. If their sport or hobby has been temporarily cancelled empathise with their concerns, while helping them maintain a sense of perspective.

Initiate positive action

One way to reduce anxiety and allay children's fears is to involve them in planning and preparation for their personal and group safety. Positive activities such as maintenance of personal hygiene, greeting people with an elbow tap and getting plenty of sleep can help restore a sense of control, that is so important for their wellbeing.

Find refuge in rituals

Regular rituals such as mealtimes, bedtime stories and regular one-on-one time provide both an anchor to normality and a sense of connection for kids at times of change. Consider reconstituting favoured family rituals at this time if they have lapsed due to lack of time, or lifestyle frenzy.

Look outwards

In difficult times there is a tendency to look inwards, which is a natural protective strategy. The alternative is to establish a sense of connection and community spirit by focusing on generosity and togetherness. Help children see past their own needs and look for ways to assist others whether it's shopping for an elderly neighbour, helping a younger sibling occupy themselves, or planning an indoor movie night for the whole family.

The Coronavirus presents many practical challenges to parents and other important adults in the lives of kids. Staying calm, keeping informed, and adjusting our own habits are just some of the challenges we face. However a significant challenge is one of personal leadership. That is, during these difficult times we need to be civil to each other, look out for each other and be mindful of the common good in everything we do. In this, we can all take a significant lead.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



Talk to those who do wrong by you

23rd Sunday in Ordinary Time, Year A

Gospel

Mt 18:15-17

Jesus said to his disciples: 'If your brother does something wrong, go and have it out with him alone, between your two selves. If he listens to you, you have won back your brother. If he does not listen, take one or two others with you: the evidence of two or three witnesses is required to sustain any charge. But if he refuses to listen to these, report it to the community; and if he refuses to listen to the community, treat him like a pagan or a tax collector.'



How did Jesus treat sinners?

Matthew was a tax collector and was disliked by many people. Jesus shared a meal with him and other sinners.

Matthew became a disciple of Jesus. *Mt 9:9-13*

Draw Jesus sharing a meal with Matthew and his friends

A woman who had sinned was brought before Jesus. The pharisees wanted Jesus to condemn her, but instead Jesus forgave her sins. *Jn 8:2-11*

Write a short prayer asking God to forgive our sins

Dear Lord, _____

_____ Amen.

Jesus wants us to be peacemakers

When someone does wrong things against me, I can be a peacemaker by....

When I do wrong things against someone, I can be a peacemaker by....

A rich man named Zaccheus climbed a tree to get a better view of Jesus. People became upset when Jesus decided to be a guest at Zaccheus' house, but Zaccheus was so happy he gave half his possessions to the poor. *Lk 19:1-10*

Draw Zaccheus in the sycamore tree