



OUR LADY'S SCHOOL NEWSLETTER

28 March 2024

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley

Principal: Ms. Patrizia Bertani

Parish Mass Times:

English: Saturday 9.00am, 5.30pm, Sunday 9.00am, 10.30am & 5.30pm

Vietnamese: Saturday 7.00pm, Sunday 12.30pm, Friday 7.30pm

Chin Hakha/Burmese: 2.30pm

Tongan: Every 1st Sunday 3.00pm

School Phone: 9312 2230

School website: www.olsunshine.catholic.edu.au

Our Lady's is a Child Safe School

I give you a new commandment, love one another; just as I have loved you, you also must love one another. By this love you have for one another, everyone will know that you are my disciples. John 13:34-35

DATES FOR THE DIARY

Thur 28 Mar End of Term 1 at 1.00pm. Casual Day for a money donation

Mon 15 April Start of Term 2 at 8.35am.

Wed 17 April Foundation Scienceworks Excursion

Mon 22 Apr Maths Information Night for Parents (Michael Ymer) 7.00-8.00pm

Wed 24 Apr 7.00-8.00pm RE Sacrament Information Evening with Maria Forde (online)

Thur 25 April ANZAC Day Public Holiday. No school

Fri 26 April School Closure (All MACS schools)

Wed 1 May Open Day for Foundation 2025. Tours at 9.00am and 4.00pm

Thur 2 May Teeth on Wheels

Thur 9 May Mother's Day Stall, Teeth on Wheels

Sun 12 May Mother's Day

Mon 27 May Athletics Day at Keilor Athletics Track

SACRAMENTS

Thurs 2 May 6.30pm Reconciliation for Year 3

Sun 26 May 10.30am Eucharist for Year 4

Fri 2 Aug 7.00pm Confirmation for Year 6

PROFESSIONAL LEARNING DAYS - PUPIL FREE DAYS

Friday 26 April - School Closure (All MACS schools)

Wed 26 & Thurs June - Three Way Learning Conversations

Dear Parents and Carers,

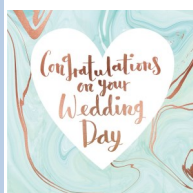
As we bring this first term of the school year to a close I would like to thank God for the many blessings that he has bestowed on our school community. Thank you to the students of Our Lady's School, the parents and the staff. Together we have created an inclusive, vibrant, dynamic, safe and happy learning environment for our children to thrive in. At Our Lady's school we concur with the following words from Archbishop Peter Comensoli:

Each student is important, each student is wonderful... because each is made in the image of God. In their hopes and their challenges, their imperfections, and their gifts... every child is a blessing to be nurtured, supported and encouraged.

I thank you the parents for giving myself and my staff the privilege of teaching and nurturing your child at Our Lady's School.

This week we continued Our Lenten journey in preparation for Easter Sunday. We did this by going to the church as a whole school on Monday and Tuesday and reflecting on Holy Week and the Stations of the Cross. The children in each class wrote special prayers and shared them with each other, they sang and prayed as they reflected on each part of Jesus' journey towards Easter. I would like to thank the classroom teachers and Tania Cuni (RE/Learning and Teaching Leader) for organising this special event as well as the parents who came to join us each day.

GREAT NEWS TO CELEBRATE!



We are happy to share the wonderful news that Miss Shai (1K) will be getting married to her fiancée Jake during the school holidays. We wish Shai and Jake all the very best from the Our Lady's school community.



Also Mrs Menica Granata (4G) and her husband Rick have welcomed a beautiful baby girl into their family. Their daughter Ava was born on Tuesday and both Mum and baby are doing well. We send all our congratulations and good wishes to the Granata family.



Easter

Alleluia! Alleluia!

You are here, Lord.

You have risen from the dead.

We thank you for the sacrifice you made for us - for your suffering and death on the cross, so that we may have eternal life.

May we, your Easter people, carry the joy of the Resurrection within us wherever we go.

Alleluia! alleluia!

PARENTS ADVISORY BOARD

Thank you to all the parents who attended our first Parents Advisory Board (PAB) meeting on Wednesday night.

It was great to see more parents attending. The function of the advisory board is to represent the parent community and bring their voice to the meetings when discussing things like curriculum, capital works and infrastructure and finances of the school.

A BIG CONGRATULATIONS TO OUR NEWLY ELECTED PARENT ADVISORY BOARD

Our 2024 PAB members with official roles are:

Chairperson: Hang Truong (parent of Jacob and Nathan)

Deputy Chair: Dan Cliffe (parent of Casper)

Co Secretaries: Alanna Smith (parent of Archie & Violet) and Cinnamon Melling (parent of Edward)

Committee members are:

Carla Monteiro (parent of Xavier), Jerusha Toonen (parent of Kitty)

If you could not make this meeting please think about joining us at the next meeting on Wednesday May 29th at 7.00pm in the staffroom. It's a great way to contribute to the life of the school.



NEW BUILDING UPDATE

This week we saw the roof being built over our new building. This will be completed after Easter and then they will begin to create the frames which will really see the internal part of the building taking shape.

On Monday we had an official tour of the building with many official visitors coming onsite. These visitors represented the various organisations that together made this building possible. This included: the Member for Laverton, Sarah Connolly representing the Victorian State Government who contributed \$3 million dollars to this project, Terry Mulvaney and Fergus Chisholm from MACS (Melbourne Archdiocese Catholic Schools) Infrastructure and Capital works, the architects who designed the building Stephanie Wan and Kevin Ung from Clarke Hopkins Clarke and Eddie Horton Building Manager from Melbcon.

The visitors were impressed with the progress of the new building but they were the MOST impressed with our Year 6 leaders: Holly, Ryan, Henry and Gabbie who welcomed them, made certificates of appreciation for each visitor and proudly spoke to the visitors on behalf of all the students of Our Lady's and letting them know how important the new building was for our school and how grateful we are to them for making it a reality.

All the visitors were very moved and very impressed by the students and all said they would proudly display their certificates in their office. I congratulate Holly, Ryan, Henry and Gabbie for the confident and calm manner in which they were able to welcome our very special visitors. I was very proud of what they had achieved.



BIG THANK YOU

To our parents for supporting the School's Easter Raffle by donating easter eggs and gifts and purchasing tickets.

Thank you to the Parents and Friends Committee for organising this event.

975 tickets sold!

Yours sincerely,

Patrizia Bertani

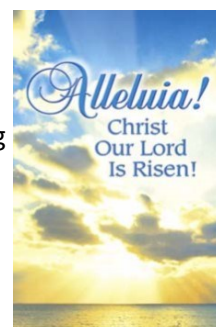
Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au

Wishing all of the Our Lady's School community a very Happy Easter and safe holidays. We look forward to seeing you all in Term 2.

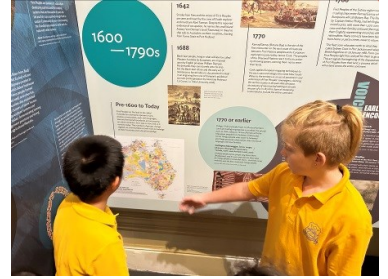
Christ is risen! Alleluia!



Year 3s

Immigration Museum





Year 3s Immigration Museum



ANZAC DAY BADGES

The Sunshine RSL has the following items available for purchase from the Office for ANZAC Day, Thursday 25 April 2024.



EASTER TRIDUUM 2024 – Our Lady's Sunshine

HOLY THURSDAY - 28 MARCH 2024

Mass of the Lord's Supper

6.00pm English & Chin

8.30pm Vietnamese

GOOD FRIDAY - 29 MARCH 2024

Stations of the Cross

10.00am English - (outdoors) 11.00am Vietnamese

Liturgy of the Passion & Veneration of the Cross

12.00pm Chin 3.00pm English 6.00pm Vietnamese

HOLY SATURDAY - 30 MARCH 2024

10.00am Confessions

Easter Vigil Mass

6.00pm English & Chin

8.30pm Vietnamese

EASTER SUNDAY - 31 MARCH 2024

Mass of the Resurrection

9.00am English

12.30pm Vietnamese

10.30am English

1.00pm Chin (SH St Albans)



THE UNITED FOOTBALL PROGRAM



WESTERN UNITED SCHOOL HOLIDAY CAMP

HOSTED BY SUNSHINE HEIGHTS JSC



FRIDAY 5TH APRIL

**SUNSHINE HEIGHTS FOOTBALL CLUB,
AINSWORTH RESERVE, GLENGALA RD SUNSHINE WEST**

9:00AM ARRIVAL | 9:30AM START | 3:00PM FINISH

**BOYS AND GIRLS AGED 6-15
TOTAL COST - \$99**

SCAN THE QR CODE FOR MORE
INFORMATION & TO REGISTER



You are invited.

To an **ONLINE** evening via **GOOGLE MEET** with Maria Forde



**Wednesday,
24th April 2024
7-8pm**



All F-6 parents and children will:

- Learn about the Sacraments;
- Reflect on their relationship with God and each other;
- Use a candle to pray at home;
- Spend time connecting with each other.

Maria Forde is a well known educator, songwriter and musician who draws on her Irish heritage and her love for God to create a sacred space where everybody can be still and feel the presence of God.

We hope you can join us online for this spirit filled evening!

SAVE THE DATE!



Parent Information Night Maths for Parents!

Presented by Michael Ymer

Monday 22nd April 2024

7.00pm to 8.30pm

Our Lady's School



Michael Ymer is a specialist mathematics consultant from Melbourne, Australia. He is involved in many Professional Development programs in schools across Australia and Asia.

Michael is an enthusiastic and entertaining presenter who has a clear and practical approach to the challenges that confront schools and parents in mathematics. On this evening, Michael will address the following areas:



- What is my child learning in mathematics?
- How can I help my child become an efficient problem solver?
- How do children best learn mathematics?
- How can parents promote quality thinking and learning?
- How can I help my child in mathematics?

We commend this evening to all parents as a very worthwhile session that will help you understand the focus of Mathematics in schools today and offer strategies and ideas to help you support your young mathematicians.

We look forward to sharing this evening with you.

Mrs Anna Kalc Smyth

Mathematics Leader





**Our Lady's
Primary
School
Sunshine**

ENROLMENTS

FOR FOUNDATION 2025

OPEN

MARCH 4 2024

**Our Lady's School is
a Catholic Primary
School serving the
Parish of Our Lady's
Sunshine.**

**In a spirit of unity and
harmony, we strive to
develop the whole person;
providing an excellent
education for all and inspiring
our community members to
live a Christian way of life.**



OPEN DAYS

**Wednesday 1 May &
Monday 3 June**
**Tours at 9.00am &
4.00pm**



9312 2230

FOR MORE INFO VISIT NOW

www.olsunshine.catholic.edu.au

Principal
Ms Patrizia Bertani
principal@olsunshine.catholic.edu.au

**Our Lady's
School**
**32 Station
Place Sunshine
3020**

INSIGHTS

Mind your language. How what you say creates your child's mindset.



One of the big ideas in education over the past 10 years has been Professor Carol Dweck's work on Growth Mindset. However, despite (or perhaps because of) the hype, much of Dweck's work has been misunderstood, or misapplied. Too often we've tried to teach about growth mindset, instead of teaching for a growth mindset. Importantly, the role parents play in helping develop a growth mindset in their child has been largely overlooked.

In this article I share a simple way you can help your child develop a more growth-oriented mindset.

About Mindsets

Your child's mindset is how they view their most basic abilities, like their talents and intelligence, and it has a profound impact on their learning.

A child with a fixed mindset believes they are fundamentally limited. Who they are today, is pretty much who'll they be in the future. For them, school and learning is a way to discover those abilities. They'll ask if they are musical, or how smart they are. For these children, school becomes one long test to discover the answers to these questions.

A child with a growth mindset understands they have the capacity to develop their abilities. For them learning becomes a vehicle for creating and developing those abilities. You'll hear this child say things like "I want to become really good at maths, so I'm going to work hard to make that happen."

Why parents matter

Contrary to what social media might say, you can't just tell your child to have a growth mindset. Their mindset is rooted in a lifetime of experiences.

As parents we play an important role in creating the experiences that develop our child's mindset. What we repeatedly say, value, and reward all shape our child's mindset. And I should know because I got it wrong.

What I did wrong

When my daughter was young, I encouraged her to try lots of different activities. She tried music, art, gymnastics, singing, the Maths Olympics. You name it, we tried it. And that's fundamentally a good thing.

The problem wasn't what I was doing. It was the messages I attached to it. Sometimes when she wasn't keen to try a new activity, I'd say something like "Come on sweetheart, give it a go. You never know, you might be good at it!"

parenting*ideas

Can you hear the fixed message in there? “You might (already) be good at it.”

I turned trying something new into a test to find out if she was good at it. I promised her the possibility of instant success. To make things worse, if she didn’t have instant success, I’d often console her with something like “Well, don’t worry. You can’t be good at everything.”

In other words, she’d failed that test. Now it was on to the next test to see if she was good at that instead. The unintended lesson: If you’re not immediately good, give up.

Why did I do that?

If you just had an “ouch” moment, you’re not alone. Parents say these types of things all the time. We say them out of love, and with the best of intentions.

When we see our child upset or struggling, our natural reaction is to want to protect them from that discomfort. But what I did was to provide my daughter with an excuse for struggle by saying “you’re not that type of person.”

Perhaps you’ve provided your child with a similar excuse by saying something similar like “I was never good at that either.” The underlying message being “we aren’t the right type of person to be good at that—we don’t have those abilities.”

A nudge in the right direction

To help us be better parents and nurture a more growth-oriented mindset in our children, we need a little nudge. A reminder that helps us counter any unconscious bias and ensure we create more growth-oriented messages for our children.

I’ve created lots of these nudges, for all types of situations. The one relevant to this situation is to remember that “Learning is about creating, not discovering.”

Learning is about creating, not discovering.

In the context of trying new things, this nudge reminds us that we’re not trying to find out if my daughter has those abilities. We’re trying to decide if she wants to develop those abilities. So, now I might say:

“Darling, getting good at something takes time and the right type of effort. You need to decide if this is something you’re prepared to invest the time and effort into getting good at.”

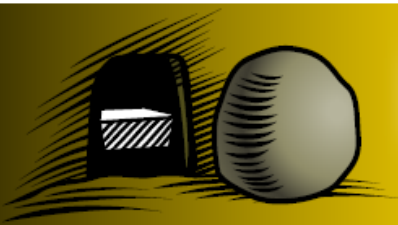
The nudge helps us repeat this message over and over, slowly creating a more growth-oriented mindset. They become more empowered and see life as being in their control. They recognise they can become whoever they want, or need, to become.

It’s like George Bernard Shaw said, “Life is not about finding yourself. Life is about creating yourself.”



James Anderson

James Anderson is an international speaker, author and educator. In an educational landscape focused on teachers, James’ work focuses on learners. His signature work defines *Learnership™* – the skill of learning. He answers the question: What does it mean to be a *skillful* learner? For further information visit www.jamesanderson.com.au

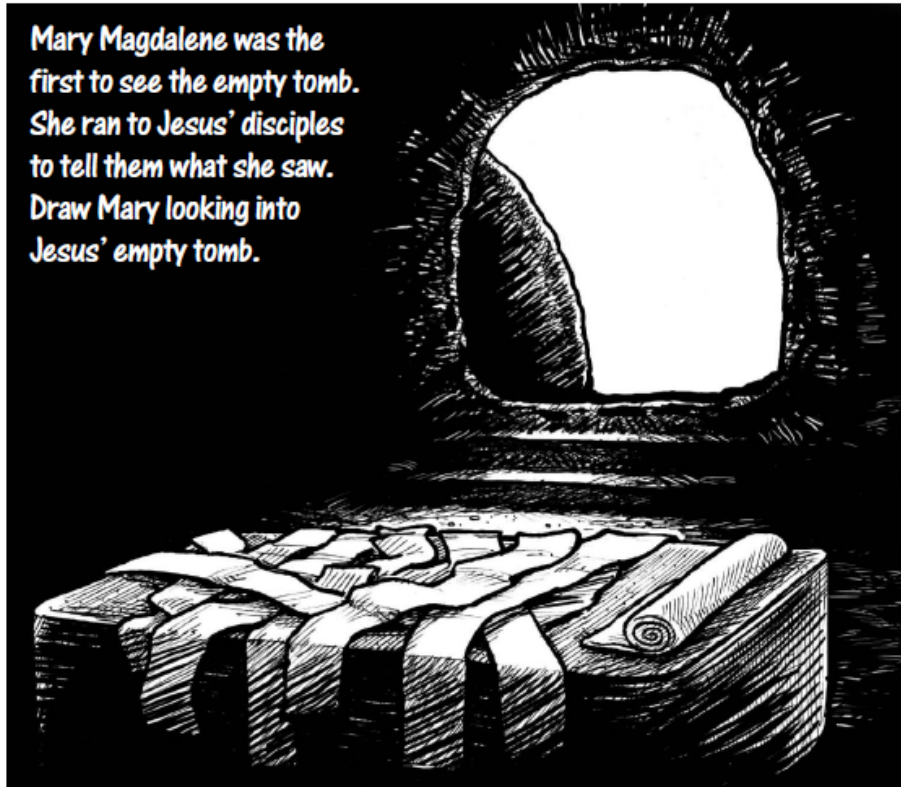


He is risen! Alleluia!



Easter Sunday of the Resurrection of the Lord

Mary Magdalene was the first to see the empty tomb. She ran to Jesus' disciples to tell them what she saw. Draw Mary looking into Jesus' empty tomb.



Gospel John 20:1-9

After the Sabbath, and towards dawn on the first day of the week, Mary of Magdala and the other Mary went to visit the sepulchre. And all at once there was a violent earthquake, for the angel of the Lord, descending from heaven, came and rolled away the stone and sat on it. His face was like lightning, his robe white as snow. The guards were so shaken, so frightened of him, that they were like dead men. But the angel spoke; and he said to the women, 'There is no need for you to be afraid. I know you are looking for Jesus, who was crucified. He is not here, for he has risen, as he said he would. Come and see the place where he lay, then go quickly and tell his disciples, "He has risen from the dead and now he is going before you to Galilee; it is there you will see him." Now I have told you.' Filled with awe and great joy the women came quickly away from the tomb and ran to tell the disciples.

And there, coming to meet them, was Jesus. 'Greetings,' he said. And the women came up to him and, falling down before him, clasped his feet. Then Jesus said to them, 'Do not be afraid; go and tell my brothers that they must leave for Galilee; they will see me there.'

This is the day the Lord has made. Let us rejoice!



What can you do to make people glad today?

Fill in the missing words below to find out what the letters in the boxes spell.

Mary M _____ went to the tomb.

"They have taken the _____ from the tomb", she said.

Peter was a d _____ of Jesus.

The other disciple ran f _____ than Peter.

He saw the strips of _____ cloth lying inside the tomb.

B _____ he did not go in.

When he saw _____ he believed.

The Scriptures s _____ Jesus would rise to life.