



## OUR LADY'S SCHOOL NEWSLETTER

12 June 2020

[www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

Parish Priest: Fr. Peter-Damien McKinley  
Principal: Ms. Patrizia Bertani  
Parish Mass Times: Saturday 6:00pm  
Sunday 9:00am, 10:30am & 5:30pm  
School Phone: 9312 2230  
School website: [www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)  
*Our Lady's is a Child Safe School*

*Jesus said, 'Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these.' Matthew 19:13-15*

Dear Parent,

This week our school re-entry was completed with the arrival of the Years 3, 4, 5 and 6 students. It was so good to see them again after more than 2 months of remote online learning. We give all students in Years 3, 4, 5 and 6 a warm welcome back to Our Lady's school. The Foundation students were very excited to finally see their Year 6 buddies again. The Year 3, 4, 5 and 6 students have made a great start this week and have quickly settled back into the school routine. I am very proud of the way you have been able to quickly adapt back to school life. You have demonstrated that you are flexible and resilient. Congratulations!

*A big warm WELCOME BACK to our Year  
3, 4, 5 and 6 students!  
We are all so happy to have you back!*

— WELCOME —  
**BACK TO SCHOOL**

Each year we celebrate the Feast of the Sacred Heart by attending a whole School Mass and by putting the Our Lady's Gospel Value of *Service* into action and raising money for the St. Vincent's De Paul Society, who look after the most vulnerable people in our local community. This year we are unable to hold a School Mass but the students and teachers will have their own prayer time in the classrooms. **Next Friday June 19th the students can come to school in casual clothes for a donation. The money donated will be presented to the St. Vincent's De Paul Society.** Winter is a particularly difficult time for some families and I know you will join in and give to this very worthy cause. I have included this beautiful prayer by St Teresa of Avila, as it reminds me of our school community who is always so generous when it comes to supporting those in need.

### *Prayer of St. Teresa of Avila*



*Christ has no body but yours. No hands, no feet on earth, but yours. Yours are the eyes through which he looks compassion on this world. Yours are the feet with which he walks to do good. Yours are the hands with which Christ blesses the world.*

### *Feast of the Sacred Heart of Jesus*

*A Celebration of God's  
boundless love for us all*

*Friday the 19th of June*

*Casual Dress Day for all  
students who bring a donation for the  
St Vincent's De Paul Society.*



### 2021 FOUNDATION ENROLMENTS

**Just a reminder to families that if they have picked up an enrolment form, please return it to school with all the documentation as soon as possible.** Also any new families that have NOT picked up an enrolment form for Foundation 2021, please come into the Office to pick up a pack.

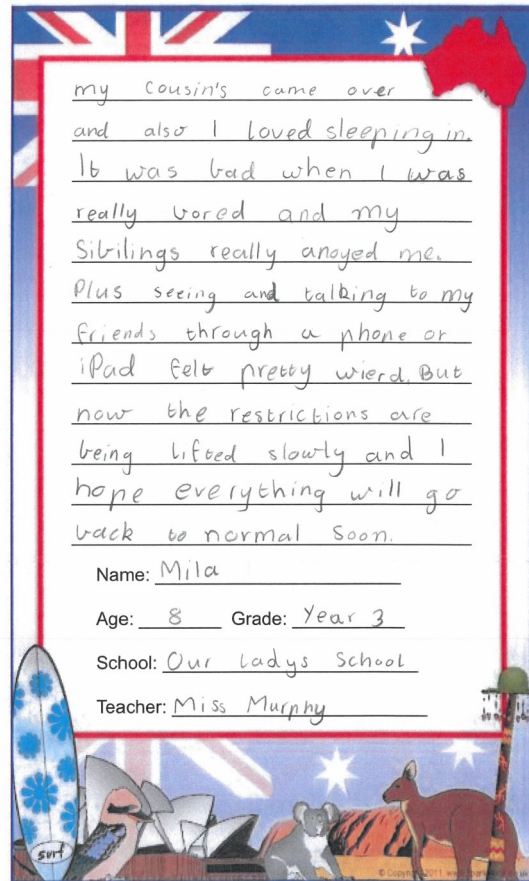
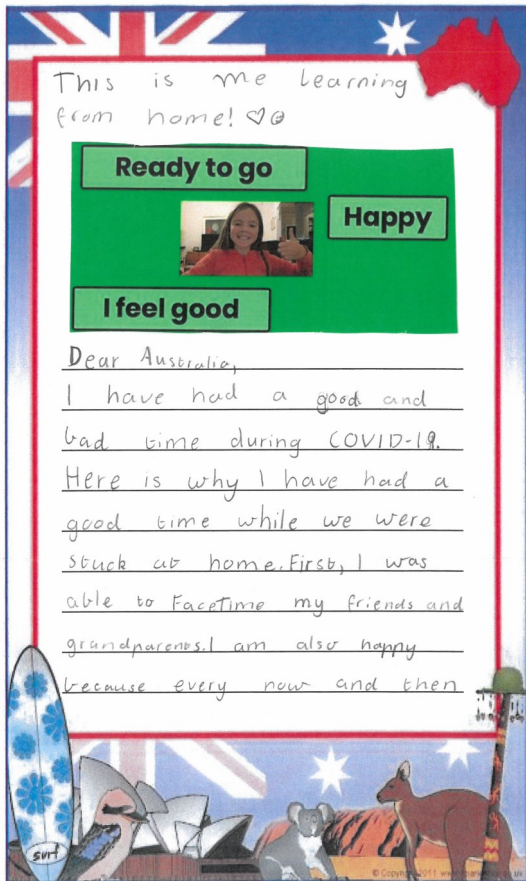
**PREP 2021**

Enrolments

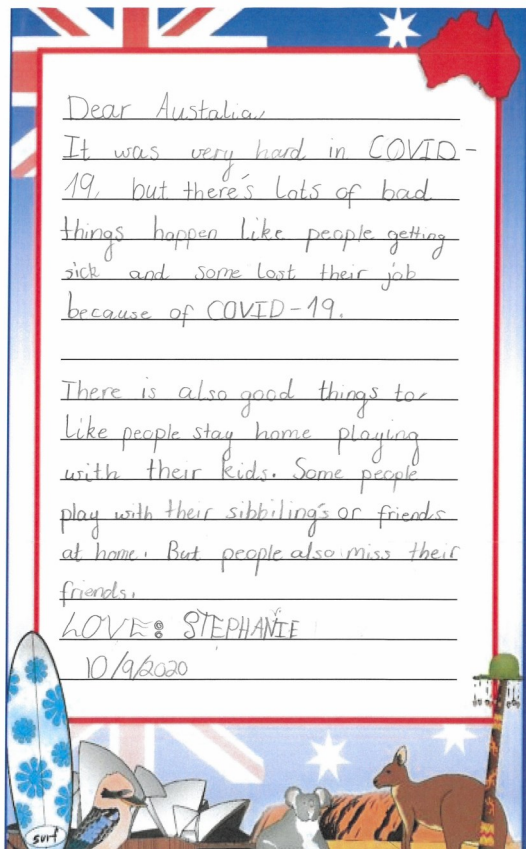


### *Work For Peace Prayer*

*We pray to be people of peace as Jesus taught us. We are able to live in peace with others. Jesus, you said to your followers, "My peace I leave you, my peace I give you." Help us to live always in peace in our hearts and our lives. Help us to bring peace to others and stand up for the rights of all people. Help us to work for peace in our families, our neighbourhoods, and our world. All things are possible through you, our Lord and Saviour. Amen*



## Year 3 students reflections on what it was like to learn remotely online and at home.



We know that the last few months have had an extraordinary impact on families, communities and our way of life. There have been highs and lows, moments of joy and learnings for all of us.

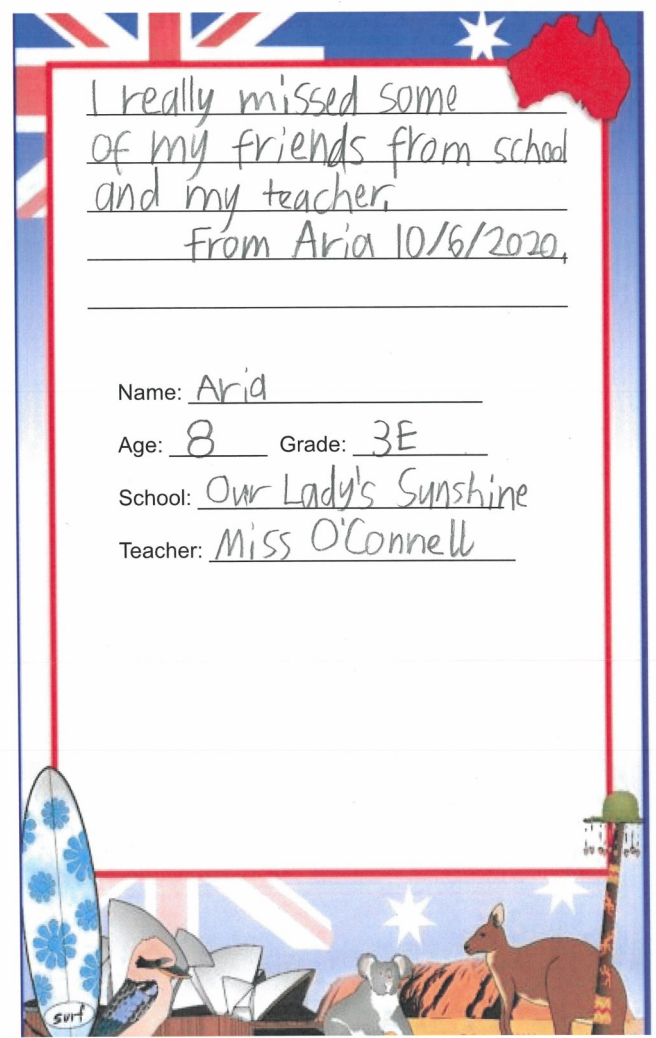
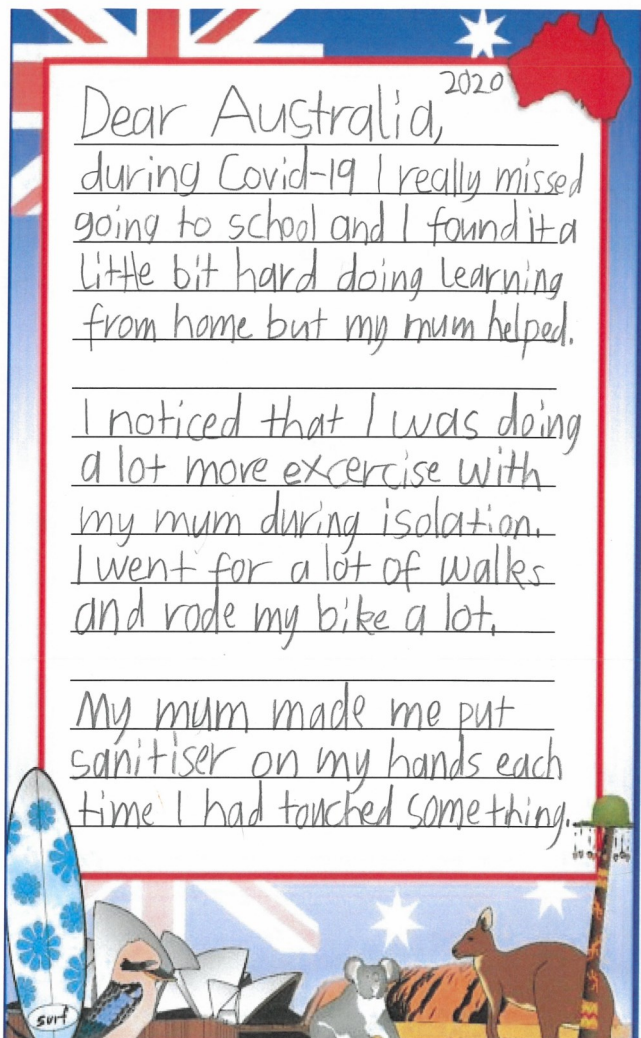
Australia Post has invited people to record their experiences and feelings during this unique period in our history. They want to capture this moment in our nation's history. So they have created a national letter box where from now until the 18th of August you can write a letter to share your experience of the COVID-19 pandemic.

Here is a sample of our Year 3 students' letters that you can read. You may also want to write about your own experiences. The letters are titled, *Dear Australia.....*

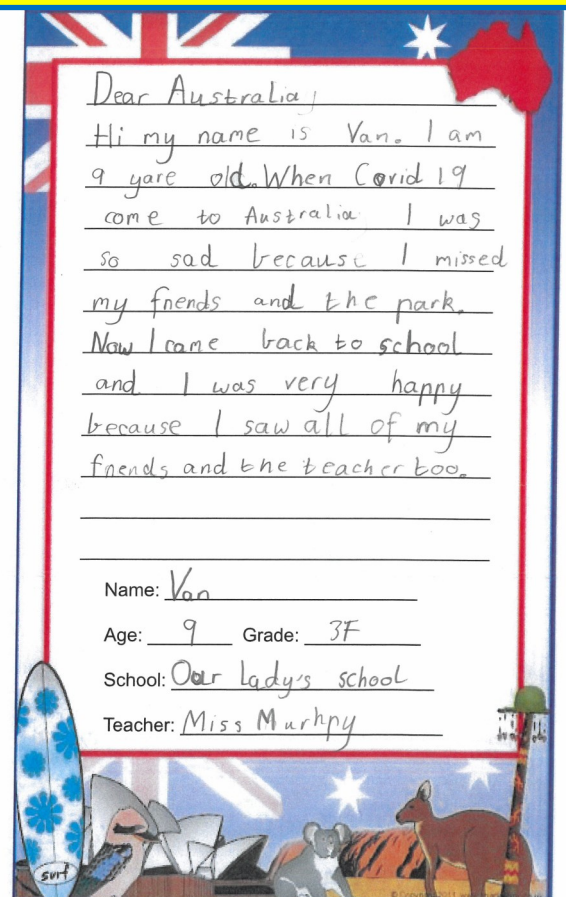
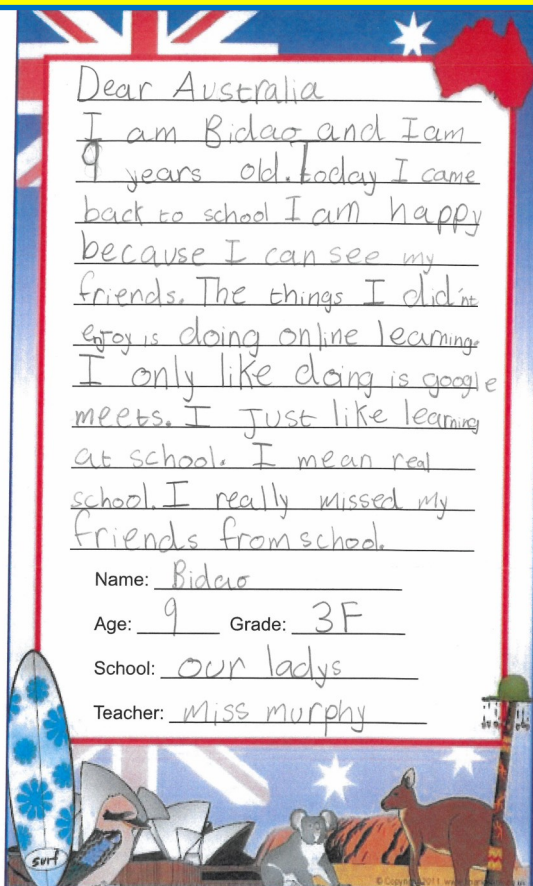
Australia Post is working with the National Archives of Australia so that letters can be kept for future generations to read.







Thank you Year 3 for sharing your thoughts about remote, online learning at home.





## FI

**Hannah** - For 'having a go' during reading and attempting unknown words using Lips the Fish and Stretchy Snake. *From Ms. Cam Tu*

**Garang** - For showing great improvement in Mathematics. You are counting very well and well done on learning all your shapes! *From Ms. Cam Tu*

## FJ

**Koby Bevis** For making clever predictions about the stories we have read in class this week. *From Miss Severino*

**Justin C** For demonstrating your mathematical skills during the SINE test. You are so clever with ordering numbers and completing number patterns. *From Miss Severino*

## 1K

**Helen L** For being a focused learner concentrating to learn as much as she can. Your spelling continues to improve. Well done Helena! *From Miss Karen*

**Stephanie D** For the presentation of her handwriting. It is so beautifully written. Well done Stephanie! *From Miss Karen*

## 1L

**Lara M** - For working hard this week to improve her handwriting, using capital and lowercase letters in all the right places. Well done! *From Miss Steph*

**Oliver B** - For working hard at being a problem solver in the classroom, and thinking of different strategies he can use to tackle his problems. *From Miss Steph*

## 2M

**Jaagrah. B-** for using excellent reading strategies such as eagle eye and stretchy snake to improve on your reading. *From Miss Scarpaci*

**Matilda. L-** for beginning to join in with class discussions and using your big voice to speak. Keep it up! *From Miss Scarpaci*

## 2N

**Andrew T** - For being a great thinker and writing an interesting and informative piece about your cultural seed! Keep it up! *From Ms Howe*

**Nina B** - For being a deep thinker when doing your See, Feel, Wonder on your cultural seed and writing an interesting informative piece using this information! *From Ms Howe*

## 3E

**Tial Ku T** - For being a self manager and trying your best every day with every thing you do. You are amazing! Well done. *From Miss O'Connell*

**Grace C** - For being a collaborator and always working well in groups, helping others and taking turns. *From Miss O'Connell*

## 3F

**Kanieshka V** - For creating a great grid treasure map with coordinates, well done! *From Ms Murphy*

**Evie W** - For always demonstrating you are a Collaborator, helping others and working well in groups! *From Ms Murphy*

## 4G

**Michael S-** for taking risks, being brave and absolutely shining in front of his classmates when presenting his iTime pro-

ject on Airships. *From Mrs Sales*

**Leon A-** for being brave and volunteering to go first in the class to present his iTime presentation about Black Holes and doing an absolutely awesome job. *From Mrs Sales*

#### 4H

**Lachlan B** For sharing an informative and interesting iTime presentation about Covid -19 with his fellow students *From Mr Wickham*

**Jasmine N** For displaying the Learning Asset of Self Manager by making wise decisions about her learning and being prepared to ask for clarification and guidance. *From Mr Wickham*

#### 5C

**Sophie T** You communicated your ideas about Children's Rights confidently by creating a poster and using examples to explain your thinking. Great learning, Sophie! *From Miss Wendy*

**Nam N** You reflected on children's rights, and composed your own explanation of them. You show us all how to be a Thinker, Nam! *From Miss Wendy*

#### 5D

**Julian D** - For the focus you have shown in your learning this week and willingness to share your ideas with the class. You have also done a wonderful job taking initiative in your classroom job! Keep up the great work! *From Mrs Mendoza*

**Lucas N** - For being a great self-manager and thinker in your learning. You have been a great problem solver and take initiative when things need to get done. Keep up the great work! *From Mrs Mendoza*

#### 6A

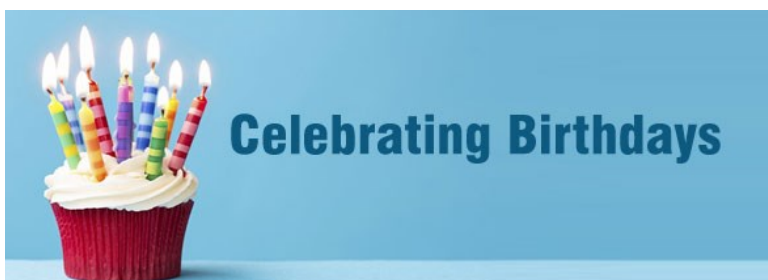
**Stalin C** For using The Learning Asset of Thinker to deeply discuss and present many perspectives on the topic, "Are the commandments relevant in the modern world?" *From Ms Kaan*

**Heidi C** For showing the Gospel value of Service by offering to support her teachers and peers at every opportunity. *From Ms Kaan*

#### 6B

**Van C** - For being an excellent self-manager in your first week back at school, and for asking questions to improve your learning. Well done! *From Ms. Gurry*

**Kelly T** - For being an excellent self-manager in your first week back at school. You are always attentive, focussed and ready to learn. Well done! *From Ms. Gurry*



*Eilish L F I*

*Kiera L F I*

*Vivienne M 1 K*

*Kon D 6 A*

*Ms Gurry*

*Mrs Kalc Smyth*

#### UPCOMING DATES...

Fri 19 June

Casual Day for Donation to St Vincent de Paul

Fri 26 June

Last Day of Term 2

Mon 13 July

First Day of Term 3

Fri 31 July

Written Reports come home

Wed 5 Aug

3.30-6.00pm Three Way Learning Conversations

Thur 6 Aug

Closure Day - Three Way Learning Conversations



Yours sincerely,

*Patrizia Bertani*

**Ms Patrizia Bertani**

**Principal**

*principal@olsunshine.catholic.edu.au*



## Feast of the Sacred Heart



In week 10, Friday 19th June, we celebrate the Feast of the Sacred Heart, taking Jesus' physical heart as the representation of his divine love for humanity.

It is a day to reflect on the boundless love that God has for each person. In essence it speaks of the great tenderness of a God who stoops down and lifts us up when life is filled with challenges and suffering. God's love reaches out to us, invites us, and draws us into the very heart of God where our lives are transformed into being the hands and feet, the gentle voice and the listening ear of Christ in the world today.

As we gain spiritual nourishment from receiving the Eucharist, we also seek to nourish those for whom the day to day struggle of putting food on the table is a reality.

*We invite donations to this very worthy cause via your child's class or school office by way of monetary donation which will be given to St Vincent de Paul Society to distribute between those in need in the local community. **All children may come in casual dress on this day.***

Please give generously.

Working together in Christ's light,

Kriss Oliver – Religious Education Leader

## INSIGHTS

# Leading the way for children during the Coronavirus pandemic



If you're like me, the news of the Coronavirus (COVID-19) pandemic has your head spinning and your heart pumping. That's only natural as life as we know has taken a seismic shift in recent days.

International travel bans, cancellation of sporting and cultural events, shopping frenzies and talk of school closures continue to dominate the airwaves. Terms such as social distancing, self-isolation and social lockdowns have entered our vocabularies and may soon become part of our daily lives.

Coronavirus is having an unprecedented impact on our daily lives, and will probably do so for some time. While keeping ourselves and children healthy and safe is our main concern, it's also essential to address the anxieties of children and young people during these changing times. Here are some ideas to help inform, reassure and keep children and young people safe.

### Build on what your children know

Children and young people have already been exposed to a great deal of information about corona virus through media, digital means and direct social contact. Their understanding will vary depending on their age and also the quality of their information sources so you probably will need to help kids process what they already know.

Casual conversations with teenagers and older children can be useful ways to glean their understanding. You could ask questions like "What are you hearing about Coronavirus? Is there anything you're not sure about?" Younger primary age children may need a more direct approach with parents addressing their specific concerns without giving too much information that can overwhelm them.

### Check your own thoughts and feelings

Check your own frame of mind and emotions about COVID-19 before talking to kids. Most children are astute mood detectives and they'll gauge their safety by the way you communicate with them. If you tell a child, "You've got to wash your hands or you'll get infected," you are communicating your own anxieties, making it difficult for them to maintain a healthy state of mind. Have a think about how you can frame your instructions and their importance in a way that doesn't heighten your child's anxieties.

### Stay informed

It's difficult to work out fact from fiction, correct from incorrect, information from exaggeration when the news is changing so fast. However you need to educate yourself about the virus itself, including how it's transmitted and how to stay safe. Get information from trustworthy sources such as The Australian Government Health Department website and the current federal government corona virus information media campaign.

# parenting\*ideas

## Answer questions truthfully

It's important that parents and teachers answer children's questions honestly in age-appropriate ways and within context of what is happening at the given time. If their sport or hobby has been temporarily cancelled empathise with their concerns, while helping them maintain a sense of perspective.

## Initiate positive action

One way to reduce anxiety and allay children's fears is to involve them in planning and preparation for their personal and group safety. Positive activities such as maintenance of personal hygiene, greeting people with an elbow tap and getting plenty of sleep can help restore a sense of control, that is so important for their wellbeing.

## Find refuge in rituals

Regular rituals such as mealtimes, bedtime stories and regular one-on-one time provide both an anchor to normality and a sense of connection for kids at times of change. Consider reconstituting favoured family rituals at this time if they have lapsed due to lack of time, or lifestyle frenzy.

## Look outwards

In difficult times there is a tendency to look inwards, which is a natural protective strategy. The alternative is to establish a sense of connection and community spirit by focusing on generosity and togetherness. Help children see past their own needs and look for ways to assist others whether it's shopping for an elderly neighbour, helping a younger sibling occupy themselves, or planning an indoor movie night for the whole family.

The Coronavirus presents many practical challenges to parents and other important adults in the lives of kids. Staying calm, keeping informed, and adjusting our own habits are just some of the challenges we face. However a significant challenge is one of personal leadership. That is, during these difficult times we need to be civil to each other, look out for each other and be mindful of the common good in everything we do. In this, we can all take a significant lead.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.





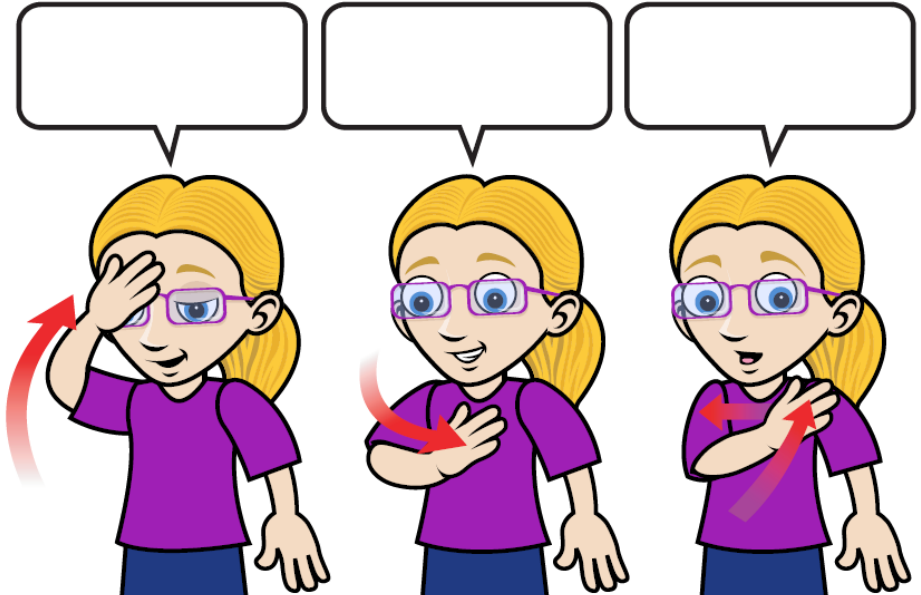
# God so loved the world that he gave his only Son

## The Most Holy Trinity Sunday, Year A

There is a simple prayer that we say almost every day, which reminds us of the Trinity. That prayer is the Sign of the Cross.

### How do I make the Sign of the Cross?

1. **Using your right hand, touch your forehead and say....**  
(fill in the 1st speech balloon)
2. **Touch your chest near your heart and say....**  
(fill in the 2nd speech balloon)
3. **Touch your left shoulder, then your right shoulder and say....**  
(fill in the 3rd speech balloon)



### When and where do we use the Sign of the Cross?

Find your way to the Father, the Son and the Holy Spirit

## Gospel

Jn 3:16-17

Jesus said to Nicodemus,

'God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved.'

