



OUR LADY'S SCHOOL NEWSLETTER

6 September 2018

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times: Saturday 6:00pm
Sunday 9:00am, 10:30am & 5:30pm
School Phone: 9312 2230
School website: www.olsunshine.catholic.edu.au
Our Lady's is a Child Safe School

And if he sins against you seven times a day, and returns to you seven times, saying, 'I repent,' forgive him. Luke 17:4

DATES FOR THE DIARY

Thurs 6 Sept

7.00pm Reconciliation for Grade 3

Mon 10 Sept

Yr 4 Excursion

Tues 11 Sept

6.30pm Fete Committee Meeting Hall Kitchen

Wed 12-Fri 14 Sept

Year 5 Camp

Fri 14 Sept

Parish Movie

Wed 19 Sept

Grade 3/4 Camp Night

Fri 21 Sept

Our Lady's Show Day
End of term 3 at 3.15pm

Mon 8 Oct

Start of Term 4 8.45am

Fri 12 Oct

Parish Movie

Thur 18 Oct

Confirmation Parent Night with Dr Rev Elio Capra 7.00pm

Mon 5 Nov

Report Writing Day - No School for the children

Tues 6 Nov

Melbourne Cup Public Holiday

Sat 24 Nov

Shopping Tour

SACRAMENTS

Reconciliation (Year 3)

Thurs 6 Sept 7.00pm

Confirmation (Year 6)

Fri 16 November 7.00pm

Dear Parent,

Last night the students of 3E and 3F received the Sacrament of Reconciliation in a beautiful celebration led by our Parish Priest Father Peter, his assistant priest Father Lucas and Father Renee who also joined us. Thank you to all the parents and family members who attended as well as the staff of Our Lady's School.

The students participated both prayerfully and joyfully throughout the celebration. Thank you to the classroom teachers Miss Anna-Maria Murphy and Miss Angelica Rodriguez for preparing the students so well. Thank you also to our RE/Learning and Teaching Leader Ms Kriss Oliver for supporting both the students and teachers.

Congratulations to our wonderful Year Three students who received the Sacrament of Reconciliation for the first time last night in Our Lady's Church.



Reconciliation Candidates 2018
Please pray for us



Prayer Before the Sacrament of Reconciliation



We pray for forgiveness and ask for God's mercy. God always loves us.
Dear God, we are preparing to receive the sacrament of reconciliation. We know that you are a loving and merciful God. Help us to be truly sorry for what we have done wrong. Forgive us for what we have failed to do to help others. May we follow Jesus in all things with the help of your Holy Spirit. Amen



SPORT NEWS

On Tuesday the 4th of September, 14 of our students represented Our Lady's in the Division Athletics competition that was held at Keilor Athletics Track. It was a beautiful sunny day and our students were amazing.

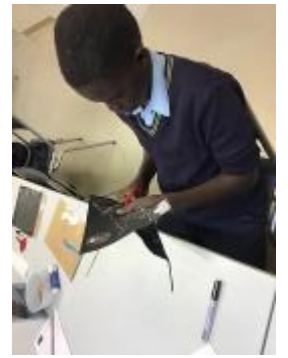
Out of the 14 students, 7 of them will now move forward to represent Our Lady's School at the Western Metropolitan Regional Athletics Day to be held at Keilor Athletics Track on Tuesday the 16th of October. An amazing effort. Well done!

Congratulations to all the athletes who represented Our Lady's so well, and extra congrats to the students who made it through: Josh D, Will D, Lucas A, Martin R, Ella D, Heidi D, Helen G.



Year 6 Leadership Day





Grade 6 at the NGV





**FAMILY, FUN AND
FITNESS**

**SEASON RUNS FROM
OCTOBER TO MARCH**

**QUALITY TRAINING
AVAILABLE**

**GREAT OPPORTUNITY
TO TRY ATHLETICS IN
A FUN AND ENGAGING
ENVIRONMENT**

**BRIMBANK LITTLE
ATHLETICS CATERS
FOR ATHLETES OF ALL
ABILITIES**

**SATURDAY 15TH SEPTEMBER 2018
10AM UNTIL 12PM**

COME & TRY DAY

Do you have a child between 5 and 16 years old who is interested in Athletics? Athletes will be able to participate in most of the events we offer. Bring your athlete along and have some fun and meet some of our athletes and coaches. Our fees are only \$165 for the year, this covers the summer and winter season (this fee includes Brimbank Multi Championship and Brimbank Championship Day) If you have any questions, please email.

brimbank@lavic.com.au.



**Sassella Park
119 Station Rd,
Deer Park**

Web:

www.facebook.com/brimbanklac

Email:

brimbank@lavic.com.au



The **Sunshine Lantern Festival** is a free community event that takes place in the busy Sunshine shopping precinct along Hampshire Road, Sunshine on Sunday 23rd September 2018, 10am to 8pm. It will be a full day of family fun, entertainment, rides, street performers, music, food of many nations, magical Lion and Dragon Dancing, a Lantern Parade to celebrate the full moon and ending with spectacular fireworks.

The bustling Hampshire Road, between Devonshire Road and Hertford Road will be closed to all traffic and will come alive with roving street performers, entertainment, children's rides, jumping castles, pony rides, market stalls, street food, face-painting, lantern making and more. Look out for Gemma the Giraffe, Spider-

man, Black Panther, The Luna Moonies and TV personality Chris Humfrey with a Wild Action stage show with Australian native animals; kids can actually touch. A large performance stage will burst with local multicultural live entertainment and the Vietnamese cultural 'Legend of the Moon' performance. At 5pm 3,000 battery powered animal shaped lanterns will be given to children, at 6.00pm will be the lantern parade then at 7.30pm an exciting display of Fireworks.

ATTENTION ALL RESIDENTS
THERE WILL BE A FIREWORKS DISPLAY FOR THE SUNSHINE LANTERN FESTIVAL. THE DISPLAY WILL COMMENCE AT 7:30 PM AND CONCLUDE AT 7:45 PM. IF YOU HAVE PETS THAT MAY BE UNSETTLED BY FIREWORKS WE URGE YOU TO TAKE PRECAUTION TO ENSURE THEIR SAFETY.
FOR MORE INFO PLEASE CONTACT PTV ON 0800 452 452

Sunshine LANTERN FESTIVAL
PROUDLY BROUGHT TO YOU BY SUNSHINE BUSINESS ASSOCIATION
SUNDAY 23 SEPT 2018
10AM - 8PM HAMPSHIRE ROAD

CHRIS HUMFREY LIVE
ON WILD ACTION STAGE

PROUDLY SUPPORTED BY

WWW.SUNSHINEBUSINESS.COM.AU

ATTENTION: HAMPSHIRE RD WILL BE CLOSED TO ALL TRAFFIC BETWEEN DEVONSHIRE RD AND HERTFORD RD FROM MIDNIGHT SATURDAY 22ND TILL MIDNIGHT SUNDAY 23RD SEPTEMBER. BUSES WILL BE REDIRECTED DURING THESE TIMES, PLEASE CONTACT PTV FOR DETAILS.

FESTIVAL MAP | Hampshire Rd



STAGE PROGRAM

You are invited to attend this year's Sunshine Lantern Festival on Sunday 23rd September and enjoy a day full of family fun and entertainment. Presented by the Sunshine Business Association, this event welcomes all our customers to celebrate the full moon and enjoy a day of cultural food, music, dance and kids' activities. As the sun sets you will be treated to a magical Lion & Dragon dance, followed by a parade of lanterns, the Legend of the Moon stage performance and spectacular fireworks on Hampshire Rd at 7.30 PM. Festive street activities start at 10 AM until 8 PM.

Mỗi quý vị đến tham dự Tết Trung Thu năm nay tại Sunshine, ngày Chủ Nhật 23 tháng 9, để hưởng trọn một ngày cá nhà vui chơi giải trí. Tết Trung Thu được Hội Thương Gia Sunshine (Sunshine Business Association) tổ chức, đón chào tất cả mọi người đến đón trăng rằm và hưởng một ngày vui với nhiều hoạt động văn hóa, ca nhạc vũ. Vào buổi chiều, quý vị sẽ được thưởng thức trình diễn Múa Lân - Rồng đặc sắc, tiếp nối bằng lễ rước đèn Trung Thu, chương trình văn nghệ Tết Trung Thu đặc sắc và bắn pháo hoa ở đường Hampshire lúc 7 giờ 30 tối. Các sinh hoạt lễ hội đường phố diễn ra từ 10 giờ sáng đến 8 giờ tối.

WATCH IT LIVE ON SUNSHINE BUSINESS ASSOCIATION FACEBOOK FROM 6PM
PROGRAM PRODUCTION: NCE GROUP VIDEOGRAPHY & LIVESTREAM: HBSA

11.30 AM	THE LUNA MOONIES	5.00 PM	FREE LANTERNS FOR KIDS
11.30 AM	JARROO MUSIC	6.00 PM	LION DANCE & LANTERN PARADE
12.00 PM	SALACIOUS BAND	6.40 PM	THE LEGEND OF THE MOON
1.00 PM	WESTEND PERFORMING ART	The legend of the moon is a stage production that incorporates elaborate traditional sets, traditional costumes and a full array of special effects. The show offers a mesmerizing community experience through interaction which aid in building a stronger understanding of the Vietnamese culture.	
1.15 PM	4th BAND		
2.15 PM	WESTEND PERFORMING ART	7.30 PM	FIREWORKS
2.30 PM	CHRISTMAS SPECULAE	8.00 PM	FESTIVAL CONCLUDES
3.30 PM	KPOP DANCE	LOOK OUT FOR EARLY BIRD DISCOUNTS ON ALL RIDES FROM 10AM TO MIDDAY	
3.50 PM	RASTA UNITY REGGAE BAND		

JOIN THE SUNSHINE LANTERN FESTIVAL PARADE @ 6 PM WITH LANTERN GIVEAWAYS TO CHILDREN @ 5 PM - 1 LANTERN PER CHILD

SOCIAL

Make, Bake, Create

In this class you will enjoy a range of activities including, sewing, cooking and a range of craft activities.

Day: Friday 9:30am – 1.30pm

Cost: \$50.00 per term

Community Choir

Singing for people with a disability. No experience is required.

Class is encouraging and friendly and suitable for everyone wanting to free their voice and build confidence.

Day: Friday (1st class 27 July 2018)

10.00 am to 12 noon

Cost: \$5.00 per session

Where: Salvation Army Hall, 42 Devonshire Road, Sunshine

Contact: 9311 9973 Email: dukest@dsch.org.au

Walking Group

Get fit and make friends by joining this friendly walking group.

Day: Thursdays

12.15 to 1.00 pm Cost: FREE

SUPPORT

Mathematics Homework Club

Primary to Year 8

Day: Thursday

4.30 to 5.30 pm

Cost: Gold coin donation



Catch 216 or 219 bus from Sunshine Station to stop 4 - Monash and Cobrey Street

How you can contact us

Address:

27 Duke Street, Sunshine VIC 3020

Telephone: 9311 9973

Email: dukest@dsch.org.au

Website: www.dsch.org.au

Registered Training Organisation 3779



Duke Street Community House



What's on at Duke Street?

Semester 2 - 2018

• Something for EVERYONE •

Coming soon

COOKING CLASSES
SCHOOL HOLIDAY ACTIVITIES

ACCREDITED ENGLISH COURSES

Course in EAL (22259VIC)

Involves an assessment interview.

Days: Tues & Wed 9.30am – 4.00pm Cost: \$50 per term

Certificate I in EAL (22251VIC)

Involves an assessment interview.

Day: Mon & Thurs 9:30am – 4:00pm Cost: \$50 per term

Certificate II in EAL (22252VIC)

Involves an assessment interview.

Day: Mon & Thurs 9:30am – 4:00pm Cost: \$50 per term

LITERACY

Settlement English Class

Learn basic English, for everyday use

Day: Monday 9:30am – 2:00pm Cost: \$50 per term

Beginners English Class

In this class students will learn basic words and phrases for everyday uses. Classes are held at Caroline Springs Library

Day: Tuesday 11:00am – 3:00pm Cost: \$50 per term

Reading/Writing Adult Literacy Class

An adult literacy course to improve participants' basic reading, writing and mathematics skills.

Day: Tuesday 9:30am – 12.30pm Cost: \$50 per term

English for Work

This course supports people to hone language and literacy skills for work and further study.

Day: Tuesday 1:00pm – 4:00pm Cost: \$50 per term

COMPUTERS

Internet & Email

Learn how to surf the internet, use a search engine, and download pictures, print pages. Create an email account, send and receive emails and attachments.

Day: Wednesday 9.30am – 12.30pm

Cost: \$90 concession \$100 full

Digital Literacy Inclusion

A course for people with a disability who want to build their computer skills.

Day: Wednesday 1:00pm – 3:00pm Cost: \$50 per term

CHILD CARE

Occasional Childcare (3508)

Qualified childcare workers who provide a quality learning environment for children aged 12 months – 5 years.

Days: Tues to Thurs 9:30am – 2:30pm Cost: \$45 per session

Discounts available for concession card holders

Vietnamese Playgroup

Held in our well-equipped Childcare Centre with spaces for outdoor and indoor play.

Day: Friday Contact DSCH for more information



CLASSES AVAILABLE AT OTHER NEIGHBOURHOOD HOUSES

Start your own Business

Are you interested in starting your own business but don't know where to start?

Cost: Free
Good Shepherd Community House
Phone: 8312 8800

Beginners English Class

Improve your confidence in speaking, reading and writing English.

Cost: Free
Good Shepherd Community House
Phone: 8312 8800

Hospitality Course

Are you interested in working in hospitality but don't know where to start?

Cost: Free
Good Shepherd Community House
Phone: 8312 8800

English for Work

English language and literacy for jobseekers.

Cost: Free
Kororoit Creek Neighbourhood House
Phone: 0413 434 082

English for Beginners

Improve your English in this friendly class for beginners.

Cost: Free
Kororoit Creek Neighbourhood House
Phone: 0413 434 082



Bookings are now open for our latest Holiday Club – **Inside Out**. Full of fresh activities, **Inside Out** focuses on wellness inside and out that will have kids springing these school holidays.

There's something for every child including: Cooking with Jamie Oliver's Learn Your Fruit And Veg, making a working kite, planting a greenhouse, decorating yoga mats, and building Lego-compatible masterpieces.



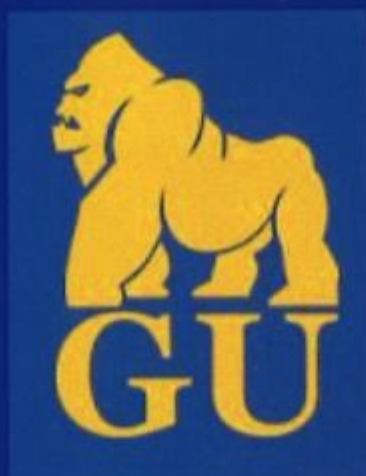
Every session will also include a healthy breakfast before 8:45 AM and an afternoon snack.

To view what's on these school holidays and to make a booking, visit: www.campastralia.com.au/holidayfun. Or you can call our friendly Customer Care Team on **1300 105 343** - 24 hours a day, 7 days a week.

We look forward to seeing you and your family this school holidays.

The Camp Australia Team

GRAND UNITED CRICKET CLUB



**PLAY CRICKET
FOR FREE**



NOW RECRUITING - BOYS AND GIRLS

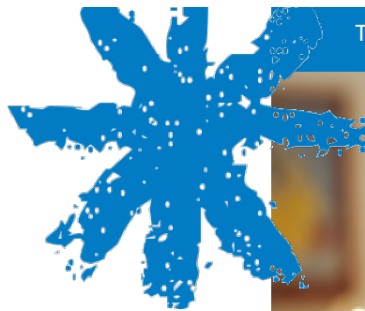
JUNIOR CRICKET TRAINING & REGISTRATION NIGHTS

EVERY THURSDAY AT 4:30PM, STARTING SEPT 6TH

JR PARSONS RESERVE - STANFORD ST, SUNSHINE

JUNIOR BLASTERS (4-9 Y.O) - Saturday October 20, 10am

FOR MORE INFORMATION CALL JACK HALE 0421 526 500



Parenting in the digital age

by Michael Grose

Recently I spoke at Trinity Grammar in Melbourne about the challenges of parenting in the digital age. It was a great night with a very enthusiastic crowd. I thought I'd share some key messages with the Parentingideas community.

If every generation of parents had it's own new or unique challenges then it's safe to say that the overriding challenge shared by the current generation of parents centres around technology – their children's use and their own use.

The communication technology now available to all of us is constantly being updated. Every innovation in technology presents a new set of challenges for parents. Yesterday's schoolyard bullying is today's cyber-bullying!

Frequently I hear parents talk about children's use of technology as if the technology is a problem. However technology is the context or background in which we must raise our kids to be safe, social and savvy. The bigger question we need to ask is: "What is good parenting in the digital age?"

Our job is to educate kids about technology – helping them be safe, smart and balanced users – so we need some guidelines to follow. Every parent needs to set their own guidelines suitable to their own situation. Here are some ideas to help:

1. Be a good role model

It's well established now that children will copy many of their parents' behaviours. Our behaviours and habits now extend to our use of communication technology, which is a good thing as we've got the chance to model smart, balanced technology habits. This means we need to be mindful of how often we have a mobile device in our hands when we are around kids. It means we need to take care that we don't use technology as an emotional pacifier when we feel stressed or under pressure. Model face-to-face communication and healthy ways to manage your stress levels so kids can learn these techniques too.

2. Think about expectations and rules for your kids in the digital world

You wouldn't drop your kids off for the day in the middle of the city and say, "Have fun. Stay safe!" Yet we often do the equivalent to our kids with technology. Most digital devices are set up for adults so when you introduce a piece of technology think carefully about it's use and expectations before handing it over to your kids. Where possible and practical use restrictions under settings when you give a device to a child. And place your own restrictions around use and timing when kids use devices, rewarding responsible use with greater freedom.

3. Differentiate between uses

One use doesn't fit all. Digital technology has three purposes – communication, education and entertainment. Gender plays a part here with girls using digital technology more for communication and boys using digital devices more for entertainment. As a parent we need to be aware how our kids are using technology, which will influence how we respond to them. For instance, you should take a different approach to a child who spends all his time after school playing Minecraft to one who spends significant time online for educational purposes. Nuance your approach according to the children's technology use.

4. Create social media mantras and scripts to keep kids safe

Parents have always found ways to frame messages for children so that they rattle around inside their heads when parents aren't around. "Don't speak to strangers" still reverberates with me decades after my mother first drilled it in to me. She also gave me the scripts to use with strangers if ever I got lost, or found myself in trouble. So what scripting are you introducing to your child to keep them safe and also make them think about smart use while online?

These include such mantras as "Is it worth posting?", "Take a deep breath before hitting the send or post button." "Do you want the principal to see this post?"

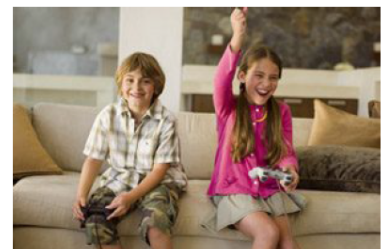
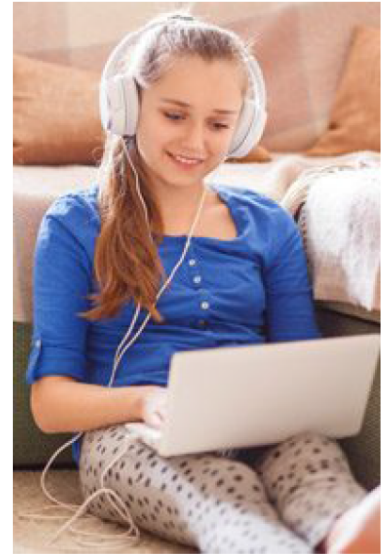
5. Create tech-free zones and times

Knowing when to cut off or leave technology is just as important as knowing when to use it appropriately. One way to teach appropriateness of technology use is to introduce tech-free zones and tech-free times into your family. For instance, dinner tables and mealtimes should be kept technology free to encourage in the moment face-to-face conversations. Bedrooms should be tech free particularly at night to encourage children to get a good night's sleep.

6. The family that plays together learns together

Technology can bring us together or keep us apart. I recently saw a mother and her early teen son walking down a busy a street both with their faces in mobile devices, only glancing up occasionally from their screens to make sure they didn't bump into others. Although physically close, mentally they were worlds apart. On the other hand, a well-chosen game can easily connect parents with their kids. Choose games and activities that bring you together and provide opportunities to teach kids about sportsmanship and etiquette.

Media and digital devices are an integral part of our world today, presenting opportunities and challenges for parents and children. It's part of the parenting job to help kids access digital media safely and sensibly, which involves setting limits and boundaries; knowing how kids are using technology and encouraging them to consciously engage with technology while at the same time ensuring kids connect with others, learn and keep themselves entertained away from technology as well.



Jesus cures a man who cannot hear or speak



23rd Sunday in Ordinary Time, Year B

Finish the story of Jesus healing the deaf man by adding the missing words and pictures.

Jesus travelled to the land of Decapolis.

A crowd of people _____ Jesus to heal a man who was _____ and could not speak properly.



Draw Jesus walking along the road

Draw the deaf man

Jesus touched the man's _____ and tongue and said, 'Effatha!', meaning '_____ up'.



The man was very happy because now he could hear and talk! The people praised Jesus.



Draw the people celebrating and praising Jesus

Gospel

Mk 7:31-37

Returning from the district of Tyre, Jesus went by way of Sidon towards the sea of Galilee, right through the Decapolis region. And they brought him a deaf man who had an impediment in his speech; and they asked him to lay his hand on him. He took him aside in private, away from the crowd, put his fingers into the man's ears and touched his tongue with spittle. Then looking up to heaven he sighed; and he said to him, 'Ephphatha,' that is, 'Be opened.' And his ears were opened, and the ligament of his tongue was loosened and he spoke clearly. And Jesus ordered them to tell no one about it, but the more he insisted, the more widely they published it. Their admiration was unbounded. 'He has done all things well,' they said 'he makes the deaf hear and the dumb speak.'



Jesus did many good things, such as healing people and helping those in need. What are some good things you can do for others?