



OUR LADY'S SCHOOL NEWSLETTER

3 September 2020

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times: Saturday 6:00pm
Sunday 9:00am, 10:30am & 5:30pm
School Phone: 9312 2230
School website: www.olsunshine.catholic.edu.au
Our Lady's is a Child Safe School

'Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with wherever you go.' Josh 1:9

Dear Parents,

*Happy Father's Day to all the Fathers of Our Lady's School community.
Thank you for all the love and care you show the children and your contribution to
the life of Our Lady's school. Wishing you a wonderful day on Sunday.
May God Bless you all.*

What we Learned by Learning at Home: Student and Family Comic Artwork Project

This is an exciting project which all our students will have the opportunity to be involved in. It involves creating a comic book to share with others about the positive things that have happened while we have been learning from home. We will be collaborating together with two other schools, St. Theresa's (Albion) and Mother of God (Ardeer) to create a book filled with comics that illustrate all the positive things we have experienced while learning from home. Our Art teacher Ms Pina has already started to teach students in all classes the art skills related to creating comics. We also invite families to make artwork pictures together.

Your comic pictures can respond to one of the following:

What did your family do during learning at home, that they hadn't done before?

How has your thinking changed during this time e.g. Before Covid/ After Covid Images?

How did your family practice your Faith at home?

What sorts of things did you do to make learning at home more enjoyable or better?

How has your family connected, or come together during this time?

Make a picture about 'a day in the life of learning at home'

Is there something that has brought you together as a family which has captured who your family is?

What have you lost, and gained.

Please watch out for a more detailed note from Ms Pina which will be posted on Seesaw. She will give you all the details and instructions on how to get your comic printed into the book that will be published.

Wellbeing Day - Tomorrow Friday 4 September

Tomorrow will be a *Wellbeing Day* for our school community. This means that there will be no online learning or Google Meets tomorrow. The day away from the computer screen will be an opportunity for everyone to engage in alternative activities that help to recharge both our hearts and minds. I hope you enjoy this stress free day where you can pursue the things that bring you peace and joy. I hope we will have another day of beautiful Springtime weather for us all to enjoy a stress free day without screens



A Father's Day Prayer

Heavenly Father, you entrusted your Son, Jesus, the child of Mary, to the care of Joseph, an earthly father.

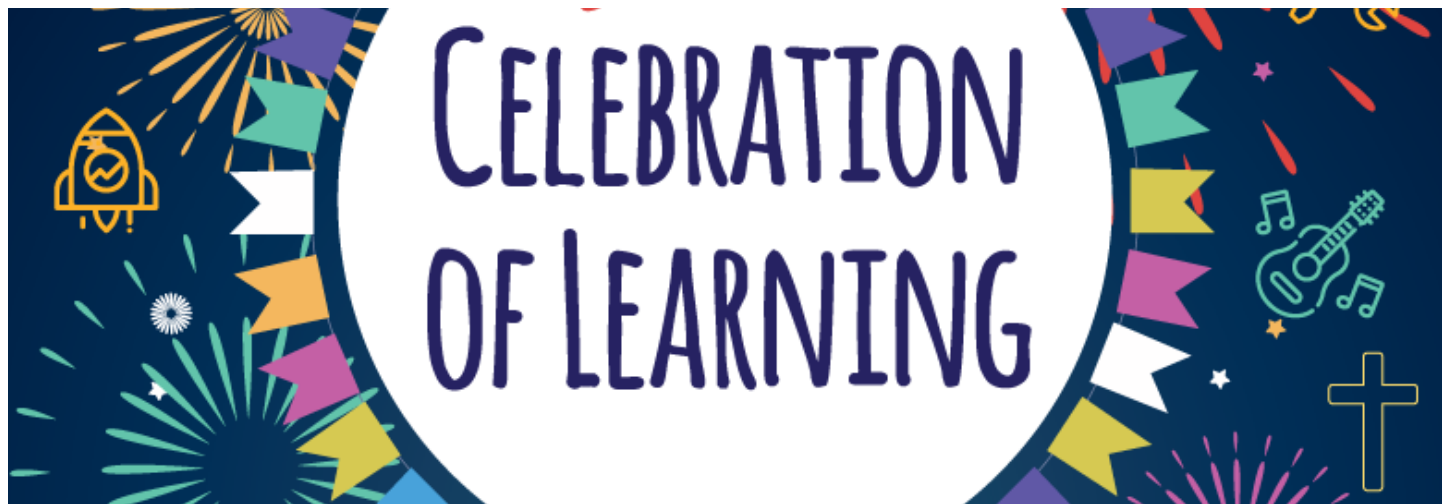
Bless all fathers as they care for their families.

Give them strength and wisdom, tenderness and patience; support them in the work they have to do, protecting those who look to them, as we look to You for love and salvation, through Jesus Christ our rock and defender, in union with the Holy Spirit, one God forever and ever.

St Joseph, Pray for all our Fathers.

Amen





FI

Lucas - For your detailed recordings and written plans surrounding your writing seed. Your efforts are commendable. *From Ms. Cam Tu*

Lincoln - For sharing your love of dancing with us. We loved your dance moves to Old Town Road. *From Ms. Cam Tu*

FJ

Damien - Learning Asset Award: 'I am a Communicator'. For answering questions during our Google Meets this week. Way to go! *From Miss Severino*

Oliver - Maths Award - For using position words to describe the location of objects in a picture. Well done! *From Miss Severino*

1K

Maya L For coming to every Google meet with a great attitude geared towards learning. Her effort and concentration have improved during Term 3 because she has worked hard. Well done Maya! *From Miss Karen*

Mason M For working hard in Mathematics during Term 3 to improve his learning. An excellent effort Mason! Keep up the great work! *From Miss Karen*

1L

Ada T - For doing a great job of reading over her work and making sure she has used capital letters and full stops in all the right places. *From Miss Steph*

Quentin S - For being an effective Communicator in our Google Meets by telling us what he's thinking and answering questions! *From Miss Steph*

2M

Kobe P- For using different reading strategies to improve on your reading. Keep it up! *From Miss Scarpaci*

Adele M- For working to the best of your ability and being a Self Manager in your learning during remote online learning. Well done *From Miss Scarpaci*

2N

Kloe N- For taking part in online learning more regularly, putting in 100% effort! I am very proud of you Kloe! Keep up the wonderful work! *From Ms Howe*

Delilah T- For posting work more consistently each day, showing your fabulous work and effort! What a wonderful job you are doing Delilah! *From Ms Howe*

3E

Bella D - For working hard to complete her learning activities each day on Seesaw and for consistently joining her reading group each week. Well done, keep it up! *From Miss O'Connell*

Sebastian S - For completing all his learning activities each day to a very high standard. I continue to be so impressed with your work every day and I know the other teachers are too. Well done! *From Miss O'Connell*

3F

Chelsi L - For your great acting in 'Jack and Jane' using expression, costumes and different sides of the camera to show two different characters. Well done! *From Ms Murphy*

Landen T - For working hard to complete all your SeeSaw activities to the highest standard. Keep up the great work!

From Ms Murphy

4G

Zoe N - For personifying your character so well when reading the script 'Triple Trouble' during our small group literacy session. You are amazing! *From Mrs Sales*

Ruth Z - For putting particularly special effort into your tasks this week, especially during Literacy sessions. You are amazing! *From Mrs Sales*

4H

Nhien N - For being a positive and enthusiastic member of class and trying hard to complete all tasks to the best of her ability *From Mr Wickham*

Tom D - For maintaining his enthusiasm for learning during online learning and putting his all into the tasks that he completes. You are an enthusiastic and positive member of class who regularly entertains us with your on screen antics. *From Mr Wickham*

5C

Nam N - For demonstrating the Self Manager Learning Asset and staying up to date with his learning. You are submitting great work, Nam, keep it up! *From Miss Wendy*

Jocelyn B - For always putting a lot of effort into her work. You challenge yourself to do your best. Wonderful learning! *From Miss Wendy*

5D

Eleanor M - For the detailed restaurant review you wrote, making sure you informed and persuaded the reader to visit the restaurant, writing about the food, staff, decor and even provided recommendations for improvement. Fantastic! *From Mrs Mendoza*

Ruby V - For the commitment you have shown to her learning. You put your best effort into your learning and are enthusiastic to share your ideas during our google meets. Keep it up! *From Mrs Mendoza*

6A

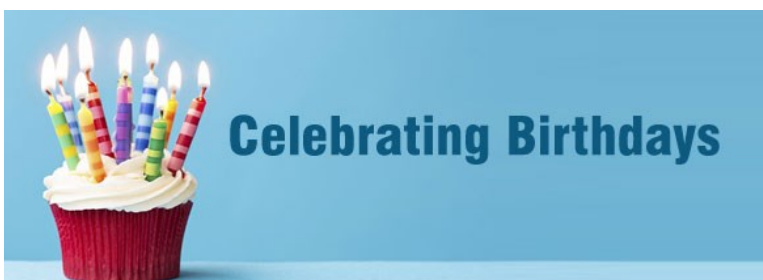
Chloe K for using powerful figurative language, "Dad is an enormous bucket collecting all the rain and all the terrible things out of life" to write a poem for Father's Day. *From Ms Kaan*

John H for your enthusiasm each morning when we solve our daily puzzles *From Ms Kaan*

6B

Scout C - For your creative, expressive and dramatic recitation of a well-known poem! Well done! *From Ms. Gurry*

Callum D - For consistently putting in your best effort when completing remote learning tasks and responding to questions in detail. Keep it up! *From Ms. Gurry*



Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au

Van Duh C 3F
Akoldh N FI
Leah M 6B
Zac W 3E
Ethan N 2N
Lincoln B 1K

Wellbeing News...

Dear Parents and students,

On Wednesday we launched the OLPS Wellbeing Hub via Seesaw. It is a valuable Google Site that has many fantastic resources for you to use, if you wish! It contains:

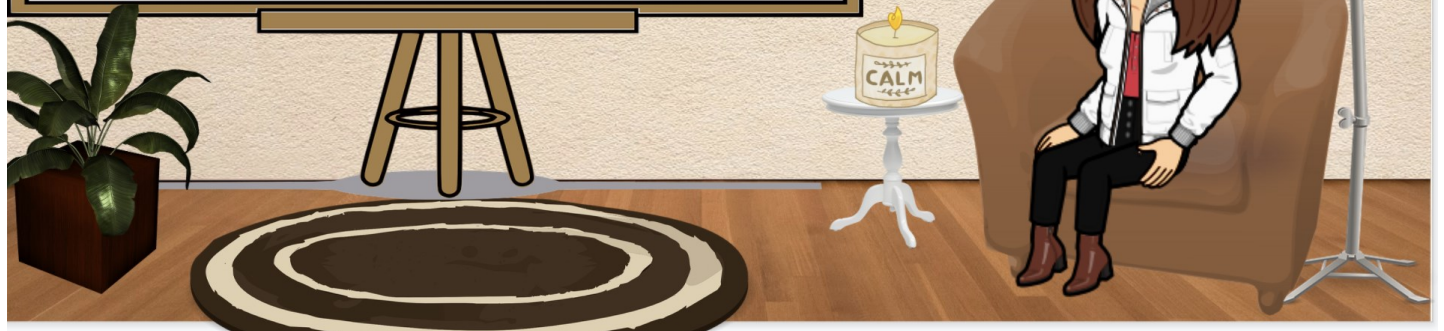
- a Student Hub
- a Parents Hub,
- a Teachers Hub and
- a Virtual Library with many wonderful picture story books related to wellbeing.
- Resources will be added to the site regularly.

We hope you find it beneficial. **Click on the link to start exploring.**

<https://sites.google.com/olsunshine.catholic.edu.au/our-ladys-wellbeing-hub>

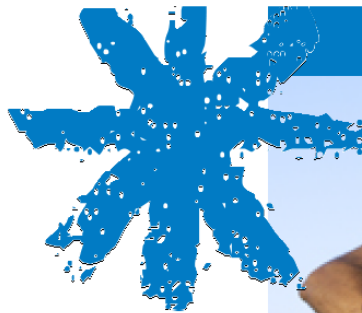
Regards

Mrs Carabott



Father to Father

by Michael Grose



As a father and father-in-law to three young dads, it's great to see each of them embracing the life-changing nature of fatherhood and becoming fully involved in their children's lives.

I see myself in these young fathers, and in doing so I'd like to guide them away from making the same fathering mistakes I did. However, knowing that young dads are loathe to take fathering advice from a member of the previous generation, I'll give the following advice to my younger self instead:

1. Play to your strengths

Men generally parent differently to women, based on their biology. Fathers often parent in a more active or action-oriented way than mothers so games, play and physical activity become important parts of a man's parenting repertoire. Your partner may not always appreciate your more active approach, particularly if you play with kids just before bedtime then leave it to her to calm them down.

Practical advice: Be yourself, but be smart about it!

2. Lighten up – don't take yourself too seriously

It's easy to get caught up in your own importance, taking yourself and your work too seriously. For many men a bad day at work translates into poor or, at best, distracted experiences when they're with their families. Consider putting a strategy in place, such as exercise, that will help you leave work and the moods it engenders behind.

Practical advice: Be present in mind as well as in body when you're with your kids.

3. Have something in common with each child

It would be wonderful to say that you can always connect with your kids, but family life is not that straightforward. There'll always be a child who we struggle to connect with or a developmental stage during which a child seems alien to us. In these cases and times it helps if you share a common interest (such as a love of sport or music) with a child so that you always have something that will bring you together, even though you may not always see eye to eye.



Practical advice: Be prepared to take an interest in your child's interests.

4. Take it easy on your son

Many dads are tough on their boys and have expectations way above their son's interest and ability levels. It helps

to remember that it takes a little longer for a boy to mature. Resist the temptation to turn every game and every joint activity into a lesson and avoid giving advice when all your son wants is some understanding.

Practical advice: See the boy as he is now, not the future man, when you spend time with him.

5. Enjoy the outdoors with your daughter

The biological nature of fathering causes most men to be very protective of their daughters. But that doesn't mean you should put your daughter on a pedestal and treat her like a little princess. Expect a lot from her. Play with her, and get her outside into nature as it will do wonders for her confidence levels.

Practical advice: Enjoy spending time with your daughters on a daily basis.

6. Be ready for kids to knock you off your pedestal

Most children in the pre-school and middle- to late-primary school years look up to their dads. "My dad is better/bigger than your dad" is a type of mantra that's familiar to many parents. Make the most of it as this Superman Syndrome doesn't last. Young children soon become adolescents and will go to great lengths to prove that you're Clarke Kent after all. Expect that they will stop laughing at your jokes, raise an eyebrow at your well-intentioned advice and even stop being friendly to you in public. Ouch! It can be hurtful to a man who just wants to be the best dad he can be.

Practical advice: See number 2 above: don't take yourself too seriously.

7. Give your kids a compass and a map

One day your children will become independent of you. Don't worry! You won't be irrelevant, just redundant in a practical and managerial sense. There are two things you can do to help your kids safely navigate the world when you're not around. First, help them develop a set of positive values including integrity, honesty and respect that will act as their moral compass when they have difficult decisions to make. Second, reveal your personal story over time as this narrative will become a personal map that will reassure them when life gets tough. It's good to know that they are not in uncharted territory when they finally strike out on their own.

Practical advice: Tell kids your story – don't make them guess it or learn it from someone else.

Father's Day is a wonderful opportunity to reflect on the contribution that men make to the lives of their children. It's a very personal reflection as each man's experience of fathering is as unique as the children they are raising. I invite you to reflect on your own fathering as well as the contribution that fathers – whether your own dad or someone else's – have made to your own life.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World* and *Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.

Take up your cross and follow me

22nd Sunday in Ordinary Time, Year A

Gospel

Mt 16:21-25

Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes, to be put to death and to be raised up on the third day. Then, taking him aside, Peter started to remonstrate with him. 'Heaven preserve you, Lord,' he said. 'This must not happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are an obstacle in my path, because the way you think is not God's way but man's.'

Then Jesus said to his disciples, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it.'

COMPLETE THE TEXT MAZE

"If you want to be my followers you must take up your cross and follow me."

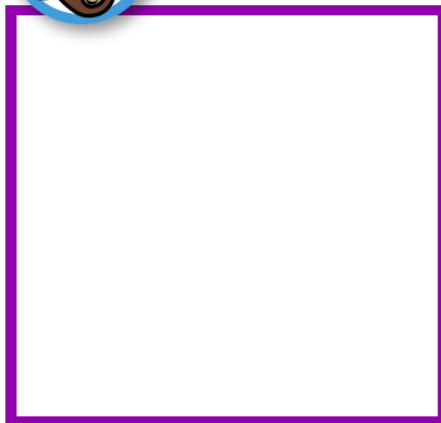
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 E U W T **E** FINISH

Help Jesus tell his disciples about the coming events in Jerusalem.

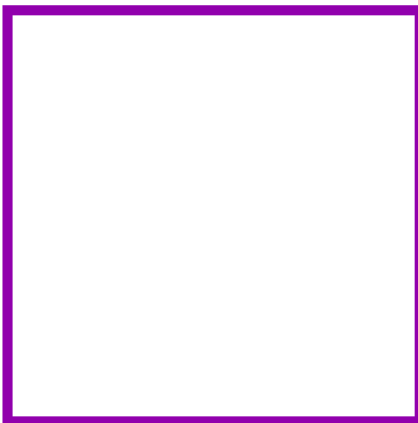


I must go to the city of Jerusalem...

...where people will make me suffer and I will be killed.



Draw Jesus entering the city on the donkey



Draw Jesus suffering on the cross



Write what Jesus tells the disciples next