



## OUR LADY'S SCHOOL NEWSLETTER

29 November 2018

[www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

Parish Priest: Fr. Peter-Damien McKinley  
Principal: Ms. Patrizia Bertani  
Parish Mass Times: Saturday 6:00pm  
Sunday 9:00am, 10:30am & 5:30pm  
School Phone: 9312 2230  
School website: [www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)  
*Our Lady's is a Child Safe School*

*'I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible' The Nicene Creed*

### DATES FOR THE DIARY

**Mon 19 Nov-Fri 30 Nov**

Swimming Program

**Sun 2 Dec**

First Sunday of Advent

**Tues 4 Dec**

2nd Foundation 2019 Transition Afternoon

**Fri 7 Dec**

2.30pm Feast of Immaculate Conception Assembly  
Reports go home

**Sat 8 Dec**

Feast of Immaculate Conception

**Mon 10 Dec**

2.15pm Sports Assembly

**Tues 11 Dec**

3rd Foundation 2019 Transition Afternoon  
3.15-3.45 Second Hand Uniform Sale

**Thurs 13 Dec**

Graduation Mass & Disco

**Fri 14 Dec**

Parish Movie

**Mon 17 Dec**

12.00-1.00pm Years 1-6 Orientation

*Dinner in the Yard & Art Show*

**Wed 19 Dec**

9.00am End of School Mass  
3.00pm Students finish for 2018

### 2019

**Wed 30 Jan**

Getting To Know You and Your Child Day 1

**Thurs 31 Jan**

Getting To Know You and Your Child Day 2

**Fri 1 Feb**

Classes start for all at 8.45am



Dear Parent,

Today you will receive an important note which will outline changes to the beginning of the school year. We will begin the 2019 School Year with teachers meeting each child and their family in their class individually.

Each child and their family will meet with the teacher for 15 minutes. You will be attending on one of the following dates; Wednesday the 30 or Thursday the 31<sup>st</sup> of January 2019.

The focus for these individualised meetings are for the parents to get to know their child's teacher and for the teacher to get to know the parents and their students. The teachers will be sharing things that are important to them apart from their love of teaching and we will be asking the parents and students to share their interests with the teacher and to talk about what is important to their family.

Two weeks before your child starts school they will receive a letter from their teacher with further information about the meeting and information about the teacher. We hope that this will help to build more nurturing, collaborative and authentic relationships between students, teachers and families of Our Lady's School. We want to know your child as a person first and then focus on your child as a learner. As all current research indicates that it is important to connect authentically with our students and families so that together we can ensure that we create a learning environment where your child can flourish and where they achieve the best possible learning outcomes.

*'It is this feeling of being known, valued and understood that provides the foundation for learning and success.'* (CEM 2016, *Horizons of Hope, Vision and Context*)

### Before and After School Traffic

I am reminding all parents to please support the staff in making sure that the children are safe during drop off and pick up times, before and after school. As you are well aware it is during these times that there is much traffic around the school. We **MUST ALL** work to ensure that our children are safe. I ask for your collaboration on this important matter. Please do not park in the designated drop off zone in Victoria Street just beside the double gates. Ensure that at all times you follow the law. Never stop in the middle of the road and tell your child to get in/out and do not double park or park in front of anyone's driveway. These actions completely compromise your child's safety and are against the law. Show patience towards other drivers. We need to be respectful and mindful of our neighbours and the residents that live close to our school.

I thank all parents who collaborate and make sure that at all times they are supporting Our Lady's School by following the road rules and making sure that not only their child but that **all children are safe at all times.**



### *Advent Prayer*

*Advent is a time to get ready to celebrate Christmas. It is a special season to show care to others.*



Dear Jesus, it is the season of Advent and we are full of hope. We are getting ready in our hearts and our lives to celebrate your birthday at Christmas. Help us live in your love and share that love with others in your name during this holy season. May we remember all that this time should be as we wait in joyful hope. Amen



St Joseph's corner 

Last week we spoke to Sister Jeanne who is a Sister of St Joseph who works amongst the most vulnerable families in the west. She has done much work in the western suburbs to support families who are going through difficult times. Our Lady's school has supported Sister Jean in her work through Joseph's Corner.



She has asked for our support during Christmas time and has said that the items that are most needed are toiletries and toys as often families cannot afford these items.



I'm sure that if we all donate an item we can together bring some Christmas cheer to many families who would otherwise go without.



Please help us to help Sister Jeanne so that we support these families in our local community to have a happy Christmas.



If you can donate any toys, games or toiletries, please take them to your child's classroom where a box will be waiting.



The School Student Leaders and Social Justice Committee will be regularly visiting each room for donations to bundle up and take to Sr. Jean.



**We thank you in advance for your support and donations.**

Yours sincerely,

*Patrizia Bertani*

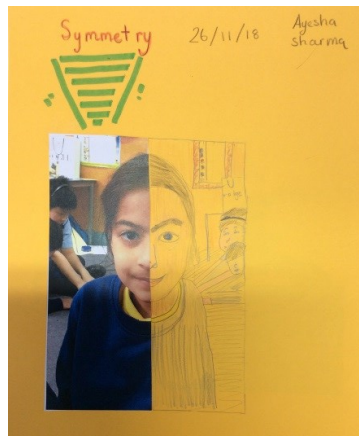
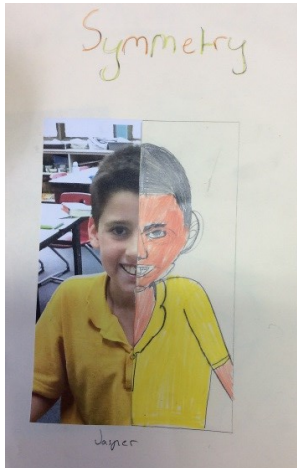
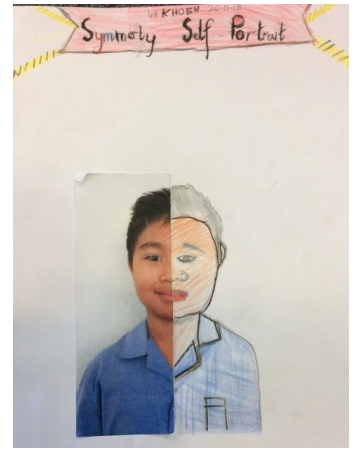
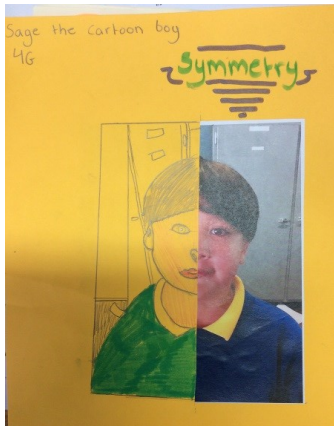
Ms Patrizia Bertani

Principal

[principal@olsunshine.catholic.edu.au](mailto:principal@olsunshine.catholic.edu.au)

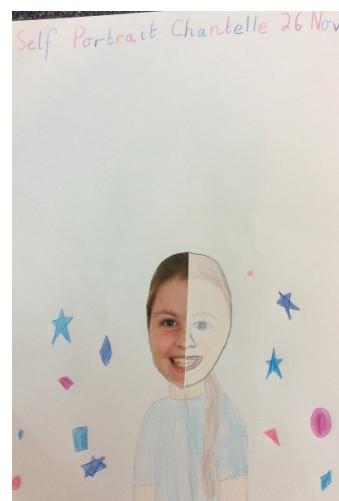
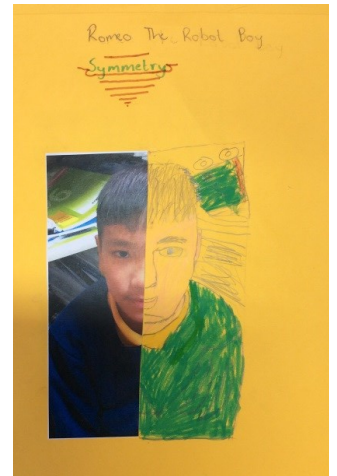
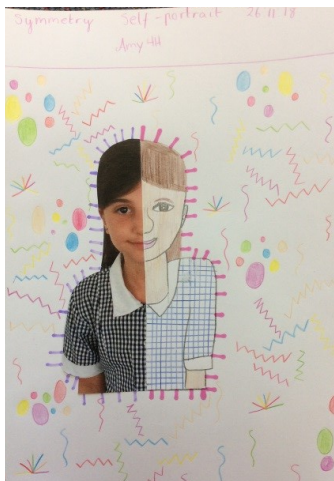






## Grade 4

# Symmetry Self Portraits





#### PREPARATIONS FOR 2019

As we are beginning our preparations for 2019, we ask that parents let us know as soon as possible if their children are not returning to Our Lady's next year. We have had many inquiries about places for 2019 and we need to let these parents know if there are places for their children. We currently have a waiting list for Prep and several of the other year levels are full, with enrolment enquiries coming in. **If your child is not returning in 2019 (apart from our current year 6 children) please complete the form below and return it to the office. It is vital that you return this form as soon as possible. Thank you.**

#### Children NOT returning to Our Lady's School in 2019

Family Name: \_\_\_\_\_

Child/children's names

- |          |              |
|----------|--------------|
| 1. _____ | Grade: _____ |
| 2. _____ | Grade: _____ |
| 3. _____ | Grade: _____ |
| 4. _____ | Grade: _____ |

Suburb we are moving to: \_\_\_\_\_

Name of our new school: \_\_\_\_\_

**Signed:** \_\_\_\_\_ **(Parent)**

*Please return this form to the office as soon as possible*



# SECOND HAND UNIFORM STALL

## WHEN

**Tuesday, 11  
December  
3.15 – 3.45pm**

## WHERE

**Near the  
canteen**

**OUR LADY'S SCHOOL  
PARENTS & FRIENDS ASSOCIATION**

**\$5**

**GIRLS WINTER  
TUNICS**

**KNITTED JUMPERS**

**SCHOOL BAGS**

**\$2 – all other uniform  
items, including girls  
summer dresses,  
sports uniforms, boys  
shirts and shorts**

*Donations  
are Greatly  
Appreciated!*

Have you had a clean out and wish to donate any out-grown uniforms for the Second Hand Sale?

Please make sure they are washed and clean and then bring them in a bag to the Office so they can be passed on to the P&F.

# insights



## Building deep relationships with kids

by Michael Grose

*Building a strong relationship with their children is every parent's dream. Here are some time-honoured ways of doing this if you can stick to them.*

Every parent I know wants a great relationship with their children.

An effective way of promoting such relationships is through rituals and traditions. Rituals and traditions build close families.

For example, most strong families I know are underpinned by a strong food culture. In these families, every kid, no matter what their age, is expected to come to the meal table. Kids in these families are generally also expected to participate in other rituals and traditions.

This can require some parenting spine, but these rituals build wide relationships – that is, they gather the tribe together creating a wide relationship circle.

Individual parent–child relationships need to go deep. Deep relationships provide leverage. They also survive the potential storms of adolescence, during which relationships can become stormy and intense.

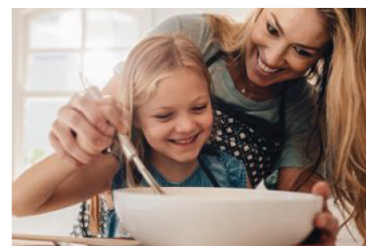
Certainly some ages are more amenable to positive relationship building than others. Developmentally, it's easiest to build deep relationships in the opportunity years of latency: five through to ten years of age.

**The easiest way to build a deep relationship between yourself and each of your kids is to spend regular one-on-one time together.**

- Go somewhere for a whole day with a child.
- Go away for a weekend with just one child. Do things you enjoy.
- If possible, go camping.
- Talk. Cook. Mooch.

These shared experiences can have a magic impact on relationships. They can sometimes lead to vast improvements in children's behaviour.

Another way to build deep relationships is to share an interest with a child. Having something in common, whether it's a shared love of sport, books or a hobby, creates an individual bond that goes deep. A shared interest also creates 'natural' opportunities for one-on-one time.



## Make it happen

- One-on-one time needs to be organised.
- It generally won't happen by accident.
- It takes time. It takes energy. It takes a support mechanism to make it happen. Most of all takes permission.
- But one-on-one time is so worth the effort.
- One-on-one time is the coat hook upon which each of your children will hang their memories of you.



### Michael Grose

*Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children. A trailblazer in the parenting and educational scenes Michael regularly appears in the media throughout Australia in programs including The Project, The Today Show and ABC radio.*

# We are preparing for Jesus

1st Sunday of Advent, Year C



During Advent we can prepare for the arrival of Jesus by helping others. Write down some of the ways you can help family, friends and people in need during Advent.

## Gospel

Lk 21:25-28, 34-36

Jesus said to his disciples: 'There will be signs in the sun and moon and stars; on earth nations in agony, bewildered by the clamour of the ocean and its waves; men dying of fear as they await what menaces the world, for the powers of heaven will be shaken. And then they will see the Son of Man coming in a cloud with power and great glory. When these things begin to take place, stand erect, hold your heads high, because your liberation is near at hand.

'Watch yourselves, or your hearts will be coarsened with debauchery and drunkenness and the cares of life, and that day will be sprung on you suddenly, like a trap. For it will come down on every living man on the face of the earth. Stay awake, praying at all times for the strength to survive all that is going to happen, and to stand with confidence before the Son of Man.'

**I can help my family by**

---

---

---

**I can help my friends by**

---

---

---

**I can help those in need by**

---

---

---

Find the opposite of each word, then rearrange the circled letters to complete the sentence below.



MAN	( )	—	—	—	—	—
UNDER	—	—	—	( )	—	—
OPEN	—	—	( )	—	—	—
SAD	—	—	—	( )	—	—
ALWAYS	—	( )	—	—	—	—

“the Son of Man will be seen, coming in a cloud with great \_\_\_\_\_ and glory.”