



OUR LADY'S SCHOOL NEWSLETTER

17 March 2023

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley

Principal: Ms. Patrizia Bertani

Parish Mass Times:

English: Saturday 9.00am, 5.30pm, Sunday 9.00am, 10.30am & 5.30pm

Vietnamese: Saturday 7.00pm, Sunday 12.30pm, Friday 7.30pm

Burmese: Every 2nd Sunday 2.30pm

Chin: Every 1st, 3rd, 4th, 5th Sunday 2.30pm

Tongan: Every 1st Sunday 3.00pm

School Phone: 9312 2230

School website: www.olsunshine.catholic.edu.au

Our Lady's is a Child Safe School

He began to teach them many things in parables, and in his teaching he said to them: "Listen! A sower went out to sow. And as he sowed, some seed fell on the path, and the birds came and ate it up. Other seed fell on rocky ground, where it did not have much soil, and it sprang up quickly, since it had no depth of soil. And when the sun rose, it was scorched; and since it had no root, it withered away. Other seed fell among thorns, and the thorns grew up and choked it, and it yielded no grain. Other seed fell into good soil and brought forth grain, growing up and increasing and yielding thirty and sixty and a hundredfold." And he said, "Let anyone with ears to hear listen!" (Mark 4:2-9)

DATES FOR THE DIARY

Mon 20 Mar Open Day for Foundation 2024

Mon 27 Mar: Staff Professional Learning Literacy with Deb Sukarna

Wed 29-Fri 31 Mar Teeth on Wheels here

Fri 31 Mar 2.45pm Second Hand Uniform Sale

Thur 6 Apr End of Term 1 at 1.00pm

Mon 24 Apr Start of Term 2 at 8.35am

Tues 25 Apr ANZAC Day Public Holiday

Wed 26 April 7.00pm Yr 4 Eucharist Parent & Student Evening

Mon 22 May Athletics Day at Keilor Athletics Track

SACRAMENTS

Thur 23 March: 7.00pm Reconciliation for Year 3

Sun 7 May: 10.30am Eucharist for Year 4

Sun 7 May: 10.30am Eucharist for Year 4

Thur 24 Aug: 7.00pm Confirmation for Year 6

PROFESSIONAL LEARNING DAYS - PUPIL FREE DAYS

Mon 27 March: Literacy with Deb Sukarna

Fri 5 May: Personalised Learning with Kath Murdoch

Thur 22 Jun: Three Way Learning Conversations

Fri 28 Jul: RE with Maria Forde

Mon 6 Nov: Report Writing

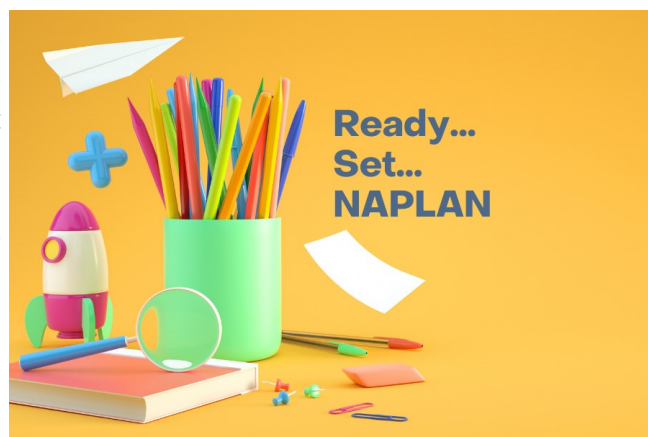
Dear Parents,

I hope you enjoyed the Labour Day Long weekend this week. Even though it was a four day week, it certainly was a very busy and exciting week here at Our Lady's.

On Wednesday, there was a lot of buzz and building noise in the yard as the demolition commenced. Of course many of us have mixed emotions seeing the buildings come down as so much history, learning and memories were created in 'those' rooms. They will stay with all of us and be etched in Our Lady's history. It is also very exciting seeing the area cleared for our new learning building to start taking shape. It has been many years in the making, and it really is exciting to see work finally happening to make way for our new learning building at our school.

Wednesday was also the commencement of the NAPLAN testing. Our Year 3 and 5 students completed the writing test on Wednesday morning. The Year 3 students completed the writing test in a written format, handwriting their work, whilst the Year 5's writing test is completed online. On Thursday morning, all Year 3 and 5 students, completed the Reading test online.

Next week, on Monday the students will complete the Conventions of Language test and on Tuesday morning it will be the Numeracy test. All these tests are online and are completed in the morning. We will continue to facilitate the catch up test if any students are away.



I have included some photos of the building works so far for you to explore on the following pages.

Prayer for Saint Patrick's Day

On March 17 we celebrate Saint Patrick. This saint travelled all over Ireland teaching people.



God of all people, today we celebrate Saint Patrick and all he means to us. Saint Patrick told the people of Ireland about the Trinity: Father, Son and Holy Spirit. Saint Patrick baptised people and built churches. Saint Patrick shared his faith with others so they would know you. Saint Patrick told the people of Ireland the good news of your love. Help us to be like Saint Patrick and share the good news of Jesus Christ with others in our world. Amen

Here are also some student thoughts about the building works so far and the new building below!

Ben 4G - I think it's nice and it's really cool how they are smashing the buildings and take it down one by one.

Mason 4G - It's sad and nice at the same time because it's old.

Anna 5C - I feel surprised because I didn't expect this to be this big!

Anderson FI - It was loud in my class!

Anthony 3E - I wonder where all the materials are going to go?

Oliver 4G - I think about the demolition process and it will be exciting to see the new building come up!

Ayce 5C - Seeing the demolition is cool because we are seeing the smashing, crushing and the cool sounds are amazing!

Lucrecia 3E - It is exciting because we will be getting a new place to study and learn.

Scarlett 5C - It brings back a lot of memories from year 3&4, but I'm excited for the new building!

Nina 5C - It is very cool that it is getting knocked down because I like watching construction!

Michelle 5D - I like that we are going to have a new building! I am getting used to the noises!

Edward 1L - The new building will be cool and I am looking forward to being in there when it is finished! Hopefully next year!

Ryan 1K - It's going to be great!! I think it is going to be fun to watch the new building being built.

Sylvia 1L - I'm feeling surprised and excited cause I like seeing the buildings coming down.

Sam 6A - It is very satisfying seeing the machines destroying the building and knowing what's coming.

Mila 6A - It is sad seeing the playground go as we have had it all through primary school but it is exciting knowing what is coming soon. But is it the year we are leaving!!

Louise 3F - I'm feeling excited because the demolishing is happening and we are getting a new building!

Jonti 6B - It is cool to watch because I don't see many things like this happening in my area.

Aquelly 6B - When I first heard it, I thought it would be little by little, but when I went outside it looked like an earthquake just happened. I feel a little upset cause the classes are being destroyed but I feel happy now cause we are getting new classrooms for more students to learn in.

Archie 4H - I am pretty happy it's going down because I never really liked the adventure playground! The new building looks really cool so I'm really excited for it to come.

Hamish 2M - I think about when my house got renovated. I think it's going to be really cool when our new building is finished.

Billy 2N - What comes to my mind is that there is change happening! It's going to be different!

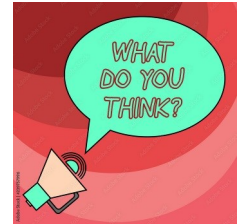
Sarah Anne FI - I think it is cool they are putting down the old building and putting up a new building.

Alex FJ - I like seeing the trucks and I like seeing the builders work.

Ivy FJ - I think it is cool they are knocking it all down to make the new building for us!

On Monday we warmly welcome Ms Bertani back as she enjoyed some long service leave away.

Wishing everyone a lovely weekend.



Yours sincerely,

Christine Carabott

**Mrs Christine Carabott
Acting Principal**

Now you see it...

**Day 1 of demolition
commences...**



Now you see it...

Day 2 of demolition



Now you see it...

Day 3 of demolition



Now you don't!!

Day 3 of demolition



Foundation Picnic-Survey Results

Last week many of you will have read about the wonderful evening we had with Foundation Parents and children. Coming together to get to know each other and to celebrate being a part of Our Lady's school, we enjoyed a picnic dinner and entertainment. This included balloon twisting, face painting and picture story book giveaways to all families.

We had a great turnout with over 80% of families attending.

During this time Greg Woolford (Family School Partnerships) and Kriss Oliver (Religious and Teaching and Learning Leader) surveyed nearly half of the attending families.

The survey's purpose was to hear how our parents had experienced being at Our Lady's as well as how we could support them and their children to have a better experience.

Key messages we heard were that parents wanted help with parenting children around their behaviour, they wanted to learn more about play based learning, ways to support children's reading and writing and also ways to build children's social and emotional development.

This was great feedback and we will aim to deliver sessions for parents in response to this.

We also asked parents what they liked about the school and we learnt:

- parents found our communication strategies were excellent e.g. Seesaw - this was really good for launching into conversations with children after school and seeing what they are doing
- parents found the opportunity to be classroom parent helpers was great
- they felt a strong sense of connection to the school community and ability to connect with the teachers
- the evening session where we talked about the curriculum and strategies for supporting learning was great.

A huge thanks to our parents and families who shared your insights with us and everyone who attended on the night and helped make it happen.

Greg Woolford and Kriss Oliver

Free Picture Story Books for all Families





FI

Celine - For showing the Our Lady's School Gospel Value of Service by setting up the chairs during writing. Thank you for your help! *From Ms. Cam Tu & Mrs Granata*

Oliver - For staying focused during reading this week. What a great Self-Manager you are! *From Ms. Cam Tu & Mrs Granata*

FJ

Ryan - For being a great Self-Manager and staying focused when you are thinking and learning with your friends. Well done! *From Miss Wendy*

Violet - For being a fabulous Self-Manager. You show us all how to be in charge of your own learning. Well done! *From Miss Wendy*

1K

Atticus - for showing great persistence and determination to complete all of your work and doing so with such pride. *From Miss Shai*

Kira - for showing the Our Lady's School Gospel Value of Courage by stepping outside of your comfort to volunteer to speak at assembly. *From Miss Shai*

1L

Lanchi T - For being a welcoming member of our classroom who shows kindness towards others. You are helpful and inclusive of everyone in our class. *From Miss Steph*

Max T - For being an effective Communicator when telling others about your special object! We loved learning about the way your family makes Vietnamese drip coffee. *From Miss Steph*

2M

Ethan H - For using the Thinker Learning Asset during writing when you think about your passion for animals. Your curiosity helps to stretch your thinking which shows in your writing. Well done! *From Ms Rochelle*

Liam N - For always showing initiative by cleaning up without needing to be asked. You are reflecting our vision of being a classroom family by cleaning up after others. Keep it up! *From Ms Rochelle*

2N

Jayden L - For using the Thinker Learning Asset as you create new 3D plasticine scenes and creatures with great detail during Discovery Learning. Well done! *From Mrs Mitchell*

Savannah H -For displaying great communication skills and collaboration during Discovery Learning as you continue to build on ideas to add to your group project. *From Mrs Mitchell*

3E

Lucrecia C - For showing the Our Lady's Gospel Value of Compassion & Service by being so accepting and supportive of another student. Your kind-hearted nature goes a long way! *From Ms Howe & Mrs Mendoza*

Sophia S - For being an awesome self-manager this term! Well done on always having a go and doing your best in your learning! Keep it up! *From Ms Howe & Mrs Mendoza*

3F

Andreas A For participating in classroom discussions and asking insightful questions. You are always keen to be involved. Keep up the great work! *From Mr Josh*

Eilish L For showing the Our Lady's Gospel Value of Courage by attempting new learning and having a go. Keep up the great work! *From Mr Josh*

4G

Tling Za R- For doing extra homework on fractions without being asked. Great work practising your learning about fractions.! *From Ms Karen*

Kim B-For displaying the Our Lady's school Gospel Value of Peace. Your gentle interactions with your peers in the classroom and on the playground. Well done Kim! *From Ms Karen*



4H

Ngun- For displaying the Gospel Value of Service by taking initiative in watering the classroom plant. Well done! *From Ms. Robles*

Matthew- For living out the Gospel Value of Respect through your peaceful interactions with classmates and teachers. Keep it up! *From Ms. Robles*

5C

Kayla- for displaying the Our Lady's Gospel Value of Respect by listening attentively to your peers. Well done! *From Mr Membrey*

Scarlett- for the leadership you have displayed within your group in preparing for the Election. Keep it up! *From Mr Membrey*

5D

Gabbie - For showing Our Lady's Gospel value of Service each day by setting up and cleaning up our classroom. If you see something needs doing, you do it without being asked. Keep it up! *From Ms. Gurry*

Ivan - For displaying maturity and leadership in the playground, at interschool Sport and during Writer's Workshop. You are showing the beginnings of a leader! Well done! *From Ms. Gurry*

6A

Rati V- For displaying the school Gospel Value of Respect through her polite and courteous manner. *From Mr Wickham*

Sophie D - For showing maturity and thoughtfulness, two important qualities of leadership. *From Mr Wickham*

6B

Aria - For your enthusiastic manner, high level of interest and pride that you take in all learning opportunities that we experience together in 6B. Well done! *From Mrs Muscat*

Will - your commitment to your leadership responsibilities—well done on being so eager on taking on the responsibilities that Servant Leaders are committed to! *From Mrs Muscat*



Fl: Ren T

SECOND HAND UNIFORM SALE

The Parents and Friends are looking for any donations of second hand uniform for their upcoming Sale on 31 March.

You can bring any outgrown or unwanted school uniform donations to the Office.

Please make sure all the items are our school uniform brought from the Uniform Shop, clean with no rips, faded logos or stains.

The Second Hand Uniform Sale will be held on Friday 31 March from 2.45pm near the junior classrooms.

\$10.00

\$5.00



Jumpers

Sport Polos



Tunics

Windcheaters



Trousers

Shirts



Track Pants

Skivvies



Bags

Sport Shorts



Shorts



Dresses



Catholic Education Week 2023

Today Ms Oliver and Mrs Lorraine took 10 Year 6 students to St Patrick's Cathedral to represent Our Lady's School at the annual St Patrick's Day Mass to celebrate Catholic Education Week. The theme for this week is *'Forming lives of faith, hope and love in the light of Christ'*.





Our Lady's Parents & Friends
Playground Fundraiser

Easter Raffle

We are seeking Donations
for our Easter Raffle!
All new donations of Eggs &
Easter Treats can be taken
to the office

Tickets on QKR \$2

Raffle drawn 5th April

All money raised will be allocated to the
new playground build



OUR LADY'S PRIMARY SUNSHINE

Foundation 2024 Enrolments open 27 February 2023

Please come into the School Office to pick up an enrolment pack

Our Lady's School is a Catholic Primary School for boys and girls serving the Parish of Our Lady of the Immaculate Conception Sunshine.

Principal Ms Patrizia Bertani
principal@olsunshine.catholic.edu.au

Our Vision

In a spirit of unity and harmony, we strive to develop the whole person; providing an excellent education for all and inspiring our community members to live a Christian way of life.



OPEN DAY

Monday 20 March

Tours at 10.00am & 4.00pm

LOCATION

32 STATION PLACE SUNSHINE 3020 Ph 9312 2230

www.olsunshine.catholic.edu.au



JOIN THE FUN!

Sunshine Auskick Centre

Friday 5pm - 6pm starting
April 28th

Contact - Sarah Frost
Email - sarahfrost99@gmail.com

play.afl/auskick



ARE YOU READY FOR AN AMAZING TERM 2?

The Extend team is ecstatic to get ready for another term of outstanding creativity and inspiring activities!

Join us for artsy programs that make the most of your children's talent and recycling abilities!

Create terrific coloured tubes, cool cotton ball creatures, little foam-made friends and fantastic firework paintings!

All that and more awaits you at Extend!



BEFORE & AFTER
SCHOOL CARE



Join us for amazing arts and crafts in Term 2
Book 14 days in advance to receive the
Early Bird Rate at extend.com.au!



CHIN BURMESE FAMILIES: COME SEW WITH US

@ Our Lady's Primary School, Sunshine

MONDAY 20TH MARCH 10-1PM

မင်္ဂလာပါ။

စက်ချုပ်သင်တန်းမှာ အားလုံးပါဝင်ဖို့ဖိတ်ခေါ်ပါတယ်။ စက်ချုပ်တတ်စရာမလိုပါဘူး။ ဆရာမှ
စက်ချုပ်တတ်အောင် အခြေခံက စပြီး သင်ပေးမှာပါ။ အပ်ချုပ်စက် ၅လုံး ရှိတယ်။
သင့်ကိုယ်ပိုင်စက်လည်း ယူလာလို့ရပါတယ်။

နေရာ: Our Lady's Primary School,

32 Station Place, Sunshine(come to reception)



Sayama Nguri - 0412 648 094 နှင့်

Sayama Moe - 0421 486 096 တို့ကို ဆက်သွယ်ပြီးစာရင်းပေးလို့ရပါတယ်။

Yours
Pat Bertani (Principal)
Our Lady's Primary School



CHIN BURMESE FAMILIES: COME SEW WITH US

@ Our Lady's Primary School, Sunshine

MONDAY 20TH MARCH 10-1PM

Nan dam Clo maw,

Thil thit thiam ding in kan in cawn plak lai. Thilthit nak Seh na ngeih ah cun rak ken khawh a si. Seh na ngeih loh zongah Seh 5 kan ngeih I hman khawh a si ko lai.

A hmun: Our Lady's Primary School, 32 Station Place, Sunshine

A Caan: 10am-1pm

Sayama Nguri (0412 648 094) & Sayama Moe sin ah hal khawh a si.

Yours sincerely

Pat Bertani Principal

Our Lady's Primary School

INSIGHTS

Helping your family manage uncertainty



Uncertainty is part of life and yet our brain, which creates our thoughts and feelings, loves certainty and predictability.

The pandemic has created more uncertainty in families, schools and communities than most people can recall in their lifetimes. With no clear end point, more stress and anxiety may well be triggered. In small doses anxiety heightens your sense of focus, giving you an increased level of energy, and increases your chances of managing a potential challenge that has appeared. In large doses, this anxiety is problematic, as it can cause feelings of being overwhelmed and even panicked.

The lesson of being real

Many fears and unexpressed emotions lie beneath the stress of navigating uncertainty. Be prepared to share your emotions with your children, especially feelings of sadness. They experience grief every time they lose the opportunity to spend time with loved ones, go on holiday or return to school to see friends.

Grief is not a sign of weakness. It shows you are human. Let your children see you cry and give them the agency to know what to do. They can grab a tissue, they can give you a hug and, if they're old enough, they can make you a cuppa.

Your children need to see that when bad things happen to adults, they can feel upset for a time. There are many ways you can help children cope with uncertainty.

Normalise uncertainty

Teach your children that nothing is permanent. Good things come and go. So will tough times. Change is a part of life and can be positive or challenging. Share stories about how your family recovered from hard times. Adaptability and flexibility are key components of resilience, which can be nurtured in childhood.

Make choices that ease fear and anxiety

Remind your children and young people that they are not powerless. Resting, reading and relaxing are great tools to ease fear and anxiety. This might include taking deep breaths, listening to music, or making others laugh. Getting outside to play or walk the dog is another simple way to ease the nervous system.

Focus on the things you can control

Simple habits and routines really make a difference. When everything is changing routines and rituals such as regular family mealtimes, bedtimes and wake up times help maintain a sense of normality. These rituals provide an important anchor helping them feel in control.

parenting*ideas

Encourage your kids to have a 'gratitude attitude'

Though times are no doubt really tough for many, you can choose to feel grateful for the things you have, and the people love, and you can model this mindset with your children.

Maintain hope

Hope is an important antidote to feeling stuck in fear. Encourage feelings of hope by sharing wonderful memories via photos or videos which can lift everyone's spirit. Plan a new experience to happen when that becomes a possibility.

Children and young people need to understand that life can be an unpredictable ride and together you can adapt and find a way through to each new day.

The greatest tool you have as a parent in these times is to remember that you are the 'safe base' for your children and young people. If you can embody that, and help them feel that no matter what, your love and support is a certainty, then the uncertainty around us all becomes a lot more manageable.



Maggie Dent

Commonly known as the 'queen of common sense', Maggie Dent has become one of Australia's favourite parenting authors and educators, with a particular interest in the early years, adolescence and resilience. She has written seven major books including the bestselling *Mothering Our Boys* and her 2020 release, *From Boys to Men*. Maggie is host of the ABC podcast, [Parental As Anything](#). She is the mother of four sons and a very grateful grandmother. For further details visit maggiedent.com



Jesus heals the blind man

4th Sunday of Lent, Year A

Draw the story of Jesus healing the blind man



Jesus smears mud on the eyes of a man who was born blind.

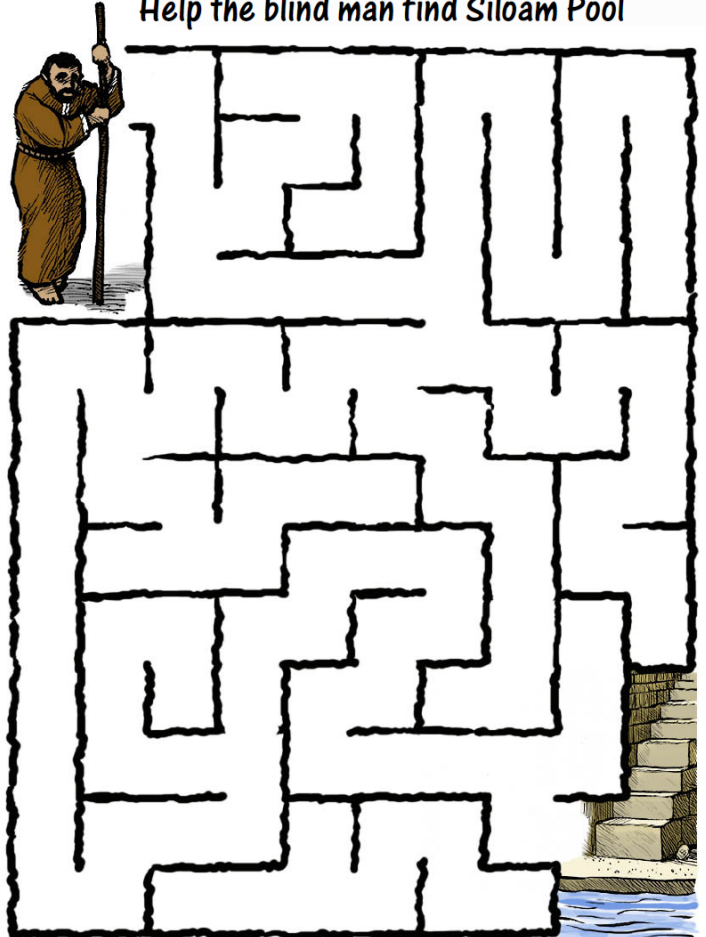


The blind man washes in Siloam pool and is able to see.



The man is happy now he can see.
Many people could not believe what had happened.

Help the blind man find Siloam Pool



Gospel John 9:1. 6-12. 35-38

As Jesus went along, he saw a man who had been blind from birth. Jesus spat on the ground, made a paste with the spittle, put this over the eyes of the blind man and said to him, 'Go and wash in the Pool of Siloam' (a name that means 'sent'). So the blind man went off and washed himself, and came away with his sight restored.

His neighbours and people who earlier had seen him begging said, 'Isn't this the man who used to sit and beg?' Some said, 'Yes, it is the same one.' Others said, 'No, he only looks like him.' The man himself said, 'I am the man.' So they said to him, 'Then how do your eyes come to be open?' 'The man called Jesus' he answered 'made a paste, daubed my eyes with it and said to me, "Go and wash at Siloam"; so I went, and when I washed I could see.' They asked, 'Where is he?' 'I don't know' he answered.

Jesus heard they had driven him away, and when he found him he said to him, 'Do you believe in the Son of Man?' 'Sir,' the man replied 'tell me who he is so that I may believe in him.' Jesus said, 'You are looking at him; he is speaking to you.' The man said, 'Lord, I believe', and worshipped him.