

OUR LADY'S SCHOOL NEWSLETTER

23 November 2017

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times: Saturday 6:00pm
Sunday 9:00am, 10:30am & 5:30pm

School Phone: 9312 2230

School website: www.@olsunshine.catholic.edu.au *Our Lady's is a Child Safe School*

"I have come so that they may have life and have it to the full" John 10

DATES FOR THE DIARY

Mon 20 Nov-Fri 1 Dec Swimming Program No Assembly during Swimming

Mon 4 Dec

9.00am Gr 6 Graduation Photo

Wed 6 Dec

Dream A Little Dream Whole School Performance 7.00pm Quin Auditorium

CCCC Yr 7 2018 Orientation

Fri 8 Dec

Feast of the Immaculate Conception

Parish Movie

Reports sent home

Tues 12 Dec

Yr 7 2018 Government Secondary Orientation

Thurs 14 Dec

Grade 6 Graduation Mass and Disco

Mon 18 Dec

Yrs 1-6 Orientation session 12.00-1.00pm

Dinner in the Yard

Wed 20 Dec

End of term 4 for students at 3.00pm

Thurs 21 Dec

Professional Learning for Staff (Handover 2018) No school for the children

2018

Tues 30 Jan

School starts for students 8.45am

Dear Parent,

Last Friday the Year Six students received the Sacrament of Confirmation in a very spiritual, reverent and joyfully prayerful Mass. I would like to thank Bishop Mark Edwards and Father Peter for celebrating the Confirmation Mass and for the support they gave to our Year Six students as they prepared throughout the year. Thank you also to Father Lucas who concelebrated at the Mass. I congratulate the Year Six students who conducted themselves with great poise and confidence, we are all so proud of you. The Tongan choir once again filled Our Lady's church with their beautiful voices and we are very grateful to all members who gave up their time for us .

I would also like to acknowledge the Year Six teachers Mr Tim Wickham and Miss Jessica Steele and thank them for preparing the children so well. A very special thank you to Ms Halina Lipski our wonderful RE Leader who worked hard alongside the teachers and clergy to make sure that the children had a deeply spiritual experience that they will always treasure.

HELP US TO SPREAD SOME SUNSHINE IN OUR COMMUNITY THIS CHRISTMAS

We are appealing to your generosity to donate new toys or any type of toiletries such as soap, body wash, toothpaste, hand cream and body lotions. We are collecting these for Sister Jean who will distribute these items to needy families in the Western Region of Melbourne. We are keeping the spirit of Saint Mary MacKillop of the Cross alive by living out her words in our own lives.

Never see a need without doing something about it



ASSEMBLY NEWS

During our two week Swimming Program we **WILL NOT** have an Assembly on Friday 24 November and Friday 1 December.

Praise Psalm



We should give praise to our God. We must tell others about God's love.

Give thanks to the Lord, invoke his name; make known among the people his deeds!

Sing praise, play music; proclaim all his wondrous deeds!

Glory in his holy name; rejoice, O hearts that seek the Lord!

Rely on the mighty Lord; constantly seek his face. Recall the wondrous deeds he has done.

Give thanks to the Lord.

Psalm 105: 1-5

Swimming Update

Thank you to the parents who have volunteered to support our Swimming Program. Please remember to wear your Working With Children Lanyard so that it is visible to all. We ask that parents who are supporting with the program to sign in at the office.

Some parents are choosing to pop into the pool and observe their child for a short time. If you choose to do this, it is very important that you introduce yourself to the teachers and let the teachers know that you are there to observe. This is particularly important if other teachers may not be familiar with you. We are working hard to keep our children safe at all times and teachers need to be confident about all those who are in contact with the children.

After School Care 2018

I have worked hard to make sure that we can provide after school care for those many families who rely on it. I am happy to say that we have chosen a provider for 2018 and they are Camp Australia who I'm sure will work hard to provide an excellent service to our school. I hope that this good news reassures all families that use this service.

Dream A Little Dream Update

Our whole school production is going along very nicely thanks to Ms Carmel Menzies and her wonderfully talented band of helpers. There is much rehearsing at the moment and Ms Carmel is astounded at the talent emerging from our students. We all know how beautifully the children of Our Lady's sing and especially our amazing choir who are an integral part of this production and have been rehearsing with Ms Carmel regularly as well as Ms Lipski and Mrs Cuni. We cannot wait to hear you all!

The props are going very well and Ms Pina McDonald our wonderful Art teacher has been greatly supported in completing this huge task by Mr Steve Cozzi who is quite a talented artist. A huge thank you to all the parents who have made the beautiful costumes for the children to wear throughout the production. You have done an AMAZING job and we are so grateful for you support with our whole school production.

IMPORTANT DATES TO REMEMBER

2018 Foundation Uniform Fittings (by appointment) Tuesday 28 November Monday 4 December

9.00am Graduation Photo

2.15pm 2018 Foundation Transition session 2

2018 Foundation Uniform Fittings (by appointment) Tuesday 5 December

Wednesday 6 December CCCC Year 7 2018 Orientation Day 7.00pm Dream A Little Dream

Friday 8 December 11.00am Feast of the Immaculate Conception Mass

> Parish Movie Reports sent home

Tuesday 12 December **Government Secondary Colleges Orientation day**

2.15pm 2018 Foundation Transition session 3

Parent Teacher Interviews by request

Year 6 Graduation Mass and Disco

Years 1-6 Orientation Session 12.00-1.00pm

End of Year Mass

2.30pm End of Year Assembly 3.00pm End of School for 2017

Yours sincerely,

Patrizia Bertani

Thursday 14 December

Monday 18 December

Wednesday 20 December

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au



A Special Thank you

Thank you to all the parents who helped to organise the Year Six Confirmation Party. The cake was beautifully decorated and the Year Six children loved the pizzas and drinks provided by the Parents and Friends.

Our Lady's Primary presents



Wednesday 6 December 7.00pm

Quin Auditorium Churchill Ave Braybrook

Tickets \$15.00 each



Ticket for a seat required for anyone aged over 4 years. Under 4 years old can sit on the lap of a ticket holder.

Tickets now on sale from the following link https://www.trybooking.com/SORV

Please note that you do NOT need to purchase a ticket for your child performing in Dream A Little Dream

YMCA CHILDREN'S PROGRAMS OSHC PROGRAMS AT A GLANCE



For all **Bookings** and **Cancellations** please call us directly on **0401 700 401 Email us: ourladysoshc@ymca.org.au** For any **Account Information**

please call our office on: 8371 0500

www.childrensprograms.ymca.org.au

Week 7 November 20						
DAY	After School Care Activities	Afternoon Tea				
Monday Staff: Brad, Hang	Inside: Shrinkies Outside: Playground & Capture the Flag Seasonal Fruit & Veggies Pop Corn					
Tuesday Staff: Brad, Lucette, Hang	Inside: Jewelry Beads Outside: Playground & Lava	Seasonal Fruit & Veggies Biscuits				
Wednesday Staff: Brad, Hang, Chelsea	Inside: Foam Fish Decorating Outside: Playground & Ship, Shark, Shore	Seasonal Fruit & Veggies Sandwiches				
Thursday Staff: Brad, Hang, Jennie	Inside: Key Rings Outside: Playground & Relay Races Homework + Readers	Seasonal Fruit & Veggies Cheese and Crackers				
Friday Staff: Brad, Jennie	Children's Choice: Games, Activities Inside & Out. Cooking ANZAC Biscuits with Jennie					

A variety of seasonal fruit and vegetables are always offered to children for afternoon snack! A variety of arts, crafts, board games, construction, recreational activities, sensory and imaginary play opportunities are available every day for children to choose. Homework & Home Readers Time — Our YMCA staff are there to encourage home readers and homework and most days we set aside a time to encourage this! If you or someone else is picking up your child (children) early from school and they are not attending the after school care, please let OSHC Team know.

Please remember children need to bring their school hat (Broadbrim Hat, Bucket Hat or Legionaries Hat) from 1st September to 1st May and sunscreen will need to be applied when playing outside.

Bookings and Cancellations: It is important to book your child's place so we can plan and expect their arrival at After School Care. To ensure the safety of your child please notify us of any absences or additional days of care via the My Family Lounge Portal http://www.childrensservices.ymca.org.au/enrol/my-family-lounge-sign-in.html As a reminder please note that the cancellation period of 7 days notice applies for all After School Care bookings. For additional information on our program please visit http://www.childrensservices.ymca.org.au/school-care/our-locations/our-ladys-ps.html There may be certain circumstances where children receive gifts or prizes throughout the year as part of our advertised programs. These occasions would be advertised on our program planners to provide parents/guardians with prior notification. Occasions where children may receive gifts/prizes as advertised are as follows: last day of school terms, end of year celebrations, designated holiday program days, cultural and festive celebration days and during organised program competitions. Thank You, Brad and Our Lady's OSHC Team



Christmas Trees For Sale

Sunshine Lions Club will be selling Christmas Trees at Bunnings Sunshine on December 9th 10th 16th and 17th between 8.00am and 4.00pm at a cost of \$65.00.

TICKET REMINDER

hristmas



Don't forget to print out your tickets and keep them in a safe place before Performance Night!

You WILL need your tickets on the night to show at the Door and to the Ushers who will show you to your seats.











































Parenting local INSIGHTS





WORDS Michael Grose

How to encourage kids to be problem-solvers

When parents solve all children's problems we not only increase their dependency on adults but we teach kids to be afraid of making mistakes and to blame themselves for not being good enough. That's fertile ground for anxiety and depressive illness.

So, how can we raise kids to be courageous problem-solvers rather than self-critical scaredy cats?

Here are six practical ideas to get you started.

Turn requests into problems for kids to solve

Kids get used to bringing their problems to parents to solve. If you keeping solving them, they'll keep bringing them. 'Mum, my sister is annoying me!' 'Dad, can you ask my teacher to pick me for the team?' 'Hey, I can't find my socks!' It's tempting if you are in a time-poor family to simply jump in and help kids out. Alternatively, you can take a problem-solving approach, cuing them to resolve their own problems and take responsibility for their concerns. 'What can you do to make her stop annoying you?' 'What's the best approach to take with your teacher?' 'Socks, smocks! Where might they be?'

2 Ask good questions to prompt problem-solving

A problem-solving approach relies on asking good questions, which can be challenging if you are used to solving your child's problems. The first question when a child brings you a problem should be: 'Can you handle this on your own?' Next should be, 'What do you want me to do to help you solve the problem?' These questions are not meant to deter children from coming to you; rather, to encourage and teach them to start working through their own concerns themselves.

3 Coach them through problems and concerns

So, your child feels she was unfairly left out of a school sports team by a teacher and asks you get involved. The easiest solution may be to meet with the teacher and find out what's going on. You may or not resolve the problem but in doing so you are teaching a child to become dependent on you. Alternatively, you could coach your child to speak to the teacher herself and find out why she was left out. Obviously, there are times when children need their

parents to be advocates for them such as when they are being bullied, but we need to make the most of the opportunities for children to speak for themselves. Better to help your child find the right words to use and discuss the best way to approach another person when they have problems. These are great skills to take into adulthood.

4 Prepare kids for problems and contingencies

You may coach your child to be independent – walk to school, spend some time alone at home (when old enough), catch a train with friends – but does he know what to do in an emergency? What happens if he comes home after school and the house is locked? Who should he go to? Discuss different scenarios with children whenever they enter new or potentially risky situations so that they won't fall apart when things don't go their way. Remember the Boy Scouts motto – be prepared!

more on page 2





Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at **parentingideas.com.au**. You'll be so glad you did.





Parenting ideas

Building parent-school partnerships

... How to encourage kids to be problem-solvers ...

6 Show a little faith

Sometimes you've got to show faith in children. We can easily trip them up with our negative expectations, such as by saying 'Don't spill it!' to a child who is carrying a glass filled with water. Of course, your child doesn't want to spill it but you've just conveyed your expectations with that statement. We need to be careful that we don't sabotage children's efforts to be independent problem-solvers with comments such as, 'Now don't stuff it up!' 'You'll be okay ... won't you?' 'You're not very good at looking after yourself!'

6 Applaud mistakes and stuff-ups

Would a child who accidentally breaks a plate in your family while emptying the dishwasher be met with a 'That's really annoying, you can be clumsy sometimes' response or an 'It doesn't matter, thanks for your help' type of response? Hopefully it won't be the first response, because nothing shuts a child's natural tendencies to extend themselves down quicker than an adult who can't abide mistakes. If you have a low-risk-taking, perfectionist, consider throwing a little party rather than making a fuss when they make errors so they can learn that mistakes don't reflect on them personally, and that the sun will still shine even if they break a plate, tell a joke that falls flat or don't get a perfect examination score.











Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at **parentingideas.com.au**. You'll be so glad you did.



Come and receive the kingdom that is prepared for you

Our Lord Jesus Christ, King of the Universe - Year A



Jesus says when we do something good for others we also do it for him. Draw a picture of yourself performing an act of kindness.

Fill in	the	spaces	usina	the	words	below
		Opaco		1110	110100	701011

When I was hungry, you gave me something to
When I was thirsty, you gave me something to
When I was a stranger, you me.
When I was naked, you gave me to wear.
When I was sick, you took of me.
When I was in gaol, you me.

drink

care

visited

GOSDE Mt 25:14-15, 19-21

Jesus said to his disciples: 'When the Son of Man comes in his glory, escorted by all the angels, then he will take his seat on his throne of glory. All the nations will be assembled before him and he will separate men one from another as the shepherd separates sheep from goats. He will place the sheep on his right hand and the goats on his left. Then the King will say to those on his right hand, "Come, you whom my Father has blessed, take for your heritage the kingdom prepared for you since the foundation of the world. For I was hungry and you gave me food; I was thirsty and you gave me drink; I was a stranger and you made me welcome; naked and you clothed me, sick and you visited me, in prison and you came to see me." Then the virtuous will say to him in reply, "Lord, when did we see you hungry and feed

you; or thirsty and give you drink? When did we see you a stranger and make you welcome; naked and clothe you; sick or in prison and go to see you?" And the King will answer, "I tell you solemnly, in so far as you did this to one of the least of these brothers of mine, you did it to me." Next he will say to those on his left hand, "Go away from me, with your curse upon you, to the eternal fire prepared for the devil and his angels. For I was hungry and you never gave me food; I was thirsty and you never gave me anything to drink; I was a stranger and you never made me welcome, naked and you never clothed me, sick and in prison and you never visited me." Then it will be their turn to ask, "Lord, when did we see you hungry or thirsty, a stranger or naked, sick or in prison, and did not come to your help?" Then he will answer, "I tell you solemnly, in so far as you neglected to do this to one of the least of these, you neglected to do it to me." And they will go away to eternal punishment, and the virtuous to eternal life."

clothes

welcomed

eat