

#### **OUR LADY'S SCHOOL NEWSLETTER**

31 August 2017

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley Principal: Ms. Patrizia Bertani Parish Mass Times: Saturday 6:00pm Sunday 9:00am, 10:30am & 5:30pm **School Phone:** 9312 2230

School website: www.@olsunshine.catholic.edu.au

Our Lady's is a Child Safe School

### "Everything they owned was held in common." Hets 4:32

#### **DATES FOR THE DIARY**

Thurs 31 Aug Father's Day Stall

Fri 1 Sept

Father's Day Assembly 2.30pm

Wed 6 Sept

**P&F** Meeting

Fri 8th Sept

**Professional Learning Day:** Religious Education—NO school for students

Wed 13 Sept

**PAB Meeting** 

Thurs 21 Sept

Susan McLean Cyber Safety Parent Workshop 7.00-

8.30pm

Fri 22 Sept

Our Lady's Show Day **AOM Assembly** End of Term 3 at 3.15pm.

Mon 9 Oct

Start of Term 4 8.45am

Wed 11 Oct

**P&F** Meeting

Fri 13 Oct

Parish Movie

Tues 17 Oct

Parent Confirmation Night with Fr Elio Capra

#### **SACRAMENTS 2017**

Reconciliation (Year 3) Thursday 14 September Confirmation (Year 6) Friday 17 November

Dear Parents,

A very special thank-you to the P&F committee for organising the Father's Day Stall for all our students. A lot of background work goes into the preparation, ordering gifts, setting up and running **A** the event. Thank-you also to all the volunteers who \*\*\* assisted on the day. It is a wonderful opportunity for the students to 'shop' for their dad, grand-dads and/or special people in their life. The Father's Day Raffle will be drawn at tomorrow's assembly. We hope you can join us!



#### Digital Technology at Our Lady's

This week the teachers at Our Lady's have engaged in further professional development based on the Digital Technologies which is a new component of the Victorian Curriculum. The Digital Technologies encompasses an element of 'unplugged' learning, which is learning about coding and the language of computers. Two facilitators, Craig Cummings and Dean Carmody from Catholic Education Melbourne worked with our teachers. They will also be working in classrooms several times this term.

#### **Sun Smart**

A reminder that our SunSmart policy states that all children need to wearing their school hats during peak sun protection times (September to April).



Seeing Friday is the start of spring, Our Lady's re-commences their No School Hat, No Play season. Dig out your School hat over the weekend ready to be SunSmart!

SAVE THE DATE- Thursday 21st of September 7pm-8:30pm Susan McLean Cyber Safety – Parent Information Session In the Father John Maher Auditorium

http://www.cybersafetysolutions.com.au/



#### **U** Prayer 7or Our 7athers

Bless all the Fathers in the world. Father, we ask that You guide them to be good role models and loving to their children.

We also ask that You help them to be a father like You are. Give them grace and patience to handle situations in a loving way. Amen.



#### Reconciliation

Last night, we welcomed Maria Forde who facilitated the Reconciliation Parent Night. It was wonderful listening to Maria again, as she is always so inspirational. Please continue to keep the Year 3 students who will be making their first Reconciliation in a couple of weeks in your prayers.

#### **Insight SRC surveys**

Thank-you to all the families who randomly received a survey and have promptly returned it. Your time in completing it is greatly appreciated. If you are still have your survey at home, please return it to the school by Friday 1st September.

#### **Sunshine Community Raffle**



Thanks to all for supporting the Sunshine Community Raffle. We raised \$1425.00 to go towards resources and costumes for our school production.

The Raffle is being drawn on Sunday and we are crossing our fingers that some-body from Our Lady's wins a prize!

#### **Show Day**



Friday 22nd September is the last day of Term 3 and Our Lady's Show Day! As part of the day we will have 2 circus performers roving around during our extended lunchtime (1.15-2.15pm). Mr Dash (star of TV show Hoopla Doopla) and Margherita Enchilada will be here to entertain and bring some fun to Show Day!

We will also have Animals 2 U visit us with different animals for the children to engage with, meet and pat. Each grade will 'visit' the animals

during the day.



To add in to all the fun, all children can come to school in casual clothes on our Show Day Friday 22nd September.

Friday 8th September is a school closure day for students and a Professional Learning Day for teachers. If you would like your child to be in whole day care at school with YMCA OSHC on this day, please go online or see Brad in the Hall Kitchen from 2.30pm. Please note, we need a minimum of 15 children to enrol so that the YMCA can offer this service. At this stage, 14 children are enrolled, so at least one more is needed for the day to go ahead.

Yours sincerely,

Christine Carabott

Mrs Christine Carabott
Acting Principal
ccarabott@olsunshine.catholic.edu.au

### Year 4

### Colonial History Incursion

















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# Colonial History

Incursion for Grade 4



# Father's Day Stall



























# **Parent Reconciliation Night**









### YMCA CHILDREN'S PROGRAMS OSHC PROGRAMS AT A GLANCE



For all **Bookings** and **Cancellations** please call us directly on **0401 700 401 Email us: ourladysoshc@ymca.org.au** For any **Account Information** 

please call our office on: **8371 0500** 

www.childrensprograms.ymca.org.au

Week 8 Monday September							
DAY	After School Care Activities	Afternoon Tea					
Monday Staff: Brad, Hang	Inside: Doily Rose and Lion Outside: Playground and Hopscotch	Seasonal Fruit & Veggies Pop Corn					
Tuesday Staff: Brad, Lucette, Hang	<b>Inside:</b> Cooking ANZAC Biscuits with Lucette <b>Outside:</b> Playground and Piggy in the Middle	Seasonal Fruit & Veggies Chocolate Chip Biscuits					
Wednesday Staff: Brad, Hang, Chelsea	Inside: Frog Cup Outside: Playground and Skipping	Seasonal Fruit & Veggies Sandwiches					
Thursday Staff: Brad, Hang, Jennie	Inside: Moon Festival Lanterns Outside: Playground and Kick Ball Homework + Readers	Seasonal Fruit & Veggies Cheese and Crackers					
Friday Staff: Brad, Jennie	Children's Choice: Games, Activities Inside & Out.	Seasonal Fruit & Veggies Crackers, Dip and Celery					

A variety of seasonal fruit and vegetables are always offered to children for afternoon snack! A variety of arts, crafts, board games, construction, recreational activities, sensory and imaginary play opportunities are available every day for children to choose. Homework & Home Readers Time – Our YMCA staff are there to encourage home readers and homework and most days we set aside a time to encourage this! If you or someone else is picking up your child (children) early from school and they are not attending the after school care, please let OSHC Team know.

Please remember children need to bring their school hat (Broadbrim Hat, Bucket Hat or Legionaries Hat) from 1<sup>st</sup> September to 1<sup>st</sup> May and sunscreen will need to be applied when playing outside.

**Bookings and Cancellations:** It is important to book your child's place so we can plan and expect their arrival at After School Care. To ensure the safety of your child please notify us of any absences or additional days of care **via the My Family Lounge Portal** <a href="http://www.childrensservices.ymca.org.au/enrol/my-family-lounge-sign-in.html">http://www.childrensservices.ymca.org.au/enrol/my-family-lounge-sign-in.html</a>

As a reminder please note that the cancellation period of 7 days notice applies for all After School Care bookings. For additional information on our program please visit <a href="http://www.childrensservices.ymca.org.au/school-care/our-locations/our-ladys-ps.html">http://www.childrensservices.ymca.org.au/school-care/our-locations/our-ladys-ps.html</a>
There may be certain circumstances where children receive gifts or prizes throughout the year as part of our advertised programs. These occasions would be advertised on our program planners to provide parents/guardians with prior notification. Occasions where children may receive gifts/prizes as advertised are as follows: last day of school terms, end of year celebrations, designated holiday program days, cultural and festive celebration days and during organised program competitions. Thank You,

Brad and Our Lady's OSHC Team



#### Contact us:

Brimbank Library Services program Brimbank Libraries will have a range of activities for seniors, including Grandparents Story Time, and cyber seniors sessions.

For further information: 9249 4296 or visit www.brimbanklibraries.vic.gov.au for full program.





Brimbank City Council
Telephone 9249 4000
Email info@brimbank.vic.gov.au

Post PO Box 70
Sunshine VIC 3020



www.brimbank.vic.gov.au

233 - 0817

### Friday 8<sup>th</sup> September 2017

## Our Lady's Primary School School Closure Day

#### **Outside School Hours Care – 8.30am to 6.00pm**

Our Lady's OSHC would like to offer families the opportunity to enrol children into a full day of care on Friday 8<sup>th</sup> September 2017.

For existing families, if you would like your child to attend, please enrol your child by seeing our OSHC Team in the OSHC Room and complete your details on the sign-up sheet or go online by **Thursday 31**<sup>st</sup> **August 2017**.

For families who haven't enrolled their children into Our Lady's OSHC, please visit our online website <a href="http://www.childrensservices.ymca.org.au/enrol/my-family-lounge-sign-in.html">http://www.childrensservices.ymca.org.au/enrol/my-family-lounge-sign-in.html</a> to complete the enrolment form, then email <a href="mailto:ourladysoshc@ymca.org.au">ourladysoshc@ymca.org.au</a> to express your interest, by **Thursday 31**st **August 2017**.

The cost for the full day of care will be \$59.00 per child minus CCB/CCR benefits.

If we have 15 children booked in on the sign-up sheet, we will be able to go ahead with School Closure Day.

However, if there are not enough children booked in, all parents/guardians, who placed their details on the sign-up sheet, will be notified by email on **Friday 1**<sup>st</sup> **September 2017**.

There will be arrange of activities during the day including but not limited to:

Outside Play	Art and Craft	Sporting Games			
weather permitting					
Free Play	Blocks, Board	and Card Games			

If you have any questions please contact me in person or ring 0401 700 401 or email ourladysoshc@ymca.org.au

**Our Lady's Primary OSHC** 

32 Station Place, Sunshine VIC 3020 M: 0401 700 401

E: ourladysoshc@ymca.org.au www.childrensprograms.ymca.org.au

Kind regards,

Brad, OSHC Coordinator



#### Shopping Tour - Our Lady's Annual Shopping Tour - Saturday 14 October 2017

Come join us for a day of good food, great company and fantastic shopping!!!

For \$72 you will be provided with freshly baked morning and afternoon tea, a 2-course lunch, coach transfers and entry to all outlets.



Various Outlets will be visited with a mixture of fashion wear, bags & leather goods, manchester, home and kitchen wares, shoes and skincare, etc....—The tour will be individually tailored to our group.

Get a head start on your Christmas shopping or just enjoy a great day shopping with friends and help raise funds for the school at the same time with a percentage of sales paid back to school.

To secure your place, please email names of people wishing to attend to <a href="mailto:gina.bill@hotmail.com">gina.bill@hotmail.com</a>

A \$40 deposit per person is required by <u>31 August 2017</u> with balance of \$32 payable by <u>21 September 2017</u>. Payments to be made via Qkr App or alternatively please call Gina on 0414 535 729 to make alternative payment arrangements or if further information is required. Please list all the shoppers names either on Qkr, or email Gina.

Actual times will be confirmed closer to the date, but we can expect to be picked up at the school around 7.30am and back at school again around 5:30pm. Family and friends are welcome, although unfortunately we are unable to take children under 12 on the bus.



#### <u>100 STORY HOLIDAYS</u>

Be an AUTHOR in the school holidays!

Pen your exploits as a spy, fantasy character or story hunter.

Fun, creative workshops for readerly/writerly/comically-minded children.

For ages 7-11.

Cost: \$49/workshop Time: 9:30am – 12:30pm
Where: 100 Story Building, 92 Nicholson St, Footscray 3011
Includes: All materials, takeaway stories, fruit for morning tea

#### DATES

25 September Level 73 Strange Objects 26 September Level 6 Trapdoor Quest 27 September Level 38 SIA

#### **BOOKINGS**

info@100storybuilding.org.au, 9044 8215 More info on our website!

#### 100STORYBUILDING.ORG.AU

These workshops support 100 Story Building's programs for children and young people in Melbourne's west.



#### Wednesday 27th September

Time: 10.00am arrival.

**Venue:** Sunshine Football Club, Kindersmith Reserve, Lily Street,

Braybrook, VIC 3019.

Age: 5-12 yrs.

FREE family friendly footy clinic, meet & greet Lin Jong, official WBFC mascot Woofa in attendance, plus giveaways.













To register visit bit.ly/2w06w0r

For further information please contact nish.moses@afl.com.au



P.O.Box 417 3 Birmingham Street Yarraville, Vic. 3O13 Telephone: 9315 268O

email:josephscomer@melbourne.catholic.org.au

#### OFFICE POSITION VACANCY AT JOSEPH'S CORNER

Joseph's Corner is seeking to recruit a person to fill an Administrative role at Joseph's Corner on a part time basis.

We are looking for a person who identifies with the Josephite tradition of St Mary McKillop of the Cross. As St Mary McKillop said: "Find happiness in making others happy"

#### The person we need

- A mature person, a self-starter, a person who can maintain absolute confidentiality about clients of Joseph's Corner.
- The person needs to have the following skill set.
- Better than basic computer skills including word processing. An ability to effectively use Excel would be an advantage.
- An ability to be an all-rounder from basic cleaning in the office through to representing Joseph's Corner in meetings with Ministers, Departmental officials and senior business leaders.
- An ability to prepare applications for funding grants
- An ability to find sources of funding or available grants
- An ability to liaise with schools, parishes, service clubs (Rotary, Lions etc), councils, government departments and members of parliament
- An ability to engage in face to face contact with local businesses to get donations of prizes for raffles, trivia nights, silent and loud auctions

#### The time required and the reward

Joseph's Corner is prepared to pay for two days per week (10 hours) at the rate of \$23.23 per hour as a **Social and community services employee level 2**under the *Social, Community, Home Care and Disability Services Industry Award 2010*.

The successful applicant should also want to actively participate as a volunteer with Joseph's Corner. Volunteer work may be additional administrative support work outside the 2 days paid work and helping to set up and run fundraising events such as sausage sizzles, trivia nights, dinners etc.

Joseph's Corner is looking for someone who really understands the meaning behind the words "your reward will be great in heaven".

If you are interested please contact Sr Jeanne Dwyer on 93152680 or by email to jeanne@josephscorner.org.au



# Raising Children in More Than One Language: Valuing Your Culture



## Parent Session at

## St Theresa's Primary School 16 Drummartin Street Albion



Professor John Hajek from Melbourne University
Tuesday 19th September

5.30-6.15pm Shared Community Meal
6.15 - 7.15pm Professor Hajek
Join us to discuss the benefit and impact that speaking a second language can have on your child.



Shared meal (BYO your countries food)

Childcare Available

Interpreters on request (contact Greg Woolford <a href="mailto:gwoolford@mogardeer.catholic.edu.au">gwoolford@mogardeer.catholic.edu.au</a>
or Sally at reception at St Theresa's Phone 9311 9070)

Pleas	se complete and return to school
I/We	will be attending the Raising Children in More Than
One Language: Valuing Your Cultu	ure Forum on Tuesday 19th September
Name/	
c	

# Parenting 10 e 45 INSIGHTS





**WORDS Michael Grose** 

10 confidence-building strategies every parent and teacher should know

Instilling confidence takes more than heaping praise on kids. Here are 10 practical confidence-building strategies for parents and teachers of children and young people.

Children with healthy self-esteem and self-confidence learn more, achieve more and are generally happier than those with low confidence levels. Building children's and young people's confidence is complex. It's more than being a praise robot and heaping positive comments on a child at the first sign of them doing something well. Confidence building requires a number of approaches that impact on how they think, how they feel and what they can do.

#### Here are ten practical strategies that you can use to build real selfconfidence in kids of all ages:

#### **Model confident thinking**

Kids soak up the language, thinking and behaviour of those closest to them in their environment. Parents and teachers play a part in modelling confident thinking and behaviour particularly when it comes to tackling new activities. In particular, let kids hear positive self-talk when you tackle something new. They should hear something like, "I'll have a go at this. If I don't do so well then I can try again tomorrow." This is far more effective than "I'm no good at this. I'll probably stuff it up."

#### Pocus on effort & improvement

Current thinking shows that people who believe that they can increase their intelligence through effort and challenge actually get smarter and do better in school, work, and life over time. One way to develop a growth mindset is to focus your language on effort and improvement rather than on the results of what they do. By linking success with effort you are teaching them success comes from something other than purely their ability, talents or smarts.

#### Praise strategy

While effort is key for achievement, it's not the only thing. Kids need to try new strategies and seek input from others when they're stuck. They need this repertoire of approaches – not just sheer effort – to learn and improve. It helps too to focus language on better and smarter ways on improving. Comments such as "That was a smart idea to tackle the hardest task while you were fresh!"(strategy) and "You recognised the first few steps were the most important but then after that you were right" are descriptive statements that have significant instructional value for kids.

#### ① Develop self-help skills from an early age

A child's self-esteem comes as a result of his or her successes and accomplishments. The most important competencies to build confidence are basic self-help skills. These form the building blocks upon which other competencies such as organisational skills and many social skills are formed.

#### 6 Give them real responsibility

From a young age start giving children responsibility for some aspects of their lives. By giving kids responsibility we are sending a powerful message that we think they are capable. Also they are learning the skills necessary to care for themselves.

### 6 Practise unconditional acceptance

Your ability to accept children and young people's best efforts in any area of endeavour, irrespective of the results, will go a long way toward determining their self-esteem and confidence.

more on page 2





Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at **parentingideas.com.au**. You'll be so glad you did.







### Parenting ideas

Building parent-school partnerships



#### ... 10 confidence-building strategies every parent and teacher should know ...

If a child makes their bed to the very best of their ability, resist fixing it, even though it may fall short of your adult standards. Instead remind them next time of how to do it well.

#### Expand their horizons

Some kids are confident and capable at home but are fearful and nervous when it comes to new social situations and unfamiliar environments. Children today have less opportunity than those in the past to negotiate and explore unpredictable situations. Wherever possible look for opportunities to expand children's horizons to include unfamiliar places and unfamiliar locations including catching public transport and walking to friends' places unattended when capable.

#### Recognise improvement

Focus your comments on children's effort and improvement rather than on winning the game or getting top marks. Help kids set realistic goals in line with their capabilities and interests. Learning five new spelling words a week maybe more realistic than 20 words that school may require.

#### Put the training wheels on to support learning

Putting training wheels on a bike is a great way to teach a young child to ride. They keep them upright and mobile while they are getting the knack of balancing. We can use the same principle to support kids learning while they develop independence in many areas of life. For instance, we can accompany anxious kids to birthday parties and stay for a short time so they become comfortable before leaving.

#### Build teaching and training into your day

Teaching and training needs to be part of the every day repertoire of a parent. This means we need to add a little extra time to many of our interactions so we can help children acquire many of the basic skills of living, whether it is a young child learning to do up his or her shoelaces or a teenager learning how to fill out his or her tax form for a part-time job. When adults are busy it is often easier to do things ourselves.

#### Ask children for help

Doing things together is a great way to build competency and build the confidence that mastery brings. A simple way to initiate joint activity is to ask your child or young person to give you a hand with something. Better still, get them to teach you or show you how to do something you are unfamiliar with. Being a teacher rather than the learner is a great confidence-builder particularly for those kids who struggle with activities that others find easy.

Most importantly, great parents and teachers have a knack of communicating confidence in kids. They find ways to let kids know that they believe in them – that they know their kids will perform and succeed, that they have faith that they can deal with life's challenges and know that they can become more independent.





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# Take up your cross and follow me

22nd Sunday in Ordinary Time, Year A

### **Gospe**Mt 16:21-25

Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes, to be put to death and to be raised up on the third day. Then, taking him aside, Peter started to remonstrate with him. 'Heaven preserve you, Lord,' he said. 'This must not happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are an obstacle in my path, because the way you think is not God's way but man's.'

Then Jesus said to his disciples, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it.

#### **COMPLETE THE TEXT MAZE**

"If you want to be my followers you must take up your cross and follow me."

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Help Jesus tell his disciples about the coming events in Jerusalem.



I must go to the city of Jerusalem...

...where people will make me suffer and I will be killed.



Draw Jesus entering the city on the donkey

Draw Jesus suffering on the cross

Write what Jesus tells the disciples next