

The Kingdom of God is like a mustard seed, which is the smallest of all seeds on earth. Yet when planted, it grows and becomes the largest of all garden plants, with such big branches that the birds can perch in its shade. Mark 4:31-32

DATES FOR THE DIARY

Thurs 29-Fri 30 Aug Year 5 Camp
Fri 30 Aug 8.25-9.00am Father's Day Coffee in the Staffroom
Sun 1 Sept Father's Day
Mon 2 Sept Poetry in Motion for Yrs 4-6
Thurs 5 Sept Yr 6 Leadership Day
Mon 9 Sept Italian Day
Fri 13 Sept Second Hand Uniform Sale 3.00-3.45pm
Fri 20 Sept End of Term 3 at 1.00pm
Mon 7 Oct Start of Term 4 at 8.35am
Thurs 10 Oct 9.00am Yr 6 Graduation Photo

PUPIL FREE DAYS

Wed 16 Oct Staff Time in Lieu Day - No School for the Children
Mon 4 Nov Professional Practice Time for Staff- No School for the Children
Tues 5 Nov Melbourne Cup Public Holiday

END OF YEAR 2024

Tues 17 Dec Students finish for 2024 at 1.00pm

START OF 2025

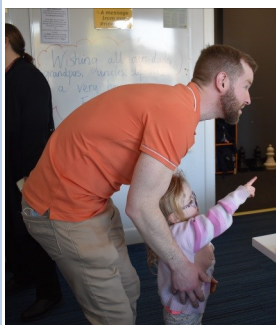
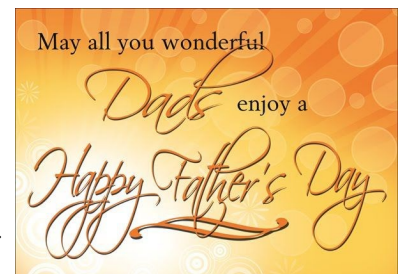
Tues 28 Jan Staff Return
Wed 29 Jan Getting To Know You & Your Child Day 1 Yrs 1-6, Foundation at school 8.35-1.00
Thurs 30 Jan Getting To Know You & Your Child Day 2 Yrs 1-6, Foundation at school 8.35-1.00
Fri 31 Jan Classes start for all (F-6)

Dear Parents and Carers,

This Sunday we celebrate Father's Day. A time to express our thanks and gratitude for the role our fathers, step-fathers, grandfathers, uncles and to anyone who has been a father figure in the lives of the children of Our Lady's School. We hope all the fathers of Our Lady's School have a wonderful day on Sunday and that you get spoilt by your family.

It was wonderful to see so many dads, grandpas, uncles and step-dads having a coffee this morning and later coming to the staffroom to enjoy the special morning tea organised by the Year 6 Events Committee. Thank you to the Events Committee members Holly, Giselle, Gabby, Scarlett, Ryan, David and Bailey who served the delicious treats and later helped with the cleaning up. We will be drawing the Fathers Day Raffle during this week's online assembly at 2:40pm.

I would also like to thank the Parents and Friends Committee and all the volunteers who so generously gave up their time to organise and run the Fathers' Day stall on Thursday. It was a very big success and the children enjoyed shopping for their Dads.



Father's Day



God our Father, you gave Jesus an earthly father, Joseph, who cared for him when he was a child.

We thank you for our fathers, grandfathers, uncles, step dads and people we love like Dads who are for us.

We ask you to bless all fathers and all who take the place of fathers in caring for us and all children.

Amen

Classes 2025

We are soon beginning the process of creating the classes for 2025. If you have any educational concerns about your child's placement for 2025 you will need to communicate these to the Principal in writing via email on principal@olsunshine.catholic.edu.au by Friday 13th of September. It is essential that all emails have been received by that date.

BUILDING PROJECT UPDATES

This week the lights and fans were installed. There has been a delay in the installation of the white and pin boards which was scheduled to begin this week but that should happen by the end of next couple of weeks.

Next week the builder's sheds will be removed so that the landscapers can work to complete the landscaping right around the building.

They will also be working hard on the new nature style playground.

We are fast approaching the scheduled finishing date which remains the 2nd of October.

It's very, very exciting.



Warm regards,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au

PREPARATIONS FOR 2025

As we are beginning our preparations for 2025 we ask that parents let us know as soon as possible if their child/ren are not returning to Our Lady's next year. We have had many inquiries about places for 2025 and we need to let these parents know if there are places for their children. We currently have a waiting list for Prep and we have had several enrolment enquiries coming in for the other year levels.

If your child is not returning in 2025 (NOT OUR CURRENT YR 6 STUDENTS) please complete the form below and return it to the office. It is vital that you return this form as soon as possible. *Thank you.*

Children NOT returning to Our Lady's School in 2025

Family Name: _____

Child/children's names

1. _____ 2024 Grade: _____

2. _____ 2024 Grade: _____

3. _____ 2024 Grade: _____

Name of our new school: _____

And / Or

Our new address: _____

Signed: _____ **(Parent)**

Please return this form to the office as soon as possible

What every parent needs to know about

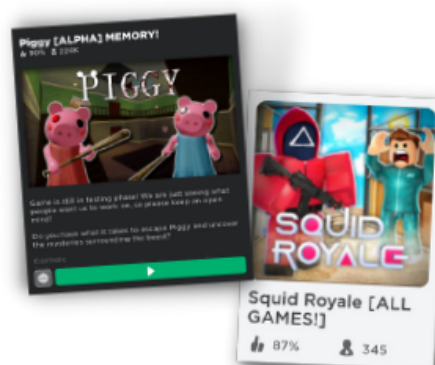
ROBLOX

From graphic violence (ie. Squid Game) to sexual role play, parents need to be aware of how Roblox can be managed in order to minimise risks. Digital safety educator and primary school teacher, Marty McGauran, shares his insights into the hugely popular online game.

Let's keep this short and straight to the point. I played, chatted and immersed myself in the world of Roblox for hours on end and what I discovered was eye opening! Firstly, parents should be aware that when their kids play Roblox they are playing online with other players from across the globe. There is no offline version or easily accessible private servers like Minecraft (NB. private servers can be created but cost money and are complex to set up). Therefore one of the biggest risk factors for young people playing Roblox is navigating the other players (including adults).

Another key understanding parents must have is that Roblox is not a single game, it is made up of thousands of "user created" games. The people creating these games are most likely adults and the content included can vary from infantile all the way up to horror & violence themed games (see image).

www.bit.ly/roblox4parents



On top of the fact that many of the games are grossly inappropriate for young children, the other players within these games present a whole other element of risk (dominatrix dress ups anyone?). Roblox also provides a platform for direct (private) messaging between players. With chat and direct messaging enabled, navigating online predators is a risk your children are guaranteed to encounter.

The good news is that many of these risks can be managed (and minimised) by enabling the parental controls within the settings. Visit the link beside to find easy to follow, step by step instructions to set up parental controls.

Inform & Empower is endorsed by the eSafety Commissioner as a Trusted sSafety Provider

INFORM&EMPOWER



FI

George: For displaying the Self Manager Learning Asset by staying focussed and working on your writing goals during writing. Well done George, Keep it up! *From Miss Seona*

Iverson: For displaying the Self Manager Learning Asset by taking feedback from the teacher and working on your writing goals during writing. Well done Iverson, Keep it up! *From Miss Seona*

FJ

Jay - For showing a huge improvement in your reading. You know so many sight words and use these to help you. Well done, Jay! *From Miss Wendy*

Jayden - For making great progress in reading. You are using lots of different clues to help you. Well done! *From Miss Wendy*

1K

Alannah - for consistently displaying all of the Our Lady's School Gospel Values. You are a person we can always count on to do the right thing and help others when needed. *From Ms Shai*

Henry - For trying hard in your writing this week by staying focused and keeping on task. You have been able to write many sentences in one piece of writing. *From Ms Shai*

1L

Celine - For showing the Our Lady's Gospel Value of Courage when trying new concepts sharing numbers. I love how you explain your thinking to others. Well done! *From Miss Scarlett*

Vincent - For showing the Learning Asset of a Self Manager when cleaning up after reading groups. Well done! *From Miss Scarlett*

2M

Penelope - For the effort and creative thinking that you used to create your Gus Gordon inspired character and setting. *From Ms Rochelle*

Billie - For demonstrating the Gospel value of Peace when solving a problem. You were able to solve the problem in a positive way using Communicator Learning Asset. Well done! *From Ms Rochelle*

2N

Ryan- For demonstrating the Gospel Value of Courage when solving simple division problems. Keep it up! *From Ms Robles*

Angela- For assisting your peers when creating animations using FlipaClip. Well done! *From Ms Robles*

3E

Indiana L - For using logical and efficient thinking when using arrays to solve area problems. Keep it up! *From Ms Steph*

Tony N - For displaying persistence and having a growth mindset when faced with challenges during Maths. I love the way you did not give up when things were tough, but kept on trying to stretch yourself as a learner! *From Ms Steph*

3F

Kei L - For displaying honesty and integrity when you returned money straight away to a friend who had dropped it without realising. Thank you Kei Le. *From Ms Christine & Mrs Majczak*

Easton L - For displaying the Our Lady's Gospel value of Courage by contributing to class discussions. Thank you for sharing your knowledge and ideas! *From Ms Christine & Mrs Majczak*

4G

Ava H - For the detail and creativity you not only put into writing your narrative but in also editing to improve your writing. Keep it up! *From Ms Karen & Mrs Mendoza*

Samantha H - For the kindness and compassion you show to your classmates daily. It makes a difference to those around you. *From Ms Karen & Mrs Mendoza*

4H

Ben- For displaying the self manager learning asset. You have made really good choices with your learning. Keep it up Ben! Proud of you! *From Ms Rebecca*

Louise- For writing a very detailed and fascinating Narrative. You're an extremely creative and talented writer who has a clear passion for writing. Awesome! *From Ms Rebecca*



5C & 5D ON CAMP

6A

Nevaeh- For showing leadership and initiative by agreeing to take on tasks and duties. *From Mr Wickham*

Ryan- For continuing to show the qualities of a Servant Leader. Keep it up Ryan
From Mr Wickham

6B

Adele - For writing a wonderfully entertaining narrative. You used creative ideas and crafted a highly engaging story for your reader. Amazing work! *From Mrs Belinda & Ms McManus*

Holly - For being an amazingly mature and reliable member of our classroom. Your work this week setting up our community classroom and assisting at the Father's Day stall was greatly appreciated. *From Mrs Belinda & Ms McManus*



Fl: Elsie L
1K: Nate C, Joanne D
5C: Helena L
5D: Jake C
6A: Angeli C, Ayce F, Gabbie W, Filip S
6B: Cohen W
STAFF: Ms Shai







Community classroom





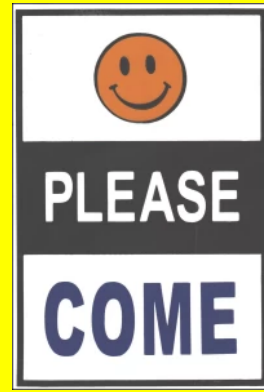
Together we can

Make a Difference



Community classroom





Student Wellbeing Parent Information Evening

Focus: Zones of Regulation; Self-regulation; Executive Functioning; Ways you can help at home.

**When: Wednesday 4th
September at 7:00pm**

Where: Our MML



SECOND HAND UNIFORM SALE

The Parents and Friends are looking for any donations of second hand uniform for their upcoming Sale on 13 September. You can bring any outgrown or unwanted school uniform donations to the Office.

Please make sure all the items are our school uniform brought from the Uniform Shop, clean with no rips, faded logos or stains.

The Second Hand Uniform Sale will be held on Friday 13 September from 3.00pm near the junior classrooms.



\$10.00

Jumpers

Track Pants

Bags

\$5.00

Sport Polos

Windcheaters

Shirts

Sport Shorts

Shorts

Dresses



WE'RE CELEBRATING YOUNG PEOPLE FOR THE WHOLE MONTH OF SEPTEMBER!

Brimbank Youth Fest is a celebration of young people aged 10 to 25.

Throughout September, a variety of events and activities have been organised across the state, giving young Victorians a chance to express their ideas and views and act on issues that affect their lives.

Victorian Youth Fest is a month-long celebration, highlighting the contributions and achievements of young people in their communities - including our own.

In Brimbank, we've put together an awesome line-up of events that recognise, celebrate, and support the unique and inspiring young people in our local community.

All events and activities in this publication are open to all young people aged 10 to 25 unless otherwise specified.

Check out what's on

by picking up a brochure or by visiting <https://brimbankyouth.com/youth-fest-2024/>

Scan to sign up for events



Brimbank Youth Services and their partners respectfully acknowledge and recognise the Wurundjeri and Bunurong People as the Traditional Custodians of the land on which we host our Youth Fest celebrations and pay our respects to their Elders past, present and future.



CONTACT US

For general enquiries about Brimbank Youth Fest, please contact Brimbank Youth Services
P 9249 4000
E bys@brimbank.vic.gov.au

For venue and event-specific enquiries, please contact the venue/s directly.

Brimbank Aquatic and Wellness Centre

90 Taylors Road, Keilor Downs
9249 4635

Brimbank Learning Futures (Visy Cares Hub)

80B Harvester Road, Sunshine
9249 4116

Deer Park Library

4 Neale Road, Deer Park
9249 4660

Delahey Community Centre

70 Copperfield Drive, Delahey
9249 4900

Keilor Basketball Netball Stadium

Stadium Drive, Keilor Park
9249 4754

Kororoit Creek Neighbourhood House

61A Selwyn Street, Albion
0413 434 082

St Albans Community Centre (STACC) & The Bowery Theatre

33 Princess Street, St Albans
9249 4600

St Albans Library

71A Alfreda Street, St Albans
9249 4650

Sunshine Library

301 Hampshire Road, Sunshine
9249 4640

Sydenham Library

1 Station Street, Watergardens Town Centre, Taylors Lakes
9249 4680

Sydenham Neighbourhood House

Level 1, 1 Station Street, Watergardens Town Centre, Taylors Lakes
9249 4224

West Sunshine Community Centre

25 Kermeen Street, Sunshine West
9249 4555

RJ FOOTBALL SATURDAY PROGRAM

EVERY SATURDAY
10:45-11:45 AM

About Us

RJ Football offers fun, structured sessions for beginners and advanced players.

- Beginners: Build foundational skills.
- Advanced: Sharpen techniques and tactics.

Boys & Girls Prep - Grade 6

Venue Address

Maribyrnong Reserve
Hortense St, Maribyrnong VIC 3032

Registration Number

0434 293 358

Training Focus:

- Ball Control: Dribbling, passing, receiving.
- Finishing: Accurate shooting.
- Defense: Tackling and positioning.
- Game Tactics: Formations and teamwork.

Email: rjfootballmelb@gmail.com - Instagram: RJ1Football

GRAND UNITED CRICKET CLUB

JR PARSONS RESERVE, SUNSHINE



NOW RECRUITING JUNIOR BOYS & GIRLS!



**Woolworths
Cricket Blast**

Ages 4 to 9 years old
FREE Come & Try Day
Saturday 19th October @ 9:30am

**Under
10's**

**Under
11's**

**Under
13's**

**Under
15's**

**Under
16's**

Junior Cricket Training EVERY Thursday, at 4:30pm at JR Parsons Reserve, starting Thursday 5th September 2024



If you have any questions, please call:

Cameron Howitt ☎ 0412 642 526 Jack Hale ☎ 0421 526 500



Getting Along With Siblings

If the sounds of “He hit me!” or “She’s hogging the TV!” are echoing through your home, you’re not alone. Sibling rivalry is as common as vegemite sandwiches in households with multiple kids. Sure, having an only child might guarantee peace and quiet, but most of us are raising a whole crew, navigating the inevitable clashes that come with it.

But here’s the thing: some squabbling is perfectly normal. It’s how kids learn to share, compromise, and stand up for themselves. However, it’s crucial to know when those playful tugs-of-war cross the line into something more hurtful.

So, how do you tell the difference between everyday bickering and behaviour that needs parental intervention? Here are some questions to consider:

- 1. Is it one-sided?** If one child consistently hurts, manipulates, or excludes the other, it might be a sign of bullying. Look for patterns of aggression, teasing, or control, especially if the targeted child isn’t instigating the conflict.
- 2. What’s the motive?** Are the children fighting over typical kid stuff like toys or attention, or is one sibling intentionally trying to hurt or humiliate the other? If the motive is malicious, it’s crucial to address the behaviour promptly.
- 3. How old are they?** Young children are still developing conflict resolution skills, so some immature behaviour is expected. However, as they grow, you can teach them healthier ways to express their emotions and resolve disputes.

If you suspect your child is bullying a sibling, here are some steps you can take:

- 1. Model respectful behaviour.** Children learn by watching their parents. Demonstrate calm and respectful communication, even when dealing with conflict.
- 2. Spend quality time with each child.** Unmet needs for attention and connection can fuel misbehaviour. Dedicate individual time to each child to strengthen your bond and make them feel secure.
- 3. Encourage perspective-taking.** Perspective is the root of empathy (and empathy is the key to conflict resolution!). Ask questions like, “How do you think your sister felt when you said that?” or “What could you have done differently?” As they see the impact they have on others (and vice versa), they feel empathy and make changes that are much longer lasting than changes that are forced upon them by powerful parents.
- 4. Teach conflict resolution skills.** Equip your children with tools to resolve disagreements peacefully. This could involve teaching them to take turns, compromise, or use “I” statements to express their feelings.
- 5. Seek professional help if needed.** If the bullying persists or escalates, don’t hesitate to seek guidance from a therapist or counsellor who specialises in children’s behaviour.

Remember, some sibling conflict is normal and even healthy. It provides opportunities for children to learn important social and emotional skills. However, by addressing bullying behaviour early on and teaching healthy conflict resolution strategies, you can create a more peaceful and supportive environment for your children to thrive.



AUTHOR

Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine’s Parental Guidance, and he and his wife host Australia’s #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.



Keep a clean heart so that you may worship God

22nd Sunday in Ordinary Time, Year B



In each heart draw a picture of someone you know who has a good and clean heart.



Gospel Mk 7:1-5, 14-16, 21-23

The Pharisees and some of the scribes who had come from Jerusalem gathered round Jesus, and they noticed that some of his disciples were eating with unclean hands, that is, without washing them. For the Pharisees, and the Jews in general, follow the tradition of the elders and never eat without washing their arms as far as the elbow; and on returning from the market place they never eat without first sprinkling themselves. There are also many other observances which have been handed down to them concerning the washing of cups and pots and bronze dishes. So these Pharisees and scribes asked him, 'Why do your disciples not respect the tradition of the elders but eat their food with unclean hands?'

He called the people to him again and said, 'Listen to me, all of you, and understand. Nothing that goes into a man from outside can make him unclean; it is the things that come out of a man that make him unclean. For it is from within, from men's hearts, that evil intentions emerge: fornication, theft, murder, adultery, avarice, malice, deceit, indecency, envy, slander, pride, folly. All these evil things come from within and make a man unclean.'

The way to Jesus is by trying to be a good person and keep a clean heart. Help the children find their way past the obstacles to Jesus.

