

# OUR LADY'S SCHOOL NEWSLETTER

29 August 2019

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times: Saturday 6:00pm
Sunday 9:00am, 10:30am & 5:30pm
School Phone: 9312 2230

**School website:** www.@olsunshine.catholic.edu.au *Our Lady's is a Child Safe School* 

# 'So let us pursue what makes for peace and mutual upbringing' Romans 14: 19

#### **DATES FOR THE DIARY**

**Sun 1 Sept** Father's Day

**Tues 3 Sept** FI Learning Walk 8.45am-10.30am

Wed 4 Sept

Professional Learning Day for Staff Fr Richard Leonard - no school for the children Thurs 5 Sept

FJ Learning Walk 8.45am-10.30am

Tues 10 Sept

Reconciliation Parent Evening with Rev Dr Elio Capra

Thurs 12 Sept

Year 6 Leadership Day

Mon 16 Sept

Step Back In Time Day

Fri 20 Sept

Our Lady's Show Day

End of term 3 at 3.15pm

Mon 7 Oct

Term 4 begins

Tues 15 Oct

Confirmation Parent Session with Rev Dr Elio Capra

Thurs 17 Oct

Our Lady's School 100th Birth-

day

Mass at 11.30am

#### **SACRAMENTS**

Thurs 10 Oct

7.00pm Reconciliation

Fri 15 Nov

7.00pm Confirmation

Dear Parent,

Our school is participating in the Catholic Education Melbourne School Improvement Survey (CEMSIS). CEMSIS is an annual process where schools listen to the thoughts and feelings that students, families and staff have about how their school can improve. These surveys help the ongoing improvement of schools across the Archdiocese of Melbourne.

One of the main goals of the family survey is to identify the strengths and areas for improvement in our school. Our school believes it is important to encourage families to have a voice and contribute to shaping the ongoing improvement of the school. The survey is available online, can be accessed from Monday 2nd of September and needs to be completed by Friday the 20th of September. We will be sending a letter with the necessary details to 150 families in our school today. The Year 4, 5 and 6 students will be participating in the student survey next week.

I would like to congratulate all the students who participated in the District Athletics Carnival at Newport Athletics track last Friday. The children did their very best and had a wonderful day. A special thank you to our PE teacher Ms Jo McManus for organising the day and to Mrs Tania Cuni and Mrs Kath Mitchell who also went along to support the children. You can read a more detailed account of the day on page 4 of this newsletter.

#### **REMINDER**

On Monday the 16th of September the school will be having a 'Step Back in Time' day as part of its 100 year birthday celebrations. We ask all the students

to come to school dressed as students would've 100 years ago in 1919. The staff will also join in the fun. Students will be participating in activities and games of the past. We are hoping that this will help to bring our

wonderful history alive.

Please make a note of this date.



Music Prayer

Music is a gift from God. We must share God's gifts with others.



Thank you, God, for the gift of music in our world. Thank you for the ability to sing or to play a musical instrument. Help us to use the musical ability you have given us to give you praise and glory.

We lift up our hearts and hands and voices to you. May we share the gist of music with others and bring joy to their lives. Amen.



# Help get Josh to Darwin to run!



Josh D (6A) recently competed in the SSV School Sports Victoria state trials for track and field and was fortunate enough to win the 100 metres while representing Our Lady's.

Now Josh has the opportunity to represent Victoria and Our Lady's School in the National School Sport Australian Championships in September, which is being hosted in Darwin.

To help Josh with the expense of travelling to Darwin to compete, School Sport Victoria is having a raffle with tickets being \$2.00 each.

If you would like to support Josh and buy a \$2.00 Raffle Ticket, please come to the Office where they are available to buy.



Thank you to our P&F committee for another successful Father's Day Stall. We are very fortunate to have such a dedicated team of parents who provide so many different opportunities for our students. They have also been busily organising the show bag orders that will should be delivered to the school soon ready for our 'Show Day' on the 20th September.

Thank-you to all the P&F team who dedicated time and effort into setting up the Father's Day Stall as well as the parent volunteers who assisted with the stall on Thursday.

This afternoon, the students of 1K and 1L will be hosting our Father's Day Assembly which will be commencing at 2:30pm. We hope to see many fathers attend as the students have organised a very special surprise for all those who come along.

Thank you to the Year One teachers Ms Karen Everson and Miss Jennifer Howe for organising this very special tribute to all the fathers of Our Lady's School including grandfathers, step-dads, uncles and all the men who look after and care for our students.

Wishing all our Dads, Grand-dads and Father-figures a wonderful Father's Day this weekend.

Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani
Principal
principal@olsunshine.catholic.edu.au





# Step Back In Time at Our Lady's school.

I hope you enjoy these photos of the past.

**Miss Archer first Principal** 



Our Lady's School in 1919



**Father Hennessy First Parish Priest** 



**Confirmation 1935** 





Our Lady's staff, teachers and Sisters of St. Joseph.



Junior Adventure Playground.



Our Lady's playground



Students delivering milk to the classrooms.



Class of the past.



#### **SPORTS NEWS**

On Friday 23rd of August, 25 students represented Our Lady's Primary School at the District Athletics Day held at Newport Athletics Track. We had so many students competing in 2-5 events and they did our school proud.

#### **Grade 4s**

Julian D, Georgia M, Kyle F, Jocelyn B, Chum C, Esthy K, Moses T

#### **Grade 5s**

Lucas A, Heidi D, Jasper K, Chantelle H, Owen A, Sally-Grace O, Martin R

#### **Grade 6s**

Joshua D, Ella D, Anthony C, Helen G, Jack L, Jaylen B, Cardin N, Lilee F, Kim D, Yvonne H, Chloe L

Out of the 25 students competing, 14 of them made it through to the next round (Division Finals) to be held on Tuesday the 3rd of September at Keilor Athletics Track.

Congratulations to the following students for making it through to the Maribyrnong Division Finals.

Lucas A: 800m, 1500m Josh D: 100m, 200m

Ella D: High Jump & Triple Jump

Yvonne H: Hurdles, 200m

Chum C: 800m Kyle F: Triple Jump Chloe L: Long Jump Owen A: Triple Jump, High Jump Heidi D: Long Jump, Triple Jump Helen G: Triple Jump, Long Jump

Kim D: Hurdles Jaylen B: Shot Put Julian D: Hurdles: Lilee F: High Jump



































# Camp Night





























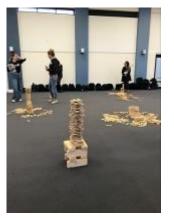




















# Camp Night Grades 3 & 4

















































































































As part of our *Show Day* celebrations on Friday 20 September (last day of term 3) all children are able to purchase a slice of pizza for lunch and a show bag to take home.

All orders must be placed via our QKR app.

All showbags are \$5.00 each

Slices of pizza (Margherita or Hawaiian) are \$2.00 each

**Orders open Monday 26 August and** 

close NEXT WEDNESDAY 4 SEPTEMBER

Show bag contents are listed on QKR.











#### 2019 SCHOOL PRODUCTION LOGO

We are having a Whole School Production later in the year (Wednesday 11 December) to celebrate our School's 100th Birthday. A name has been chosen for our Production and it is:

#### **Step Back In Time**

Our School Production is about a group of students from Our Lady's School who journey back in time and experience different parts of our School's history going right back when the School first started in 1919.

Now that we have a name we will need a logo for the Production that we will use for advertising, to put on the program, on our school website and in the newsletter.

We are inviting all students of Our Lady's to enter this exciting competition!



**Challenge:** To design a logo for our whole school production *Step Back In Time* 

**Design Brief:** A design brief gives you the details about something you are going to create.

Please follow the guidelines below when you design your logo.

- Your work must be A4 size white drawing paper available in class. Do not use lined paper or printer paper
- It must be an original design no copying or Googling
- Your design must take up the whole page and needs to be in colour
- A simple design is best, anything too busy is hard to reproduce
- Any fonts must be clear and easy to read
- You are allowed to work with a partner, but the work must reflect the input of both students.
   No more than three per group
- You can submit more than one entry
- Your name and grade MUST be on the back of your design.

All entries must be handed in to the Office by Tuesday 3 September.

The winner will be announced on Friday 6 September 2019.

#### **Parents on a Learning Walk**

Designed to help students perform better in school, last week we ran two learning walks with parents and they were a great success.

As a school we know parent engagement in learning is a key determinant of student success and we were very pleased to have 25 parents join us as we visited the Grade 2 classes with teachers Ms Lianne O'Connell and Ms Menica Scarpaci.

The Learning Walks began in the library where Mrs Chris Carabott (Deputy Principal/Wellbeing Leader), Mrs Anna Kalc (Maths Leader) and Greg Woolford (Family School Partnerships) gave parents an overview of what they would see in the children's classrooms. This highlighted that the first walk in Ms O'Connell's class would focus on maths, specifically looking at an array as a tool for learning, whilst the second walk in Ms Scarpaci's class would focus on Discovery Learning and we'd see the children using play as a way to learn.

After the briefing parents then walked through the classrooms spending time learning with their children, talking to other students, teachers and parents as they observed the classrooms and saw how the children learned.

During the walk parents were encouraged to reflect on their observations, and invited to take notes on a reflection sheet as they walked.

Returning to the staff room, parents made meaning of the walk as Mrs Carabott and Greg led the parents in conversation with the classroom teachers. Participants shared what surprised them, listened to each other and talked about their observations and wonderings, with additional meaning added by the classroom teachers. A rich conversation was had with parents to further their understanding of how the children learn

which they could then apply to supporting learning at home.

A special thanks to all the parents and teachers who helped make the walk a success.

We look forward to offering more Learning Walks in the future.

Greg Woolford
Family School Partnerships





### **EXTEND UPDATE.**

Monday	Tuesday	Wednesday	Thursday	Friday
Puppet Show	Indoor sport group games - medals to be won	Arts & Crafts, Special Person Day Cards	Cooking - honey joys	Learn how to knit (Enrichment Program

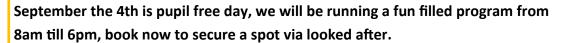


#### The Extend Superstar is...

Aiden...for positively contributing to activities such as indoor sports and assisting staff during set up or pack up times. Well done  $\mbox{$\mbox{$\mbox{$\mathcal{L}$}$}$}$ 

#### What's Been Happening?

Children are enjoying after school care and engaging in reading stories at group time as we celebrated book week, group games, arts and crafts, cooking activities, sports challenges and music and dance. Our term 3 enrichment program has been so much fun so far, we have been teaching children how to knit and create their very own wristbands and Pom poms to present on family open night towards the end of term.



Families, just a reminder if your children have any preloved books and games you no longer need at home, please consider donating to us here at Extend After School Care

Enrol and book now: extend.com.au







The **Sunshine Lantern Festival** is a free community event that takes place in the busy Sunshine shopping precinct along Hampshire Road, Sunshine on Sunday 15th September 2019, 11am to 8pm. It is our 10-year anniversary and we will be celebrating with a huge day of family fun, live entertainment, rides, street performers, animals, music, dancing, food of many nations, magical Lion and Dragon Dancing, a Lantern Parade to celebrate the full moon and ending with spectacular fireworks.

Last year nearly 55,000 people came to enjoy the vibrant multicultural festivities. The Sunshine Lantern Festival is a popular traditional event celebrated in Vietnam and many other South-East Asian communities and here in Sunshine it brings our culturally diverse community together in a safe and fun environment. It is the largest Lantern Festival in Victoria.

This year the bustling Hampshire Road, between Devonshire Road and Foundry Road will be closed to all traffic and will come alive with roving street performers, live entertainment, children's rides, jumping castles, pony rides, street food, face-painting, circus activities, sporting fun, lantern making and more. Look out for the Water Drops stiltwalkers, The Great Gizmo, The Luna Moonies and TV personality Chris Humfrey with a Wild Action kids stage show with Australian native animals; kids can actually touch. There will be cultural kids activities including Asian origami, Vietnamese lantern making and Aboriginal craft. A large performance stage and seating area will burst with multicultural live entertainment such as Aboriginal artist Mick Tambo who will give us a unique Indigenous experience, One Spirt Africa with a drumming and dance performance to the Vietnamese cultural Legend of the Moon performance featuring International Vietnamese Artist - Y Thanh.

Later in the day a vibrant and energetic Lion and Dragon dance complete with long string fireworks will take place along the Hampshire Road shopfronts leading a parade of children and their following families. The parade will be filled with light from 4,000 free battery powered animal shaped lanterns ending with an exciting display of Fireworks.

The Sunshine Lantern Parade is a free cultural community event staged and presented by the Sunshine Business Association, supported by Brimbank City Council, Victorian Multicultural Commission, Sweeney Sunshine, Pace Development Group and many Sunshine businesses.



# WESTERN SPIRITUALITY IN THE PUB/CLUB

# SIGNS OF HOPE

# "Voice, Truth, Treaty"

# Speaker: Sherry Balcombe



**Sherry Balcombe** has worked at the Aboriginal Catholic Ministry for 14 years and has been the Coordinator for approximately 2 years. She has a passion for what she does and enjoys supporting her local community on a state and National level. She is an Olkola / Djabaguy woman from Far North Queensland.

Sherry's dream is to help give Aboriginal children a good education so that in the future they can be great advocates for all Aboriginal people. Sherry also has a passion for our troubled youth and on behalf of the Commissioner for Aboriginal Children and Young People regularly visits children in Parkville detention centre. She is also on a Volunteers Advisory Committee to the Minister for Family & Children and Minister for Youth: Hon. Jenny Mikakos. Sherry prides herself on working with community and many Catholic organisations and try-

ing to improve the lives of her community as a whole.

Sherry grew up in Maribyrnong and was educated in the Western suburbs. She has 4 children and 3 grandsons.

The Aboriginal Catholic Ministry has been operating for 26 years and works closely with schools, parishes and community organisations in cross cultural education. There are a number of programs running from the Ministry including the Opening The Doors Foundation supporting Indigenous students in independent schools throughout Victoria. It also runs the FIRE Carriers Program connecting us with Catholic schools from around the state and currently has a network of primary schools and secondary schools in metro Melbourne and every Catholic school in the Sandhurst Diocese. So over 110 schools around the state have joined in partnership with the Aboriginal Catholic Ministry Victoria.

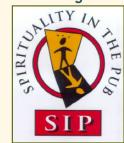
# Tuesday, 17th September at 7.30 p.m. Club Italia, Furlong Rd, St Albans

- between Sunshine Hospital and the Western Ring Road

Come along by yourself or with a group of friends!

Be open to having your thoughts expanded or challenged by the evening of conversation, which begins with our speakers, followed by conversation around tables and then by open forum across the room. The room opens off the Bistro area.

Support the club that supports Western SIP by dining there beforehand from 6.00 p.m. Dine on a table with other Western SIP participants by notifying us at <a href="Westernsip.club@gmail.com">Westernsip.club@gmail.com</a> by the day before and we will book tables for all of us. Early arrival allows time to order and enjoy your meal before moving into the room we use which is off the Bistro area. We aim to start at 7.30 p.m. and finish by 9.00 p.m.



An initiative of Catalyst for Renewal

# parenting \*ideas

# insights

### **Father to Father**

by Michael Grose



As a father and father-in-law to three young dads, it's great to see each of them embracing the life-changing nature of fatherhood and becoming fully involved in their children's lives.

I see myself in these young fathers, and in doing so I'd like to guide them away from making the same fathering mistakes I did. However, knowing that young dads are loathe to take fathering advice from a member of the previous generation, I'll give the following advice to my younger self instead:

#### 1. Play to your strengths

Men generally parent differently to women, based on their biology. Fathers often parent in a more active or actionoriented way than mothers so games, play and physical activity become important parts of a man's parenting repertoire. Your partner may not always appreciate your more active approach, particularly if you play with kids just before bedtime then leave it to her to calm them down.

Practical advice: Be yourself, but be smart about it!

#### 2. Lighten up - don't take yourself too seriously

It's easy to get caught up in your own importance, taking yourself and your work too seriously. For many men a bad day at work translates into poor or, at best, distracted experiences when they're with their families. Consider putting a strategy in place, such as exercise, that will help you leave work and the moods it engenders behind.

Practical advice: Be present in mind as well as in body when you're with your kids.

#### 3. Have something in common with each child

It would be wonderful to say that you can always connect with your kids, but family life is not that straightforward. There'll always be a child who we struggle to connect with or a developmental stage during which a child seems alien to us. In these cases and times it helps if you share a common interest (such as a love of sport or music) with a child so that you always have something that will bring you together, even though you may not always see eye to eye.

**Practical advice:** Be prepared to take an interest in your child's interests.

#### 4. Take it easy on your son

Many dads are tough on their boys and have expectations way above their son's interest and ability levels. It helps

# parenting \*ideas

to remember that it takes a little longer for a boy to mature. Resist the temptation to turn every game and every joint activity into a lesson and avoid giving advice when all your son wants is some understanding.

Practical advice: See the boy as he is now, not the future man, when you spend time with him.

#### 5. Enjoy the outdoors with your daughter

The biological nature of fathering causes most men to be very protective of their daughters. But that doesn't mean you should put your daughter on a pedestal and treat her like a little princess. Expect a lot from her. Play with her, and get her outside into nature as it will do wonders for her confidence levels.

Practical advice: Enjoy spending time with your daughters on a daily basis.

#### 6. Be ready for kids to knock you off your pedestal

Most children in the pre-school and middle- to late-primary school years look up to their dads. "My dad is better/bigger than your dad" is a type of mantra that's familiar to many parents. Make the most of it as this Superman Syndrome doesn't last. Young children soon become adolescents and will go to great lengths to prove that you're Clarke Kent after all. Expect that they will stop laughing at your jokes, raise an eyebrow at your well-intentioned advice and even stop being friendly to you in public. Ouch! It can be hurtful to a man who just wants to be the best dad he can be.

Practical advice: See number 2 above: don't take yourself too seriously.

#### 7. Give your kids a compass and a map

One day your children will become independent of you. Don't worry! You won't be irrelevant, just redundant in a practical and managerial sense. There are two things you can do to help your kids safely navigate the world when you're not around. First, help them develop a set of positive values including integrity, honesty and respect that will act as their moral compass when they have difficult decisions to make. Second, reveal your personal story over time as this narrative will become a personal map that will reassure them when life gets tough. It's good to know that they are not in uncharted territory when they finally strike out on their own.

**Practical advice:** Tell kids your story – don't make them guess it or learn it from someone else.

Father's Day is a wonderful opportunity to reflect on the contribution that men make to the lives of their children. It's a very personal reflection as each man's experience of fathering is as unique as the children they are raising. I invite you to reflect on your own fathering as well as the contribution that fathers – whether your own dad or someone else's – have made to your own life.





#### **Michael Grose**

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.



# **Gospe**Lk 14:1,7-14

On a sabbath day Jesus had gone for a meal to the house of one of the leading Pharisees; and they watched him closely. He then told the guests a parable, because he had noticed how they picked the places of honour. He said this, 'When someone invites you to a wedding feast, do not take your seat in the place of honour. A more distinguished person than you may have been invited, and the person who invited you both may come and say, "Give up your place to this man." And then, to your embarrassment, you would have to go and take the lowest place. No; when you are a guest, make your way to the lowest place and sit there, so that, when your host comes, he may say, "My friend, move up higher." In that way, everyone with you at the table will see you honoured. For everyone who exalts himself will be humbled, and the man who humbles himself will be exalted.'

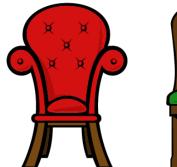
Then he said to his host, 'When you give a lunch or a dinner, do not ask your friends, brothers, relations or rich neighbours, for fear they repay your courtesy by inviting you in return. No; when you have a party, invite the poor, the crippled, the lame, the blind; that they cannot pay you back means that you are fortunate, because repayment will be made to you when the virtuous rise again.'

Use the words below to complete these sentences.

When you are invited to be a, go and sit in the place.		
If you put yourself others, you will be put down.		
When you are to a wedding feast, don't sit in the place.		
If you yourself, you will be honoured.		
When you give a, invite the, crippled, the lame and the  They pay you back		

CANNOT GUEST
HUMBLE INVITED
BEST BLIND FEAST
ABOVE POOR WORST

If you were invited to a party where would you sit? Circle the chair you would sit in and write down why you would sit there.











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