



# OUR LADY'S SCHOOL NEWSLETTER 26 August 2022 [www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

**Parish Priest:** Fr. Peter-Damien McKinley  
**Principal:** Ms. Patrizia Bertani  
**Parish Mass Times:**  
English: Saturday 9.00am, 5.30pm, Sunday 9.00am, 10.30am & 5.30pm  
Vietnamese: Saturday 7.00pm, Sunday 12.30pm, Friday 7.30pm  
Burmese: Every 2nd Sunday 2.30pm  
Chin: Every 1st, 3rd, 4th, 5th Sunday 2.30pm  
Tongan: Every 1st Sunday 3.00pm  
**School Phone:** 9312 2230  
**School website:** [www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)  
*Our Lady's is a Child Safe School*

*"Christ has no body now but yours, No hands, no feet on earth but yours."*  
*Attributed to St Teresa of Avila*

## DATES FOR THE DIARY

**Mon 29 Aug** Whole School Book Week Performance  
**Tues 30 Aug** Father's Day Stall  
**Wed 31 Aug - Fri 2 Sept** Year 5 Camp  
**Wed 7 Sept** 7.00pm PAB  
**Thurs 8 Sept** Years 1-2 Camp Activity Afternoon  
**Fri 16 Sept Show Day!** End of Term 3 at 3.15pm  
**Mon 3 Oct** Start of Term 4 at 8.45am  
**Thurs 13 Oct** Year 6 Leadership Day  
**Mon 31 Oct** School Closure Day - Report Writing (no school for the children)  
**Tues 1 Nov** Melbourne Cup Day Public Holiday (no school for the children)  
**Mon 14 - Fri 25 Nov** Swimming Program  
**Fri 9 Dec** Reports published on nForma Portal

**PLEASE TAKE NOTE OF THE 2022 SCHOOL CLOSURE DAYS (students do not attend school):**  
**Monday 31 October:** Report Writing

Dear Parents,

I would like to give you an update in regards to our new building which will be starting after the school holidays in either the first or second week of Term 4. The building as you can see below is double storey and comprises of: 10 new flexible learning spaces, learning nooks, a wet area on each level for STEM ( Science, Technology, Engineering, Mathematics), Art and cooking, indoor toilets, outdoor decking areas, staff planning room on each level and a new playground area. This is a very exciting project for our school.

Once the builders take possession of the building site they will begin to demolish the current Year 3 and 4 classrooms as well as the adventure playground.

The students most affected will be the Year 3 and 4 students as those classrooms will be demolished as well as the adventure playground to make room for the new building. We aim that the Year 3 students will be located in the Mary MacKillop Library and the Year 4 students will be located in the Hall by the beginning of Term 4. As you can imagine the moving process will take some time and we have already started so that we can ensure that the Year 3 and 4 students will have minimal disruption to their learning and have a comfortable learning environment in Term 4.

The playground will be impacted with the demolition of the current adventure playground and there is a possibility that we will no longer be able to use the school entrance gate nearest the Foundation (Prep) rooms. I will let you know when I get further information from the builder and project manager.

The forecast is that this building will take a year to complete. Let's hope that the builders stay on schedule. It has been interesting navigating through what has been a very difficult time in the building industry and of course as I have let you know in previous newsletters this has had a huge impact on the cost of this building project.



## Senses Prayer

*God gives us our senses to explore our world. We must thank God for this gift.*  
Father, we thank you for the gift of our senses which you have given us. Thank you for eyes to see the beauty of the world you have created. Thank you for the ears to hear the sounds you have made. Thank you for the sense of taste to have a meal with our family. Thank for all the smells around us, with flowers starting to bloom for spring. Thank you for the gift of touch when we can feel a warm hug from someone we love. Thank you, God, for helping us to know the world around us through the gift of our senses. Amen.



## SPORT NEWS



On Thursday 25th August, 26 students represented Our Lady's at the Sunshine District Athletics Day held at Newport Athletics Track. They competed in a range of different track and field events and did Our Lady's proud.

The next event is the Division Athletics to be held on Tuesday the 6th September at Keilor Athletics Track.

Thanks to the following students for representing our school:

### Year 4

Ken T (4G)	Delilah T (4G)	Henry A (4H)	Holly B (4G)
Andrew T(4H)	Angeli C (4H)	Grace N (4H)	
Emergencies:	Natalie H & Peter D		

### Year 5

Sam A (5C)	Aquelly L (5C)	Will F (5C)	Eva T (5C)
Van R (5C)	Evie W (5C)	Cade A(5D)	Mila K (5D)
Aria W (5D)			
Emergencies:	Amelia & Max		

### Year 6

Tom D (6B)	Summer F (6A)	Alexander W (6B)	Eve I (6B)
Digby M (6A)	Jacqui M (6B)	Leon A (6A)	Chloe F (6B)
Henry W (6A)	Carry C (6B)		
Emergencies:	Gerard & Sharon		



Yours sincerely,

*Patrizia Bertani*

**Ms Patrizia Bertani**

**Principal**

[principal@olsunshine.catholic.edu.au](mailto:principal@olsunshine.catholic.edu.au)

### PREPARATIONS FOR 2023

As we are beginning our preparations for 2023 we ask that parents let us know as soon as possible if their child/ren are not returning to Our Lady's next year. We have had many inquiries about places for 2023 and we need to let these parents know if there are places for their children. We currently have a waiting list for Prep and several of the other year levels are full, with enrolment enquiries coming in.

**If your child is not returning in 2023 (NOT OUR CURRENT YR 6 STUDENTS) please complete the form below and return it to the office. It is vital that you return this form as soon as possible. *Thank you.***

#### Children NOT returning to Our Lady's School in 2023

Family Name: \_\_\_\_\_

Child/children's names

1. \_\_\_\_\_ 2022 Grade: \_\_\_\_\_

2. \_\_\_\_\_ 2022 Grade: \_\_\_\_\_

3. \_\_\_\_\_ 2022 Grade: \_\_\_\_\_

Name of our new school: \_\_\_\_\_

And / Or

Our new address: \_\_\_\_\_

\_\_\_\_\_

**Signed:** \_\_\_\_\_ **(Parent)**

*Please return this form to the office as soon as possible*





## FI

**Billie** - For showing huge improvement in both reading and writing. Keep up the great work Billie! *From Ms. Cam Tu*

**Sylvia** - For an interesting writing piece about using your telescope. Well done! *From Ms. Cam Tu*

## FJ

**Will** - For explaining his thinking and the challenges he faced when creating amazing tools in Discovery. Well done! *From Miss Wendy*

**Aman** - For doing some great thinking about magnets in Discovery Time. Well done! *From Miss Wendy*

## 1K

**Casey Z** - for being a great 'self-manager' in all aspects of your learning. You are always ready to learn and try your best. Keep it up! *From Miss Shai*

**Lily P** - for independently and creatively planning and preparing a performance to share your message about helping others! *From Miss Shai*

## 1L

**Brian D** - For being a Self-Manager who looks for ways to improve in his learning. You did a great job looking for ways to change and make your pool square game even better! *From Miss Steph*

**William O** - For showing what it means to be a great writer by adding information to make your message clearer for your readers! *From Miss Steph*

## 2M

**Joanne H** - For your awesome performance in 'The Boy Who Cried Wolf'. You showed so much enthusiasm in getting your message across. Well done! *From Mrs Granata & Mrs Mendoza*

**Hannah L** - For being a great 'Collaborator' during Discovery. You are always respectful when sharing and listening to the ideas of others. Keep it up! *From Mrs Granata & Mrs Mendoza*

## 2N

**Sophia** - For trying your best and willingly participating in all class learning experiences. You are doing an amazing job! *From Mrs Mitchell*

**Olive** - For working closely with Sophia to help her learn and understand English. Well done! *From Mrs Mitchell*

## 3E

**Oliver B** - For displaying excellent learning in all areas of the curriculum. Your dedication to learning is impressive and your narrative writing is amazing. Congratulations! *From Miss Karen*

**Hiyab A** - For being a very focussed learner and improving your learning. A great effort Hiyab! *From Miss Karen*

## 3F

**Emily N** - For showing the Our Lady's Gospel Value of Compassion by looking out for others and helping wherever you can. Keep up the great work Emily. *From Mr Josh*

**Hanna L** - For having a positive attitude towards your learning. You always try your best and speak to others with kindness and respect. Well done Hanna. *From Mr Josh*

## 4G

**Gabbie W** For fabulous contribution of ideas in all subjects! *From Ms White*

**William T** For always being helpful and polite and a valued member of our class! *From Ms White*



#### 4H

**Henry N-** For persevering when solving worded problems. Keep it up! *From Ms. Robles*

**Michelle** - For offering a helping hand in the classroom by changing classroom jobs. *From Ms. Robles*

#### 5C

**Chelsi L-** For displaying the Learning Asset of Thinker by working hard in Maths classes. *From Mr Membrey*

**Eva T-** For your enthusiasm and self-management in all your work, especially your independent writing. *From Mr Membrey*



#### 5D

**Cade** - For his enthusiastic manner, high level of interest and pride that he takes in all learning opportunities that we experience together in 5D. Well done! *From Mrs Muscat*

**Grace** - For constantly displaying the Our Lady's Gospel Value of 'Service' when you assist others to get organised for the day. Keep up the great work! *From Mrs Muscat*

#### 6A

**Richard N** - For a wonderful and inspiring job of helping to run the Book Week Parade *From Mr Wickham and Ms Cuni*

**Lili F** For showing leadership through your dedication to class jobs and your Year Six Committee mentoring *From Mr Wickham*

#### 6B

**Harrison H** - For your excellent running of the Book Week Parade! You showed leadership and Our Lady's Gospel value of courage. Well done! *From Ms Gurry & Ms Cuni*

**Christian Z** - For your excellent running of the Book Week Parade! You showed leadership and organisation! Well done! *From Ms Gurry & Ms Cuni*



Cohen W 4G  
Angeli C 4H  
Ayce F 4G  
Gabbie W 4G  
Jake C 3F  
Filip S 4H  
Miss Shai  
Mrs Hill

# Father's Day Stall

**Tuesday 30 August**

**Items for sale from  
\$2.00 to \$15.00 including**

*Keyrings*

*Mugs & Travel Mugs*

*BBQ Tools*

*Garden Tools*

*and lots more!*



**Don't forget to bring a  
bag so you can hide  
your gift from Dad!**



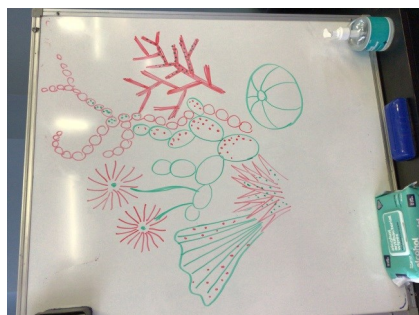
**The P&F are looking for any helpers between 8.45-11.00am on the day to help run the stall. If you have a Working With Children Check and some time, the P&F would love to see you on the day in the Hall!!**





# Nikki Greenburg

## Author Visit







# Adrian Beck

## Author Visit





# BOOK WEEK IN SCHOOLS 2022 LIVE!

## STORY QUEST



In partnership with **The Children's Book Council of Australia**, visiting schools **LIVE** nation-wide for **CBCA Book Week 2022!**



THE CHILDREN'S  
BOOK COUNCIL  
OF AUSTRALIA  
SINCE 1945 — YOUR CONNECTION TO STORY

**perform!**  
LIVESTREAMS

### CBCA Book Week 2022 Overview

*I've been dreaming...*

Marley wakes up full of excitement and expectation. She's been dreaming that she has written the most marvelous story and now she's awake it's time to set about making it happen. However, the road to creating her story is much more difficult than it first seems. What happens in dreams often isn't how things turn out and Marley finds herself embarking on a journey filled with unexpected twists and turns. To reach a destination where 'dreams come true' she must overcome some pretty significant obstacles.

*Dreaming is much more challenging when you're awake!*

Join Marley on her new **STORY QUEST** adventure as part of **CBCA Book Week 2022** and celebrating the **CBCA Book Week 2022 theme: "Dreaming With Eyes Open..."**. Students will be immersed into the storytelling and interaction with the books featured from the **CBCA 2022 Shortlist** woven into an engaging, original narrative filled with music, adventure and intrigue!

"I loved how the performance brings together stories from the CBCA shortlist books and weaves them together into one. This is my third time organising Perform Education for a school to support the Reading for Pleasure initiatives that we know impacts a student's ability to read, write and engage. Perform Education explores themes and issues developed by the CBCA books in such a child-friendly way, that is fun and engaging. It is the perfect celebration of children's literature."

- Creaney Primary School

"It was the best incursion I have been to. The layout, the actions, getting the students moving mid performance was a great idea. The message was invaluable, I have changed my lesson structure around to incorporate the positive messages. Thank you!"

- West Leeming Primary School

### Quick Information

#### CBCA Book Week dates:

Sat 20th Aug – Fri 26th Aug, 2022

#### Term 3 LIVE tour dates:

Mon 1st Aug – Fri 9th Sept, 2022

#### Available:

NSW, VIC, QLD, SA, WA, ACT

#### Duration:

Junior - 40 mins + discussion time

General/Senior - 50 mins + discussion time

#### Suitability:

Junior version - Grades P-2

General version - Grades Mixed

Senior version - Grades 5-6

#### Location:

Live, in your school!

Find out more at [PerformEducation.com](https://www.performeducation.com)



# BRIMBANK YOUTH FORUM

## Have your voice heard!

Are you interested in connecting with Council and other young people, and sharing your story and vision for Brimbank?

If so, Brimbank Youth Services invites you to our first ever Brimbank Youth Forum!

Through interactive discussions young people 10 to 25 who live work, study or have a strong connection to Brimbank, will have the platform to voice your aspirations, ideas and concerns for the community. Lunch will be provided.

 **Saturday 10 September**  **10am - 4pm**

 **The Bowery Theatre and St Albans Community Centre**  
33 Princess Street, St Albans VIC 3021

**Registrations now open**

**Eventbrite: <https://bit.ly/byf-events>**



## Workshops

You are also invited to attend these additional capacity building workshops delivered by Foundation for Young Australians ahead of the forum.

### Power & Systems Workshop

An experiential workshop, supporting young people to connect to the world around them.

 **Thursday 1 September**

 **5-7pm**, dinner provided

 **Visy Cares Hub,**  
80B Harvester Road,  
Sunshine

Please **RSVP**

### Collective Imagining Workshop

An interactive workshop, lifting the aspirations of young people to imagine their future.

 **Wednesday 7 September**

 **5-7pm**, dinner provided

 **Sydenham Neighbourhood House,**  
1 Station Street,  
Sydenham

Please **RSVP**




**131 450**

Local call costs apply

### For more information:

 **[bys@brimbank.vic.gov.au](mailto:bys@brimbank.vic.gov.au)**

 **0437 655 143**



**BRIMBANK  
YOUTH  
SERVICES**

A SERVICE PROVIDED BY  
BRIMBANK CITY COUNCIL





## Pop-Up Vaccination & Information Session

Join MacKillop Family Services and Western Health at our free pop-up vaccination clinic and information session to help our community stay safe this winter.

All families located in the western region are welcome, and catering and gift vouchers will be provided throughout the day.

If you or your family need assistance in getting there, or require transport to and from, please get in touch with our Health Connector via the contact details below, alternatively call MacKillop at 03 9680 8444.

Date: **Friday 9 September, 2022**

Time: **12:00pm until 3:30pm**

Location: **Maidstone School, 10-12 Gilda Street, Maidstone VIC 3012**

### For more information

For more information please contact our Health Connector Tara Kankindji on:

✉ [Tara.Kankindji@mackillop.org.au](mailto:Tara.Kankindji@mackillop.org.au)

☎ 0400 335 002

Western Health 

🌐 <http://www.mackillop.org.au/programs/covid-19-vaccination-initiative>

## INSIGHTS

### How to help your child be a good friend



Winnie the Pooh once said that “a day without a friend is like a pot without a single drop of honey left inside,” and my bet is that when he said this, that he wasn’t talking about any friend, he was talking about a *good* friend.

Being a good friend and knowing what a good friend entails is an integral component of friendship. Research says that kids start making meaningful friendships from around the age of four and from that point onwards, friendships will contribute to their wellbeing, learning, confidence and mental health.

But understanding what a good friend is can be tricky, so here are some strategies you can use to help explain what being a good friend means to your child and how they can be one.

#### Defining what it means to be a good friend

While most adults know instinctively what a good friend is, explaining this to kids can be difficult, says Reach Out’s Online Community Coordinator Janine Nelson.

Pinpointing some of those elements of what being a good friend means can be a great way to start.

For example, “being a good friend means including concepts of respect, loyalty, providing support and having fun together“, Nelson explains.

“Good friends typically display behaviours such as being trustworthy, someone who is around for the hard times not just the good times, and someone you can laugh with. Good friends respect your boundaries, and make you feel comfortable being yourself.”

Healthy Harold and the team at Life Education add that “generally, being a good friend involves loyalty, empathy and trust. A good friend would listen, be an upstander instead of a bystander, be forgiving, be patient, and respect your opinion. They are empathetic, and able to put themselves in your situation.”

#### What a good friend is can vary and change

It is also critical for kids to know that a good friend can be different for different people and that what we view as a good friend can change over time and as we grow.

“As kids grow older, it’s important to help them understand that there are many different types of friends and that these relationships can change over time,” says Nelson.

Helping your kids understand that this is normal and that it doesn’t equate to failure, while also supporting them through these changes is important.



# parenting\*ideas

## Teach your child friendship values.

Life Education says that helping your kids understand what specific values are associated with friendship is key to understanding what a good friend looks like and how to be one.

“Friendship values include being a loyal friend, accepting differences in a friend, standing up for a friend, being kind and supportive to a friend and including a friend in games,” they explain.

## Teach and model the social skills that underpin successful friendships

While knowledge and values are a key underpinning, consolidating these with skills is the next step.

Life Education suggest you “explain to your child that just as they can get better at swimming by practising, they can also get better at making and keeping friends by practising social skills such as smiling and greeting classmates, sharing, cooperating, negotiating, being positive, having an interesting conversation, playing games well (e.g., being a good winner and loser).”

## Praise the good stuff

Provide positive feedback when you observe your child using social skills or values that have the potential to contribute to the development of their friendships. This will help reinforce the values that make a good friend.

## Empower them to find their own solutions

Don’t always try to fix every problem that arises, be present and support the children as they try to find a resolution. Create an environment where no questions are off limits so that nothing is too uncomfortable to discuss.

## Friendships in adolescence are different

As your kids grow into teens, friendships often take on a different significance and influence. Reach Out advises some additional strategies for parents with pre-teens and teenagers to use to help support them being a good friend. Work with your teen to set expectations around how they should treat their friends. A reminder of the values of a good friend and the skills that a good friend utilises can be helpful.

Be supportive if your teen comes to you about an issue with one of their friends without necessarily always trying to solve the problem. Listen openly and non-judgmentally without jumping into solution mode can be helpful. Model the behaviours of being a good friend. For example, you could get your teen involved if you are cooking a meal to support a friend and use the opportunity to talk about why that is important to you.

## In closing

Helping your child understand the distinction between being a friend and being a good friend is important but supporting them to become one can be a tricky process. It can vary depending on you, your child/ren, the friendships and over time. Experiment with different strategies and techniques and see what works best for you and your child/ren.



### Shona Hendley

Shona Hendley is a freelance writer and a former secondary school teacher. Her work appears in Kidspot, ABC Everyday, The Guardian, Body + Soul, and News.com.au amongst others. Shona currently lives in regional Victoria with her family, including husband, two daughters, two cats, and three super cheeky goats. You can follow her on [Instagram](#).










## Gospel

Luke 14:1. 7-14

On a sabbath day Jesus had gone for a meal to the house of one of the leading Pharisees; and they watched him closely. He then told the guests a parable, because he had noticed how they picked the places of honour. He said this, 'When someone invites you to a wedding feast, do not take your seat in the place of honour. A more distinguished person than you may have been invited, and the person who invited you both may come and say, "Give up your place to this man." And then, to your embarrassment, you would have to go and take the lowest place. No; when you are a guest, make your way to the lowest place and sit there, so that, when your host comes, he may say, "My friend, move up higher." In that way, everyone with you at the table will see you honoured. For everyone who exalts himself will be humbled, and the man who humbles himself will be exalted.'

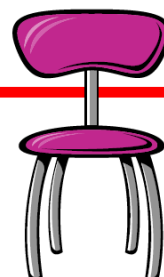
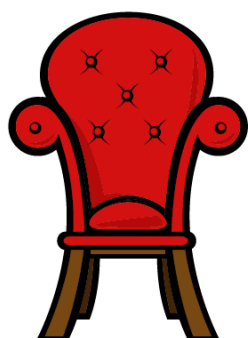
Then he said to his host, 'When you give a lunch or a dinner, do not ask your friends, brothers, relations or rich neighbours, for fear they repay your courtesy by inviting you in return. No; when you have a party, invite the poor, the crippled, the lame, the blind; that they cannot pay you back means that you are fortunate, because repayment will be made to you when the virtuous rise again.'

Use the words below to complete these sentences.

-  When you are invited to be a \_\_\_\_\_, go and sit in the \_\_\_\_\_ place.
-  If you put yourself \_\_\_\_\_ others, you will be put down.
-  When you are \_\_\_\_\_ to a wedding feast, don't sit in the \_\_\_\_\_ place.
-  If you \_\_\_\_\_ yourself, you will be honoured.
-  When you give a \_\_\_\_\_, invite the \_\_\_\_\_, crippled, the lame and the \_\_\_\_\_. They \_\_\_\_\_ pay you back.

CANNOT GUEST  
HUMBLE INVITED  
BEST BLIND FEAST  
ABOVE WORST  
POOR

If you were invited to a party where would you sit? Circle the chair you would sit in and write down why you would sit there.



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