



OUR LADY'S SCHOOL NEWSLETTER

24 May 2024

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley

Principal: Ms. Patrizia Bertani

Parish Mass Times:

English: Saturday 9.00am, 5.30pm, Sunday 9.00am, 10.30am & 5.30pm

Vietnamese: Saturday 7.00pm, Sunday 12.30pm, Friday 7.30pm

Chin Hakha/Burmese: 2.30pm

Tongan: Every 1st Sunday 3.00pm

School Phone: 9312 2230

School website: www.olsunshine.catholic.edu.au

Our Lady's is a Child Safe School

*The Lord God took the man and put him in the garden of Eden to till it and keep it.
Genesis 2:15*

DATES FOR THE DIARY

Sun 26 May 10.30am Eucharist for Year 4

Mon 27 May Athletics Day at Keilor Athletics Track

Wed 29 May 7.00pm PAB

Thurs 30 May 6A 'The Huddle' excursion

Mon 3 June Open Day Tours at 9.00am & 4.00pm

Fri 7 June 9.00am Sacred Heart Mass

Mon 10 June King's Birthday Public Holiday

Wed 12 June 7.00pm Parent Cyber Safety Session

Fri 21 June Second Hand Uniform Sale 3.00pm

Fri 28 June 1.00pm End of Term 2

Mon 15 July Pupil Free Day - Staff First Aid Training

Tues 16 July Term 3 begins at 8.35am

SACRAMENTS

Sun 26 May 10.30am Eucharist for Year 4

Fri 2 Aug 7.00pm Confirmation for Year 6

PROFESSIONAL LEARNING DAYS - PUPIL FREE DAYS

Mon 15 July Staff First Aid Training

NO CLASSES

Wed 26 & Thurs 27 June - Three Way Learning Conversations

Dear Parents and Carers,

The photo below is of our Year 4 students who will be making their First Eucharist this Sunday. They have been working hard to prepare to receive the Sacrament all year. Please keep them in your thoughts and prayers.



I would like to remind you that on Monday of next week Our Lady's school students will be participating in the Athletics Day. Please remember to send your child to school in their sports uniform and a warm jacket. They will need to bring a drink bottle, snacks and lunch. It is always a fun day with all students participating.

You may have seen the new outdoor furniture around the Art room and the Mary MacKillop library. We were very fortunate to apply for a \$25,000 grant and were successful. The furniture may be relocated once we have finished our new building. It is a great space for our students to use.

CHISHOLM
MacKILLOP
MAZENOD
WOODS



Grade 4 Eucharist Candidates 2024

Please pray for us



Prayer for First Communion

It is a blessed day when we receive Jesus in the eucharist. We should thank God for this wonderful gift.

Dear Father, we will soon celebrate a special day. We will receive your Son, Jesus Christ, in the eucharist for the very first time.

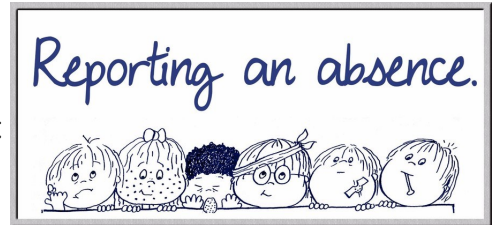
Thank you for sharing Jesus with us in the bread and wine at Mass.

Help us to be renewed each time we come to the table of the Lord. May we live as Jesus showed us, each and every day of our lives.

Hear our prayers as we prepare for First Communion. Amen



ABSENCE PROCEDURE



Parents must communicate their child's absence prior to the start of the school day.

Parents need to let teachers know why their child will be absent from school so that this can be recorded in the roll.

Parents can let teachers/office know via the following:

- Email
- Written note
- Seesaw App
- Audiri App
- Verbally to the teacher when dropping off a sibling
- Telephone call to the Office

I would like to advise parents that the school has 3 telephone numbers you can ring:

9310 2457 (is the main number which you will see when you have a missed call from the school)

9312 4383

9312 2230

Please put all these numbers in your phone under Our Lady's School so you know it is us calling. If you see a call from these numbers you know it is the school trying to contact you so please answer or call us back.

At 9.00am the office staff print a report identifying all unexplained absences. This means a child is away but the school has not had any communication from the parent for their absence.

In this case the Office staff then ring the parents and if they respond ask for the reason their child is absent.

If the parents do not respond the office staff will ring the emergency contact numbers.

The office staff will continue to ring these until there is a response.

If by 10.00am there is no response the school will ring the police.

It is important that we collaborate together to ensure that all students are safe at all times.

Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au



FI

Khang: For being a positive and friendly member of our classroom. You demonstrate the Our Lady's value of Respect by greeting your peers and teachers with a smile every day. Thank you, Khang! *From Miss Seona*

Iverson: For being a fantastic Self Manager. You stay focused and persistent when working independently. Well done Iverson, you are working very hard! *From Miss Seona*

FJ

Leon for being a focussed learner in Mathematics. You were really in the Green Zone when you were writing your numbers, Leon. Well done! *From Miss Wendy*

Louis for making a huge effort to be following directions and ready to learn. You are a fabulous learner, Louis! *From Miss Wendy*

1K

Akar - for showing persistence in your maths test this week. I am so proud of your efforts, keep going! *From Miss Shai*

Zeallian - for spreading joy within our school! Thank you for sharing your beautiful skills on the piano during break times. It helps make everyone's day a little brighter! *From Miss Shai and the Office Ladies*

1L

Dann J- For always being a contributor in the classroom. You always speak with enthusiasm and positivity. Well done! *From Miss Scarlett*

Mia B - For working so hard in maths and using empty number lines to complete addition problems. Awesome work! *From Miss Scarlett*

2M

Biak - You have been nominated by all the Office ladies for being brave to share your natural gift of piano playing here at our school. Your music has the power to brighten people's day so be sure to keep growing your very precious gift. *From Ms Rochelle*

Ryan C - For showing such focus when writing your information report about birds using information that you have been reading in books and from your birdwatching. This is also a great example of being a Researcher! Keep it up. *From Ms Rochelle*

2N

Maria- For taking initiative to share your knowledge during class discussions. Keep it up! *From Ms Robles*

Ava- For showing persistence and determination when completing learning tasks in Maths. Keep it up! *From Ms Robles*

3E

Pearlyn K - For showing the Gospel Value of Service in your actions. You showed selflessness by taking time out of your day to help others! *From Ms Steph*

Brian N - For being selfless on and off the court by including others and considering their feelings. *From Ms Steph*

3F

Jayden Y- For demonstrating the learning asset Self-Manager by showing motivation and focus when completing learning tasks. Keep it up Jayden! *From Ms Christine & Mrs Majczak*

Jayden L- For showing selflessness by helping your classmates, especially when you took and returned the class art smocks from the art room. Thank you Jayden! *From Ms Christine & Mrs Majczak*

4G

Hniang Ku- For showing improvement in Mathematics. You have developed great number sense. Well done. *From Ms Karen & Mrs Mendoza*

Isaac P- For working hard to improve your handwriting. It is amazing! Keep it up! *From Ms Karen & Mrs Mendoza*

4H

Hannah- For showing initiative and being a great help with all of your teachers. *From Mr Membrey*

Brian L - For fabulous focus on your learning. Well done! *From Mr Membrey*



5C

Danny-For showing great improvement in writing a more detailed and interesting narrative text. Great job! *From Ms Huyen & Miss Roka*

Andi-For displaying the Learning Asset of Self-Manager by effectively organising yourself for learning to complete tasks efficiently and giving your best in all your learning. *From Ms Huyen & Miss Roka*

5D

Mina - For improving as a Self-Manager during Maths by staying on-task and sharing your work with the teacher once completed. Well done! *From Ms Gurry*

Nikunsh - For improving as a Communicator this term by sharing your thoughts during whole class discussions. Keep it up! *From Ms. Gurry*

6A

Leo - For a detailed and informative presentation on the life of Rosa Parks. *From Mr Wickham*

Henry- For displaying leadership and initiative in class.. Keep up the great work *From Mr Wickham*

6B

Ethan N - For being an amazing self-manager. Ethan always has a growth mindset and challenges himself to try new things. *From Mrs Belinda & Ms McManus*

Andrew T - For always being ready to learn and working hard across all curriculum areas. Keep up the great work! *From Mrs Belinda & Ms McManus*



1K: Khoi P

2N: Max T, Chloe R

3E: Tony N

4H: Damien C

6B: Kobe P

STAFF: Mrs Cuni, Ms Rochelle

ST MARY MacKILLOP AWARD

Congratulations to the recipients of our St Mary MacKillop Award for May 2024.

Congratulations to:



Louise N 4H



Mae F 2M



Congratulations!



MARIAN COLLEGE

A Kildare Education Ministries Catholic School for girls in the Brigidine Tradition.



PROSPECTIVE FAMILY INFORMATION EVENING

TUESDAY 25 JUNE 2024
5.00PM- 6.30PM

MARIAN COLLEGE SUNSHINE WEST
196 Glengala Road
Sunshine West VIC 3020

T +61 3 9363 1711
E principal@mariansw.vic.edu.au
www.mariansw.catholic.edu.au

BOOK NOW VIA
THE QR CODE OR
OUR WEBSITE



Whole School Athletics Day - Monday 27 May 2024

Keilor Athletics Track, Stadium Drive Keilor 9.15am -
2.00pm

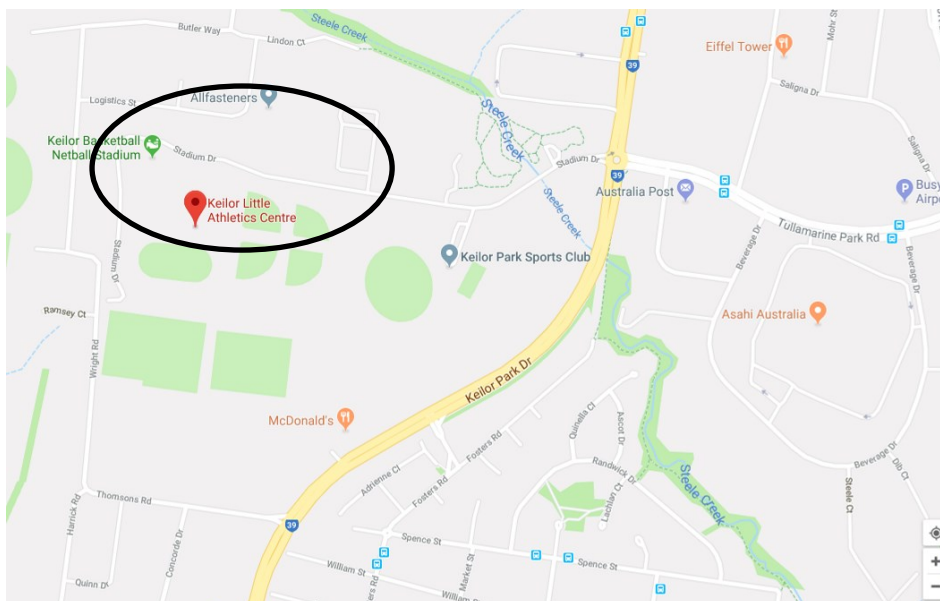
ALL WELCOME!!!

CHISHOLM

MacKILLOP

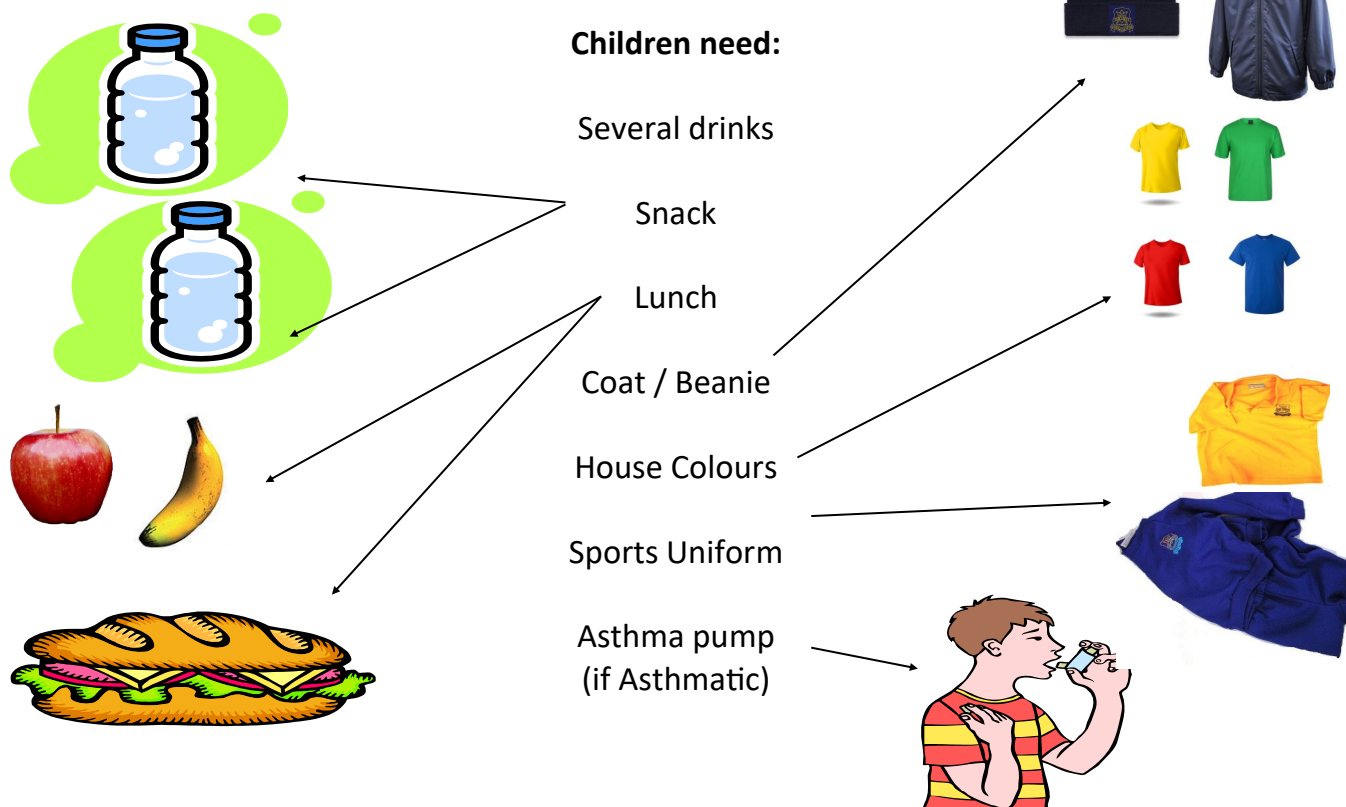
MAZENOD

WOODS



REMINDERS

- * ALL children need to be wearing their sport uniform.
- * T-shirts or ribbons in their house colours are allowed (red, blue, green or yellow)
- * No child will be permitted to go home from the Athletics track
- * Children need to bring all food and drink in a bag. No glass or cans are permitted
- * Parents and Helpers need to make their own way to the Athletics Track. There will not be any room on the bus.





INSIGHTS

happy families. **SCHOOLS**

Learning to take on challenges

Challenges are the pathway to growth. When our children habitually avoid challenges, their learning stalls. When they learn to understand, value, and embrace challenge, their learning accelerates. So, helping our children develop a healthy relationship with challenge becomes one of the most important ways we can help them become better learners.

How does your child respond to a challenge?

Does your child avoid a challenge, seeking their “path of least resistance” in learning?

Or do they select the challenges they know they can do? Looking like they are working hard, but secretly avoiding mistakes by not taking on anything too challenging?

Maybe your child takes on challenges because the teacher tells them to. They follow the teacher’s instructions and are led through challenging tasks.

Perhaps your child takes on challenges because they need to. They have something they want to achieve, a goal in mind. Their relationship with challenge is born out of necessity so they can reach their goal.

But imagine if your child embraced challenges. In the spirit of John F. Kennedy when he said, “we do these things, not because they are easy, but because they are hard!” Imagine if when they were given the choice of doing something hard, or something easy, they’d choose the more challenging task, because they understood that challenge is the pathway to growth.

Becoming a Skilful Learner

How our children respond to challenges is a key element of what I call **Learnership™** – the skill of learning. Learnership is a skill developed over time. It helps our children (and us) to get more out of every learning opportunity. Most importantly, Learnership is something we can teach our children that helps them to thrive both in school and life.

As parents we can help our children on the path to becoming better learners, by helping them develop a healthier and more productive relationship with challenge.

Comfort Zone V’s Learning Zone. What’s the Difference?

The first step in helping your child develop a healthy relationship with challenge is to teach them the difference between their Comfort Zone and their Learning Zone.

We've all heard that we need to get outside our comfort zone and challenge ourselves, but how many of our children truly understand what that means?

For many people, getting outside their comfort zone means trying something new. But something new, isn't always something challenging. Very often "new" is simply an "easy thing we haven't done yet". There is little struggle involved in this type of challenge, it comes with a great deal of certainty, and confidence that we'll succeed. These challenges feel more like a task. They keep us busy, but they don't help us get better. These types of challenges are in our Comfort Zone.

To be truly challenged our children need to stretch themselves beyond their current abilities. These types of challenge feel like a problem. Unlike a task where the path to completion is easily recognised, the solution to this challenge is not immediately apparent. They leave us feeling uncertain, and they involve struggle. The challenge feels "hard". When our child feels like this, it's a good sign they are in their Learning Zone.

Being in your Learning Zone feels uncomfortable. When our children find themselves in the Learning Zone, their first reaction is often to get out of it. Suddenly anything else seems like a more attractive option. They look for distractions, seek out easy options or adopt any number of avoidance strategies.

Struggle is temporary

It's important to help our children recognise that the feeling of struggle and discomfort that comes with being in their Learning Zone is temporary. It passes. Many children believe if they are struggling now, then the next step in learning will involve even more struggle. They believe that the further they go, the more uncomfortable they'll feel. So naturally, they turn away from further struggle.

The reality is that effort is the currency of growth, and struggle is the price we pay for that growth. The reward is that what we experienced as hard today, becomes easy tomorrow. It doesn't get harder and harder and harder. It's hard, then it's easy. Then they move on, and the next step is also hard, until they make that easy. Being in the Learning Zone, and experiencing the struggle that comes with it, is not only a normal part of learning, but also an essential part of growth.

Parenting for more skilful learners

As parents we have an important role in helping our children become more skilful learners. This begins by helping them develop a healthy relationship with challenge. By teaching them that effort is the cost of growth, and normalising the struggle that comes from being in their Learning Zone, we help them become "comfortably uncomfortable" with challenge, and put them on a path of continuous growth.



AUTHOR

James Anderson

James Anderson is an international speaker, author and educator. In an educational landscape focused on teachers, James' work focuses on learners. His signature work defines *Learnership™* – the skill of learning. He answers the question: What does it mean to be a skilful learner? For further information visit jamesanderson.com.au. You can also listen to James and Dr Justin Coulson discuss *Learnership™* on the Happy Families podcast episode #529 (The Growth Mindset) and #559 (How to Create Skillful Learners).





The Most Holy Trinity, Year B

Gospel

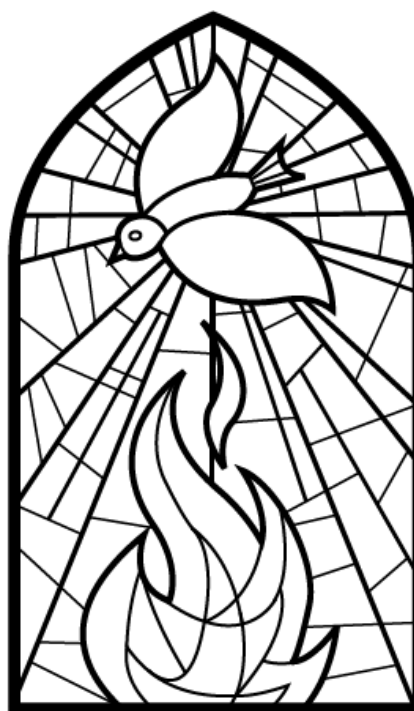
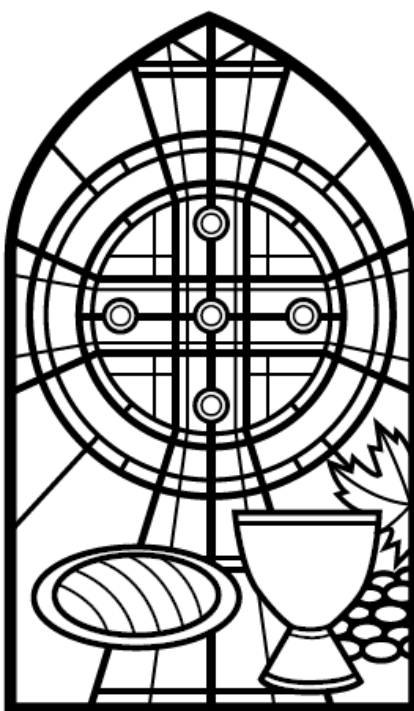
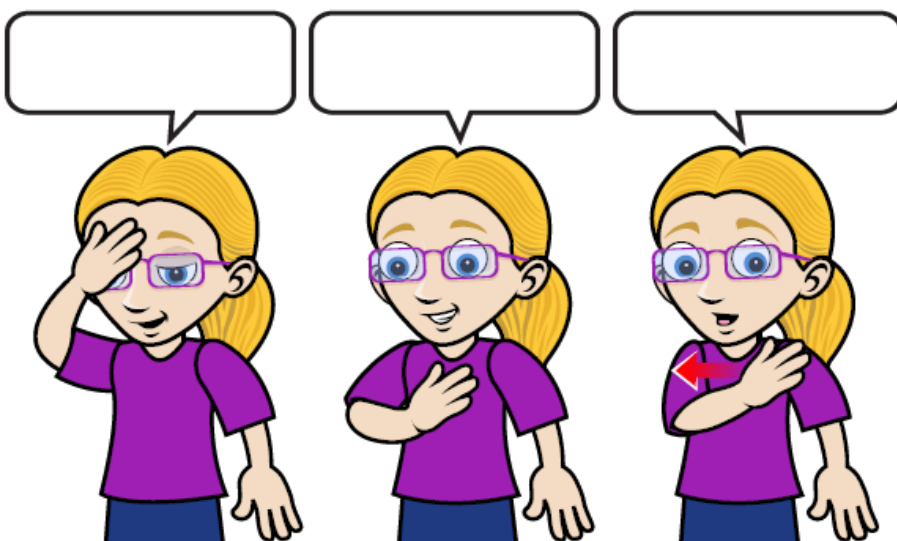
Matthew 28:16-20

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up to and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

There is a simple prayer that we say almost every day, which reminds us of the Trinity. That prayer is the Sign of the Cross.

How do I make the Sign of the Cross?

1. Using your right hand, touch your forehead and say... (fill in the 1st speech balloon)
2. Touch your chest near your heart and say... (fill in the 2nd speech balloon)
3. Touch your left shoulder, then your right shoulder and say... (fill in the 3rd speech balloon)



Colour in the Trinity stained glass windows.