



OUR LADY'S SCHOOL NEWSLETTER

5 March 2020

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times: Saturday 6:00pm
Sunday 9:00am, 10:30am & 5:30pm
School Phone: 9312 2230
School website: www.olsunshine.catholic.edu.au
Our Lady's is a Child Safe School

'So, whatever you eat or drink, or whatever you do, do everything for the Glory of God' Cor 10:31

DATES FOR THE DIARY

Fri 6 March

9.00am P&F AGM

Mon 9 March

Labour Day Public Holiday

Tues 10 Mar

2021 Foundation Enrolments
Open

Wed 11 Mar

5.30-7.00pm Foundation BBQ

7.00pm PAB AGM

Mon 16 March

School Photos

Tues 17 March

St Patrick's Day Mass at Cathedral

Thurs 26 March

Open Day. Tours at 9.30am,
12.00pm and 2.30pm

Fri 27 March

End of Term 1 at 3.15pm

Tues 14 April

Start of Term 2 at 8.45am

Wed 29 April-Fri 1 May

Yr 6 Camp (Oasis Mt Evelyn)

SACRAMENTS

Eucharist

Sunday 17th May

Sunday 24th May

Reconciliation

Wednesday 22nd July

Confirmation

Friday 20th November

Dear Parent,

A huge thank you to all the Our Lady's School community and in particular our students for their amazing donations on Monday which will go towards the Gippsland Bushfire Recovery organised by Catholic Care. Through your wonderful generosity we raised **\$1692.60!!** I am sure the families and schools in Gippsland will be grateful for such a fantastic effort from us all.



TOTAL RAISED

\$1692.60!

Parents and Friends Need You

The Parents and Friends Annual General Meeting has been re-scheduled for Wednesday the 25th of March at 7 pm in the Hall Kitchen. Thank you to the three people who attended the meeting today but we all agreed that we did not have enough people present to hold an Annual General Meeting whereby we nominate and elect people for the various roles that are necessary for a smooth running Parents and Friends Committee.

I do need to stress that the Parents and Friends is very close to folding if we do not get a better response at the next meeting. This would be very disappointing as it is such a wonderful way for parents to engage with the school and enrich our students' experience of school by organising many fun and exciting events, as well as raising much needed funds for the school. If you have never thought about attending please have another think as we do not have many meetings and it is such a positive way to contribute to the life of the school.

Prayer of Thanks

We must thank God who created all things. We should give God praise and thanks.



God, Father and Creator, we give you thanks for the world and everything you have given us. We thank you for the warmth of the sun and the coolness of a gentle breeze. We thank you for the colours of the rainbow and the beauty of trees and flowers. We thank you for the love and kindness of the people in our lives.

We thank you for the beauty of our world and the unending love that you have for all of us. Be with us in all that we do that our lives may give praise and glory to you. Amen



Child Safety is everybody's responsibility

I have had some parents ring and email the school about the corona virus(COVID-19) . I wish to reassure you that we are following all the recommendations as set out by the Department of Health, the Department of Educations and Catholic Education Melbourne.

At Our Lady's school we have a high standard of for both cleanliness and hygiene which is reinforced by all staff. We are blessed to have excellent cleaners in Nubia and Salvador who meticulously clean our school and of course our wonderful maintenance man Steve who makes sure that everything in the school is well-maintained. However, we need the whole school to be involved in making sure that we follow proper hygiene rules and care for school property and equipment in general. It takes a whole community for this to work best.

I ask all parents to support us by regularly reminding your child/children about the recommended simple hygiene habits that we should always be practising.

Make sure your child practices the following :

Sneezing into their elbow

Throwing away any used tissues and then always washing their hands after that

Washing their hands regularly and thoroughly with soap under running water for 20 seconds

Stay home if they are unwell.

The school will respond according to government recommendations and CEM guidelines.

Here are a list of actions that we have taken:

- Regularly briefing staff and informing them of latest guidelines from the Department of Health and the Department of Education and checking Travel advice on Smart traveller
- Teachers regularly speaking to students about hygiene expectations
- Hygiene posters relating to washing hands and sneezing posted in classrooms and around the school
- Hand wash in all toilets rooms for students' use
- Briefing Cleaning staff

Where can you get more information?

For Victorian updates to the current incident, go to: <https://www.dhhs.vic.gov.au/novelcoronavirus>

For Department of Education and Training updates: <https://education.vic.gov.au/about/departments/Pages/coronavirus.aspx>

For national updates: <https://www.health.gov.au/news/latest-information-about-novel-coronavirus>

For international updates: <https://www.who.int/emergencies/novel-coronavirus>

WHO resources <https://www.who.int/health-topics/coronavirus>

EXTEND BEFORE SCHOOL CARE

Extend will be surveying parents for those interested in before school care. I am happy to offer this service to our community because each morning there are too many students dropped off and left unsupervised well before the school opens its gates. This poses a real safety risk to the students. It is our responsibility to keep our children safe at all times so please enrol your child in Before School Care so that you know that they are safe and well cared for if you don't have anywhere to leave your child and need to get to work.



Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au

REMINDER

NO SCHOOL ON MONDAY

LABOUR DAY PUBLIC HOLIDAY



OUR LADY'S PRIMARY SCHOOL SUNSHINE

Please come into the School Office to obtain an information package

OPEN DAY THURSDAY 26 MARCH
TOURS AT 9.30AM, 12.00PM & 2.30PM

**2021
ENROLMENTS
OPEN
MARCH 10 2020**



**WE LOOK
FORWARD
TO
SEEING YOU!**

Our Lady's School is a Catholic Primary School for boys and girls, serving the Parish of Our Lady of the Immaculate Conception, Sunshine.



OUR VISION

In a spirit of unity and harmony, we strive to develop the whole person; providing an excellent education for all and inspiring our community members to live a Christian way of life.

32 Station Place Sunshine 3020 Phone 93122230

Principal Ms Patrizia Bertani email principal@olsunshine.catholic.edu.au

Our Lady of The Immaculate Conception Parish Primary School

SchoolPix is coming to photograph on:

Monday 16 March 2020

ORDER ONLINE AT WWW.SCHOOLPIX.COM.AU

Misplaced your order form? Please visit www.schoolpix.com.au and use the student search to find your child's order number or contact our Customer Service team on 1300 766 055.



The Parents and Friend's

EASTER RAFFLE

The P & F Committee are calling for donations for
our Easter Raffle.

Donations can be left in the class room or taken to
the front office.

Tickets will be sold through QKR for \$1 Each and the
raffle will be drawn in the assembly on the last day
of term.



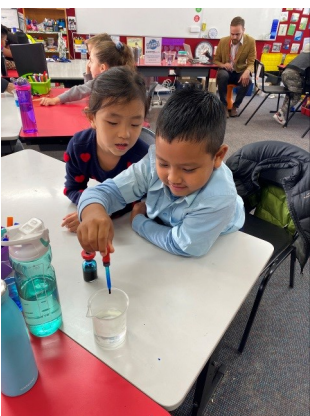
PosterMyWall.com

**RAFFLE
TICKETS ON
SALE NOW**

**UNTIL
WEDNESDAY
25 MARCH**



Grade 3 Heat & Energy Incursion



Parent Cyber Safety Session



Alannah & Madeline
Foundation



SNAGS AND SNORKELS FREE EVENT

INTRODUCTION TO SNORKELLING-COME AND TRY

Where: Jawbone Marine Sanctuary, 118-124 Crofton Drive Williamstown

When: Sunday 15th March 2020

Time: 11.30-2.00pm

12.00-2.00pm Free SNORKELLING INSTRUCTION (8 yrs plus) FREE
SAUSAGES

The Gr 5 students invite your family to join us for a fun day out.
Dive 2 U instructors will take 40 people snorkeling. (Gear provided, 1st in
best dressed registration).

This family/ community event by the sea will be hosted by the Jawbone
Marine Sanctuary Care Group. Greg our Family Partnerships Leader is a member of
J.M.S.C. Group.

FAMILY FRIENDLY FREE EVENT

BYO-Beach gear (Snorkels/mask if you have them)

*CHILDREN ARE TO BE SUPERVISED BY PARENTS AT ALL TIMES.

This event links to the children's current term 1 inquiry learning work.



North Sunshine Football Club



**Junior training
starting Friday
March 6th**



**Auskick starting
Sunday April 5th
at 10am**

**Now recruiting - Junior boys & girls
Junior training every Friday at 5pm
Juniors (Under 8,9,10 & 12's)
All ability levels welcome
Dempster Park, Sunshine North**

**For more information call Cameron on 0412 642 526
or email us at info@northsunshinefc.com.au**

insights



Helping children who struggle with learning

by Michael Grose

Parenting is easy when you have a child who is talented and finds learning relatively easy. You can marvel at their performance and feel some measure of parental pride.

On the other hand it's frustrating and, at times, heartbreaking to watch your child struggle to attain even mediocre levels of success at school, in sport or in leisure activities. It's even more difficult if your child repeats a year of learning.

When your child has difficulty at school, your approach as a parent makes huge difference to their self-esteem, the relationship with their teachers and their attitude to learning.

Here are some ideas to keep in mind if you are parenting a child for whom success at school, or in other high-status areas such as sport, just doesn't come naturally.

1. Avoid using other children as benchmarks

Benchmarking your child's progress against that of other children is not a wise parenting strategy. Inevitably it will lead to frustration as there will always be a child who performs better than your own on any scale you use.

Each child has his or her own developmental clock which is nearly impossible to alter. There are slow bloomers, early developers, bright sparks and steady-as-you-go kids in every classroom. It's the first group that can cause the most concern for parents who habitually compare the slow bloomer to siblings, friends' kids and even themselves when they were in school.

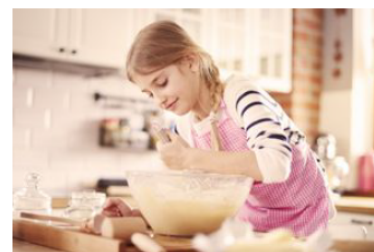
The trick is to focus on your child's improvement and effort and use their results as a benchmark of progress and development. *"Your spelling is better today than it was a little while ago"* is a better measure of progress than *"Your spelling is the best in the class!"*

2. Focus on your child's talents

Be mindful that many successful people including Bill Gates, Richard Branson and Facebook founder Mark Zuckerberg struggled at school. Traditional learning wasn't for them. However they each had supportive adults in their lives who helped them find their interests and fostered their talents. Help your child see beyond any limits they put on themselves (*"I'm hopeless at school"*) to see the many other talents and strengths they have.

3. Develop a growth mindset

Recent research shows that people who believe they can increase their intelligence through effort and challenge actually do get smarter and do better in school, work and life over time. It's exciting to know that your child's talent and smarts aren't fixed. Their brain can always learn more, continue to grow and be stretched. Communicate a growth mindset to your kids by focusing your praise more on their level of effort rather than on their natural abilities of talents. Praise the strategies they use and look for opportunities to stretch their capabilities.



4. Be your child's cheerleader

Kids who have to work really hard to achieve need someone in their lives who is able to boost their self-confidence, particularly when they are struggling. Make a fuss over small successes so your child can puff up their chest every now and then. Many adults find it easy to encourage the kids who do well but balk at encouraging kids who struggle or find learning difficult. But it's these children who really need encouragement. As much as humanly possible, comment favourably about your child's effort, contribution and improvement in all areas of life. You can do it!

5. Increase their time in activities where they experience success

As a young teacher I remember when a father banned his son from playing football as his school results were poor. I was incensed. This boy found school learning very difficult and football was one area where he was able to shine. I suggested to the father that his son should spend more time, not less, playing football, as this was the activity where he experienced the most success. Children who struggle at school benefit from spending more time in environments where they feel confident and capable, as those feelings can eventually transfer over to other areas – including the classroom.

6. Be mindful that persistence pays off

Children who have to work hard and persist learn an important life lesson: that success in most endeavours takes effort. Those kids who sail through their childhoods without raising a sweat can struggle when eventually they do have to work long and hard to succeed.

Raising kids who find life a breeze is easy. However, parenting kids who take longer to mature, or kids that must put in a 110% effort to achieve, is challenging for any parent. Parenting a child who struggles, or has to repeat a year level, requires you to develop a growth mindset, focus on kids' strengths, be liberal with encouragement and have realistic but positive expectations for success.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.



This is my own dear Son
Listen to what he says!

2nd Sunday of Lent, Year A

Peter, James and John saw Moses and Elijah talking with Jesus. The true nature of Jesus and his work was revealed to them as they witnessed the Transfiguration. Draw Jesus, Moses and Elijah on top of the mountain as the apostles look on.



Gospel Mt 17:1-9

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured; his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him.' When they heard this, the disciples fell on their faces, overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus.

As they came down from the mountain Jesus gave them this order. 'Tell no one about the vision until the Son of Man has risen from the dead.'

By using the words below, can you work out what the voice from the cloud said to the apostles?

SON AM LISTEN TO SAYS
BELOVED HIM IS PLEASED

THIS __ MY
_____,
AND I ____
WITH ____.
__ WHAT HE ____.