



## OUR LADY'S SCHOOL NEWSLETTER

6 November 2020

[www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

Parish Priest: Fr. Peter-Damien McKinley  
Principal: Ms. Patrizia Bertani  
Parish Mass Times: Saturday 6:00pm  
Sunday 9:00am, 10:30am & 5:30pm  
School Phone: 9312 2230  
School website: [www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)  
*Our Lady's is a Child Safe School*

*'In the beginning God created the Heavens and the Earth' Genesis 1:1*

Dear Parents,

In this week's edition of the newsletter I would like to begin to update you on staffing at Our Lady's school for 2021. Next year our Foundation teachers will be Mrs Cam Tu Nguyen and Ms Wendy Veldman. Both Ms Cam Tu and Ms Wendy are very experienced teachers both having taught across various grade levels as well as in Foundation. They are looking forward to welcoming the Foundation 2021 students to our school. Next week both 2021 Foundation teachers will be meeting with the Foundation 2021 Kinder teachers in preparation for next year.



Mrs Cam Tu Nguyen



Ms Wendy Veldman



### CONGRATULATIONS AND ALL OUR VERY BEST WISHES TO MRS SALES AS SHE BEGINS HER MATERNITY LEAVE

As you may already know Mrs Justine Sales (4G) is expecting a baby boy and today is her last day at school as she begins her Maternity Leave. We wish Mrs Sales and her family all the very best as they prepare to welcome a beautiful baby boy into their family. May God bless you all and we are all looking forward to meeting your new baby boy, especially the students of 4G. Mrs Sales will be replaced by Miss Caroline Wood who has worked extensively at Our Lady's School. Thank you Mrs Sales for all you have done for the students and families of 4G.



### GOOD BYE and GOOD LUCK TO MS SEVERINO and MS ANNA-MARIA MURPHY

This year we farewell two of our wonderful teachers. Ms Natalie Severino (FJ) and Ms Anna-Maria Murphy (3F). We at Our Lady's have been fortunate to have you as members of our staff. Your dedication to providing an excellent education for all students in your care has been inspirational. Both Ms Severino and Ms Murphy are experienced classroom teachers and have also held the roles of Learning Leaders during their time at Our Lady's School. You have touched the hearts and minds of so many students and have contributed greatly to our school. We will miss you both and a part of you will always remain with us here at Our Lady's school.



Ms Natalie Severino



Ms Anna-Maria Murphy



#### Prayer of Compassion

*We are to be compassionate to others. In this we follow Jesus.*

Father of us all, we ask your help in living as the kind of people you created us to be.

May we show compassion to those who need us.

May we share your love with all people.

We ask in the name of your Son, Jesus Christ. Amen

**2021**

***Just a reminder to families that if they have picked up an enrolment form and NOT RETURNED IT, please return it to school with all the documentation as soon as possible.***



Also any new families that have NOT picked up an enrolment form for Foundation 2021, please come into the Office to pick up a pack.



Also if any families (not grade 6 students) are NOT returning to Our Lady's in 2021, please return the pink form or let the Office know as soon as possible.

### UPCOMING EVENTS

Monday 9 November	Years 1/2 Camp
Thurs 12 November	Year 4 Celebrating Our Faith Community Liturgy
Friday 13 November	Year 6 Camp
Monday 16 November	Year 3 Camp
Friday 20 November	Year 6 Celebration of the Holy Spirit Liturgy
Monday 23 November	Year 3 Celebrating Our Forgiving Father Liturgy
Friday 4 December	Reports published today
Tuesday 8 December	Feast of the Immaculate Conception— Liturgy at 11.30am
Thursday 10 December	Year 6 Graduation Celebration
Wednesday 16 December	Students finish for 2020 at 3.00pm



### SCHOOL FEES

You will have all received your final statement for the year. Thank you to all those families who have paid their fees. A reminder that if you haven't as yet paid your school fees they are payable to the Office by EFT or by Direct Payment to the school bank account. We are not accepting cash payments. If you are leaving the school this year it is important that you settle all outstanding school fees now. Your cooperation will be greatly appreciated.

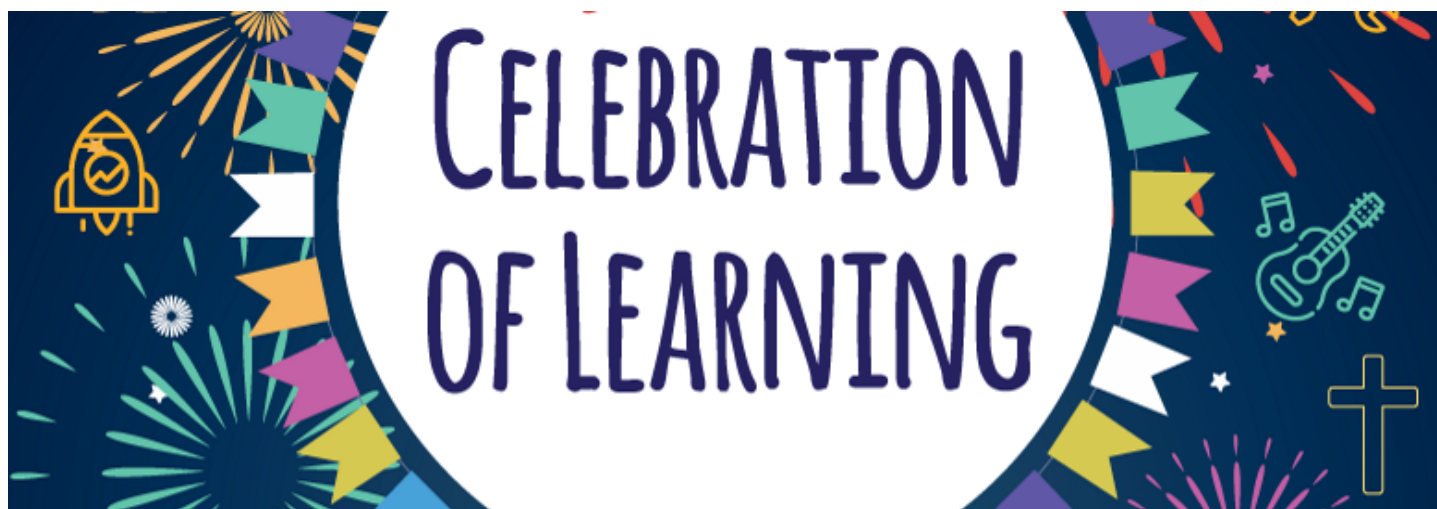
Yours sincerely,

*Patrizia Bertani*

**Ms Patrizia Bertani**

**Principal**

*principal@olsunshine.catholic.edu.au*



## FI

**Ben** - For responding positively to feedback. It is great to see your writing improve over the last few weeks. Keep it up! *From Ms. Cam Tu*

**Laura** - For showing great improvement in writing. You are beginning to consistently try your best. Keep it up! *From Ms. Cam Tu*

## FJ

**Oliver** - Writing Award. Excellent writing development. You are starting to edit your writing by re-reading, adding missed words and checking for punctuation. *From Miss Severino*

**Andreas** - Writing Award. For working hard at achieving your writing goal of using 2 finger spaces between words. *From Miss Severino*

## 1K

**Ben M** For working hard on his reading and using the reading strategy Stretchy Snake to sound out unknown words. *From Miss Karen*

**Anthony B** -For trying harder to focus and concentrate when reading. *From Miss Karen*

## 1L

**Kim B** - For being a fantastic Collaborator who listens to her team members! Well done for the way you worked with others during our Finska subtraction challenge! *From Miss Steph*

**Alexia V** - For being a syllable superstar! I love how you were being a self-manager during your learning to find lots and lots of words and their syllables! *From Miss Steph*

## 2M

**Matilda L**- For demonstrating the Our Lady's School Gospel value of Courage when you share your ideas during class discussions. - *From Miss Scarpaci*

**Kieren L**- For working to the best of your ability and showing great thinking skills throughout your learning. - *From Miss Scarpaci*

## 2N

**Jonah H** - For showing the Our Lady's Gospel Value of Courage when presenting your Persuasive writing. You were confident and took on our warm and cool feedback. Keep it up Jonah! - *From Ms Howe*

**Sally P** - For using the Thinker Learning Asset to plan your persuasive writing. You used strong sentence starters and backed up you opinions with good reasons! Well done Sally! *From Ms Howe*

## 3E

**Tessa M** - For creating a wonderful information poster including paragraphs and a labelled drawing. *From Miss O'Connell*

**Natalie H** - For always trying her best with every learning task and completing her work to a very high standard. *From Miss O'Connell*

## 3F

**Evie W**- for using strategies to read an analogue clock to the minute. Keep up the great work! *From Ms Murphy*

**Van Duh C** - for writing an information text with paragraphs. Keep up the great work!

- *From Ms Murphy*

#### 4G

**Dominic** - for always contributing to class discussions with enthusiasm and valued points of view. Keep it up, superstar! - *From Mrs Sales*

**Ruth Z** - for demonstrating courage and determination whilst presenting her iTime project to the class. Well done, you're a star! - *From Mrs Sales*

#### 4H

**Jasmine N** - For a great effort in showing your Mathematics group some interesting processes when solving division. A job well done! - *From Mr Wickham*

**Alex W** - For a wonderful and detailed presentation to the class on the history of World War One. Well researched and presented - *From Mr Wickham*

#### 5C

**Sumerpreet S.** - For making excellent choices in her learning. You are a great self-manager, Sumer!- *From Miss Wendy.*

**Sophie T.** For sharing her thinking. You are a wonderful Communicator! -*From Miss Wendy.*

#### 5D

**Arielle A** - For the enthusiasm you have shown in your learning. Well done eagerly participating in whole class discussions and your participation during group activities. Keep it up! *From Mrs Mendoza*

**Kobie H** - For the incredible growth mindset you have shown in your learning this term. You have been working hard on your writing and have also persisted in different assessments. Amazing work! *From Mrs Mendoza*

#### 6A

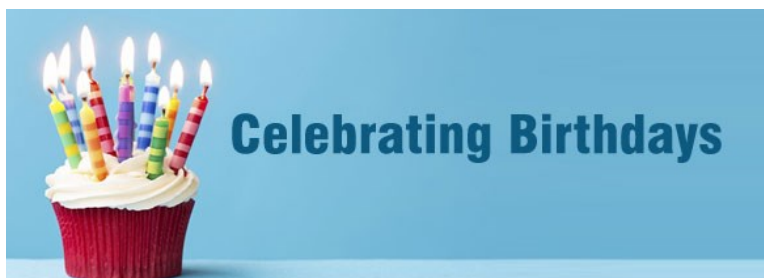
**Rachel N**- For taking risks during reading groups to share her thinking and make connections to herself and other texts. You've really come out of your shell this term Rachel well done! - *From Ms Kaan*

**John H**- For interpreting a tree diagram on Rainforests and selecting the appropriate information to include in your written description - *From Ms Kaan*

#### 6B

**Phoebe W**- For being an excellent communicator and thinker during discussions. You always try to share your thoughts and ideas with the class. Keep up the great work! *From Ms. Gurry*

**Heidi D** - For being an excellent collaborator during all group learning experiences. The way in which you negotiate and show patience and kindness to others is to be commended. *From Ms. Gurry*



## Celebrating Birthdays

Grace N 2N  
Martin R 6A  
Lewis C 4G  
Rhys N 2M  
Pharrell A 2N  
Sophia P 2M  
Alisha L 4H  
Zoe A 4G





Extend is the place for your children to thrive, learn and play, so what are you waiting for? Book and enrol at

[www.extend.com.au](http://www.extend.com.au)

#### Hours of Operation

After School Care: 3:00pm – 6:00pm

#### Contact Details

0499 849 940

[olic@extend.com.au](mailto:olic@extend.com.au)

Monday	Tuesday	Wednesday	Thursday	Friday
Grow your own...	Iron mining our breakfast	Emoji garden flowers	Bag made ice-cream	Dinosaur eggs

#### DISCOVER



Pipe cleaner crystals make for beautiful Christmas tree decorations and hanging window ornaments.

#### LEARN



We read in interpret the recipes, then measure and mix the ingredients. After it's made the individual playdough helps us relax and also be creative.

#### PLAY



The electronics were fun to put together by instructions and by figuring out how the power goes through everything in our own designs!

#### STAR OF THE WEEK!

## Lucrecia

For being thoughtful and understanding with others, their needs and their feelings!

We are so relaxed after the long weekend. In making our individual playdough we got to use or language, literacy and numeracy skills to make the colour and consistency of dough we wanted then enjoyed playing with it. We love doing activities with lots of action and textures plus lots and lots of mixing of gooey stuff. This coming week we are exploring more of the nature world through the arts and sciences. We will be planting seeds, using magnets to get the iron out of breakfast cereals, painting up an emotion-packed garden, mixing an dinner treat to take home, and creating fossilised eggs to excavate.

Leonie  
Service Coordinator

[extend.com.au](http://www.extend.com.au)





**SUNSHINE YCW CRICKET CLUB  
SEEKING JUNIOR PLAYERS FOR 2020/21 SEASON**

For grades:  
Under 11 Friday night  
Under 13 Friday night  
Under 15 Saturday morning  
Under 16 Friday night  
Woolworths blast program (5- beginners)



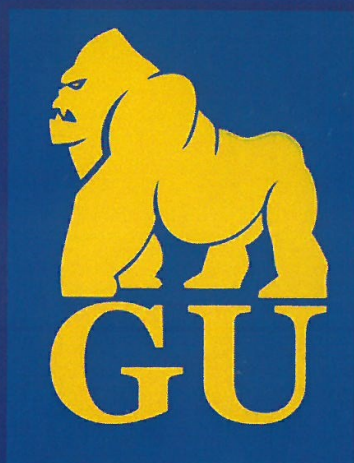
Those interested please contact

Brendan 0468926588  
or  
Kshiel87@live.com

<https://www.facebook.com/groups/410660232451713/?ref=share>



# GRAND UNITED CRICKET CLUB



**PLAY CRICKET  
REGISTER TODAY**

**NOW RECRUITING - BOYS AND GIRLS**

**UNDER 11'S - UNDER 13'S - UNDER 15'S - UNDER 17'S**

**JUNIOR REGISTRATION & TRAINING - EVERY THURSDAY @ 4.30PM**

**JR PARSONS RESERVE, STANFORD ST, SUNSHINE**

**CRICKET BLAST (4-9 Y.O) - SATURDAY 21ST NOVEMBER 9:30AM**

**FOR MORE INFORMATION CALL JACK HALE 0421 526 500**



# Parent Information Session on Children's Mental Health

Children and young people have had mixed experiences during the pandemic. In this four week series of information sessions, parents, caregivers and community leaders will receive the tools to support their child's mental health and wellbeing.

## Our Facilitator:

Rubie Nhongo is a qualified and practicing counsellor and youth worker with extensive experience on the education, family violence, youth, homelessness and mental health sectors for a four week. Rubie's passion to look after the best interests of young people has resulted in life changing impacts and breaking the stigma associated with seeking counselling support.



<b>Week 1: Tuesday 10 November 7-8.30pm</b> <b>Promoting Mental Health in children</b> How to know if something is going on and building resilience	<b>Week 3: Tuesday 24 November 7-8.30pm</b> <b>Dealing with bullying and cyber safety</b> Responding to bullying, understanding risks online, social media and grooming
<b>Week 2: Tuesday 17 November 7-8.30pm</b> <b>Understanding stressors and developmental stage</b> Statistics on mental health, exploring the developmental stage, stressors, risks and causes	<b>Week 4: Tuesday 1 December 7-8.30pm</b> <b>Getting help</b> Self-help interventions, how parents/families can support and supports for parents

## Bookings required:

Sessions via Zoom. To register email [FernandaL@brimbank.vic.gov.au](mailto:FernandaL@brimbank.vic.gov.au) or call 9249 4555



## WE GOT YOU

Thursdays, 5 November to  
24 December 4-5.30pm

Providing mentoring to young people to help them stay engaged in their learning and future goals. Mentees and their mentors meet in group sessions or 1:1 online. Register for the link.  
Email [MariamaD@brimbank.vic.gov.au](mailto:MariamaD@brimbank.vic.gov.au)



## NAIDOC WEEK (8-15 November) Endangered Fauna of Brimbank: Habitats Art Packs

Learn about endangered native animals of Brimbank by creating your own diorama habitat by artist Jo Mott. Register for your own Diorama kit. Call 9249 4555 or email [FernandaL@brimbank.vic.gov.au](mailto:FernandaL@brimbank.vic.gov.au)

## Parent Info Session on Children's Mental Health Tuesdays, 10 November to 1 December 7-8.30pm

Giving parents tools to support their kids' mental health. Register to get more info on the sessions and get the link.  
Email [FernandaL@brimbank.vic.gov.au](mailto:FernandaL@brimbank.vic.gov.au)

## TALANOA TONGAN STORYTIME

Wednesdays, 11 November to  
16 December 10.30-11.30am



An interactive storytelling program to meet and play with other kids and families, while learning the language and culture. Delivered via Zoom. Register for the link.  
Email [MariamaD@brimbank.vic.gov.au](mailto:MariamaD@brimbank.vic.gov.au)

## Kids DIY T-Shirt Tote Sunday 22 November 1-2pm

Celebrate the Garage Sale trail by giving your pre-loved t-shirt a second chance in life! Join Aisha on Zoom to learn how to turn your pre-loved t-shirt into your favourite Summer tote bag. No sewing required. Listen to stories on upcycling and second hand clothing as you create. For bookings and Zoom link, email [FernandaL@brimbank.vic.gov.au](mailto:FernandaL@brimbank.vic.gov.au)



## Family and Kids Activities



## PRESCHOOLERS MUSIC SESSIONS

Tuesdays, 10 November to  
15 December 10-10.30am

Live, online interactive music sessions with educator Bree from B Minor. Enjoy a great musical experience while practicing basic skills. Register for the link.  
Email [TriciaDC@brimbank.vic.gov.au](mailto:TriciaDC@brimbank.vic.gov.au)

## TERM 4

BRIMBANK CITY COUNCIL  
NEIGHBOURHOOD HOUSES



## ZINE MAKING (9-12 years)

Saturdays, 14 November to  
12 December 1-2.30pm

Join local artist Aisha Trambas to learn about zines (small DIY books). Over 5 weeks, you'll make your own 10-page A5 zine, and experiment with different painting, drawing, collage and hand sewing techniques. Register for the link.  
Email [MaryQ@brimbank.vic.gov.au](mailto:MaryQ@brimbank.vic.gov.au)



## KIDS YOGA

Wednesdays, 11 November to 2 December

Take time out for mindfulness and yoga with Aimee to support healthy bodies and happy minds. Go to YouTube and search for the **bccneighbourhood houses** channel.

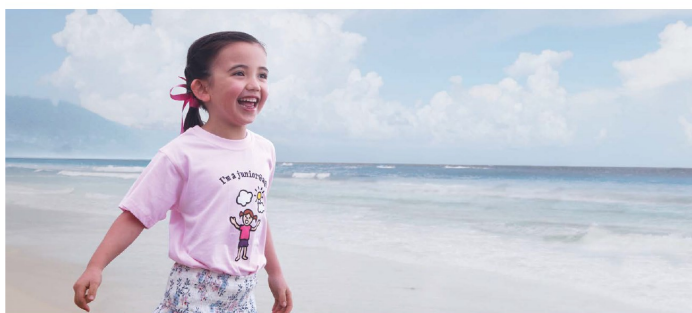
## NAMASTE FAMILY YOGA

Mondays, Wednesdays, Thursdays and  
Saturdays until 30 November

Re-connect as a family through yoga. Practice poses, breathing techniques and mindfulness exercises. Suitable for all ages. To join, go to <https://www.namasteyogis.com.au/registration> or visit our Facebook page for a clickable link.



AUSTRALIAN GIRLS CHOIR



Is this your daughter?

Look no further than the Australian Girls Choir because we encourage, challenge and inspire girls as they learn to sing, dance and perform.

Join us at our **VIRTUAL OPEN DAY**  
SUNDAY NOVEMBER 22



AUSTRALIAN SCHOOL OF PERFORMING ARTS

[aspagroup.com.au](http://aspagroup.com.au)



AUSTRALIAN GIRLS CHOIR



An experience that goes far beyond the stage!

We believe in growing girls through the hidden elements of our curriculum; your daughter will develop confidence, public speaking and presentation skills, resilience and friendships that will last a lifetime.

Over 200 girls recently shared the stage with Hugh Jackman in *The Man. The Music. The Show.* Arena Tour to sold-out audiences around the country. We're proud to have represented Qantas in the 'I Still Call Australia Home' advertisements and at live events for the past 20 years.

Now accepting 2021 enrolments for our rehearsal venues in Berwick, Box Hill, Caulfield North, Cheltenham, Essendon, Greensborough, Ivanhoe, Kew, Ringwood and Yarraville.



Join us at our **VIRTUAL OPEN DAY** on November 22  
and then we'll make plans to meet you in person!

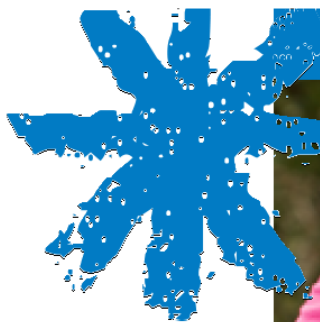
Register now at [ausgirlschoir.com.au/openday2020](http://ausgirlschoir.com.au/openday2020) or phone 9859 6499



AUSTRALIAN SCHOOL OF PERFORMING ARTS



# insights



## Building deep relationships with kids

by Michael Grose

*Building a strong relationship with their children is every parent's dream. Here are some time-honoured ways of doing this if you can stick to them.*

Every parent I know wants a great relationship with their children.

An effective way of promoting such relationships is through rituals and traditions. Rituals and traditions build close families.

For example, most strong families I know are underpinned by a strong food culture. In these families, every kid, no matter what their age, is expected to come to the meal table. Kids in these families are generally also expected to participate in other rituals and traditions.

This can require some parenting spine, but these rituals build wide relationships – that is, they gather the tribe together creating a wide relationship circle.

Individual parent-child relationships need to go deep. Deep relationships provide leverage. They also survive the potential storms of adolescence, during which relationships can become stormy and intense.

Certainly some ages are more amenable to positive relationship building than others. Developmentally, it's easiest to build deep relationships in the opportunity years of latency: five through to ten years of age.

**The easiest way to build a deep relationship between yourself and each of your kids is to spend regular one-on-one time together.**

- Go somewhere for a whole day with a child.
- Go away for a weekend with just one child. Do things you enjoy.
- If possible, go camping.
- Talk. Cook. Mooch.

These shared experiences can have a magic impact on relationships. They can sometimes lead to vast improvements in children's behaviour.



Another way to build deep relationships is to share an interest with a child. Having something in common, whether it's a shared love of sport, books or a hobby, creates an individual bond that goes deep. A shared interest also creates 'natural' opportunities for one-on-one time.



## Make it happen

- One-on-one time needs to be organised.
- It generally won't happen by accident.
- It takes time. It takes energy. It takes a support mechanism to make it happen. Most of all takes permission.
- But one-on-one time is so worth the effort.
- One-on-one time is the coat hook upon which each of your children will hang their memories of you.



### Michael Grose

*Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children. A trailblazer in the parenting and educational scenes Michael regularly appears in the media throughout Australia in programs including The Project, The Today Show and ABC radio.*

# Be happy and you will have a great reward in heaven

All Saints Day

Draw a line from the first half of each beatitude to its correct ending.



Blessed are those who grieve...

...they will be treated with mercy.

Blessed are the merciful...

...they will be called God's children.

Blessed are those who make peace...

...they will see God.

Blessed are those with pure hearts...

...they will find comfort.

## Gospel Mt 5:1-12ab

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them:

'How happy are the poor in spirit:  
theirs is the kingdom of heaven.  
Happy the gentle:  
they shall have the earth for their heritage.  
Happy those who mourn:  
they shall be comforted.  
Happy those who hunger and thirst for what is right:  
they shall be satisfied.  
Happy the merciful:  
they shall have mercy shown them.  
Happy the pure in heart:  
they shall see God.  
Happy the peacemakers:  
they shall be called sons of God.  
Happy those who are persecuted in the cause of right:  
theirs is the kingdom of heaven.'

'Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.'



How can you be like a saint?  
Finish these sentences

I am like a saint when I...

I am like a saint when I...

I am like a saint when I...