



OUR LADY'S SCHOOL NEWSLETTER

26 February 2016

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times: Saturday 6:00pm
Sunday 9:00am, 10:30am & 5:30pm
School Phone: 9312 2230
School website: www.olsunshine.catholic.edu.au

'Be merciful, just as your Father is merciful' Luke 6:36



DATES FOR THE DIARY

Tues 1 Mar

Yrs 3-6 Parent Health and Wellbeing Meeting 7.00pm Auditorium

Wed 9 Mar

Foundation BBQ 5.30-7.00pm

P&F AGM 7.00pm

Friday 11 Mar

Parish Movie

Mon 14 Mar

Labour Day Public Holiday

Wed 16 Mar

School Photos
PAB AGM 7.00pm

Thurs 24 Mar

End of Term 1 at 3.15pm

Mon 11 Apr

Start of Term 2 at 8.45am

Fri 22 Apr

Professional Learning for Staff (First Aid & Emergency Management) - **No school for the children**

Mon 25 Apr

ANZAC Day - Public Holiday

Sacraments

Sun 24 July

10.30am Eucharist 4H

Sun 31 July

10.30am Eucharist 4G

Thurs 8 Sept

7.00pm First Reconciliation

Fri 11 Nov

7.00pm Confirmation

To the Parents and all the Our Lady's School Community,

You will see by the pictures included in this week's newsletter that the students at Our Lady's school have been enjoying some wonderful learning opportunities. The Year 6 school camp was a great success and Mrs Christine Carabott, Mrs Carmel Menzies and I were delighted and very proud of the way the Year 6 students who attended the camp conducted themselves when we went to visit them last Thursday at Camp Oasis.

Congratulations to our Year 6 students !

Your conduct was excellent and you showed true leadership qualities throughout the 3 days at Camp Oasis.

I would like to especially thank all staff that accompanied the Year 6 students on this three day camp. Mrs Anna Kalc Smyth, Mrs Christina Trypis, Ms Jo McManus, Mr Steve Cozzi, Miss Lynda Ferrara and Miss Anna-Maria Murphy. You made sure that this camp would be a very happy and memorable experience for all the students and I thank you for your excellent care of each and every child .

This year we have replaced the curriculum notes with the Class Sites. As you know you can access the Class Sites via our school website in the Learning and Teaching section. We believe that the Class Sites will connect you with the focus of your child's learning on a weekly basis. Our Class Sites provide authentic and up to date information which you can access at anytime. Each class has a site and there are also sites for the following specialist subjects: Numeracy, ICT, Art, PE and Italian. There is also a 'Glee Club' site keeping you up to date with the Glee Club Performing Arts focus. Thank you to the Our Lady's staff who have created these sites so that all in our school community can join in the learning that is happening at Our Lady's.

We hope that you will be connecting with your child's learning throughout the year via the Class Sites and take full advantage of this new opportunity for you to engage more deeply in your child's learning and generally in the life of the school.

"Parents should be educated in the language of schooling, so that the home and school can share the expectations, and the child does not have to live in two worlds – with little understanding between the home and the school". John Hattie, 2009 "

We are hoping our sites will bring the home and school closer together, strengthening school and home collaboration to nurture your child to grow and flourish as both a learner and as a person.



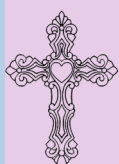
Prayer to Forgive

Jesus calls us to live as a forgiving people. We must not hold grudges.

Jesus, model of forgiveness, we know that when someone asked you how many times we should forgive others, you said seventy times seven.

Help us to forgive again and again the people who hurt us because you want us to do so.

May we not hold grudges and learn to let go of hate. We will do this in your name with your help. Amen



They're Back

It has come to my attention that some students in the school may have head lice and I seek your cooperation in checking your child's hair this week.

Head lice do not transmit infectious diseases – they are transmitted by having head to head contact with someone who has head lice. You may be reassured to know that head lice are commonly found in places other than at Our Lady's school. Head lice are common in school-aged children and are the most adaptable of creatures. They have survived living solely on humans for 10,000 years!

What can you do?

I seek your cooperation in checking your child's hair and in those instances where head lice or eggs are found, treating your child's hair.

Please see the attached information *Treating and Controlling Head Lice*, from the Department of Human Services. It provides informative guidelines regarding detecting and treating head lice and eggs.

If head lice or eggs are found on your child's hair you need to inform: the school and advise when the treatment has started, parents or carers of your child's friends so they too have the opportunity to detect and treat their children if necessary.

When can my child return to school?

Health regulations requires that where a child has head lice, that child should not return to school until the day after appropriate treatment has started. Please note, this refers only to those children who have live head lice and does not refer to head lice eggs.

Our Lady's School-Emergency Management Plan

I would like to reassure our parent community that Our Lady's School has an Emergency Plan which covers procedures for all possible emergency scenarios. Each year the staff are trained by our expert facilitators from EmQ. They also come out to our school and evaluate how well we carry out our drills and emergency procedures. Today we will be conducting an Onsite Evacuation Drill.

We invite you to discuss the importance of these drills with your child. We are committed to ensuring your child's safety at all times and in all circumstances.



I would like to leave you with this quote.

“Let us always meet each other with a smile, for the smile is the beginning of love.” Mother Teresa



Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au



Grade 6 Camp Fun!







Off to sea on the Pelican



OUR LADY'S SCHOOL PARENTS ADVISORY BOARD (PAB)

Membership

Open to all parents/carers – representing families

Principal (representing Parish Priest and School Community – children, families and staff)

School Leaders as required

Community members as invited e.g. Family-School Partnership convenor

Structure

Chairperson

Deputy Chairperson

Secretary

Currently the Parents and Friends Committee meets and reports regularly to the Principal who will pass on relevant information to the Parents Advisory Board

Vision for Parent Advisory Board

- To represent and to be representative of all parents and families, being inclusive and committed
- To share and live out the vision and the values of the school
- To be a rich source of wisdom and insight as well as working to strengthen community partnerships
- To consult and seek to achieve better outcomes for all members of the school community
- To be role models for others – maintaining a professional and confidential approach
- To make everyone feel included and welcome
- To be active listeners committed to working collaboratively
- To work proactively and positively for the school
- To represent the parent voice and the whole school community in a loyal and proper way
- To establish boundaries and protocols to operate by
- To at all times maintain confidentiality

Current protocols/agreements include:

Maintain a positive and proper tone for all our communication – in meetings and in representing the school. Speak for the needs of all children and not our personal concerns (individual matters are to be discussed with the school leaders and teachers).

Agenda is set by the Chairperson in consultation with the Principal. All parents attending are welcome to add items to the agenda. New agenda items are tabled and then placed on the agenda of the next meeting.

Meetings start at 7.00pm and end at 8.00pm.

The chairperson communicates matters to the school community via Parent Advisory Board Newsletter article. Please email to: jhill@olsunshine.catholic.edu.au

The principal follows up matters with the staff and the whole community.

The secretary records and distributes the notes of the meeting to all attendees and apologies.

Proposed agenda items must be emailed to the Chairperson / Deputy Chairperson / Secretary 1 week before the scheduled Board Meeting.

Role Descriptions

Chairperson

The Chairperson's position carries a task of trust and responsibility and requires skill and time. The Chairperson should exercise authority with tact, be impartial and open to other points of view.

The main role of the Chairperson is to:

- Be the main representative/spokesperson for the Parents Advisory Board
- Liaise with the Principal to finalise agenda items for the next meeting and advise the Secretary to distribute the agenda and required pre-reading at least 3 business days before the next meeting
- Be the main contact for agenda items
- Open the meetings punctually and ensure the agenda is followed
- Ensure those present at the meeting have the opportunity to discuss each item on the agenda prior to a decision being made
- Work towards a collaborative approach with other members of school community
- Be mindful of timelines, keep discussions on track and keep meetings moving

Deputy Chairperson

The responsibilities of this role will be to:

- Support the Chairperson in the coordination of the meetings (i.e. pre-reading / pre-work, etc.).
- Support the Chairperson in the running of the meeting by ensuring timelines are adhered to, and discussions are on track.
- Assume the responsibilities of the Chairperson or the Secretary in the event either one is unable to attend the meeting.

Secretary

The Secretary is very important to the efficient operation of the Parents Advisory Board.

Duties and responsibilities include:

- Taking minutes at Parents Advisory Board meetings
- Photocopying and distributing minutes to Committee members along with agenda prior to the next meeting
- Dealing with any incoming/outgoing correspondence

Committee Members

Committee members have a responsibility to:

- Attend Parents Advisory Board meetings as regularly as possible and send apologies if unable to attend
- Help organise Parents Advisory Board activities and projects
- Work towards the best possible outcomes being achieved
- Be mindful that discussions should be on topics which are relevant to the whole school community
- Facilitate and nurture positive home/school relationships within the parent community

AGM for 2016 is to be held Wednesday 16 March at 7.00pm in the Planning Room



Parents Advisory Board

Expression of Interest Form

Expressions of Interest are invited for the Our Lady's School Parents Advisory Board 2016.

I, (your name) _____

Parent of (name and grade of your eldest child):

Contact number: _____

Contact email: _____

Am interested in becoming a member of the Our Lady's School
Parents Advisory Board in 2016

Signed: _____

Date: _____

***ALL EXPRESSIONS OF INTEREST FORMS ARE TO BE HANDED TO THE
PRINCIPAL
BY 9:00AM THURSDAY 10 MARCH 2016***

YMCA Healthy Kids OSHC
Our Lady's Primary
PROGRAM AT A GLANCE



For all **Bookings** and **Cancellations** please call us directly on **0401 700 401**
Email us: ourladysoshc@ymca.org.au
For any **Account Information** please call our office on: **8371 0500**
www.childrensservices.ymca.org.au

DAY	ACTIVITY	AFTERNOON TEA
MONDAY	Kids choice free painting, activity sheets	Salada with spread ,yoghurt
TUESDAY	Paper plate art and craft activities	Garlic bread,
WEDNESDAY	Kids choice art and craft activities ,soccer, cricket	Fairy bread
THURSDAY	Fun with recycled material, cricket, soccer	Salada with spread ,custard
FRIDAY	Kids in kitchen cooking	Cruskits ,biscuits

Dear Families,

YMCA School Holiday Program – Book now!

The YMCA will be running an Autumn School Holiday Program at RecWest Footscray, offering heaps of awesome activities, including Werribee Zoo, Roller Blading, YMCA Fun Festival, and more!

For full details and to book, visit: www.childrensservices.ymca.org.au.

2016 enrolments are open now and you can fill the enrolment forms online from our website, www.childrensservices.ymca.org.au before your child attends the session.

For more information please contact our staff at Our Lady's School from 2:45 p.m-6:00 p.m.

For all accounts queries please contact our office.

Our office email address is Childrensservices.vic@ymca.org.au ,PH- 8371 0500.

Our school email address is ourladysoshc@ymca.org.au , PH-0401 700 401

If you or someone else is picking up your child (children) early on your behalf and if you child/ren are not attending the after school care, please let OSHC coordinator know.

SCHOOL PHOTO DAY IS COMING

SCHOOLPIX will be visiting us on **WEDNESDAY 16 MARCH**

Sibling Photo forms are available at the Office

PHOTO DAY TIPS:

- Dress:** Full summer uniform for **ALL STUDENTS**.
Grades 3E, 3F, 5C and 5D have Sport on Wednesdays so the will need to either bring their sport uniform in a bag to change into or just bring their runners.
- Hair:** All hair shoulder length or longer **MUST** be tied up/back.
- Manual Orders:** Complete your order form and return with payment to school by photography day
- Online Orders:** To pre-order online, take your personal Order and ID Numbers found on your order form and go to www.schoolpix.com.au. Orders can be placed online up to 2 working days after photography. **You do not need to return the order form if you order online.**
- Sibling Orders:** For a special photo of you children together, collect a Sibling Order Form from the office or download it from the SchoolPix website and return it by photography day. Alternatively Order Online by **10am** on photography day.

Remember: All orders placed online will receive a free 20cm x 25cm black and white portrait print.



PO Box 5222, Hallam VIC 3803 Ph: 1300 766 055 Email: info@schoolpix.com.au



RACV Street Scene incursion Year 2 and Year 4

All the students in Year 2 and Year 4 were visited by Robyn from the RACV Street Scene education program on Monday.

Robyn had some very important messages for us about:

- how we can be safe when crossing the road
- what some common road signs mean
- the important of wearing a bicycle helmet when riding a bike
- the importance of wearing a seat belt at all times in the car
- using a booster car seat if our height is under 145 cm so that the seat belt fits us properly.

If you would like more information about the use of child restraints in cars and other general safety information when it comes to children and roads or travel, please visit

<http://www.racv.com.au/wps/wcm/connect/racv/Internet/Primary/road+safety/child+safety>



That's the Sound the Street Makes picture story book

That's the Sound the Street Makes is an engaging picture book for children aged four to eight years of age that focuses on road safety. It follows the story of Ella on her journey to school with her sniffing Dad as she reminds him how to be a responsible and safe pedestrian. The book is provided by the Transport Accident Commission (TAC), VicRoads and the Department of Education and Training and is written by Danny Katz and illustrated by Mitch Vane. Each student in Foundation will receive a copy of *That's the Sound the Street Makes* this week. It is also available to be downloaded for free from the App Store and Google Play (search for VicRoads). It would be wonderful for families to read and share this story together so that we can all be as safe as possible on the streets and roads of our community.

Mrs Trypis



Treating and controlling headlice

health

While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.

Catching head lice

Head lice have been around for many thousands of years. Anyone can get head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

Finding head lice

Many lice do not cause an itch, so you have to **look carefully to find them**.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can't be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

- Step 1** Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.
- Step 2** Now comb sections of the hair with a fine tooth, head lice comb.
- Step 3** Wipe the conditioner from the comb onto a paper towel or tissue.
- Step 4** Look on the tissue and on the comb for lice and eggs.
- Step 5** Repeat the combing for every part of the head at least four or five times.

If lice or eggs are found, the hair should be treated.

If the person has been treated recently and you only find empty hatched eggs, you may not have to treat, as the empty eggs could be from a previous episode.

Treating head lice

Treating head lice involves removing lice and eggs from the hair. There are two ways you can do this:

1. Buying and using a head lice lotion or shampoo, following the instructions on the product
2. Using the conditioner and comb method (described under 'finding head lice') every second day until there have been no live lice found for ten days.

If you choose to use a head lice product always read and follow the instructions provided with the product carefully. The following points may also be helpful:

- Head lice products must be applied to all parts of the hair and scalp.
- No treatment kills all of the eggs so treatment must involve two applications, seven days apart. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.
- Cover the person's eyes while the treatment is being applied. A towel is a good way to do this.
- If you are using a lotion, apply the product to dry hair.
- If you are using a shampoo, wet the hair, but use the least amount of water possible.
- Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

There is no need to treat the whole family - unless they also have head lice.

Concentrate on the head - there is no need to clean the house or the classroom.

Only the pillowcase requires washing - either wash it in hot water (at least 60°C) or dry it using a clothes dryer on the hot or warm setting.

Testing resistance

Head lice products belong in one of the following categories depending on the active compound they contain:

- pyrethrins
- synthetic pyrethroids (permethrin, bioallethrin)
- organophosphates (maldison or malathion)
- herbal with or without natural (non-chemical) pyrethrins.

Insecticide resistance is common, so you should test if lice are dead. If they are, treat again in seven days using the same product. If the lice are not dead, the treatment has not worked and the lice may be resistant to the product and all products containing the same active compound. Wash off the product and treat as soon as possible using a product containing a different active compound. If the insecticide has worked, the lice will be dead within 20 minutes.

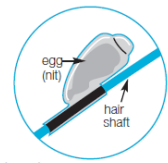
Any head lice product could cause a reaction and should be used with care by women who are pregnant or breastfeeding, children less than 12 months old and people with allergies, asthma or open wounds on the scalp. If you are unsure, please check with your pharmacist or doctor.

Head lice combs

Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective, however, any head lice comb can be used.

Head lice eggs

Head lice eggs are small (the size of a pinhead) and oval. A live egg will 'pop' when squashed between fingernails.



Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

Regulations

According to the Public Health and Wellbeing Regulations 2009, children with head lice can be readmitted to school or children's service centres after treatment has commenced.

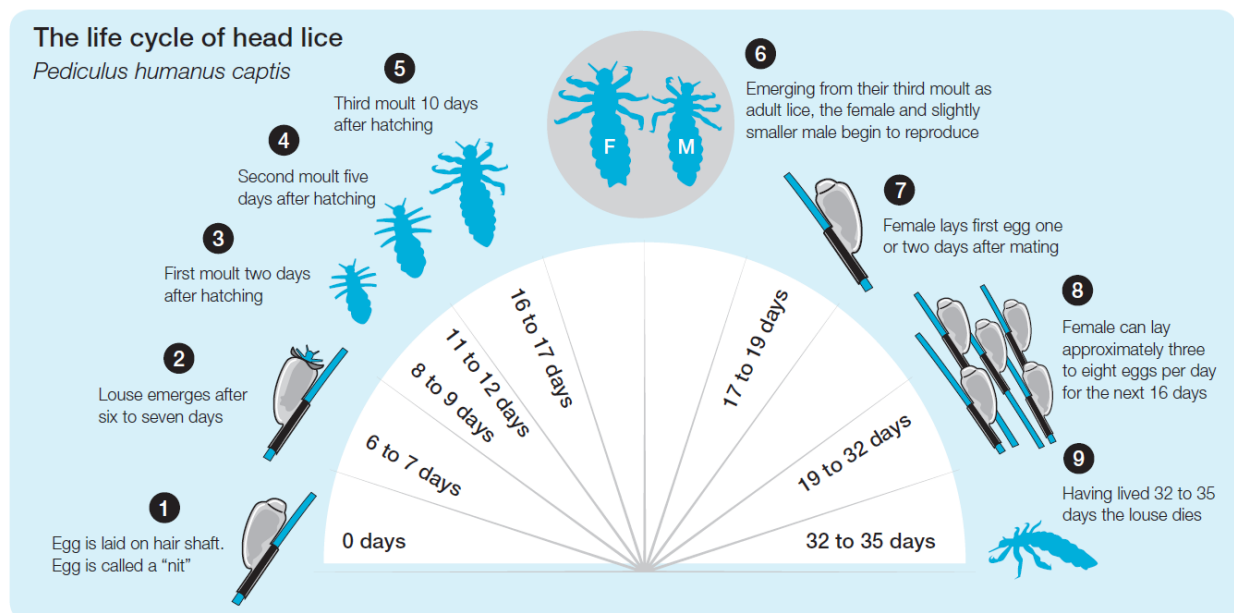
The department recommends a child with head lice can be treated one evening and return to school or children's service centres the next day, even if there are still some eggs present. There is no need to miss school or child care because of head lice.

Preventing head lice

Check your child's head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

Further information

The following website offers further information:
www.health.vic.gov.au/headlice



The information in this pamphlet is based on the research conducted and written by Associate Professor Rick Speare and the team of researchers at, School of Public Health and Tropical Medicine, James Cook University.

Cover concept by students from St Patrick's Primary School, West Geelong. Life cycle diagram courtesy of Nitpickers Qld.
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Street Scene

RACV



Traffic Safety Education for Primary Schools

RACV helps to teach children about road safety through the Street Scene program by providing qualified and specifically trained teachers to visit schools.

These Traffic Safety Educators assist with classroom activities and in planning traffic safety education programs. As part of the RACV Street Scene program your child has taken part in a traffic safety session with their class.

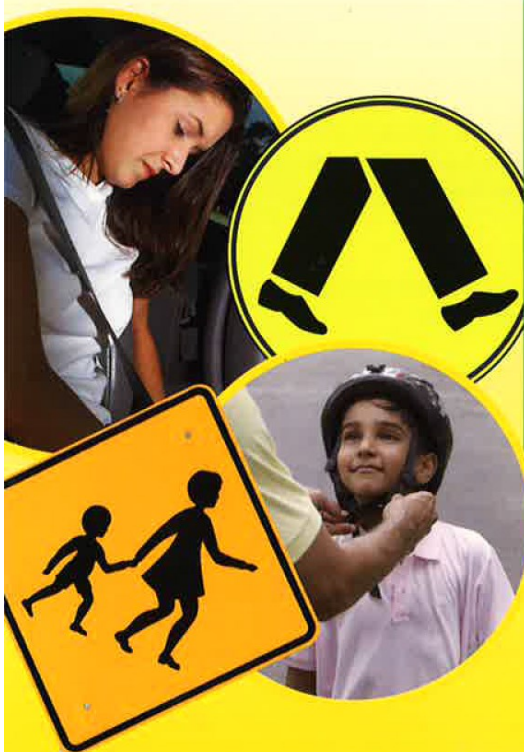
Parents and carers are role models - is someone watching you?

Beyond the classroom, children often look to celebrities and sporting heroes as their role models, but when it comes to traffic safety the example set by parents and carers is vital.

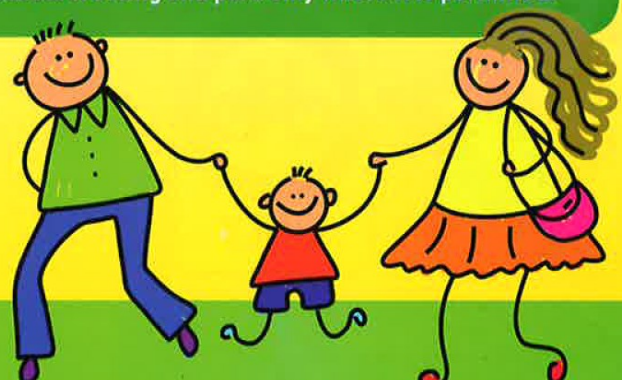
Your behaviour as a road user can shape your child's behaviour now and in later years (and you know they're watching!).

Tips for being a traffic safety role model

- 1 Practice safe crossing methods – use pedestrian crossings when available, wait for the signal to cross at traffic lights, cross only when it is safe to do so and hold hands with children.
- 2 Make it a rule to always put on your seat belt before driving off no matter how far you are going and drive safely.
- 3 Take care when using public transport, particularly if crossing roads while getting on and off buses and trams.
- 4 Wear a helmet and bright coloured clothing when riding bicycles, scooters, skateboards and rollerblades.
- 5 Take care when dropping your child off at school or picking them up. Use the school crossing and park only where it is permitted.



keeping kids safe



Street Scene



STOP, LOOK, LISTEN AND THINK

Help your child learn how to cross the road safely and use pedestrian crossings when they are available. When using roads children up to about the age of 10 should be with an adult and younger children should always hold hands with an adult when crossing roads.

Activities for when out walking



Reinforce that your child should always choose a safe place to cross and then:



Planned walks

While out walking - help your child to make decisions about where to walk, where to cross and when to cross. Have them explain their reasons (remember to look for opportunities to give positive feedback).

Spot the sign

Use the opportunity while out walking to look for different road signs and discuss with your child what each sign means.

Talk about Traffic Safety

Use the opportunity while driving to and from school to talk about why it is important for everyone to always wear a seat belt, and why it is safer for children to be in the back seat and use the kerbside or 'safety' door when getting in and out of the car.

Running commentary

Talk about what is happening during the journey such as what other road users are doing, what hazards/dangers there are and what road rules apply. This will help your child to develop their skills in spotting hazards in the road environment.

Permission is granted to schools to reproduce any of this material for educational use. Permission must be obtained from RACV Public Policy Department to reproduce any part of the material for use in any other way.



keeping kids safe

RACV Traffic Safety Education Programs

Tel (03) 9790 2924 Fax (03) 9790 2629 www.racv.com.au



God will help us bear fruit



3rd Sunday of Lent, Year C

Jesus told his followers the story of a fig tree that would not bear fruit. The gardener said he would try hard for one more year to help it grow. God wants us to try hard so that we too can grow, and 'bear fruit'. What are four things you can do during Lent that help you be a better Christian and bring you closer to Jesus?



Gospel Lk 13:1-9

Some people arrived and told Jesus about the Galileans whose blood Pilate had mingled with that of their sacrifices. At this he said to them, 'Do you suppose these Galileans who suffered like that were greater sinners than any other Galileans? They were not, I tell you. No; but unless you repent you will all perish as they did. Or those eighteen on whom the tower at Siloam fell and killed them? Do you suppose that they were more guilty than all the other people living in Jerusalem? They were not, I tell you. No; but unless you repent you will all perish as they did.'

He told this parable: 'A man had a fig tree planted in his vineyard, and he came looking for fruit on it but found none. He said to the man who looked after the vineyard, "Look here, for three years now I have been coming to look for fruit on this fig tree and finding none. Cut it down: why should it be taking up the ground?" "Sir," the man replied "leave it one more year and give me time to dig round it and manure it: it may bear fruit next year; if not, then you can cut it down."'



Jesus told parables to help his followers understand his teachings more clearly. Can you draw pictures from three different parables?

