



OUR LADY'S SCHOOL NEWSLETTER

16 August 2018

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times: Saturday 6:00pm
Sunday 9:00am, 10:30am & 5:30pm
School Phone: 9312 2230
School website: www.olsunshine.catholic.edu.au
Our Lady's is a Child Safe School

And if he sins against you seven times a day, and returns to you seven times, saying, 'I repent,' forgive him. Luke 17:4

DATES FOR THE DIARY

Fri 17 Aug

Book Week 2018 'Find Your Treasure'

District Athletics

Mon 20 Aug

Gr 5 NGV Excursion

Thurs 23 Aug

Matt Glover (cartoonist) working with classes for Book Week

Fri 24 Aug

Book Week Parade

2.30pm AOM Assembly

Mon 27 Aug

Gr 3 CERES Excursion

Wed 29 Aug

Grade 6 Leadership Day

Thurs 30 Aug

Father's Day Stall

Fri 31 Aug

Gr 6 NGV Excursion

2.30pm Father's Day Assembly

Sun 2 Sept

Father's Day

Mon 3 Sept

Kath Murdoch Parent Session
7.00pm

Tues 11 Sept

Fete Committee Meeting
6.30pm Hall Kitchen

Wed 12-Fri 14 Sept

Year 5 Camp

Fri 14 Sept

Parish Movie

Fri 21 Sept

Our Lady's Show Day

End of term 3 at 3.15pm

Sat 24 Nov

Shopping Tour

SACRAMENTS

Reconciliation (Year 3)

Thurs 6 Sept 7.00pm

Confirmation

(Year 6)

Fri 16 November 7.00pm



Dear Parent,

I hope you have had an opportunity to get out and enjoy those precious rays of sun that shone through out this week. They were the first hint that Spring is just around the corner. Yesterday, Wednesday the 15th of August, we celebrated the Feast of the Assumption, a Holy Day of Obligation for the Catholic Church. It reminds us that Mary was a woman of steadfast faith in God, who lived her life in devotion to Christ. It is always wonderful when School and Parish come together. I would like to particularly thank Father Peter for his homily which inspired us to think more deeply about Mary's love for us, Ms Kriss Oliver (RE/Learning and teaching Leader) who organised the Mass, all the children who read during the Mass and the wonderful Year 5 choir who sang so many beautiful songs of thanks and praise to Mary, Our Lady.



Last night the Fete Committee met to continue with the organisation of the Fete scheduled for Saturday the 30th of March 2019. In order to run a successful Fete it takes planning and dedication to regular meetings. I sincerely thank those who have committed to seeing this endeavour through and for giving the school one of the most precious gifts (apart from their talents and expertise) and that is their time. The meeting was filled with the positive buzz of ideas and I believe we have worked out a clear pathway from which to move forward smoothly.

The fete will coincide with the 100 Year Birthday of Our Lady's School which will make it extra special. We have much to celebrate and the fete will be one of many events that will be organised to honour this great milestone in the history of our beautiful school.

Please feel free to join us at our next fete meeting on Tuesday the 11th of September at 6:30pm in the Hall Kitchen, we would love to see you!



PRAYER FOR THE ASSUMPTION OF MARY



Almighty and everlasting God, You have taken up body and soul into the heavenly glory the Immaculate Virgin Mary.

Mother of Your Son: Grant, we beseech You, that, ever intent upon heavenly things, we may be worthy to be partakers of her glory.

Through Jesus Christ Your Son, our Lord, who lives and reigns with You and the Holy Spirit, One God, forever and ever. Amen.

Library News

A big thank you to Mrs Toni Balbata for organising the 'Book Fair' and transforming our Library into a treasure trove of books.

Thank you to the many parents who have purchased books and in doing so have raised money for the school which will be used to purchase some new books for our library. As it stands we have sold \$1000 worth of books so far!

The theme for this year's 'Book Week' is 'Find the Treasure' and Mrs Balbata has transformed our library to reflect this theme with treasure chests, a pirate, gold and most importantly of all with loads of precious books; the greatest treasure of all.



Book
Week
Parade

BOOK WEEK PARADE - NEXT FRIDAY 24 AUGUST

All welcome to join us as each class parades around all dressed up in the 'Find Your Treasure' theme as we celebrate Book Week at Our Lady's on Friday 24 August at 9.00am in the School Hall.



INVITATION

Our Lady's Primary School
Exhibition

Dates: 19 August – 2 September

Granary Café,
2 Devonshire Road, Sunshine.

Come and celebrate the opening
of the exhibition
Monday 20 August
4.00 – 6.00 pm



ALL WELCOME

www.gallerysunshine.com



Information: Maureen Ryan mryan@gallerysunshine.com Tel: 0412 218 974

Granary Café opens 8.00 am — 5.00 pm daily and dinner Fri — Sat.

Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au



Grade 1 at Werribee Mansion





Book Week Parade

**Friday 24th August at 9.00am in
the Hall**

***Our Book Week Parade is fast approaching. The theme for
2018 is 'Find Your Treasure'***

*Ideas: pirates, treasure chest and coins, books as treasures,
maps with treasure marked, Treasure Island book, Pie Rat
books, Gulliver's Travels ...*

The following websites have great ideas:

Book Chook Book Week ideas

Teacher Starter Book Week

Mrs Macs Library



**All welcome to join us as each class parades around the Hall all dressed up as we celebrate
Book Week at Our Lady's on Friday 24 August at 9.00am.**

Sustainability in Action

400 Plants Later

At the end of last term the grade 5 children planted 400 native plants at the nearby Kororoit Creek. With our own science leader Ms Joanne McManus leading the children in learning, the planting was by led by local group The Friends of Kororoit Creek and Melbourne Water. This was possible thanks to a grant we received for the plants, site preparation etc to do the planting. These plants will form part of 1200 plants that Our Lady's, St Theresa's and Mother of God Primary schools have planted along the creek over a two week period. A great combined effort to build habitat for our local birds, insects and animals.



As a school we look further to continuing this work on a yearly basis, applying for funding with our existing partners and extending the area we planted over the coming years. This will give the children a personal contact to the local area.

Perhaps the day was best summed up by our children who said:

'I felt great as I was helping the earth by planting trees', Eva

'All of us grows with a heart just like a plant grows with a seed. We are all part of the community', Yvonne

'When a seed is planted a tree will grow', Eugenna.

Greg Woolford
Family School Partnerships





DONATIONS FOR ITIME



DO YOU LOVE CATS AND DOGS?
DO YOU WANT TO HELP ANIMALS IN NEED?

The kittens and puppies at The Lost Dog's Home need your help!



Do you have a bunch of old towels, blankets, cat
and dog toys in your house?



Myumi and Georgia in 3E will take them off your hands
and donate them to the animals at the Lost Dog's Home.

For the towels and blankets: please no shreds and stains on them and
make sure they have been washed and dried.
Only quality/working toys please.



insights



Fathering daughters

by Michael Grose



5 practical tips for dads on how to be a great father.

A father's influence lasts a lifetime, and it is an important compliment to the mothering role. More and more research is confirming that a female's sense of worth as a woman, is commonly rooted in her experience with her father.

Fathers affect the lives of their daughters in intriguing ways. Including her academic and vocational path, her career success and financial well-being. The well-fathered daughter is also the most likely to have relationships with men that are emotionally intimate and fulfilling, and have better emotional and mental health.

Here are five tips to help you be a great father to your daughter.

1. Make the connection

One of the most natural ways a father can make a connection with his daughter is through purposeful physical affection. A hug, shoulder squeeze or a kiss on the cheek helps to create an emotional bond with daughters who desperately crave these displays of affection. This is great news for fathers, because if you can't find the words to say it then you have a second opportunity to show it through physical gestures.

Studies have proven that physical touch makes us feel better both physiologically and psychologically. But children — especially daughters — need more than just everyday gestures given in passing. When a girl's need for affection is met by her father it has a protective measure on her future sexual relationships.

When fathers can have a purposeful physical relationship with their daughters, which is done in a way that supports her feelings of safety and connection, it can also help to stress-proof them. When girls are given opportunities to be involved in physical play outside the house and in outdoor activities, they begin to understand the skill of risk-taking. Girls who are treated too softly and are not provided with opportunities to experience risk, are left in a vulnerable position.

2. Invest in her

As a father, you can appreciate your daughter for who she truly is. Help her to identify her unique qualities and value them.

Avoid investing in who you think she should be. This can happen when fathers feel like they don't understand their daughters. Remember, this can happen easily as girls tend to morph into what is expected of them rather

than excel towards who they truly are. Instead, do whatever it takes to try to understand her. Spend time together, share stories and experiences. Give her opportunities to show her true self, and this will strengthen the relationship.

Be there and be engaged. Get off the bench and into the game, be enormously present and don't let anyone dull her spark

3. Watch your language

The language you use when talking to girls matters. Everything that is said can be taken very seriously and to heart by your daughter. Thoughts and comments are easily internalised, amplified and exaggerated.

Differentiate being pretty from being beautiful. Prettiness is not a good thing to stay to a girl, even if she is. Being told she is pretty teaches her to start to trade on her looks and she will expect people to say that. Beauty and attractiveness are not pretty, and it is really important to differentiate those when talking with your daughter. Praise her for the values and characteristics she has which make her beautiful.

4. Provide warmth

Fathers need to find their softer side when dealing with their daughters, to help them open up and share and provide an emotionally safe place for them. When fathers are called upon to give corrections or direction, they can do this in a warm and loving manner that she will positively respond to. Offer your strength to your daughter in a different way than you would to a son.



5. Be a positive male role model



As a girl tries to figure out what men are like, the first one she watches is her father. He can be one very significant example of a man who is consistent, trustworthy, and sensitive to feelings, who places his family at a high priority in his schedule, who keeps his promises, and who invests his energies in the lives of those around him. As her father, you play a large role in showing your daughter what a proper, respectful male response sounds and feels like.

Treat her mother and her sisters with the same respect. As a father, you have many choices about how to use your influence in a positive and empowering way.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children. Michael regularly appears in the media throughout Australia in programs including The Project, The Today Show and ABC radio.

Whoever eats this bread will live forever



20th Sunday in Ordinary Time, Year B

Gospel Jn 6:48-51

Jesus said to the crowd:

'I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you.

Anyone who does eat my flesh and drink my blood

has eternal life, and I shall raise him up on the last day.

For my flesh is real food and my blood is real drink.

He who eats my flesh and drinks my blood lives in me

and I live in him.

As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me.

This is the bread come down from heaven: not like the bread our ancestors ate: they are dead,

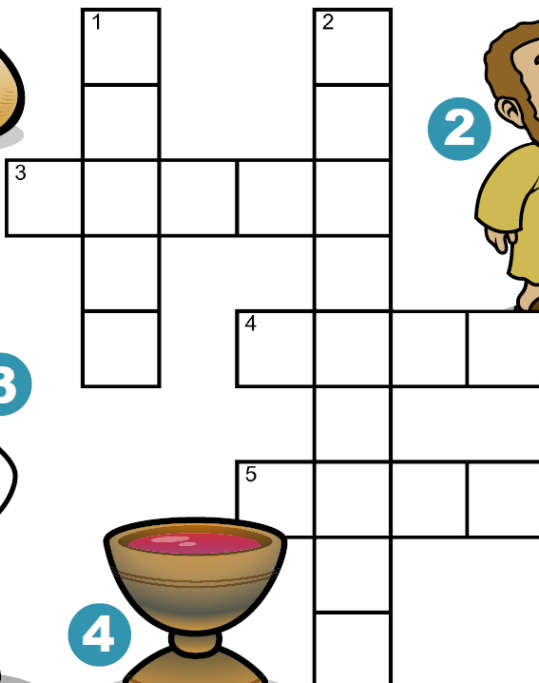
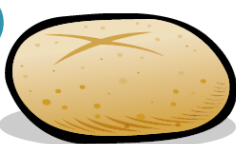
but anyone who eats this bread will live for ever.'

The special food and drink we have at Mass is Jesus' flesh and blood. Draw a picture of the priest blessing the bread and wine at the altar.



Can you complete this crossword puzzle? It uses pictures as clues instead of words!

1



2



3



4



5

