

OUR LADY'S SCHOOL NEWSLETTER

31 October 2019

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times: Saturday 6:00pm
Sunday 9:00am, 10:30am & 5:30pm

School Phone: 9312 2230

School website: www.@olsunshine.catholic.edu.au *Our Lady's is a Child Safe School*

'In his hand is the life of every living thing and the breath of all mankind' Job 12:10

DATES FOR THE DIARY

Fri 1 Nov

All Saints Day 8.45am P&F Meeting

Sat 2 Nov

All Souls Day

Mon 4 Nov

Report Writing Day - no school

for the children

Tues 5 Nov

Melbourne Cup Public Holiday - no school for the children

Wed 6 Nov

Gr 2 Excursion Werribee Zoo

Thurs 7 Nov

2020 Foundation Transition

Session 2.00-2.45pm

Fri 8 Nov

Year 6 Confirmation Prayer Day

Mon 11 Nov

Remembrance Day

Tues 12 Nov

2020 Foundation Transition

Session 2.00-2.45pm

Mon 18-Fri 29 November

Whole School 10 Day Intensive

Swimming program

Tues 3 Dec

2020 Foundation Transition

Session 2.00-2.45pm

Wed 11 Dec

Step Back in Time Performance

7.00pm Quin Auditorium
Mon 16 Dec

NION TO DEC

Graduation Mass for Gr 6 at

5.45pm

Tues 17 Dec

Last Day of 2019

11.30am Final Mass

3.15pm School finishes for 2019

SACRAMENTS

Fri 15 Nov

7.00pm Confirmation

Dear Parent,

Last Friday we celebrated World Teachers Day and at Our Lady's School the teachers and staff have the upmost care for your child/children. They are all dedicated to making sure that the children love coming to school, love learning and feel safe and cared for. I'd like to say thank you to the Our Lady's staff for their ongoing dedication to the children of Our Lady's School.

During this time of year the school is also making important decisions which shape 2020. Staffing and the formation of classes for 2020 have been at the forefront of our work. Our orientation day this year is on Monday the 16th of December at 12.00pm. This will be an opportunity for your child to meet their teacher for 2020 and also their new class mates.

A reminder that there will be no school for the children on Monday the 4th of December (Report Writing Day) and Tuesday the 5th of November (Melbourne Cup Holiday).

Staff Update

As you know earlier in the year our maintenance man Steve had a fall from a ladder and injured himself. I am happy to say that Steve is now back at school and his leg is expected to heal completely. Below you can see a picture of myself and John Payne who has been working as our maintenance man throughout this term and last. John has done an excellent job and the school grounds are a testimony to his hard work and dedication. We were blessed to find John who at all times made sure that anything that was broken or not working properly was attended to. Today is John's last day as our maintenance man.

We wish him all the very best as he goes back to his life of retirement and sincerely thank him for the wonderful job he did while Steve

was away.

Thank You!

John Payne



All Saints and All Souls Day Prayer

On November 1 we honour all the saints. We are called to be holy. On November 2 we remember those who have died. They have gone to be with God.

God, Father, Son and Holy Spirit, today we honour all the saints who have loved you and loved others. We honour Saint Mary, Saint Joseph, Saint Mary of the Cross MacKillop, Saint Eugene de Mazenod and all the saints. Help us to follow their example and to live as your people each day of our lives.

We pray for all the people who have died. We are very sad when someone dies, but we know they are in heaven with you. Be with the families and friends of those who have suffered the death of someone they hold dear. Help them to feel your presence and love in their time of sorrow and to know that we care. Amen



School News

Next year Our Lady's school will be reviewed. Every four years schools in the catholic sector are reviewed. Every aspect of schooling is closely looked at and the school is asked to report on how well they have been able to achieve the goals set back in 2016; which was the year of our last review. The review will involve feedback from students, staff and parents and data and evidence to support the findings. The review will be held during the week beginning the 20th of April and will be conducted by an independent school reviewer. As the review has been scheduled for early in the school year we will need to have our school closure days earlier so that the staff can meet and prepare all the required documents for the review. We can confirm some of these in this newsletter.

Parent Advisory Board

Throughout this year Mrs Christine Carabott and myself have had the pleasure of meeting with the Parent Advisory Board. I would like to thank all the board members for their ongoing support, their willingness to

enter into dialogue about school matters, their generosity in sharing their expertise and ideas and last but not least for giving up their precious time to regularly attend the meetings. They have provided the parent voice and have influenced so many aspects of our school. You have contributed to school improvement and innovation. A big thank you to you all and I hope to see you and some new faces back in 2020.





DATES FOR 2020

Tuesday 28 January Staff back at school

Wednesday 29 January Getting To Know You Sessions Day 1
Thursday 30 January Getting To Know You Sessions Day 2

Families will attend a time on one of these two days to meet their 2020 teacher.

Friday 31 January Classes begin for all students Foundation to Grade 6 8.45am-3.15pm

Monday 4 February *Professional Development Day for Staff (Literacy Focus)*:

No school for the children

No school for the children

Wednesday 19 February Professional Development Day for Staff (Review planning):

No school for the children

Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au



EXTEND UPDATE.

Monday	Tuesday	Wednesday	Thursday	Friday
Let's make play dough	Science quiz	Cooking	Art and Crafts	Music and dance



The Extend Superstar is...

Georgia for using positive language, being respectful and assisting others in need of support at all times. Well done %

What's Been Happening?

Children have had a great week, from playing indoor soft ball games and contributing to creating colourful and informative art and craft posters in our room. We began our term 4 enrichment program and children enjoy learning AUSLAN. We can now sign many words including hello, goodbye, thank you, please, book, house and sign the numbers 1 to10. If you have any further queries, please do not hesitate to come see us. Have a lovely week and we look forward to your input in planning more fun and rich experiences throughout the term. Families, just a reminder if your children have any preloved books and games you no longer need at home, please consider donating to us here at extend after school care





Enrol and book now: extend.com.au

Children NO	OT returning to Our Lady's School in 2020
Family Name:	
Child/children's names	
1	2019 Grade:
2	
3	2019 Grade:
4	2019 Grade:
Name of our new school:	
	And / Or
Our new address:	
Signed:	(Parent)
Please retur	n this form to the office as soon as possible





HAVE A BLAST. BE PART OF THE CREW!

Get into Woolworths Cricket Blast. It's a fun and active program for kids of all abilities – whether it's your first time with a bat or you're a backyard cricket star!

REMEMBERANCE DAY 2018

The Sunshine RSL has provided the school with the following items for Remembrance Day

11 November 2019. All are available at the Office







\$3.00 bracelet



\$4.00 bag tag

Celebrating 100 Years of Catholic Education 1919-2019 6 Mad About Science Grade





























parenting *ideas

insights

Video Games: the good, the bad and getting the balance right

by Martine Oglethorpe



Video games tend to get a bad rap from parents and the media. There's the fear of your child being locked away in their room for hours on end, inhabiting a virtual world that removes them from family, friends, school work and anything resembling reality. Then there is the fear of what someone might do following a session of first-person shooting, blowing up cars and taking out snipers with an AK47. Not to mention the seemingly wasted hours spent staring at a screen.

Without doubt there is some substance to some of the fears around gaming obsessions and violent behaviours. However, like many elements of the modern world, the negative impacts are often affecting only a very small minority and often these are in the extreme.

It is safe to say that many, many young people can play video games in a way that benefits their physical, social and emotional wellbeing. Like most things, when game playing is done with balance and perspective, it can actually be a most productive way for a young person to spend their time.

The benefits of video games

Cognitive and physical benefits. There are lots of great skills developed when playing video games. Analysing, thinking, problem solving, creating, team work and collaboration form the backbone of many games. Spatial awareness and hand-eye coordination skills, many of which can be transferred to the real world, are an added benefit. Many workplaces and training institutes use games to simulate real-world situations and the medical field is increasingly using forms of gaming to help with physical and neurological disorders.



Social and emotional benefits. Many kids who struggle to fit in at school, or don't make the sports teams, often feel a real sense of belonging, connection and achievement when playing video games. For those who find it difficult to shine in mainstream environments, gaming can be a great way for them to boost their self-esteem and sense of identity in a space that offers comfort, connection and control.

Thinking outside the box. Many games encourage players to think outside the box, take risks and critically analyse a situation. There is a lot of trial-and-error required in many games and this helps to develop players'

parenting *ideas

persistence in problem solving tasks as they strive to get to the next level, the next world or create the next big city.

Stress release. There is certainly an element of stress release that many games provide for young people. After a long day at school it can be a welcome relief to immerse yourself in a game that allows you to switch off a little.

Keeping it under control

Of course these benefits won't eliminate the concerns many parents have about game playing, especially of online games. So what are some things we can do as parents to help keep it under control?

Look at your individual child. Are they coming to the dinner table without a fight? Are they coming to the table without bringing their device? If they are struggling too much in any of these areas over a long period of time, it might be time to make some changes.

Come up with time limits together. Discuss together what you think is fair based on the need to ensure they are striking the right balance and have enough energy for their other pursuits. While your child is young, give them a warning ahead of when you want them stop so they have time to finish whatever they are creating or whatever level they are at in their game. This helps them to get better at regulating their time.

Play a game with your child. It is much easier to make rules and boundaries around something that you understand and that they know you understand. Play a game with your child to get a feel for what they enjoy about it, be witness to some of the skills they may be developing and enjoy some important bonding time with your child.



Remove headphones, particularly when younger children are playing online games with friends or where others are involved. That way you can have your ears pricked to any bullying, aggressive play or unwanted language.

So next time you are lamenting the time your child spends playing video games, remember that as long as you are able to come up with some rules and boundaries together, you will have a much better chance of keeping game playing healthy and beneficial. With the gaming industry growing rapidly and continually creating and providing for so many other industries, your child may well be working on the skills they'll need in their future career.



Martine Oglethorpe

Martine Oglethorpe is a speaker, counsellor and educator with a passion for building resilient kids in a digital world. Martine is available for student workshops focused on positive online behaviours, for teacher professional development on how the digital world affects what happens in the classroom and for corporate and parent information sessions. For more information head to her website themodernparent.net. Contact details: info@martineoglethorpe.com.au, themodernparent.net, facebook.com/themodernparent



Gospel Lk 19:1-10

Jesus entered Jericho and was going through the town when a man whose name was Zacchaeus made his appearance; he was one of the senior tax collectors and a wealthy man. He was anxious to see what kind of man Jesus was, but he was too short and could not see him for the crowd; so he ran ahead and climbed a sycamore tree to catch a glimpse of Jesus who was to pass that way. When Jesus reached the spot he looked up and spoke to him: 'Zacchaeus, come down. Hurry, because I must stay at your house today.'

And he hurried down and welcomed him joyfully.

They all complained when they saw what was happening. 'He has gone to stay at a sinner's house' they said. But Zacchaeus stood his ground and said to the Lord, 'Look, sir, I am going to give half my property to the poor, and if I have cheated anybody I will pay him back four times the amount.' And Jesus said to him, 'Today salvation has come to this house, because this man too is a son of Abraham; for the Son of Man has come to seek out and save what was lost.'

Complete the Text maze:

"The Son of Man has come to seek out and save what was lost."

START

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