



OUR LADY'S SCHOOL NEWSLETTER 18 February 2022 www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times:
English: Saturday 5.30pm, Sunday 9:00am, 10:45am & 5:30pm
Vietnamese: Saturday 7.30pm, Sunday 12.30pm
Chin: Sunday 2.30pm
School Phone: 9312 2230
School website: www.olsunshine.catholic.edu.au

Our Lady's is a Child Safe School

'Come, follow me,' Jesus said, 'and I will send you to fish for people.' At once they left their nets and followed him. Matthew 4: 19-20

DATES FOR THE DIARY

Wed 2 Mar Ash Wednesday
Mon 7 Mar School Photos
Mon 14 Mar Labour Day Public Holiday
Wed 6 Apr Last day of term 1 for students
Thurs 7 April: First Aid Training for Staff (Level 2, Anaphylaxis, CPR, Asthma). **No school for the children**
Friday 8 April: RE Professional Development with Fr Richard Leonard. **No school for the children**

Tues 26 Apr First day of Term 2

PLEASE TAKE NOTE OF THE 2022 SCHOOL CLOSURE DAYS

(students do not attend school):

Thurs 7 April: First Aid Training for Staff (Level 2, Anaphylaxis, CPR, Asthma)

Friday 8 April: RE Professional Development with Fr Richard Leonard

Wednesday 1 June: Literacy Focus Professional Development with Deb Sukarna

Thursday 23 June: Three Way Learning Conversations (students attend at their appointment time)

Monday 31 October: Report Writing

SACRAMENT DATES

Thurs Mar 10 7.00pm Reconciliation (Year 3)

Sun 22 May 10.30am Eucharist 4G

Sun 29 May 10.30am Eucharist 4H

Fri 29 July 7.00pm Confirmation (Year 6)

Dear Parents,

We began this year with great hope and have planned school events such as interschool sports, incursions and excursion, camps and many more. In spite of the fact that we have had to postpone some events I am very excited to see that many restrictions are being lifted and therefore the school can carefully return to a normal timetable.

I am very pleased to announce that this week our Year 5 and 6 students participated in the Inter-school sports for the first time in 2 years. I would like to thank the Year 5 and 6 students for the excellent way they represented our school not only did all teams play to a high standard but most importantly all teams (cricket, soccer, tennis, basketball) demonstrated excellent sportsmanship towards the other teams. You demonstrated the Our Lady's school value of *Respect* by the respectful way you treated your opponents and the Our Lady's school value of *Courage* which you showed while playing your sport.

On Thursday the Year 6 students went on an excursion to the Immigration Museum as part of their *Faith Life Inquiry Learning*. You can read more about this on page 2 of the newsletter.



The staff and I are very excited to announce that we hope to return to our pre-Covid timetable beginning on Monday the 28th of February. We are looking forward to welcoming all parents back into the school grounds during the morning drop off and afternoon pick up times. We ask that you remain in the schoolyard and not enter the buildings. I will be giving you further information in next week's newsletter.

In next week's newsletter I will be sending out information as to when we will have our Annual General Meeting to elect a new committee for the Parent Advisory Board and the Parents and Friends. I am awaiting the release of the new School Operations Guidelines which will come out next week so that I can confirm these meetings can take place.

Mon 21 Feb 2.30 Parents Helpers Session

Wed 23 Feb 7.00pm Foundation Parents Information Session

Fri 25 Feb 9.00am Parent Helpers Session



Come Holy Spirit Prayer

We pray to the Holy Spirit. We ask the Holy Spirit to help us.

We offer our prayers to the Holy Spirit who guides our hearts and our lives. May we have faith in God, who created us and all things. May we work for justice for all people. May we keep hope alive for ourselves and others. May we live in peace with one another in our world. May we witness to the teachings of Jesus Christ in what we say and do.

Come, Holy Spirit, into our hearts and our lives.



The Year 6 students will be inquiring into the following throughout this term:

Communities are formed and affected by their location and geographical features. We are called through the common good to respond with compassion, service and courage to geographical challenges. We form communities that have a unique culture, wisdom and knowledge embedded in them. This emerges through stories in our history. Understanding stories through many perspectives and experiences enriches our sense of self within local, national and global communities.

The excursion to the Immigration museum was used as an opportunity for students to develop their understanding of the influence of migration in forming our very unique and multicultural Australian identity.



The Year 6 students used the following Learning Assets during their excursion to the Immigration Museum:

Researcher

Collaborator

Thinker

Communicator

Inquirer

Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au



FI

Harry - For showing care and patience when handling the stick insect. You were such a great role model. Well done.
From Ms. Cam Tu

Nathan - For being an efficient Self-Manager ensuring that you are set up for the next activity and you waste no time to start your work. Keep it up! *From Ms. Cam Tu*

FJ

Biak - For being a great Self-Manager. You listen carefully and follow directions. That's what good learners do! Well done! *From Miss Wendy*

Tanishka - For showing the Our Lady's Gospel Value of Service. You help others and help keep our workspace tidy. Thank you Tanishka! *From Miss Wendy*

1K

Sang Cung C - for displaying the Our Lady's Gospel Value of Service by always offering assistance to your teachers and peers. Thank you for your kindness! *From Miss Shai*

Emily K - for sharing your impressive thinking when making connections in our inquiry this week. Keep on wondering! *From Miss Shai*

1L

Snowbery T - For making sharing amazing connections when thinking about your special place this week. You are a confident communicator! *From Miss Steph*

Brian N - For showing the Our Lady's Gospel of Service when helping others out around the classroom. Keep it up! *From Miss Steph*

2M

Justin C - For writing a beautiful and detailed description about his baby sister, and for always showing the Gospel Value of 'Respect' when interacting with teachers. Well done! *From Ms Frost*

Lucrecia C - For always being willing to help out others in the classroom, and for being super focussed on her work this week. Well done! *From Ms Frost*

2N

Evie H - For always being willing to share valuable thoughts and ideas during discussions. Keep it up! *From Mrs Mitchell*

Oscar W - For always remaining focused during reading time. You do not get distracted and you do not distract others. You are building your reading stamina! Well done! *From Mrs Mitchell*

3E

Kim B - For excellent learning in Mathematics! You listened brilliantly to the instructions. Keep up the great learning! *From Miss Karen*

Olivia T - For showing the Our lady's School Values of Peace and Respect when you help others log into different programs on the computer. Thank you Olivia! *From Miss Karen*

3F

Maya L - For showing increasing confidence to contribute to class discussions and attempting tasks independently. Keep up the great work Maya. *From Mr Josh*

Thien N - For being a Self Manager by organising your learning space each day. You are an independent learner but also work well with others. Well done Thien. *From Mr Josh*

4G

Gabbie W - For demonstrating responsibility by taking care of all school equipment, especially our Chrome books, and helping to maintain a positive learning environment. *From Ms Christine*

Saiyam S - For being such a great listener and a great friend to others! Keep up the great work! *From Ms Christine*

4H

Nina B- For being an active member of our classroom by participating in class discussions. And for trying your best at all times. *From Ms. Robles*

Chhazakhai C- For continuously developing your confidence by starting to participate during discussions. Keep it up! *From Ms. Robles*

5C

Nathan L- for working hard at all times, listening attentively, and contributing well during class discussions. Keep it up Nathan! *From Mr Membrey*

Evelyn L- for demonstrating great questioning skills during Inquiry, and presenting those ideas to the class during circle time. Well done Evelyn! *From Mr Membrey*

5D

Cade A - For his enthusiastic approach towards all his learning and inclusive attitude towards others. *From Mrs Muscat*

Bella D- For her responsible attitude to all her learning and her most cooperative and helpful attitude in class. *From Mrs Muscat*

6A

Nhien N: For displaying the Our Lady's School Gospel Value of Respect through her polite and courteous manner. *From Mr Wickham*

Amelia M: For giving 100 percent in all learning and completing tasks to a very good standard at all times. Keep up the good work Amelia! *From Mr Wickham*

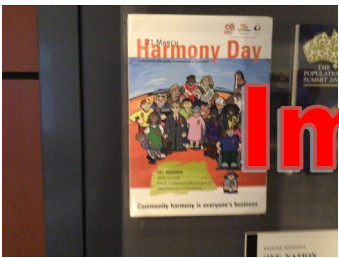
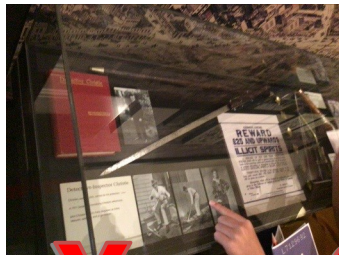
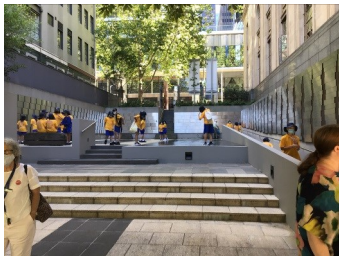
6B

Chloe F - For displaying the Learning Asset of 'Researcher' on our excursion to the Immigration Museum. You carefully investigated the different migration stories as we explored the museum. Well done! *From Ms. Gurry*

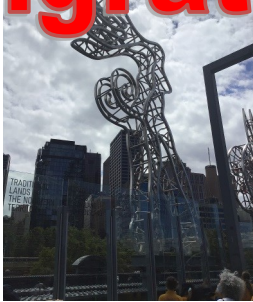
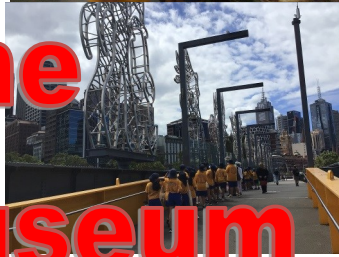
Jacqui M - For your excellent contribution to the group task during our excursion education session. You offered ideas about the personal story being investigated and used your initiative. *From Ms. Gurry*



Jay T 3F
Mr Matteo
Michael G 6A
Gerard F 6B
Eddy F 1L
Carry C 6B



Year 6 at the Immigration Museum



LENT

Next week we move into a significant liturgical season of our Church. A time of prayer, fasting and almsgiving, beginning on Ash Wednesday, Lent consists of 40 days of preparation for the great feast of Easter. It reminds us about the time when *'Jesus went into the desert to fast and pray'* before carrying out his public ministry. (Matt 4: 1-11)

For us, it is a time to grow closer to God in preparation for His suffering, death, and the celebration of His Resurrection, by soul searching and thinking beyond ourselves.

Traditions - especially those our children can see, hear, feel, smell and taste - provide vivid impressions upon which parents can build, year after year. Ask your children what their school focus of Lent is all about, and choose something to do together as family, that can become a part of your family's Easter heritage.

Check out my Seesaw posts where as family, you may like to build on your understanding of Lent, together.

Working together in light,
Ms Oliver
RE/Learning & Teaching Leader



INTERSCHOOL SPORT TERM 1 2022



ROUND	DATE	HOME/AWAY	AGAINST	VENUE
1	Feb 18	Home	Ardeer Sth	School & Parsons Reserve
2	Feb 25	Home	St Theresa's	School & Parsons Reserve
3	Mar 4	Away	Harvester	Harvester
4	Mar 11	Away	Albion PS	Albion PS
5	Mar 18	Catch Up Round		TBC
6	Mar 25	Away	Sunshine Nth PS	Sunshine Nth PS
7	Apr 1	Home	St Paul's	School & Parsons Reserve
8	Apr 8	NO GAME		SCHOOL CLOSURE DAY

Home Games: Basketball & Tennis played at school. Soccer & Cricket played at Parsons Reserve

Our Lady of The Immaculate Conception Parish Primary School

SchoolPix is coming to photograph on:

Monday, 7 March 2022

ORDER ONLINE AT WWW.SCHOOLPIX.COM.AU

Early Bird orders with free delivery to your school close on
Wednesday, 9 March 2022.

A postage fee will apply for orders placed after this date.

Sibling orders must be placed prior to 8am on photo day.

Misplaced your order flyer? Please visit www.schoolpix.com.au and use the student search to find your child's order number or contact our Customer Service team on 1300 766 055.

Please note: Cash orders will not be accepted



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IMPORTANT REMINDER
Monday 7th of March
School Photo Day



Monday 7th March we ask you to make sure you wear the correct summer uniform as shown below. If your hair is shoulder length or longer it must be tied back. Make sure that if you put a ribbon in your hair it is either white, yellow or blue, the school colours.

Don't forget to also bring your best smile to school.

WHAT TO WEAR: ✓



WHAT NOT TO WEAR: ✗



No skivvies, runners, long pants, tunics or leggings under dresses



SNAGS AND SNORKELS

FREE EVENT

INTRODUCTION TO SNORKELLING-COME AND TRY.

Where: Jawbone Marine Sanctuary, Williamstown 118-124 Crofton Drive,

When: Sunday 20th February, 2022

Time: 9.30-1.30pm

10.00-1.00pm Free SNORKELLING INSTRUCTION (8yrs plus)

FREE SAUSAGES

Join us for a fun day out.

Some Teachers will attend but it is not a school event

Dive 2 U instructors will take 40 people snorkeling. (Gear provided, 1st in best dressed registration).

This family/ community event by the sea will be hosted by the Jawbone Marine Sanctuary Care Group.

Greg our Family Partnerships Leader (0409823186) is a member of J.M.S.C. Group.

FAMILY FRIENDLY

BYO-Beach gear (Snorkels/mask/fins /wetsuit if you have them)

***CHILDREN ARE TO BE SUPERVISED BY PARENTS AT ALL TIMES.**

THIS IS NOT A SCHOOL EVENT BUT WE WOULD LOVE YOU TO TAKE YOUR CHILDREN

Please don't attend if you are feeling unwell/ Covid safe practices will be used

NOTE-We will update school Friday afternoon if weather requires cancelling the event



ENQUIRE NOW

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How independence-building is the pathway to your child's resilience

by Michael Grose

Parents and teachers often ask me how to build resilience in kids.

My response is always the same: "Start by building independence and resilience will follow."

Here's how.

Children are hardwired for independence

Some time around the age of fifteen months, give or take three months, most children will make a strong case for self-sufficiency. They demand to do things their own way. This demand is soon backed by a strong voice – "NOOOO!" – and then more articulate cries of "I can do it!" as their third birthday approaches.



This is the time to harness your child's push for independence and self-sufficiency. Their desire for independence and mastery over their immediate environment will see most children take incredible physical risks in the form of play and exploration of that environment. Concerned parents will naturally minimise risks by moving furniture around, keeping doors closed and hiding sharp implements, to name a few protective measures.

But parents can't eradicate all risks. Kids will fall and hurt themselves – but they'll also get up and go again. In time they'll learn to assess situations, stare down their fears and test themselves out in new situations. Falling down, brushing yourself off and trying again is part of the natural learning experience for most young children. Parents don't have to do much more than assess a situation for real dangers, then stand back and allow their kids to explore their environments, pulling them up only when their play and explorations transgress the rights and peace of others.



So what's this got to do with resilience?

Well, everything really. Independence is the pursuit of mastery over one's self and one's environment and rarely happens without mishaps and mistakes. It nearly always involves hurt, hardship, frustration and fear. That's where resilience comes in. Resilience is the art of bouncing forward after experiencing these hurts, hardships, frustrations and fears. Resilience is what comes from seeking out self-sufficiency and independence.

The language of independence

The fact that there's a whole genre of language devoted to resilience (mostly cloaked in cliché) is no accident. Terms such as "Get back on the bike/horse when you fall off", "Come on, brush yourself off and get on with it" or "What doesn't kill you makes you strong" are built into the psyche of past generations. Many parents today will cringe at these terms as they appear a little callous and out of touch. Conversely most current parents' relationship with risk and adventure – both required for independence-building – is very tenuous at best, non-existent at worst.

Therein lies the challenge. I haven't met a parent, carer or teacher who doesn't want the children in their care to develop resilience that will last a lifetime. Yet many of those same adults will block the pathway to children's resilience by over-indulging them, solving their problems and not giving them real responsibility. In doing so they deny kids the sense of mastery that comes from sorting out their own problems, getting themselves out of jams and getting up after a fall.



You can never love your children too much, but you can love them helplessly. That's what happens when we deny kids the opportunity to become truly independent and self-sufficient. Deny self-sufficiency and you block a child's resilience. Develop real independence and you open a pathway to resilience that will last a lifetime.

Find out how to develop real independence and resilience in your child in my latest book [Spoonfed Generation: How to raise independent kids](#).



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including [Thriving!](#) and the best-selling [Why First Borns Rule the World](#) and [Last Borns Want to Change It](#), and his latest release [Spoonfed Generation: How to raise independent children](#).



Love your enemies



7th Sunday in Ordinary Time, Year C

How can we love our enemies? Tick the best answers in the boxes below.



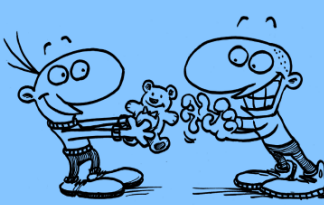
If someone slaps you on the cheek, do you...

- ☐ A: Slap them back
- ☐ B: Forgive them
- ☐ C: Call the police



If someone teases you and calls you names, do you...

- ☐ A: Throw a tantrum
- ☐ B: Find nice things to say about them
- ☐ C: Ask God to punish them



If someone wants to share your favourite toy, do you...

- ☐ A: Tell them to go away
- ☐ B: Let them play with it, but only for 5 minutes
- ☐ C: Let them have it for as long as they like



If someone is cruel and mistreats you, do you...

- ☐ A: Ask God to bless them
- ☐ B: Tell everyone how bad that person is
- ☐ C: Get even with them



Jesus taught us to forgive others. He even asked God to forgive those who crucified and taunted him. Write down three other occasions when Jesus showed love for those who were against him.

Gospel Lk 6:27-37

Jesus said to his disciples: 'I say this to you who are listening: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who treat you badly. To the man who slaps you on one cheek, present the other cheek too; to the man who takes your cloak from you, do not refuse your tunic. Give to everyone who asks you, and do not ask for your property back from the man who robs you. Treat others as you would like them to treat you. If you love those who love you, what thanks can you expect? Even sinners love those who love them. And if you do good to those who do good to you, what thanks can you expect? For even sinners do that much. And if you lend to those from whom you hope to receive, what thanks can you expect? Even sinners lend to sinners to get back the same amount. Instead, love your enemies and do good, and lend without any hope of return. You will have a great reward, and you will be sons of the Most High, for he himself is kind to the ungrateful and the wicked.'

'Be compassionate as your Father is compassionate. Do not judge, and you will not be judged yourselves; do not condemn, and you will not be condemned yourselves; grant pardon, and you will be pardoned.'