



OUR LADY'S SCHOOL NEWSLETTER

12 February 2021

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley

Principal: Ms. Patrizia Bertani

Parish Mass Times:

English: Saturday 5.30pm, Sunday 9:00am, 10:45am & 5:30pm

Vietnamese: Saturday 7.30pm, Sunday 12.30pm

Chin: Sunday 2.30pm

School Phone: 9312 2230

School website: www.olsunshine.catholic.edu.au

Our Lady's is a Child Safe School

Heal me, LORD, and I will be healed; save me and I will be saved, for you are the one I praise. Jeremiah 17:14

DATES FOR THE DIARY

Every Friday Assembly online at 2.30pm

Fri 12 Feb

Lunar New Year

Wed 17 Feb

Ash Wednesday

Wed 24 Feb

P&F AGM at 7.00pm

Wed 3 March

PAB AGM 7.00pm

Mon 8 Mar

Labour Day Public Holiday

Mon 15 Mar

School Photos

Fri 19 Mar

Yr 5 Eucharist

Mon 22 Mar

School Closure Day - Review. No school for the children

Thurs 1 Apr

End of Term 1 at 3.15pm

Fri 2 Apr

Good Friday

Sun 4 Apr

Easter Sunday

Mon 19 Apr

Start of Term 2 at 8.45am

Wed 21-Fri 23 Apr

Yr 6 Camp

Sun 25 Apr

ANZAC Day

Wed 28 Apr

Yr 3 Reconciliation

Thur 29 Apr

Yr 4 Reconciliation

Fri 14 May

Yr 4 Eucharist

Wed 23 June

Three Way Learning Conversations 3.30-6.00pm

Thurs 24 June

Whole school closure - Three Way Learning Conversations

Mon 26 & Tues 27 July

Whole School Closure - Staff Conference RE

Fri 12 Nov

Yr 6 Confirmation

Dear Parents/Carers,

It has been a wonderful week at Our Lady's where all classes have been focused on learning and continuing to build relationships. Our Foundation to Year 2 classes commenced Discovery Learning this week and our Years 3-6 classes started their learning preparation for iTime. Thank-you to all parents for supporting your child's successful transition back to school.



In addition, our Year 1 students started the week with a 'Daily Nutrition' incursion.

Some of our Foundation students and families met their teachers for their *Getting to Know You* times which are being held on Wednesdays during February. The Foundation classes for 2021 were finalised last Friday. Due to the COVID restrictions we faced last year, it was not possible to hold transition sessions where all the students come together. Our new process has worked extremely well and allowed the teachers to create the best possible balanced classes. Thank-you to all the Foundation families that have been coming to the appointment times.

Our Doctors and Nurses



Jesus, when you were on earth, you healed sick people, and those with pains and diseases. When people are very sick, they go to hospital where our nurses and doctors take care of them and help them to get better. Bless all who work at the hospitals, give them energy when they are tired and busy, help them not to worry when they are not able to make people better. Thank you, Jesus, for our doctors and nurses, bless them and those they care for. Bless their families.

School Review: 2020 was meant to be a Review Year for Our Lady's School. However, due to COVID-19, the review was postponed. Therefore, this year is our Review year. Schools are reviewed every 4 years and are asked to report on the impact they have made in the following areas of schooling: Religious Education, Leadership and Management, Learning and Teaching, Wellbeing and Community. Our Lady's staff will be finalising our review documentation on Monday 22nd March, which will be a School Closure day. Due to having new staff and a new reviewer we need to ensure all documentation are aligned and meet the review requirements.

Parent Helper Sessions: Due to the current COVID-19 restrictions, the Parent Helper Sessions are **postponed** until further notice. We will notify our parent community when this changes. We do look forward to welcoming parents in classrooms when our restrictions change.

Parent Involvement: we would like to encourage all parents to consider joining us and being apart of the Parent Advisory Board and/or the Parents & Friends Committees. Detailed information and nomination forms for both of these essential parent committees are detailed in this week's newsletter.



School Uniform

School Uniform: It has been wonderful to see so many students wearing the correct school uniform with pride. Thank-you to our parents for ensuring your child is wearing the uniform correctly.

It is timely at the start of the school year to mention several general uniform reminders:

- Runners to be worn on sports day only.
- All hair that is shoulder length or longer is to be neatly tied up/back.

Hair scrunchies should be plain or school colours.

- Earrings worn are only to be studs/sleepers for safety reasons.
- Uniform clothing needs to be worn neatly and be part of the accepted items (e.g. shorts, shirt, dress, jumper, sport uniform). Please see the Uniform flyer included in this newsletter.
- Throughout Term 1, summer uniform should be worn.

Life Education sessions: Life Education facilitators will be at Our Lady's next week. Therefore, your child will be a part of a learning experience in our school auditorium learning about a particular focus chosen by our teachers. The learning focus for each level is listed below:

Foundation - Harold's Friend Ship;

Year 1 - Ready, Steady, Go!;

Year 2 - All Systems Go;

Year 3 - Mind your Medicine;

Year 4 - All Systems Go;

Year 5 - Cyberwise;

Year 6 - Decisions



Assembly: Our assembly will continue to be online. Please look out for the Seesaw link that Mr Buttigieg posts each Friday afternoon. Assembly commences at 2:30p.m.

Wishing you all a wonderful weekend and week ahead.

Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au

Please take note of the 2021 SCHOOL CLOSURE DAYS (students do not attend school):

Mon 22 March Review

Thurs 24 June Three Way Learning Conversations (students attend at their appointment time)

Mon & Tues 26-27 July RE Conference

Mon 1 Nov Report Writing

SUMMER UNIFORM AT OUR LADY'S

All items (except shoes and girls white socks) available at the Uniform Shop or on the QKR App

BOYS

Shirt (NOT pale blue polo)

Navy shorts (NOT cargo)

School jumper

School socks

Black shoes/boots (NOT runners)

School hat/cap



GIRLS

Summer dress

White socks

Black school shoes (NOT runners)

School hat/cap



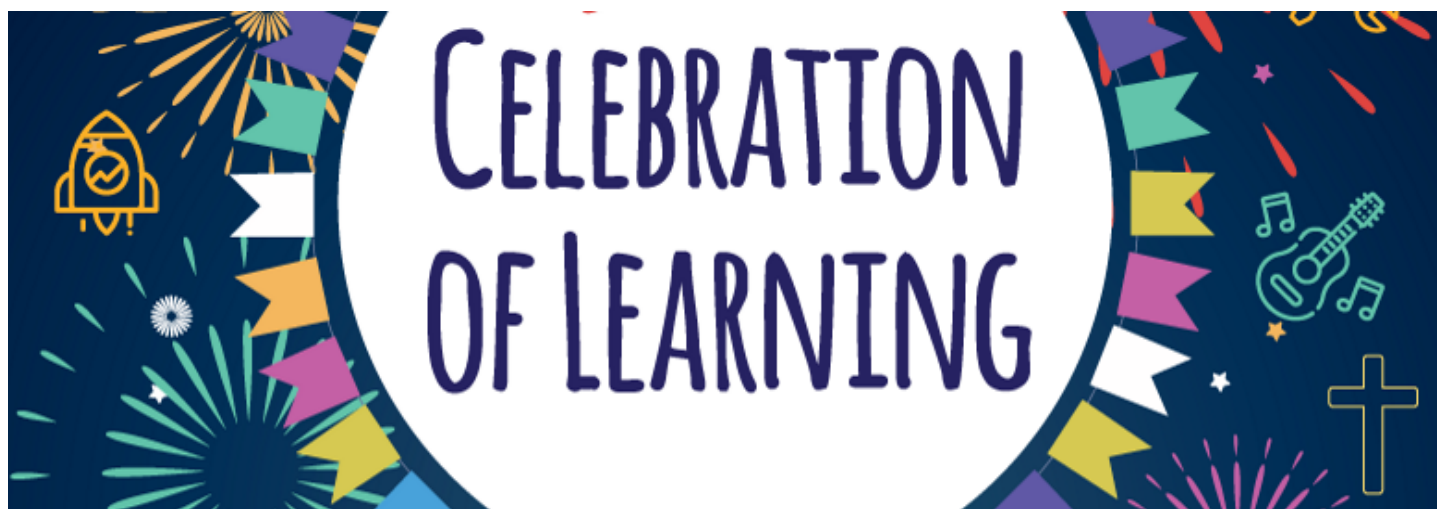
SPORT

School crested yellow polo

Sport shorts / skort

School crested windcheater





FI

Ethan - For being a great Communicator by asking lots of questions. Keep it up! *From Ms. Cam Tu*

Van Sui - For working hard throughout the week. You are a fantastic Self-Manager. *From Ms. Cam Tu*

FJ

Yodi - For showing self-management by asking for advice from others. That's what good learners do! *From Miss Wendy*

Sadie - For sharing her ideas about learning with our class. Thank you, Sadie. You are helping us all to be good learners. *From Miss Wendy*

1K

Ethan - for demonstrating the Our Lady's School Gospel values of Courage and Respect, when you join in class discussions and use your manners. *From Miss Scarpaci*

Madelene - for showing excellent thinking during writing time and fantastic self managing skills throughout your learning. *From Miss Scarpaci*

1L

Ava H - For showing the Our Lady's School Gospel Value of Compassion by being a caring friend to those in need. *From Miss Steph*

Garang M - For being a great Self Manager during Maths! Well done on ordering and matching your numerals and words! *From Miss Steph*

2M

Jacob T - For being a great listener, and for working hard this week. Well done! *From Ms Frost*

Hanna L - For being a happy and inclusive member of 2M! Well done! *From Ms Frost*

2N

Quentin S - For using the Communicator Learning Asset by sharing your thoughts, wonderings and ideas with your peers and during our class discussions! Keep up the great Communicating! *From Ms Howe*

Vivienne M - For showing your wonderful thinking when thinking deeply about your seed! You were able to unpack your seed using a See. Feel, Wonder thinking tool. Fantastic work Vivienne! *From Ms Howe*

3E

Cohen W For using the School Value of Respect when speaking to his teacher and peers. *From Miss Karen*

Andrew T For using the Learning Asset Self Manager to make good choices and decisions about his learning. *From Miss Karen*

3F

Filip For being a self manager and working independently during learning time. Keep up the great work! *From Mr Howarth*

Sophia For showing the school value of Service by showing initiative in the classroom and helping others when

needed. *From Mr Howarth*

4G

Tri - for demonstrating fantastic teamwork and leadership skills this week while working on a 'positive choices' poster. You made sure everyone had a role and gave your group kind words of encouragement. Keep it up!! *From Ms Wood*

Natania - for demonstrating leadership skills and keeping our class accountable for the placement and collection of our school bins. Great job! *From Ms Wood*

4H

Joy Khen for giving everything a go and reminding your peers about classroom expectations. *From Ms. Robles*

Charlotte for being respectful all the time and always following classroom expectations. For always sharing ideas during class discussion and never interrupting the teacher and speaker. *From Ms. Robles*

5C

Nhien N- For volunteering to lead prayer for 5C after making connections to our Gospel Value of Service and the Bible story of the Poor Widow. Congratulations Nhien on your courage and positive attitude to learning. *From Ms. Kaan*

Michael G- for using the Learning Assets of Thinker and Communicator to share with 5C your wealth of knowledge to help us make deeper connections with our learning. *From Ms. Kaan*

5D

Alexander W - For your constant display of the School Gospel Value of Service. You take the initiative to help in the classroom without being asked. What a great role model! *From Mrs Mendoza*

Elizabeth N - For the amazing effort you put into your home learning and sharing your learning with the class. Well done being a great self-manager & also displaying the value of courage! *From Mrs Mendoza*

6A

Dimitri Z For showing leadership through displays of initiative and service in class. Thank you for stepping up and setting an example for others to follow. *From Mr Wickham*

Jai J For displaying the Our Lady's School Gospel Value of Respect through your quiet and polite manner. Keep up the wonderful example of leadership *From Mr Wickham*

6B

Lily W - For showing leadership by always sharing your ideas and trying to help our class run smoothly. Well done! *From Ms. Gurry*

Samuel A - For consistently putting in your best effort and trying to follow the advice given by your teachers. Congratulations on a fantastic start to Year 6! *From Ms. Gurry*



Andi M 2M
Paul Z 2N
Alexia V 2N
Sang Cung C FJ
David A 5C
Salvador
Martin N 6A
Cade A 4G
Henry N 3E

LENT

Next week we move into a significant liturgical season of our Church. A time of prayer, fasting and almsgiving, beginning on Ash Wednesday, Lent consists of 40 days of preparation for the great feast of Easter. It reminds us about the time when *'Jesus went into the desert to fast and pray'* before carrying out his public ministry. (Matt 4: 1-11)



For us, it is a time to grow closer to God in preparation for His suffering, death, and the celebration of His Resurrection, by soul searching and thinking beyond ourselves. Traditions - especially those our children can see, hear, feel, smell and taste - provide vivid impressions upon which parents can build, year after year. Ask your children what their school focus of Lent is all about, and choose something to do together as family, that can become a part of your family's Easter heritage.

Whatever you decide to do, I invite you to recognize Lent as a time for you and your family to foster stronger connections with our God, not just during the build up to Easter, but always, in all ways.

Working together in light,
Ms Oliver
RE/Learning & Teaching Leader

INFORMATION FOR CURRENT GRADE 5 STUDENTS WISHING TO ENROL IN CATHOLIC SECONDARY SCHOOLS FOR YEAR 7 2023

Applications are now open for Year 5 students starting Year 7 in 2023.

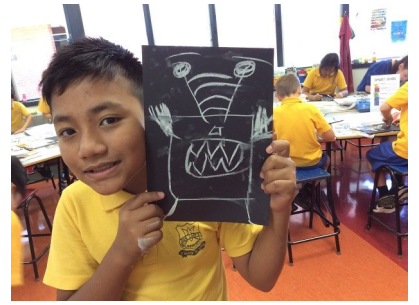
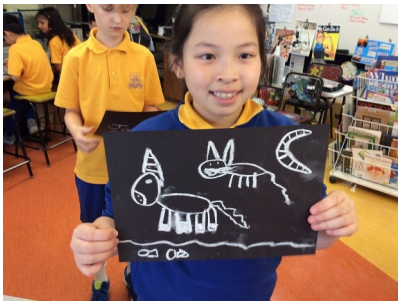
Critical Dates:

20 August 2021 – Applications will close.

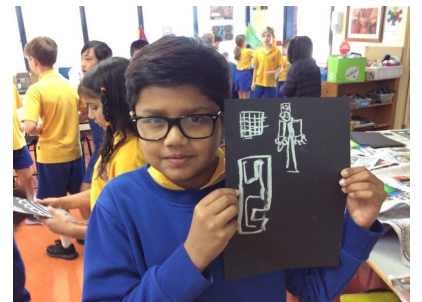
22 October 2021 – Offers will be posted to prospective Year 7 applicants.

12 November 2021 – Final date for parents/carers to accept offer made by school.





Year 4 Artists



Parent Advisory Board

The evidence is consistent, positive and convincing: families have a major influence on their children's achievement. When schools, families, and community groups work together to support learning, children do better in school, stay in school longer, and like school more.
(Anne T. Henderson, *Beyond the Bake Sale*)

I encourage you to consider nominating for a position on the PAB if you are genuinely interested in using your skills to provide me with support and advice. I truly value the Parent Voice and am genuine in collaborating together to improve all aspects of the school. The PAB performs a critical role in the school community by bringing the parent voice to the meetings.

We are opening up the nominations for the Parent Advisory Board. If you are interested in representing the parent voice in matters of curriculum, school resources and infrastructure, please come and join us for the Annual General Meeting on Wednesday 3 March at 7.00pm in the Mary MacKillop Library (masks must be worn).

The Parent Advisory Board Vision

- To represent and to be representative of all parents and families, being inclusive and committed
- To share and live out the vision and the values of the school
- To be a rich source of wisdom and insight as well as working to strengthen community partnerships
- To consult and seek to achieve better outcomes for all members of the school community
- To be role models for others – maintaining a professional and confidential approach
- To make everyone feel included and welcome
- To be active listeners committed to working collaboratively
- To work proactively and positively for the school
- To represent the parent voice and the whole school community in a loyal and proper way
- To establish boundaries and protocols to operate by
- To at all times maintain confidentiality



OUR LADY'S SCHOOL PARENTS ADVISORY BOARD (PAB)

Membership

Open to all parents/carers – representing families

Principal (representing Parish Priest and School Community – children, families and staff)

School Leaders as required

Community members as invited e.g. Family-School Partnership convenor

Structure

Chairperson

Deputy Chairperson

Secretary

Currently the Parents and Friends Committee meets and reports regularly to the Principal who will pass on relevant information to the Parents Advisory Board

Vision for Parent Advisory Board

- To represent and to be representative of all parents and families, being inclusive and committed
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Current protocols/agreements include:

Maintain a positive and proper tone for all our communication – in meetings and in representing the school. Speak for the needs of all children and not our personal concerns (individual matters are to be discussed with the school leaders and teachers).

Agenda is set by the Chairperson in consultation with the Principal. All parents attending are welcome to add items to the agenda. New agenda items are tabled and then placed on the agenda of the next meeting.

Meetings start at 7.00pm and end at 8.00pm.

The chairperson communicates matters to the school community via Parent Advisory Board Newsletter article. Please email to: jhill@olsunshine.catholic.edu.au

The principal follows up matters with the staff and the whole community.

The secretary records and distributes the notes of the meeting to all attendees and apologies.

Proposed agenda items must be emailed to the Chairperson / Deputy Chairperson / Secretary 1 week before the scheduled Board Meeting.



Parents Advisory Board

Expression of Interest Form

Expressions of Interest are invited for the Our Lady's School Parents Advisory Board 2021.

I, (your name) _____

Parent of (name and grade of your eldest child):

Contact number: _____

Contact email: _____

Am interested in becoming a member of the Our Lady's School
Parents Advisory Board in 2021

Signed: _____

Date: _____

EXPRESSIONS OF INTEREST FORMS ARE TO BE HANDED INTO THE OFFICE

Parents & Friends Committee

At Our Lady's school we are committed to developing and sustaining reciprocal partnerships with our parent community in order to improve student engagement, wellbeing, and learning. Joining the Parents and Friends Committee is a great way to contribute to strengthening your connection to this school. We are hoping that you will consider joining the Parents and Friends Committee. Over the years the Parents and Friends Committee and volunteers have raised money to purchase valuable resources for the school as well as providing additional rich experiences for the children of Our Lady's school to enjoy.

Our school values, encourages and appreciates parent involvement and children love to see their parents participating in the life of the school.

Parents and Friends Committee

Annual General Meeting 2021

**Wednesday 24 February at 7.00pm in the
Mary MacKillop Library (masks must be worn)**

It is a great way of connecting with other parents and you will be made to feel very welcome. We look forward to adding new members to our already great team.

Attached you will find the role descriptions and a nomination form. Joining the Parents and Friends Committee is a wonderful way to meet other parents, support the school via many exciting fund raising activities and to enrich the children's school experience by organising special treat days or the Sacramental parties for the children who received their Reconciliation, Eucharist or Confirmation.



ROLE DESCRIPTIONS OF THE PARENTS AND FRIENDS COMMITTEE

President

The President's position carries a task of trust and responsibility and requires skill and time. The President should exercise authority with tact, be impartial and open to other points of view.

The main role of the President is to:

- * Be the main representative/spokesperson for the P&F
- * Liaise with the Committee members and set the agenda for meetings
- * Be the main contact for agenda items
- * Open the meetings punctually and ensure the agenda is followed
- * Ensure those present at the meeting have the opportunity to discuss each item on the agenda prior to a decision being made
- * Make sure, particularly on contentious matters, as many points of view as possible are expressed
- * Make sure everyone is given an opportunity to speak and encourage members to speak by addressing questions to them
- * Work towards a collaborative approach with other members of school community
- * Be mindful of timelines, keep discussions on track and keep meetings moving
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Vice-President

The Vice President plays an important role by assisting the President with P&F responsibilities and replacing the President and chair meetings in the absence of the President.

Secretary

The Secretary is very important to the efficient operation of the P&F. Duties and responsibilities include:

- * Taking minutes at P&F and Committee meetings
- * Photocopying and distributing minutes to Committee members along with agenda prior to the next meeting
- * In consultation with the Principal and President:
- * Providing a summary of the matters discussed at the meeting for display on the parents' notice board
- * Dealing with any incoming/outgoing correspondence

Treasurer

The Treasurer carries a task of trust and responsibility. Duties and responsibilities include:

- * Taking charge of monies of the P&F
- * Keeping accurate financial records of all receipts and expenditure
- * Banking all money regularly
- * Reporting regularly on the P&F's financial position at meetings
- * Preparing a financial report for the Annual General Meeting

Committee Members

Committee members have a responsibility to:

- * Attend PFA meetings as regularly as possible and send apologies if unable to attend
- * Help organise P&F activities and projects
- * Work towards the best possible outcomes being achieved
- * Be mindful that discussions should be on topics which are relevant to the whole school community
- * Facilitate and nurture positive home/school relationships within the parent community



Election of the Our Lady's School Parents and Friends Committee 2021

Nomination Form

P & F Annual General Meeting – Wednesday 24 February at 7.00pm

Nominations are invited for the Our Lady's School Parents & Friends Committee 2021.

Nomination

I, (your name) _____

Parent of (name and grade of your child) _____

Nominate: (name of person) _____

For the Position of: (one form per nomination)

☐

President

☐

Vice President

☐

Secretary

☐

Treasurer

Signed

Nominator: _____ Date: _____

Nomination Acceptance

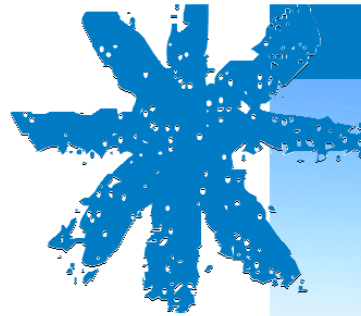
I, (nominee) _____

Parent of (name and grade of your child) _____

Accept the nomination as indicated above.

Nominee's Signature: _____ Date: _____

ALL NOMINATION FORMS ARE TO BE HANDED INTO THE OFFICE



How independence-building is the pathway to your child's resilience

by Michael Grose



Parents and teachers often ask me how to build resilience in kids.

My response is always the same: “Start by building independence and resilience will follow.”

Here's how.

Children are hardwired for independence

Some time around the age of fifteen months, give or take three months, most children will make a strong case for self-sufficiency. They demand to do things their own way. This demand is soon backed by a strong voice – “NOOOO!” – and then more articulate cries of “I can do it!” as their third birthday approaches.



This is the time to harness your child's push for independence and self-sufficiency. Their desire for independence and mastery over their immediate environment will see most children take incredible physical risks in the form of play and exploration of that environment. Concerned parents will naturally minimise risks by moving furniture around, keeping doors closed and hiding sharp implements, to name a few protective measures.

But parents can't eradicate all risks. Kids will fall and hurt themselves – but they'll also get up and go again. In time they'll learn to assess situations, stare down their fears and test themselves out in new situations. Falling down, brushing yourself off and trying again is part of the natural learning experience for most young children. Parents don't have to do much more than assess a situation for real dangers, then stand back and allow their kids to explore their environments, pulling them up only when their play and explorations transgress the rights and peace of others.



So what's this got to do with resilience?

Well, everything really. Independence is the pursuit of mastery over one's self and one's environment and rarely happens without mishaps and mistakes. It nearly always involves hurt, hardship, frustration and fear. That's where resilience comes in. Resilience is the art of bouncing forward after experiencing these hurts, hardships, frustrations and fears. Resilience is what comes from seeking out self-sufficiency and independence.

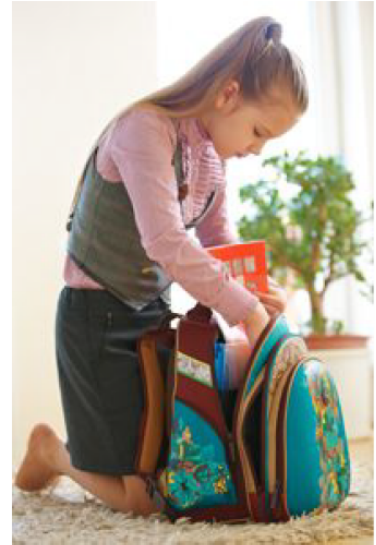
The language of independence

The fact that there's a whole genre of language devoted to resilience (mostly cloaked in cliché) is no accident. Terms such as "Get back on the bike/horse when you fall off", "Come on, brush yourself off and get on with it" or "What doesn't kill you makes you strong" are built into the psyche of past generations. Many parents today will cringe at these terms as they appear a little callous and out of touch. Conversely most current parents' relationship with risk and adventure – both required for independence-building – is very tenuous at best, non-existent at worst.

Therein lies the challenge. I haven't met a parent, carer or teacher who doesn't want the children in their care to develop resilience that will last a lifetime. Yet many of those same adults will block the pathway to children's resilience by over-indulging them, solving their problems and not giving them real responsibility. In doing so they deny kids the sense of mastery that comes from sorting out their own problems, getting themselves out of jams and getting up after a fall.

You can never love your children too much, but you can love them helplessly. That's what happens when we deny kids the opportunity to become truly independent and self-sufficient. Deny self-sufficiency and you block a child's resilience. Develop real independence and you open a pathway to resilience that will last a lifetime.

Find out how to develop real independence and resilience in your child in my latest book [Spoonfed Generation: How to raise independent kids](#).



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including [Thriving!](#) and the best-selling [Why First Borns Rule the World](#) and [Last Borns Want to Change It](#), and his latest release [Spoonfed Generation: How to raise independent children](#).

Jesus has the power to heal



6th Sunday in Ordinary Time, Year B

Gospel

MK 1:40-45

A leper came to Jesus and pleaded on his knees: 'If you want to' he said 'you can cure me.' Feeling sorry for him, Jesus stretched out his hand and touched him. 'Of course I want to!' he said. 'Be cured!' And the leprosy left him at once and he was cured. Jesus immediately sent him away and sternly ordered him, 'Mind you say nothing to anyone, but go and show yourself to the priest, and make the offering for your healing prescribed by Moses as evidence of your recovery.' The man went away, but then started talking about it freely and telling the story everywhere, so that Jesus could no longer go openly into any town, but had to stay outside in places where nobody lived. Even so, people from all around would come to him.

What did Jesus say to the man after he cured him of leprosy? Use the words below to find out!

Say _____ of this to anyone;
but go and _____ yourself to the
_____, then make an offering
at the _____ as Moses
_____, then all will know
you are _____.



temple show
commanded
nothing
healed priest

How were people with leprosy treated in Jesus' time?

What are some things we can do for sick people today?