



OUR LADY'S SCHOOL NEWSLETTER

3 August 2017

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times: Saturday 6:00pm
Sunday 9:00am, 10:30am & 5:30pm
School Phone: 9312 2230
School website: www.olsunshine.catholic.edu.au
Our Lady's is a Child Safe School

"Everything they owned was held in common." Acts 4:32

DATES FOR THE DIARY

Tues 8 Aug

Feast of St Mary of the Cross
MacKillop Paraliturg at
2:30pm - **Casual Day for a
Gold Coin Donation for Jo-
sephs Corner**

Wed 9 Aug

School Disco 6.00-7.00pm

Mon 14-Fri 18 Aug

Italian Week

Tues 15 Aug

Feast of the Assumption Mass
at 9:30 a.m

Fri 18 Aug

9.00am General Learning
Walk

Parish Movie

Mon 21-Fri 25 Aug

Book Week - Escape to Every-
where

Mon 21 Aug

Book Week Parade 9:00 am

Wed 23 Aug

Open Doors Grade 3-6 Parent
and Student Evening Session

Fri 25 Aug

Catholic Secondary College
Year 7 2019 Applications close

Wed 30 Aug

Reconciliation Parent Night

Thurs 31 Aug

Father's Day Stall

Fri 8th Sept

Professional Learning Day:
Religious Education—NO
school for students

Thurs 21 Sept

Susan McLean Cyber Safety
Parent Workshop 7.00-
8.30pm

SACRAMENTS 2017

Reconciliation (Year 3)

Thursday 14 September

Confirmation (Year 6)

Friday 17 November



Dear Parents,

In last week's newsletter, I mentioned that Kath Murdoch will be working at our school. Last Friday, Kath worked in the Year 3 iTime session and was very impressed at the thinking and proposals the Year 3s were putting together. iTime is a terrific, engaging way to allow students to pursue their interests and passions while stretching their learning assets. Once again, Kath tweeted about her time at Our Lady's.

Earlier this week, all classes were immersed in a First Aid session facilitated by St John Ambulance. The content the children learn is always useful and important for them to know. More and more these days, the news reports inform us about a child ringing 000 and getting 'help' just in time. Of course, we hope our students are never placed in that situation, however it is important knowledge for them to learn.



Next Tuesday, we celebrate St Mary MacKillop of the Cross' Feast Day. As a school, we will be celebrating with a paraliturgy at 2:30p.m in the church. Year 5C and 5D will be preparing the paraliturgy and of course, we invite you to attend. We would love to see you there. On **Tuesday**, we will be having a **CASUAL DAY**. The students will be able to come in **casual clothing** and bring along a **gold coin donation** which will be donated to **St Joseph's Corner**. Sr Jean, from St Joseph's Corner is planning to attend our assembly on Friday 11th August, where we will present the money raised.

On Wednesday 9th August, we will be having our annual disco. Children who attend always have a terrific time dancing away. Please ensure you return the signed permission form. All students must be picked up at 7:00p.m and parents need to sign their child/ren 'out' to ensure child safety. This year we will be trialling 'family' sign in/out, rather than organisation by classes. We hope this will make the process a little smoother so that parents only need to sign out once if they have multiple children attending the disco. Thank-you for your support in this matter.

SAVE THE DATE— Thursday 21st of September 7pm-8:30pm Susan McLean Cyber Safety – Parent Information Session In the Father John Maher Auditorium <http://www.cybersafetysolutions.com.au/>



Teach Us Prayer

We pray to God to help us. We have much to learn.

We are called to serve others as Jesus was the servant of all. We ask Jesus to teach us how to love. Help us to love others without counting the cost. Help us to listen to other people instead of doing all the talking. Help us to be people of hope and to share that hope with others. Help us to care about others instead of just themselves. Help us to give to others the gifts we have been given to share. We must open our hearts and our lives to the needs of other people in our world. Amen



Kath Murdoch @kjinquiry · 3h

Young learners getting ready to pitch their next #iTime investigation. I love these 1-1 conferences. My role? Broker and troubleshooter!



Staff News: Mrs Jayne Hill will be having two weeks long service leave. We wish you a wonderful time , as you sail away into warmer weather!



Many of you know that our **Book week Parade** is on Monday 21st August at 9:00a.m. It is three weeks away, so definitely time to start thinking about the characters the children will be dressing up as.

I wonder what characters we will have at Our Lady's this year?

General Learning Walk

Last week. I mentioned we will be having a **GENERAL LEARNING WALK** on **Friday 18th August at 9:00 a.m.**

We have had specific learning walks in the past, however this is a 'general' focus so that parents who come are able to see positive learning environments in action. It is a wonderful opportunity to see contemporary learning at Our Lady's Primary in action. The learning walk will involve:

- Introduction: Briefing based on what a positive learning environment can look like, sound like and feel like. Explanation of the focus areas for the walk.
- Visiting several learning areas.
- Observing different learning opportunities across the school.
- Question time to conclude.

You're
Invited

We will be sending out an RSVP next week, so that we can get an idea of expected numbers. We hope to see you there!

Year 1/2 Camp

Yesterday, our Year 1/2 students had an extended time at school as part of our school camp program. The students were involved in a range of extra-curricular activities and thoroughly enjoyed themselves. As one of the students was getting ready to leave, he said, "This was so much fun!!" Thank-you to Miss Scarpaci, Mr Buttigieg, Miss Karen, Miss Howe and all the staff who made the experience an enjoyable one for our students.



Wishing you all a wonderful week.

Yours sincerely,

Christine Carabott

Mrs Christine Carabott

Acting Principal

ccarabott@olsunshine.catholic.edu.au

**ANNUAL CHILDREN'S SCHOOL
DISCO**

WEDNESDAY 9TH

AUGUST

6:00 - 7:00 P.M.

All children **MUST** be dropped off and picked up by a parent. Our P & F committee will be hosting tea and coffee for parents in the Marianna Hall. Great time to catch up and have a chat with each other while the children are dancing away!!

**St Mary MacKillop Feast Day
Tuesday 8th August
Casual day with a gold coin donation.
Money raised will go to
St Joseph's Corner.**



Year 3 iTime





4H Assembly





First Aid sessions





First Aid sessions



Year 1/2 Camp Night



Year 1/2 Camp Night



Year 1/2 Camp Night



YMCA CHILDREN'S PROGRAMS OSHC



PROGRAMS AT A GLANCE

For all **Bookings and Cancellations** please call us directly on **0401 700 401**

Email us: ourladysoshc@ymca.org.au

For any **Account Information** please call our office on: **8371 0500**

www.childrensprogramms.ymca.org.au

Week 4 Monday 7 August

DAY	After School Care Activities	Afternoon Tea
Monday: Staff: Brad, Hang	Inside: Create Your Own Slap Band Outside: Play-ground and AFL	Seasonal Fruit & Veggies Variety of Biscuits
Tuesday: Staff: Brad, Lucette, Hang	Inside: Cooking Pancakes with Lucette Outside: Playground and Group Games	Seasonal Fruit & Veggies Crackers, Dip and Celery
Wednesday: Staff: Brad, Hang, Chelsea	Inside: Ceramic Creations Outside: Playground and Relays	Seasonal Fruit & Veggies Rice Cakes
Thursday: Staff: Brad, Hang, Jennie	Inside: Clay Modelling Outside: Playground and Soccer Homework + Readers	Seasonal Fruit & Veggies Cheese and Crackers
Friday: Staff: Brad, Hang	Children's Choice: Games, Activities Inside & Out.	Seasonal Fruit & Veggies Popcorn

A variety of seasonal fruit and vegetables are always offered to children for afternoon snack! A variety of arts, crafts, board games, construction, recreational activities, sensory and imaginary play opportunities are available every day for children to choose. **Homework & Home Readers Time** – Our YMCA staff are there to encourage home readers and homework and most days we set aside a time to encourage this!

If you or someone else is picking up your child (children) early from school and they are not attending the after school care, please let OSHC Team know. Please remember children need to bring their school hat (Broadbrim or Legionaries Hat) from 1st September to 1st May and sunscreen will need to be applied when playing outside.

Bookings and Cancellations: It is important to book your child's place so we can plan and expect their arrival at Before and After School Care. To ensure the safety of your child please notify us of any absences or additional days of care **via the My Family Lounge Portal** <http://www.childrensservices.ymca.org.au/enrol/my-family-lounge-sign-in.html> As a reminder please note that the cancellation period of 7 days notice applies for all Before and After School Care bookings. For additional information on our program please visit <http://www.childrensservices.ymca.org.au/school-care/our-locations/our-ladys-ps.html>

There may be certain circumstances where children receive gifts or prizes throughout the year as part of our advertised programs. These occasions would be advertised on our program planners to provide parents/guardians with prior notification. Occasions where children may receive gifts/prizes as advertised are as follows: last day of school terms, end of year celebrations, designated holiday program days, cultural and festive celebration days and during organised program competitions. **Thank You, Brad and Our Lady's OSHC Team**

SCHOOL DISCO - WEDNESDAY 9 AUGUST



We need parents to help at the school disco with the following activities:

- Help other parents to sign in/out their children
- Prepare and serve cordial and snacks to children in the hall kitchen
- Prepare and serve tea/coffee to parents in the Marianna hall

Any help would be most welcome and it is a great chance to have a chat. If you have questions please call Sonya on 0421 992 057.



Shopping Tour - Our Lady's Annual Shopping Tour – Saturday 14 October 2017



Come join us for a day of good food, great company and fantastic shopping!!!

For \$72 you will be provided with freshly baked morning and afternoon tea, a 2-course lunch, coach transfers and entry to all outlets.

Various Outlets will be visited with a mixture of fashion wear, bags & leather goods, manchester, home and kitchen wares, shoes and skincare, etc....–The tour will be individually tailored to our group.

Get a head start on your Christmas shopping or just enjoy a great day shopping with friends and help raise funds for the school at the same time with a percentage of sales paid back to school.

To secure your place, please email names of people wishing to attend to gina.bill@hotmail.com

A \$40 deposit per person is required by 31 August 2017 with balance of \$32 payable by 21 September 2017. Payments to be made via Qkr App or alternatively please call Gina on 0414 535 729 to make alternative payment arrangements or if further information is required. Please list all the shoppers names either on Qkr, or email Gina.

Actual times will be confirmed closer to the date, but we can expect to be picked up at the school around 7.30am and back at school again around 5:30pm. Family and friends are welcome, although unfortunately we are unable to take children under 12 on the bus.



URGENT REMINDER SUNSHINE COMMUNITY RAFFLE



**All raffle tickets (sold or unsold), together with any
money MUST BE RETURNED to the School Office by
TOMORROW, FRIDAY AUGUST 4**

Maribyrnong Youth Services & YMCA RecWest Braybrook Present:



PLAY SOCCER, BASKETBALL AND VOLLEYBALL

FOR YOUNG WOMEN 12-25 AND MEN 12 - 20

DINNER PROVIDED

COST: \$2 A WEEK

FRIDAYS 4:00 - 7:00PM

RECWEST BRAYBROOK

39 LILY STREET, BRAYBROOK 3019

FOR MORE INFORMATION PH: 9091 4700 OR 9311 3400



 **bigbangbraybrook**
www.phoenixyouth.com.au



parenting ideas insights

Developing independence in primary school

By Michael Grose

Practical ideas for parents to encourage real independence in children.

Your goal as a parent should be for your child to be completely self-managing by the end of primary school. That is, he can get himself and others up each morning; make his own breakfast; prepare his own schoolbag; collect his own school uniform; put any notes under your nose to be signed and returned to school; and so it goes on. Now, that doesn't

mean that kids will do all this all the time, because other factors come into play such as busy schedules and early starts; children will need some assistance at times. However, it's good to keep in mind that children, when left to their own devices, generally do remarkably well at organising their daily tasks. Sometimes they just need the opportunity.

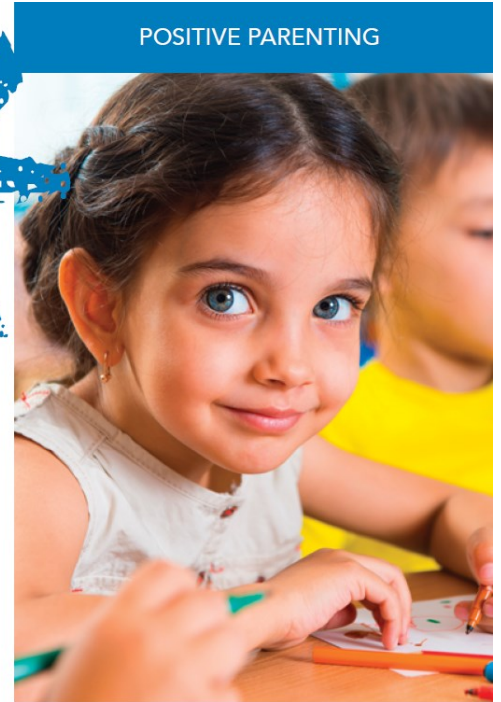
Here are four practical ways to develop real independence in primary school-aged children:

1. Involve them in mealtimes

Mealtimes are the fulcrum around which healthy families operate. A shared meal is more than food. It's a ritual that binds people together; it's a vehicle for parents to influence their children; and it's an expression of love and care. It is also fundamental to children's wellbeing because there is a strong correlation between good mental health in young people and those who regularly share a family meal. Mealtimes also offer plenty of opportunities for children to help including running errands, preparing the meal, setting the table, clearing the table, packing the dishwasher and other jobs. There's something for everyone!

2. Use pocket money to develop independence

A regular allowance is a fabulous way to promote real independence in children. Start in lower primary school and gradually increase their allowance the older they become. Importantly, you need to increase the areas that their allowance covers. For instance, in lower primary school a child's pocket money might go towards the purchase of some sweets and one or two other items each week. However, in middle primary school it might increase to cover the cost of one or two lunch orders each week, their bus money and some treats.



parenting * ideas

Developing independence in primary school

In later primary school it could even cover some of their clothing purchases as well. The important thing is not to cover for kids if, for instance, they don't budget appropriately and run out of money for school-canteen lunches. They can either make their own lunches at home or perhaps borrow from a sibling and repay out of their next allowance. Pocket money used well is a fantastic way to develop independence in kids.

3. Look after pets

It's a quirk of life that most children want a pet, but they just don't want to look after it in the long term. Many kids discover that following the initial flush of enthusiasm looking after a pet can be a grind – walking the family pooch, cleaning out the guinea-pig cage, or feeding the family feline. But pet care offers priceless lessons in the development of grit, responsibility and nurturance – all necessary attributes for independent success.

4. Walk, ride or take public transport to school

The opportunity to go to school on your own devices was a luxury that previous generations enjoyed. While it may have seemed at the time like something to be endured rather than enjoyed, most people I discuss this matter with look back with fondness and nostalgia.

For most people it meant freedom, friendship and fun. For a short time each day kids experienced a delicious type of freedom away from both teachers and parents – a time to muck around, dawdle and mess around with mates. It also gave kids some familiarity with their neighbourhood.

It's well established that currently more children are driven to school than ride or walk, which denies children the same opportunity for friendship, fun and freedom. Busy schedules, less child-friendly neighbourhood layouts and working parents are just some of the reasons that prevent kids walking to school. If possible, look for ways to allow your child to get to school on their own. It's fantastic for their independence and wellbeing. If children are too young, walk or ride with them some of the way until they are old enough and skilled enough to make the trip without you.

The age of opportunity

Children in this stage have an outward orientation and are exploring their place in the world. This is an age and stage for greater neighbourhood exploration, for taking on real responsibility and for developing personal confidence and efficacy before adolescence starts.



**Visit our website
for more ideas and
information to help
you raise confident
and resilient young
people.**



Special note: I'm thrilled to announce that my latest book *Spoonfed Generation: How to raise independent children* is out. It's available at parentingideas.com.au



Peter, James and John saw Moses and Elijah talking with Jesus.
The true nature of Jesus and his work was revealed to them as they witnessed the Transfiguration.
Draw Jesus, Moses and Elijah on top of the mountain
as the apostles look on.



Gospel Mt 17:1-9

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured: his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him.' When they heard this, the disciples fell on their faces, overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus.

As they came down from the mountain Jesus gave them this order, 'Tell no one about the vision until the Son of Man has risen from the dead.'

By using the words below, can you work out what the voice from the cloud said to the apostles?

**SON AM LISTEN TO SAYS
BELOVED HIM IS PLEASED**

