

### OUR LADY'S SCHOOL NEWSLETTER

13 October 2023

www.olsunshine.catholic.edu.au

 Parish Priest:
 Fr. Peter-Damien McKinley

 Principal:
 Ms. Patrizia Bertani

 Parish Mass Times:
 English: Saturday 9.00am, 5.30pm, Sunday 9:00am, 10.30am & 5:30pm

 Vietnamese: Saturday 7.00pm, Sunday 12.30pm, Friday 7.30pm

 Chin Hakha/Burmese: 2.30pm

 Tongan: Every 1st Sunday 3.00pm

 School Phone:
 9312 2230

 School website: www.olsunshine.catholic.edu.au

 Our Lady's is a Child Safe School

Gracious words are a honeycomb, sweet to the soul and healing to the bones.

Proverbs 16: 24

### DATES FOR THE DIARY

### Dear Parents,

Our second week of Term 4 seemed to zoom by!

Tues 17 Oct Community Classrooms 3.00-4.00pm Tues 24 Oct Whole school dance rehearsals at Quin Auditorium

Wed 25 Oct Dance Performance 'Let Your Light Shine' 6.30pm at Quin Auditorium CCCC

Fri 27 Oct Day for Daniel Casual Day with splashes of RED

**Mon 6 Nov** Professional Learning Day (Report Writing). No school for the students

Tues 7 Nov Melbourne Cup Day Public Holiday Fri 10 Nov P&F Trivia Night in Mariana Hall Mon 13-Fri 24 Nov 10 Day

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Swimming Program **Fri 8 Dec** Feast of the Immaculate Conception

PROFESSIONAL LEARNING DAYS - PUPIL FREE DAYS Mon 6 Nov: Report Writing As you know, on Monday we sent home all the required information you need for our upcoming *Let Your Light Shine Dance Extravaganza*. Our dance teacher Andy is very happy with how it is all coming together and the students are doing an excellent job throughout the rehearsals which are now once a week. All white outfits should now be at school, considering the concert is in a couple of weeks. Tickets also went on sale on Wednesday, so please make sure you go online to purchase the tickets you need.

Some important reminders for you, as we indicated in our letter that went home:

### WHOLE SCHOOL DRESS REHEARSAL ON TUESDAY 24TH OCTOBER

On Tuesday 24th October, the whole school will be involved in a final rehearsal for our *Let Your Light Shine Dance Extravaganza at the venue, Quin Auditorium.* 

- Buses will be transporting all the children and staff to the Quin Auditorium at Caroline Chisholm Catholic College (CCCC) commencing at Our Lady's School at 9.00a.m. We will start leaving Caroline Chisolm at approximately 2.10p.m.
- Please fill in and complete the permission form by October 17th
- All children need to bring their snack, drink and lunch from home as there will be NO TUCKSHOP OR LUNCH ORDERS on Tuesday, as per usual.
- All children should wear their sport uniform.

### TICKET SALES FOR LET YOUR LIGHT SHINE DANCE EXTRAVAGANZA

- Ticket sales are NOW available to purchase via Trybooking <u>https://</u> www.trybooking.com/CMFAX</u> where you are able to select your seating.
- Each ticket will be sold separately and be \$16 per person.

### ARRIVAL FOR PERFORMANCE NIGHT ON WEDNESDAY 25TH OCTOBER

- All children need to be at the venue Quin Auditorium 204 Churchill Ave, Braybrook (Limited parking via Darnley Street) between 5:30-6.00p.m. on Wednesday 25th October.
- Let Your Light Shine will run from 6:30-8.30pm.
- There will be a 15 minute intermission in the program.
- All students need to remain for the entire concert.

### **Creation Prayer**

Everything was made by God. We give thanks to God. God, our Father, you are the Creator of all things and all that is good. We praise you and thank you for all your gifts. Thank you for sunshine and rain, for flowers and trees, for animals and pets, for family and friends, for love and hope. Help us to use your gifts wisely so that all people will share in your blessings and your bounty. We ask this in the name of Jesu Christ and the Holy Spirit through whom all things were made. Amen Lots of exciting learning opportunities have occurred throughout this week, including our Year 1/2 extended afternoon at school which is a part of our camp program. We have included some photos for you to check out!

The Year 6 community also held our annual Year 6 Leadership Conference. We had other Year 6 students from local schools also attend. We have included photos for you to view. A huge thank-you to our Year 6 students, teachers and the office staff for all their work in making the day a huge success. This year the audience were privileged to hear from the following speakers who shared their leadership experience and words of wisdom:

- Charlie Bezzina
- Kate Lethlean
- Donna Campisi
- Sam Clear.

### BUILDING

As you would be able to see, the builders are in the midst of preparing the ground for the slab in coming weeks. There is much work and services to do before that. Our fortnightly building meeting is next week, and we will update you further as new information comes to hand.

BUILDING PROJECT

### **SCHOOL UNIFORM**

Just a friendly reminder, that all students should be in their summer uniform from next week. In addition, all students must wear their school hat during break times, as well as any outdoor activities.

### **FRONT COVER COMPETITION**

Thank-you to all the students who entered our *Let Your Light Shine* front cover competition. We had quite a few entries. Last week staff were able to short list the entries followed by a staff vote.

A huge congratulations to Rati in 6A for receiving the highest number of votes. Rati and I have meet a couple of times so she could share her creative thinking behind her inspiration, which we will share in our concert booklet in a couple of weeks. Rati, thank-you for spending time with me to share your design thinking! Rati's artwork was sent off to the company we work with so it can be further enhanced for printing and resolution purposes. The final piece is here.

### **P&F TRIVIA NIGHT**

Please see the advertisement for the P&F Trivia Night on Friday 10th November. The Parents and Friends Committee do need help from all of us. To make the night a

success, we are inviting members in our school community who can and are interested in donating any of the following items:

\*Movie Tickets

\*Spa Treatments

- \*Escape Room vouchers
- \*Small home Appliances \*Restaurant Vouchers \*Gift Cards

\*Signed Memorabilia \*Weekend Getaways

If you are able to donate any of the above listed items, please leave your donations at our school office. Any small donation contributes to making the night a success. We thank-you in advance.

### ASSEMBLY

As always, we welcome you to join our school community for our weekly online assembly at 2:40p.m.

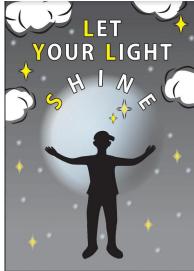
Wishing everyone a wonderful weekend. Yours sincerely,

Christine Carabott

Mrs Christine Carabott Acting Principal ccarabott@olsunshine.catholic.edu.au



1L Biak 3F Ella N 4H Maya L 5D Abbey N 6A Dean Z Staff Mr Membrey





Let Your Light Shine Our Lady's Whole School Dance Extravaganza October 25th 2023 at 6.30pm

Quin Auditorium Caroline Chisholm Catholic College Entrance corner Churchill Ave and Darnley St, Braybrook Tickets on sale from Wednesday 11th October 5.00pm until Wednesday 25th October 10.00am

> Tickets \$16.00 per person. No ticket needed for performers current students of Our Lady's

https://www.trybooking.com/CMFAX



### YEAR SIX LEADERSHIP BADGES

"The greatest among you will be your servant." Matthew 23: 11 "For even the Son of Man came not to be served, but to serve others" Matthew 20:28



The Year Six Student Leadership Badge is awarded to students who show leadership based on the Servant Leadership Model as lived by Jesus, serving others before self. This model has been lived out by the saints, including Mary MacKillop who said, "Never see a need without doing something about it."

The Leadership Badge is awarded for consistent, sustained and purposeful leadership within the classroom, on the playground and in all school activities such as interschool sport. Congratulations to:



Aquelly L



Mila K



Dao L



Natania P



Jumon M



Gabe M

### **Promoting Child Safety - A Day for Daniel**

On Friday, October 27th, Our Lady's will be participating in the registered event 'A Day for Daniel' for the seventh time. It has been organised by the Daniel Morecombe Foundation to help promote and educate children about safety. **On this day, students are encouraged to wear splashes of RED which could be a red T-shirt, headband, ribbon or red socks, with casual day.** To prepare for this day, the students will be engaging in a number of 'Child Safety' lessons, which also support our Social and Emotional Learning Program. These lessons promote and teach students to *Recognise, React and Report* if they find themselves in situations that make them feel unsafe. We encourage you to continue to talk to your child about what they are learning in class.

Keeping kids safe!



# Year 6 Leadership Da

Leadership Day was a day where both of the Year Six classes learnt how to collaborate and work together as one big team. It was an amazingly memorable day everyone would remember. Natalie







The Leadership Day was really fun I especially liked Sam Clear's speech, he was extremely interesting and amusing. Dean











The whole day went smoothly and I really liked how the schools listened to the speakers and I really enjoyed the Leadership Day. Chelsi











During Leadership Day, I honestly enjoyed how the speakers talked about leadership. I also enjoyed the preparation leading up to the day, overall I really enjoyed Leadership Day and I really hope the year 5s get to experience it next year. Harrison

# Year 6 Leadership Day





The Leadership Day was and will be unforgettable and it gave me a sense of self pride, my favourite speaker was Charlie Bezzina. Rati









The whole process of getting prepared for the day was honestly really enjoyable and when we finally had finished the day I was really proud of myself. Harry



My favourite speaker was Donna Campisi because I love to listen how people overcome tragic events. Zack

The Leadership Day was an event to remember, it was enjoyable and taught us young leaders a lot of things for the future. It was exciting and was really inspirational. Evelyn









# the way























# Camp Activities



















































### **TEETH ON WHEELS COMING BACK TO OUR LADY'S**

Dear Families,

Your child's dental health is important to us, that's why Teeth on Wheels will be visiting our school for 6 monthly reviews and oral health education starting on the **01/11/2023.** 



Below is a link to their E-form which needs to be completed by the **31/10/2023** for your child to participate.

### Use the link below to sign your child up - IT MIGHT BE FREE!

### https://teethonwheels.com.au/consent-forms/consent-eform/

Please note: if you have already completed a form for 2023 this does not need to be done again, unless your contact information or child's medical history has changed.

Teeth on Wheels are focused on providing *a positive dental experience* and specialise in working with children. They can provide check-up and clean appointments, as well as treatment onsite and will be able to advise you if your child is eligible to receive dental care for **FREE** under the Child Dental Benefit Schedule.





Dear Parents,

We are inviting you to attend our Term 4 Community Classroom Afternoon on 17th October 2023 between 3:00-4:00pm.

Our Term 4 Community Classroom Afternoon will have a *Learning Focus* which your child and/or child's teacher will share with you based on the terrific learning that is happening in the classroom.

The purpose of our Community Classroom Afternoon is to improve student outcomes through strengthening the relationship between our school staff and families. Through this partnership, we hope to increase the capabilities and confidence of parents to support their child's learning.



**WE CIEA** Research shows that when parents are engaged in their child's learning, children continue to flourish and their learning outcomes can improve. Our aim is to continue nurturing valued relationships with the families in our classrooms. By doing this, we hope to continue maintaining strong learning

partnerships in order to support the improvement of student learning overall. Nurturing and maintaining an environment of trust and respect is very important to us.

We look forward to seeing you on the day!

"The most effective forms of parent involvement are those, which engage parents in working directly with their children on learning activities at home". Epstein 2005





# PLAY FOOTY WITH YOUR FRIEND AND FAMILY THROUGH Various offerings all summer long

# **PLAY NAB AFL AUSKICK**

- > 4 weeks \$40
- > For participants aged 5-8



# **PLAY AFL SUPERKICK**

- > 5 weeks \$50
- For participants aged 8-12

## **PLAY AFL NINES YOUTH & OPEN**

- > Youth \$65pp for participants aged 13-18
- > Open \$100pp for participants older than 18

# FIND YOUR LOCAL SUMMER HUB & SIGN UP NOW!





Auskick & Superkick

Nines

# FRIDAY TOTH NOVEMBER

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Our Lady's Parents and Friends

Mariana Hall Doors Open @6.30 Trivia starts @7pm \$20 Per person/ tables of 10 Tickets available on QKR

> Prizes for Winning Table & Silent Auction, o BYO Drinks and Snacks

### **PREPARATIONS FOR 2024**

As we are beginning our preparations for 2024 we ask that parents let us know as soon as possible if their child/ren are <u>not</u> returning to Our Lady's next year. We have had many inquiries about places for 2024 and we need to let these parents know if there are places for their children.

If your child is not returning in 2024 (NOT OUR CURRENT YR 6 STUDENTS) please complete the form below and return it to the office. It is vital that you return this form as soon as possible.

Children NOT returning to Our Lady's School in 2024	
Family Name:	
Child/children's names:	
1	2023 Grade:
2	<b>2023</b> Grade:
3	2023 Grade:
Name of our new school: And if moving addresses:	
Our new address:	
Signed:	(Parent)
Please return this form	n to the office as soon as possible

## parenting **\***ideas

### INSIGHTS

### What content are children watching?



There's a rising trend of children watching adult content. Sex scenes, violence and inappropriate language, once shown on television during an adults-only time, are becoming staple viewing for many of today's children.

In a recent poll of 1,800 US parents, 40% admitted allowing their children to watch movies that are unsuitable for their age group. A recent discussion by this writer with parents suggests that the trends are similar in Australia. Very few of the parents I spoke with referred to the classification guidelines when choosing content for their children.

The increase in 'adult-only' animation is one factor that blurs the line of suitability for children. Adult-only genres such as Marvel movies and X Men franchise and television programs such as Game of Thrones and The Walking Dead thanks to streaming now count children among their devotees. Computer games, so popular with many children and young people, also cross the line of acceptability in terms of behaviour and attitudes on display.

### Can we become desensitised over time?

Viewing standards, like standards of acceptable behaviour, have subtly shifted over time. Sex scenes, physical violence or violent language is now a common part of adult content, which has a desensitising effect on parents. Desensitisation leads to acceptance and a higher level of exposure to children.

### Does fitting in play a part?

Advertisers know that children's pester power can play a significant role in the type of foods that go into the shopping trolley, which influences how food is packaged and promoted. Pester power plays a similar role in the choice of movies and television programs that we allow children to watch. "All the other kids have seen this movie?" is the type of comment from a child that hits a nerve for many parents, who rightfully want their child to fit in with their peers.

### What are the risks?

There are many concerns about children being exposed to adult content in movies, television programs and the computer games. Here's a summary:

### **Developmental risks**

Exposure to content that requires complex adult interpretation can be deeply confusing and disturbing to children. They often have difficulty discerning reality from what they are viewing on television so that they can developed a warped world view. The impact may not be immediate, but will show itself increasingly over time when children's attitudes towards sex, their peers or authority reflect the on-screen content they've been viewing.

# parenting **\***ideas

### Impact on attitudes and behaviour

Children are like sponges soaking up what they see and hear. Viewing parent-sanctioned programs that display disrespectful behaviour toward women, abuse of alcohol and drugs, and shows violence as normal have a powerful impact on the attitudes and behaviour of children. Viewed often enough, young minds can interpret these types of inappropriate behaviours as normal.

### Impact on wellbeing

According to the Australian Council on Children and Media (ACCM) there is significant evidence that exposure by children to adult movies and programs leads to the development of exaggerated fears; causes loss of sleep and increases childhood anxiety. ACCM claims that "these fears are not insignificant and can be long lasting."

### What can you do?

There are a number of actions you can take to ensure the content that children consume is appropriate for their age level, including:

### Follow classification guidelines

Become familiar with the <u>Government classification guidelines</u> for movies, television programs and games. Understand what they mean and develop the habit of checking the classification rating of each new piece of content that children will be watching or interacting with.

#### **Find out**

It's easier than ever to find out for yourself the suitability of content for a child or young person. Research methods include vetting a television program yourself for suitability; searching online for views and opinions before allowing your child to watch a movie; reading reviews of online games to ascertain suitability.

### Talk with other parents

It's easy to feel isolated as a parent, which makes you more susceptible to children's pester power. Just as children have a propensity to gang up on parents ("Everyone in my class is watching that movie"), parents can gain the strength that comes with numbers when they talk with each other ("I've just checked with some mums and no one is allowing their child to watch that movie").

Many current community concerns about children such as the increase in anxiety levels, disrespectful relationships and a propensity towards aggression is mirrored in the content many children consume in movies, television and games. It would be folly to suggest that inappropriate content consumption is the root cause of these maladies, however winding back the viewing habits of children to reflect more closely their developmental levels would have a surprisingly positive impact.



### **Michael Grose**

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

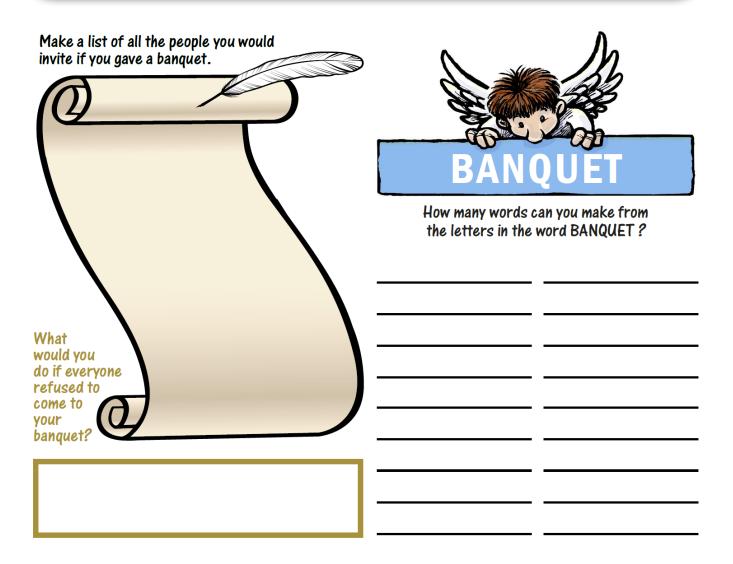


### 28th Sunday in Ordinary Time, Year

## GOSPE Matth

### Matthew 22:1-10

Jesus said to the chief priests and elders of the people: "The kingdom of heaven may be compared to a king who gave a feast for his son's wedding. He sent his servants to call those who had been invited, but they would not come. Next he sent some more servants. "Tell those who have been invited" he said "that I have my banquet all prepared, my oxen and fattened cattle have been slaughtered, everything is ready. Come to the wedding." But they were not interested: one went off to his farm, another to his business, and the rest seized his servants, maltreated them and killed them. The king was furious. He dispatched his troops, destroyed those murderers and burnt their town. Then he said to his servants, "The wedding is ready; but as those who were invited proved to be unworthy, go to the crossroads in the town and invite everyone you can find to the wedding." So these servants were out on to the roads and collected together everyone they could find, bad and good alike; and the wedding hall was filled with guests.'



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