



OUR LADY'S SCHOOL NEWSLETTER

4 May 2023

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley

Principal: Ms. Patrizia Bertani

Parish Mass Times:

English: Saturday 9.00am, 5.30pm, Sunday 9.00am, 10.30am & 5.30pm

Vietnamese: Saturday 7.00pm, Sunday 12.30pm, Friday 7.30pm

Burmese: Every 2nd Sunday 2.30pm

Chin: Every 1st, 3rd, 4th, 5th Sunday 2.30pm

Tongan: Every 1st Sunday 3.00pm

School Phone: 9312 2230

School website: www.olsunshine.catholic.edu.au

Our Lady's is a Child Safe School

'God saw everything he had made, and indeed it was good.' Genesis 1: 31

DATES FOR THE DIARY

Thur 11 May Mother's Day Stall

Sun 14 May Mother's Day

Fri 19 May Walk Safely to School Day

Mon 22 May Athletics Day at Keilor Athletics Track

Tues 23 May 7.00pm PAB Meeting

Sat 27 May P&F Bunnings BBQ

Mon 29 May 2.10pm Parent Dance Class with Andy

Wed 7-Thur 15 June Life Ed Van at school

Mon 12 June King's Birthday Public Holiday

Wed 21 June 3.30-6.00pm Three Way Learning Conversations

Thurs 22 June 8.00-3.30pm Three Way Learning Conversations

Fri 23 June End of Term 2 at 1.00pm

SACRAMENTS

Sun 7 May: 10.30am Eucharist for Year 4

Sun 21 May: 10.30am Eucharist for Year 4

Thur 24 Aug: 7.00pm Confirmation for Year 6

PROFESSIONAL LEARNING DAYS - PUPIL FREE DAYS

Fri 5 May: Personalised Learning with Kath Murdoch

Thur 22 Jun: Three Way Learning Conversations

Fri 28 Jul: RE with Maria Forde

Mon 6 Nov: Report Writing

Dear Parents

A reminder that tomorrow will be a student free day. The teachers will be at school and undertaking important professional learning in the area of Personalising Learning using an Inquiry approach. The facilitator is an internationally renowned expert in this field Kath Murdoch.

Here is a quote from Kath Murdoch's latest book, *Getting Personal with Inquiry Learning*: *'Inquiry, when it is personalized by the students, is a powerful way of learning. This self-initiated process of learning makes students the owner of learning.'* The Discovery Learning which students in Foundation, Year 1 and 2 classes do and iTime learning which the Years 3, 4, 5 and 6 students participate in are excellent examples of this approach.

An exciting opportunity for parents

As you know we have a dance teacher at our school who has been working with all classes as part of preparing for our whole school performance which will be held on the 25th of October. Andy and I would like to give any interested parent the opportunity to participate in a contemporary dance class for parents only. This will give you a first hand look at what your child is experiencing when they attend Andy's dance classes. The dance class for parents will be held on Monday the 29th of May from 2:10-3:10pm. I will be sending out an RSVP as we get closer to the date so that we can get exact numbers.



Eucharist Candidates 2023

Please pray for us



Prayer for First Communion

It is a blessed day when we receive Jesus in the eucharist. We should thank God for this wonderful gift.

Dear Father, we will soon celebrate a special day. We will receive your Son, Jesus Christ, in the eucharist for the very first time.

Thank you for sharing Jesus with us in the bread and wine at Mass. Help us to be renewed each time we come to the table of the Lord.

May we live as Jesus showed us, each and every day of our lives.

Hear our prayers as we prepare for First Communion. Amen.



A message from the Parents and Friends



HELPERS DESPERATELY NEEDED for the Mother's Day stall on Thursday the 11th of May from 8:45-11:00am.

We would be very grateful if you can spare a few hours to help run the Mother's Day Stall.

Mr Membrey's wonderful sewing group

Every Wednesday Mr Membrey (Year 5C) has been running a sewing group during the playtime break. The group has been running from the beginning of this year. Mr Membrey is helped by Christine (Dylan 1K) who volunteers her time and excellent sewing skills.

Mr Membrey and Christine are both passionate about sewing and are passing on their skills to any Year 5 or 6 student who is interested. Together with the students they have been very busy making scrunchies and zip lock bags which can be used as make-up cases or to put any type of item into. The items that have been made will be sold at the Mother's Day Stall next Thursday. They come in many colourful fabrics for the children to choose from.



Writing Coming to Life...

My name is Don and I am in Grade 6. I want to take a moment to share with you an exciting writing journey inquiry that I have been working on since last year.

Last year I worked on a piece of writing in class about "Why you should adopt a German Shephard dog as a pet". I decided to send my writing piece to a few German Shepherd Organizations, associations and shelters to hopefully use my writing to help convince others to adopt a German Shepherd. One of the shelters I sent my writing to was the Lort Smith.

It was very exciting when I received emails back from some of them. My writing has been published on their Facebook pages and social media sites. The Lort Smith also donated 4 copies of a book called the ATLAS of DOGS to our school.

This writing inquiry has kept me extremely busy and I put a lot of hard work and effort into it. To be honest, I would say this is the best writing I've ever done because of my effort and I sent my writing out into the world for others to read.

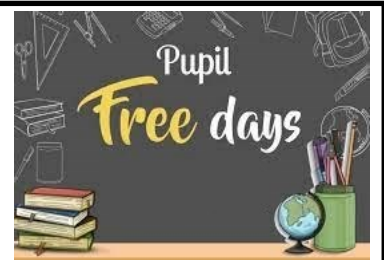


UPCOMING TERM 2 PROFESSIONAL LEARNING DAYS FOR STAFF - PUPIL FREE DAYS

Thur 22 Jun: Three Way Learning Conversations (only need to come for your appointment time)

PUBLIC HOLIDAYS:

Mon 12 June - King's Birthday



Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au

FI Alannah V
1K Emilia T
1L Sylvia T
6A Stephanie T
Staff Miss Pina





Mother's Day Stall - Thursday 11 May

Children will be able to purchase special gifts for their wonderful Mums, Grandmas and Carers ranging from 50c to \$5.00.

Please send along money on the day (not more than \$10).

Please remember to bring a shopping bag so you can hide your gifts!

For more information or if you can help on the day, please email the Parents & Friends on parents@dolsunshine.catholic.edu.au



Mother's Day Raffle

Tickets \$1.00 each on our QKR App. Amazing prizes for Mum! Available until Friday 12 May 11.00am.



*Raffle drawn at Assembly
Friday 12 May*

Lots of prizes to be won!

SAVE THE DATE:

Walk Safely to School Day Friday 19th May 2023



For the ninth year, the children and families of Our Lady's are invited to participate in *Walk Safely to School Day*. This is an Australia wide event, where all primary school aged children are encouraged to walk and commute safely to school. This is a wonderful opportunity for our families to walk to school together and discuss safety issues when crossing a road. It is also an opportunity for extra exercise in the morning which may also help ease traffic congestion on the roads around our school. Plus, it's also great for the environment!

Some families live close by the school and are regular walkers anyway, which is fantastic, we will hopefully see you walking to school on this day. However, even if you live much further away, we encourage you to park the car *a few streets away* from the school and take the time on Walk Safely to School Day to walk those extra few blocks to school together.

Teachers will be at the entrance gates in the morning to give each student who walks to school a special token provided to us, which will enable the student to go into a special raffle for an exciting prize - a Rebel Sport voucher. There will be one per class!

Please join us and remember to walk safely to school on Friday 19th May 2023!

Regards
Mrs Carabott

SPORT NEWS

On Friday the 28th of April, 29 students had the opportunity to compete against schools in an Inter-school Cross Country competition held at Sassella Park in Deer Park. The 10 Year olds had to run 2 km while the 11/12/13 Year olds had to run 3km. All of the students represented Our Lady's beautifully and out of the 29 students who competed, 21 move on to compete in the Regional Cross Country event to be held on Wednesday the 31st May at Brimbank Park.

Congratulations to all who competed.

Cross Country Team 2023

Jesse D	Andi M	Oliver B	Emily N
Xavier S	Samantha H	Thien N	Bonnie M
Dylan T	Joanne H	Simon L	Sam A
Cade A	Angeli C	Andrew T	Ava H
Henry A	Holly B	Peter D	Kloe N
Leonardo S	Kobe P	Harrison B	Eva T
Mila K	Gabe M	Aquelly L	Van R
Sebastian S			



DESIGN & DIGITAL TECHNOLOGY NEWS

Dear Our Lady's Families,

The Cyber Safety Project is presenting a webinar for parents/ carers next Tuesday (9th May) at 7:30pm. The webinar will focus on social networking through the lens of a child/ teenager and it is called *Safety on the Socials*.

The webinar will run for about an hour. This is the second webinar this year. There will be another two webinars, one in Term 3 and one in Term 4.

The future presentation dates are as follows:

TERM 3: Gaming and Your Family: Wednesday 26th July at 7:30pm

TERM 4: Digital Balance & Wellbeing: Tuesday 17th October at 7:30pm

You will have to register in order to attend the webinars. The Registration link is:

www.cybersafetyproject.com.au/webinars

Please refer to the flier on the next page for specific information on each webinar.

All live webinars will be recorded and will be available on-demand 24 hours after the live date.

Kind regards,

John Buttigieg

DDT Leader



Open Day
SUNDAY 21 MAY 2023

11am - 2pm



Enjoy tours of all three campuses, meet and greet our students and staff plus ask all your questions. Register your attendance today!



www.cccc.vic.edu.au

**CYBER
SAFETY
PROJECT**

LIVE ONLINE VIA ZOOM

On-demand rewatch
available

**LIVE
WEBINARS
AT 7:30PM**

(AEDT/AEST)

PARENT & GUARDIAN WEBINAR SERIES 2023



Plan, Prevent, Protect

AVAILABLE NOW ON-DEMAND

Learning, connecting and playing online can be positive and safe. Learn how to create a safe online environment at home with practical advice for raising young people in a technology-rich world.



Safety on the Socials

TUESDAY 9th MAY

Uncover the world of social networking through the lens of a child and teenager. Understand the risks and discover techniques to prepare kids to be safe and responsible on the socials.



Gaming and Your Family

WEDNESDAY 26th JULY

You can learn a lot through gameplay. Help the young people in your home get the most out of gaming experiences and learn strategies to build healthy gaming habits.



Digital Balance and Wellbeing

TUESDAY 17th OCTOBER

Technology plays a vital role in our world but it's easy to lose control. Finding a balance is a crucial 21st century skill. Discover simple tools and settings to manage screen time and thrive in a digital world.

FREE REGISTRATION

cybersafetyproject.com.au/webinars





audiri

FAQ



Will I need to create a new account?

No – we have made the transition as easy as possible for you. All existing login credentials in Skoolbag will work with Audiri as well.

What should I do if I encounter any issues during the update?

We've done a lot of testing and do not expect any user issues – parents will simply need to update the app in the app store. If you do experience a problem, try restarting the device, or uninstalling and reinstalling the app. If the issue persists, contact our support team for assistance – we're here to help! support@audiri.com.au



Why is SkoolBag updating to Audiri?

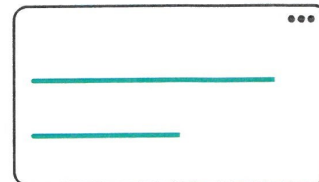
We're transitioning to Audiri for a number of reasons:

- As a product we're focussing on communications – rebranding the app to Audiri reflects its heritage as a communication product
- We're upgrading our technology platform to include new features and integrations, and will continue to do so in the future.
- All improvements are focussed on streamlining the parent experience with your school – bringing everything together into one place, and reducing the number of apps and communication channels a parent will need to monitor to know what's happening at school



When is the update expected to be released?

We will be releasing the updated app in the GooglePlay and AppStore from 1 May.



What do parents have to do to upgrade to Audiri?

Parents will simply need to update their Skoolbag app – just open the app store on your device, go to the updates tab in the App Store, or the My apps & games tab in the Google Play store and select the update button. Simple!

Will I lose data or settings during the update process?

All data – groups and user settings – will be seamlessly transitioned to the Audiri platform as part of the update process. Your data will be subject to the same high security standards as you've enjoyed with Skoolbag.



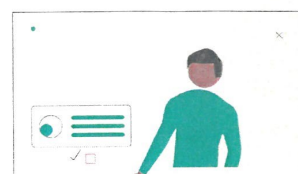
Will Audiri be compatible with my device?

Audiri has been developed for both Android and iOS devices. We have focussed on improving and streamlining the experience for the end user, so it will be simpler for parents to navigate and find important information and updates. Audiri works across tablets and smartphones, optimising for different screen sizes.



How can I provide feedback on Audiri?

We'd love to hear your thoughts about Audiri – contact our customer support team through the app or the website and let us know what you think! We'll use your feedback to continually refine the app and make even more improvements to usability and features into the future.



INSIGHTS

How to help your child be a good friend



Winnie the Pooh once said that “a day without a friend is like a pot without a single drop of honey left inside,” and my bet is that when he said this, that he wasn’t talking about any friend, he was talking about a *good* friend.

Being a good friend and knowing what a good friend entails is an integral component of friendship. Research says that kids start making meaningful friendships from around the age of four and from that point onwards, friendships will contribute to their wellbeing, learning, confidence and mental health.

But understanding what a good friend is can be tricky, so here are some strategies you can use to help explain what being a good friend means to your child and how they can be one.

Defining what it means to be a good friend

While most adults know instinctively what a good friend is, explaining this to kids can be difficult, says Reach Out’s Online Community Coordinator Janine Nelson.

Pinpointing some of those elements of what being a good friend means can be a great way to start.

For example, “being a good friend means including concepts of respect, loyalty, providing support and having fun together“, Nelson explains.

“Good friends typically display behaviours such as being trustworthy, someone who is around for the hard times not just the good times, and someone you can laugh with. Good friends respect your boundaries, and make you feel comfortable being yourself.”

Healthy Harold and the team at Life Education add that “generally, being a good friend involves loyalty, empathy and trust. A good friend would listen, be an upstander instead of a bystander, be forgiving, be patient, and respect your opinion. They are empathetic, and able to put themselves in your situation.”

What a good friend is can vary and change

It is also critical for kids to know that a good friend can be different for different people and that what we view as a good friend can change over time and as we grow.

“As kids grow older, it’s important to help them understand that there are many different types of friends and that these relationships can change over time,” says Nelson.

Helping your kids understand that this is normal and that it doesn’t equate to failure, while also supporting them through these changes is important.

Teach your child friendship values.

Life Education says that helping your kids understand what specific values are associated with friendship is key to understanding what a good friend looks like and how to be one.

“Friendship values include being a loyal friend, accepting differences in a friend, standing up for a friend, being kind and supportive to a friend and including a friend in games,” they explain.

Teach and model the social skills that underpin successful friendships

While knowledge and values are a key underpinning, consolidating these with skills is the next step.

Life Education suggest you “explain to your child that just as they can get better at swimming by practising, they can also get better at making and keeping friends by practising social skills such as smiling and greeting classmates, sharing, cooperating, negotiating, being positive, having an interesting conversation, playing games well (e.g., being a good winner and loser).”

Praise the good stuff

Provide positive feedback when you observe your child using social skills or values that have the potential to contribute to the development of their friendships. This will help reinforce the values that make a good friend.

Empower them to find their own solutions

Don’t always try to fix every problem that arises, be present and support the children as they try to find a resolution. Create an environment where no questions are off limits so that nothing is too uncomfortable to discuss.

Friendships in adolescence are different

As your kids grow into teens, friendships often take on a different significance and influence. Reach Out advises some additional strategies for parents with pre-teens and teenagers to use to help support them being a good friend. Work with your teen to set expectations around how they should treat their friends. A reminder of the values of a good friend and the skills that a good friend utilises can be helpful.

Be supportive if your teen comes to you about an issue with one of their friends without necessarily always trying to solve the problem. Listen openly and non-judgmentally without jumping into solution mode can be helpful. Model the behaviours of being a good friend. For example, you could get your teen involved if you are cooking a meal to support a friend and use the opportunity to talk about why that is important to you.

In closing

Helping your child understand the distinction between being a friend and being a good friend is important but supporting them to become one can be a tricky process. It can vary depending on you, your child/ren, the friendships and over time. Experiment with different strategies and techniques and see what works best for you and your child/ren.



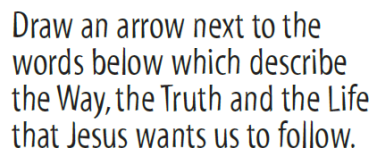
Shona Hendley

Shona Hendley is a freelance writer and a former secondary school teacher. Her work appears in Kidspot, ABC Everyday, The Guardian, Body + Soul, and News.com.au amongst others. Shona currently lives in regional Victoria with her family, including husband, two daughters, two cats, and three super cheeky goats. You can follow her on [Instagram](#).



Gospel Jn 14:1-12

'I tell you most solemnly,
whoever believes in me
will perform the same works as I do myself,
he will perform even greater works,
because I am going to the Father.'



→ **LOVE**
PEACE
GREED
FORGIVENESS
CONFLICT
JUSTICE
SELFISHNESS
COMPASSION
HONESTY
HATRED

  **come 2**
 **the except**



" _____ come
_____ the _____
except _____."