



## OUR LADY'S SCHOOL NEWSLETTER

**25 July 2019**

[www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

**Parish Priest:** Fr. Peter-Damien McKinley  
**Principal:** Ms. Patrizia Bertani  
**Parish Mass Times:** Saturday 6:00pm  
Sunday 9:00am, 10:30am & 5:30pm  
**School Phone:** 9312 2230  
**School website:** [www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)  
*Our Lady's is a Child Safe School*

*'So let us pursue what makes for peace and mutual upbringing'*  
*Romans 14: 19*

### DATES FOR THE DIARY

**Fri 26 July**

Gr 2 excursion to Collingwood Children's Farm

**Tues 30 July**

Gr 5 Kororoit Creek excursion

**Wed 31 July**

Second Hand Uniform Sale outside the Canteen 3.00-3.30pm

**Thurs 1 Aug**

School Disco 6.00-7.30pm in Hall

**Fri 2 Aug**

*Professional Learning for Staff (Berry St) -No school for the children*

**Wed 7 Aug**

Gr 4 Eucharist Reflection Day

**Thurs 8 Aug**

Feast of St Mary of the Cross MacKillop 9.00am Mass

**Wed 14 Aug**

PAB Meeting 7.00pm

**Thurs 15 Aug**

Feast of the Assumption 9.00am Mass

**Fri 16 Aug**

P&F Meeting 8.45am

**Mon 19 Aug**

Book Week Parade 8.45am

*Reading Is My Secret Power*

**Wed 4 Sept**

Professional Learning Day for Staff Fr Richard Leonard - no school for the children

**Fri 20 Sept**

End of term 3 at 3.15pm

### SACRAMENTS

**Thurs 10 Oct**

7.00pm Reconciliation

**Fri 15 Nov**

7.00pm Confirmation



Dear Parent,

As you know next Friday will be a Professional Learning Day for the staff of Our Lady's school and therefore students will not be required to come to school. The focus of this professional learning will be on further developing the staff's capacity to support the development of students' physical, psychological, social and emotional capacities so that all students' improve their wellbeing, learning outcomes and their engagement to learning. An example of the focus for the day will be to learn new strategies which aim to explore the students' unique qualities via their character strengths and values. Through investigating values and character strengths students are encouraged to develop acceptance and respect for the ways people are similar and ways they are different.

One of the values we will be closely exploring is *gratitude* and how to incorporate acts of gratitude within the school day as a valuable learning reflection tool. We will not be able to realise every individual students learning potential without attending to their wellbeing and this is why we have dedicated a whole day to this important part of our work as educators.

**Don't forget that EXTEND will be providing all day care on this day for those of you who need to access this service.**

The Year One students from 1K and 1L had a wonderful time at the Collingwood Children's Farm where they were able to experience life on a farm as part of the *Faith-Life-Inquiry Learning*. They loved the animals most of all.

Just look at the smiles on their faces which just goes to prove that learning is fun.



### *Daily Prayer*

*We should begin with prayer each day. It is important to offer everything to God.*



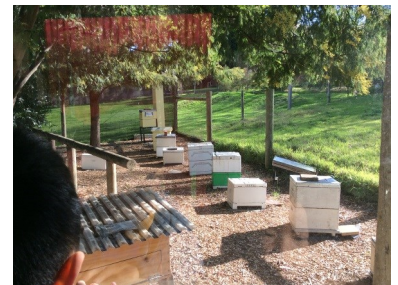
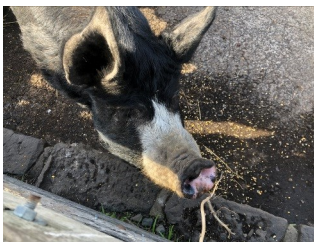
Father, we thank you for the gift of each new day. Guide our hearts to live in your way of love. Help us to serve you in everything we do and say. Send your Spirit to be with us and guide us. May we live always in hope and in love. We pray this in the name of your Son, Jesus Christ, our Lord and Redeemer. Amen



*Celebrating* 100 Years of Catholic Education 1919-2019



# Grade 1 at





*Celebrating* 100 Years of Catholic Education 1919-2019



Grade 1 at



Yours sincerely,

*Patrizia Bertani*

**Ms Patrizia Bertani**

**Principal**

[principal@olsunshine.catholic.edu.au](mailto:principal@olsunshine.catholic.edu.au)



# OUR LADY'S ANNUAL SCHOOL DISCO



Every year we organise a disco for the children to attend after school hours.

Exciting news—this years disco will be on  
**Thursday 1st August in our School Hall.**  
**The music will commence at 6:00-7:30pm.**

This year our P&F committee will be organising hot dogs and a drink for the children to eat.

We understand it can often be a rushed time for parents to bring their child to 'dance some time away' and eat beforehand as well. So we hope this may assist.

***Parents will have the option of ordering a hot dog and drink for \$4.00 via QKR from next week.***

On Thursday 1 August, hot dogs will be available from 5:30pm, giving some parents the option to come a little earlier so their child can eat before the disco officially commences. Hot dogs will be continued to be served until 6:30pm.

For child safety reasons, parents will be asked to sign their child into the disco and also sign out when picking them up. Space in the Mariana Hall or Library will be made so parents can make themselves comfortable.



A letter will come home next week. We look forward to seeing you there!

## EXTEND UPDATE.



| Monday          | Tuesday                     | Wednesday                                      | Thursday                   | Friday                                 |
|-----------------|-----------------------------|--|----------------------------|--|
| Music and Dance | Indoor Sport<br>Group games | Arts and Crafts<br>Gift making using beads and | Cooking chocolate crackles | Learn how to knit (enrichment program) |

### The Extend Superstar is...

Aiden, for positively contributing to activities such as indoor sports and assisting staff during set up or pack up times. Well done ☆

### What's Been Happening?

Children are enjoying after school care and engaging in group games, arts and crafts, cooking activities, sports challenges and music and dance. Our term 3 enrichment program is about to begin, we will be teaching children how to knit and create their very own neck warmers to present on family open night towards the end of term. Knitting enhances children's motor skills, math skills, concentration, counting abilities and much more.

Families, just a reminder if your children have any preloved books and games you no longer need at home, please consider donating to us here at Extend After School Care.

Enrol and book now: [extend.com.au](http://extend.com.au)

# Second Hand Uniform Stall

**WHEN**  
**Next Wednesday**  
**31 July 2019**  
**3.00 – 3.30pm**



**WHERE**  
**Near the canteen**

(Operated by the Parents & Friends Association)

**\$2 – ALL UNIFORM ITEMS:**

**INCLUDING GIRLS SUMMER DRESSES, SPORTS UNIFORMS, BOYS SHIRTS AND SHORTS**

**except for:**

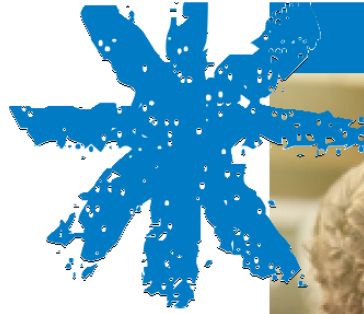
**GIRLS WINTER TUNICS, SCHOOL JUMPERS, SCHOOL BAGS - all \$5 EACH.**

**Please note the stock that is available at each stall varies. There may only be limited stock for certain items or sizes.**

parenting\*ideas

# insights

POSITIVE PARENTING



## Moving beyond asking, “What did you do at school?”

by Michael Grose



Ever found yourself asking your child the same bland question about school?

“So, how was your day? What did you do at school today? What did you learn?”

If these are your default questions the chances are that you’ll get a one or two word reply along the lines, “Fine!” “Good!” “Okay” “Nothing much.”

These answers don’t really tell you a lot. On the other hand, these types of questions don’t ask a great deal.

So how can you move beyond the mundane when you talk with kids about their school days?

### **Set the atmosphere**

It helps to create the right atmosphere for conversations. A quick “How was your day?” as you pick a child up from school is a rapport-builder or mood checker, but little more.

If you drive you may learn a bit on the trip home, particularly if you keep the radio off and are able to keep some distance between kids and mobile devices. Alternatively, walking home together may loosen up your child’s tongue and put them in the mood for talking.

### **Give kids a chance**

Most kids need some time and space to unwind before expecting them to talk about their day, particularly if you are going to ask them questions. This makes sense as most adults would feel annoyed if they were assaulted as soon as they walked in the door about their day, “How was your day? What did you do? Who did you see?” Ahh! Stop!

### **Create conversations rather than ask questions**

The dinner table makes a great place to talk, if all televisions are off, mobile devices are left behind and you take the time to make it more than a pit stop. One way to kick off a conversation is to ask kids if they’d like to hear about your day. From my experience kids are often interested in the most mundane things that go on in an adult’s day so don’t think you have to make it sounder grander than what it is. This gives kids permission to talk about their own days; your story can stimulate conversations which provides openings for kids to ask questions and share a little or in some cases a lot about their own day at school.

## parenting\*ideas

### Interesting questions lead to interesting conversations

The questions you ask to prompt a conversation will often say a great deal about you and what you value. If you focus only on academic or learning questions, then it indicates that's what you value. It helps to take conversations and your questions in different directions to get a multi-faceted window into your child's school life but also an indication of your child's interests, social skills and welfare. Here are some examples of question starters that may prompt different responses from kids about their time at school:

1. Tell me what made you laugh today?
2. Who did you play with at recess today?
3. Did you do anything that was brave?
4. If I spoke to your teacher, what would she tell me about you?
5. What did your teacher talk about today?
6. Is there anyone in your class who needs to be in time out?
7. Where's the best place to hang out/play at school?
8. Tell me one good thing that happened to you today?
9. Who were you nice/kind/friendly to today?
10. Did anyone push your buttons today?
11. What did you do that you were proud of/happy with today?
12. What's something you learned with a friend today?
13. What's your teacher's most important rule?
14. If today was musical instrument what would it be? Why?
15. If you were a teacher tomorrow, what would you teach the class?



Next time you're ask a cliched and dull question about your child's day stop yourself before you utter the words. Instead think outside the square and ask questions that may stimulate a response beyond "Fine" or "Nothing." And remember they may not feel like talking, which is fine too. Like adults, kids need to be in the right mood and the right environment if they are going to share a meaningful conversation about their day.



#### Michael Grose

*Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.*

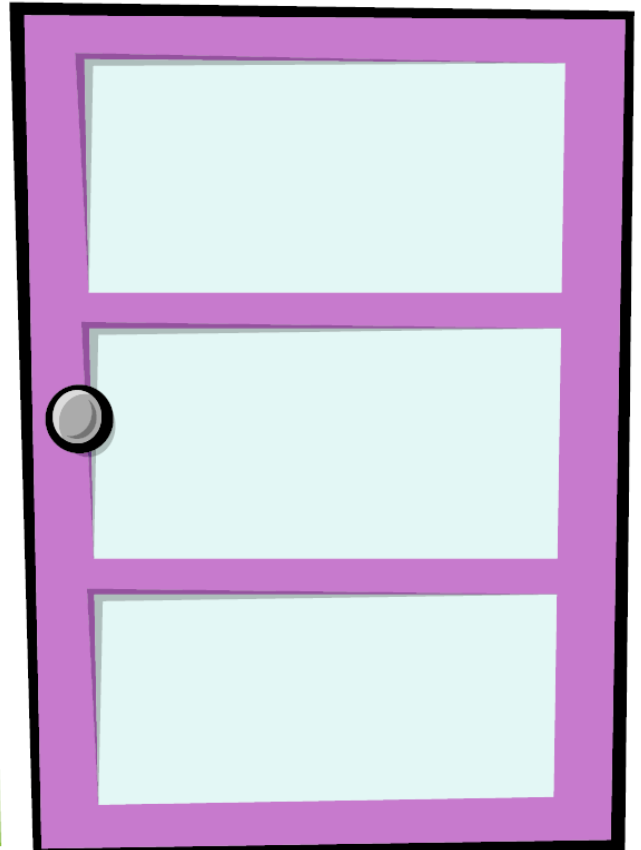


Use the words below to complete this prayer which Jesus taught to his disciples.

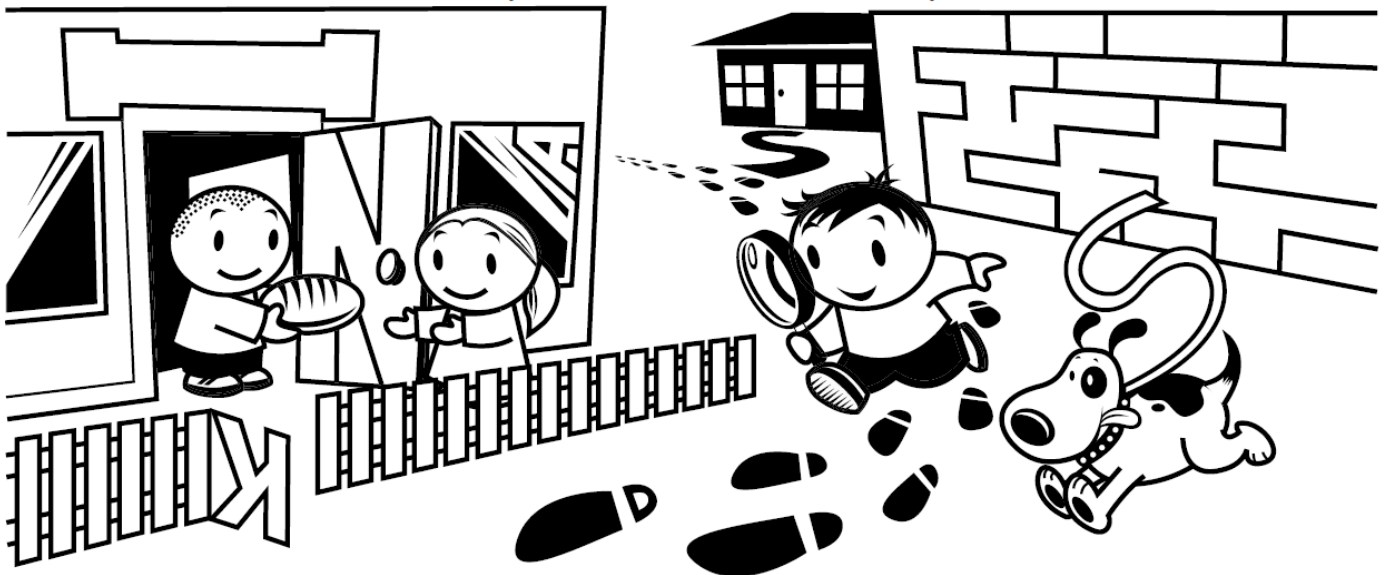
Our \_\_\_\_\_ who art in \_\_\_\_\_,  
hallowed be thy \_\_\_\_\_;  
thy \_\_\_\_\_ come, thy \_\_\_\_\_  
be done on \_\_\_\_\_ as it is in heaven.  
Give us this \_\_\_\_\_ our daily \_\_\_\_\_  
and \_\_\_\_\_ those who trespass  
\_\_\_\_\_ us, and lead us not  
into \_\_\_\_\_, but deliver us  
from \_\_\_\_\_. Amen.

will temptation name evil  
heaven bread forgive Father  
day kingdom earth against

On the door, write down three things you can ask Jesus to help you with



Find the hidden letters in the picture and use them to complete the sentence below.



Everyone who \_\_\_\_\_ will receive, everyone who searches will \_\_\_\_\_.