



# OUR LADY'S SCHOOL NEWSLETTER

## 5 February 2021

[www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

**Parish Priest:** Fr. Peter-Damien McKinley

**Principal:** Ms. Patrizia Bertani

**Parish Mass Times:**

English: Saturday 5.30pm, Sunday 9:00am, 10:45am & 5:30pm

Vietnamese: Saturday 7.30pm, Sunday 12.30pm

Chin: Sunday 2.30pm

**School Phone:** 9312 2230

**School website:** [www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

*Our Lady's is a Child Safe School*

*Heal me, LORD, and I will be healed; save me and I will be saved, for you are the one I praise. Jeremiah 17:14*

### DATES FOR THE DIARY

Every Friday Assembly online

**Fri 12 Feb**

Lunar New Year

**Wed 17 Feb**

Ash Wednesday

**Wed 24 Feb**

P&F AGM at 7.00pm

**Wed 3 March**

PAB AGM 7.00pm

**Mon 8 Mar**

Labour Day Public Holiday

**Mon 15 Mar**

School Photos

**Fri 19 Mar**

Yr 5 Eucharist

**Mon 22 Mar**

School Closure Day - Review. No school for the children

**Thurs 1 Apr**

End of Term a1 at 3.15pm

**Fri 2 Apr**

Good Friday

**Sun 4 Apr**

Easter Sunday

**Mon 19 Apr**

Start of Term 2 at 8.45am

**Wed 21-Fri 23 Apr**

Yr 6 Camp

**Sun 25 Apr**

ANZAC Day

**Wed 28 Apr**

Yr 3 Reconciliation

**Thur 29 Apr**

Yr 4 Reconciliation

**Fri 14 May**

Yr 4 Eucharist

**Fri 12 Nov**

Yr 6 Confirmation

Dear Parents/Carers,

Welcome to the 2021 school year. A very special welcome to all our new students and our new families. Our Lady's school has gotten off to an excellent start, the students are very settled and focussed on learning. As I visit the classrooms I have been delighted to see just how engaged the students are with their learning, the respectful way they communicate and the joy they show in learning together. I congratulate all our students for showing such a positive attitude to their learning. Thank you to all parents for your collaboration with the before school drop off and the after school pick up arrangements.

Our Lady's School Community has many families from Myanmar who have settled into Sunshine and who have enriched our school community by their presence. I ask you all to pray for our families from Myanmar who have relatives and friends in Myanmar as the country is currently experiencing great turmoil, violence and uncertainty.

### **Our Prayer for Myanmar**



*God of Grace and God of Mercy,*

*We come to You in fervent and collective prayer for the people of Myanmar who are currently experiencing violence and uncertainty in their villages and across their land.*

*We pray with hope and love that peace and safety will be restored across their land and in every home.*

*God in your Mercy, hear our prayer.*

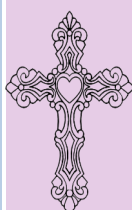
### *Work for Peace Prayer*

*We pray to be people of peace as Jesus taught us. We are to live in peace with others.*

*Jesus, you said to your followers, 'My peace I leave you, my peace I give you.' Help us to live always in peace in our hearts and our lives. Help us to bring peace to others and stand up for the rights of all people. Help us to work for peace in our families, our neighbourhoods, and our world.*

*All things are possible through you, our Lord and Savior.*

*Amen*



## Sacraments 2021

As you are aware the Sacramental Program which involves the Sacraments of Reconciliation, Eucharist and Confirmation were greatly impacted by the COVID-19 restrictions last year. Those students mostly affected are our current Year 5 students who could not receive the Sacrament of the Eucharist last year and our current Year 4 students who did not receive the Sacrament of Reconciliation last year.

Kriss Oliver, RE/Learning and Teaching Leader, Christine Carabott, Deputy Principal and myself have met with Father Peter to work together to organise the Sacraments for 2021 according to the most current COVID-19 guidelines for both the school and the Church. As you know these guidelines can change at any time depending on what is occurring in the community. The safety of all in our community must always come first and this is what our plan is based on. I am giving you the dates and times as early as I can so that those who wish to attend can arrange for that to happen. We have limited the attendance to 2 adults in order to follow the COVID-19 Safe Guidelines that are currently in place.

### For Year 5 students receiving the Sacrament of the Eucharist in 2021

The Year 5 students will receive the Sacrament of the Eucharist on Friday the 19th of March in Our Lady's Church. The students will be required to come to school later than usual at 12.00pm. We are able at this stage to have 2 adults attend with each child. The children would come to school dressed to receive the Eucharist. The Mass will start at 12:30pm and finish by 1:30pm. The students who received the Eucharist will be able to go home with their parents and celebrate together.

The school will have a party for the children in the following week.

### For Year 3 and 4 students receiving the Sacrament of Reconciliation in 2021

The Year 3 students will receive the Sacrament of Reconciliation on Wednesday the 28th of April and the Year 4 students will receive the Sacrament of Reconciliation on Thursday the 29th of April. The services will be held at Our Lady's Church and each child will be able to have 2 adults present. The students will come to school at the normal time. We ask that the children do not wear their school uniform but come to school dressed for the occasion. You will need to be seated in the Church by 12:30pm in order to participate and witness your child receive the Sacrament of Reconciliation. After the service you are welcome to take your child home to celebrate together or your child may remain at school.

The school will have a party for the children in the following week.

### For Year 4 students receiving the Sacrament of the Eucharist in 2021

The Year 4 students will receive the Sacrament of the Eucharist on Friday the 14th of May in Our Lady's Church. The students will be required to come to school later than usual at 12.00pm, with their accompanying 2 adults. We are able at this stage to have 2 adults attend with each child. The children would need to come to school dressed to receive the Eucharist. The Mass will start at 12:30pm and finish by 1:30pm. The students who received the Eucharist will be able to go home with their parents or the two adults that attended and celebrate together.

The school will have a party for the children in the following week.

### For Year 6 students receiving the Sacrament of the Confirmation in 2021

The date for the Year 6 Confirmation is set by the Bishop's office. This year our year 6 students will receive the Sacrament of Confirmation on Friday the 12th of November at 7.00pm. As I have said before this is subject to the COVID-19 guidelines at the time and therefore could change.

Parents of students in Sacramental classes will receive further information about the Sacraments in the coming weeks. We will let you know as soon as possible if any changes need to be made to this plan. Please email myself or your child's teacher if you have any queries.

### Further information about placing an objection to the 9 studio Rooming House at 91 Monash Street, Sunshine.

Thank you to Cleona, parent of Curtis and Nina, who has alerted me to the fact that there is a much simpler way of putting in an objection to the above mentioned planning proposal.

Yours sincerely,

*Patrizia Bertani*

**Ms Patrizia Bertani**

**Principal**

*principal@olsunshine.catholic.edu.au*

You can also choose to only make a written submission and not the more formal one that I advised you about yesterday. It is much simpler as your involvement ends after you make your submission and you do not need to pay a fee.

## OUR LADY'S STAFF ROLES 2021

|                                      |                          |
|--------------------------------------|--------------------------|
| Parish Priest:                       | Fr Peter-Damien McKinley |
| Principal:                           | Ms Patrizia Bertani      |
| Deputy Principal / Wellbeing Leader: | Mrs Christine Carabott   |

### Leadership Team

|                                       |                        |
|---------------------------------------|------------------------|
| Principal:                            | Ms Patrizia Bertani    |
| Deputy Principal / Wellbeing Leader:  | Mrs Christine Carabott |
| RE & Teaching and Learning Leader:    | Ms Kriss Oliver        |
| Literacy Leader:                      | Mrs Tania Cuni         |
| Numeracy Leader:                      | Mrs Anna Kalc-Smyth    |
| OHS/Child Safety Leader:              | Mr Tim Wickham         |
| Design & Digital Technologies Leader: | Mr John Buttigieg      |

### Literacy Team

|                                  |                                 |
|----------------------------------|---------------------------------|
| Mrs Tania Cuni (Literacy Leader) |                                 |
| Mrs Kath Mitchell                | Mrs Tanya Majczak               |
| Mr John Buttigieg                | Mrs Justine Sales (from Term 2) |

### Classroom Teachers

|                    |                      |                                   |
|--------------------|----------------------|-----------------------------------|
| Mr Tim Wickham     | Ms Michelle Gurry    |                                   |
| Ms Tosh Kaan       | Mrs Angelica Mendoza | Mrs Marina Portelli (from Term 2) |
| Ms Karen Everson   | Mr Joshua Howarth    |                                   |
| Ms Caroline Wood   | Ms Beatrice Robles   |                                   |
| Ms Cam Tu Nguyen   | Ms Wendy Veldman     |                                   |
| Ms Menica Scarpaci | Ms Steph Huynh       |                                   |
| Ms Jen Howe        | Ms Lana Frost        |                                   |

### Specialist Teachers

|                     |                   |
|---------------------|-------------------|
| PE / Sustainability | Ms Jo McManus     |
| Art                 | Ms Pina Mc Donald |
| LOTE (Italian)      | Mr Matteo Maccio  |

### Learning Diversity Team

|  |                        |
|--|------------------------|
| Ms Denise Ryan (Learning Diversity Leader) |                        |
| Mrs Toni Balbata                           | Mrs Lorraine Bugeja    |
| Mrs Gina Callanan                          | Mrs Lynda Gardy        |
| Mrs Frances Mafodda                        | Mrs Stephanie Martinez |

### Admin Team

|                      |                |                        |
|----------------------|----------------|------------------------|
| Mrs Mary-Anne Meilak | Mrs Jayne Hill | Mrs Catherine Elarmaly |
|----------------------|----------------|------------------------|

### Canteen Managers

|                        |                   |
|------------------------|-------------------|
| Mrs Geraldine Williams | Mrs Nubia Barrera |
|------------------------|-------------------|

### Cleaning Team

|                      |                   |
|----------------------|-------------------|
| Mr Salvatore Barrera | Mrs Nubia Barrera |
|----------------------|-------------------|

### Maintenance & Gardens Team

|                |               |
|----------------|---------------|
| Mr Steve Cozzi | Mr John Payne |
|----------------|---------------|

## Parent Advisory Board

*The evidence is consistent, positive and convincing: families have a major influence on their children's achievement. When schools, families, and community groups work together to support learning, children do better in school, stay in school longer, and like school more.*  
(Anne T. Henderson, *Beyond the Bake Sale*)

I encourage you to consider nominating for a position on the PAB if you are genuinely interested in using your skills to provide me with support and advice. I truly value the Parent Voice and am genuine in collaborating together to improve all aspects of the school. The PAB performs a critical role in the school community by bringing the parent voice to the meetings.

*We are opening up the nominations for the Parent Advisory Board. If you are interested in representing the parent voice in matters of curriculum, school resources and infrastructure, please come and join us for the Annual General Meeting on Wednesday 3 March at 7.00pm in the Mary MacKillop Library.*

### *The Parent Advisory Board Vision*

- To represent and to be representative of all parents and families, being inclusive and committed
- To share and live out the vision and the values of the school
- To be a rich source of wisdom and insight as well as working to strengthen community partnerships
- To consult and seek to achieve better outcomes for all members of the school community
- To be role models for others – maintaining a professional and confidential approach
- To make everyone feel included and welcome
- To be active listeners committed to working collaboratively
- To work proactively and positively for the school
- To represent the parent voice and the whole school community in a loyal and proper way
- To establish boundaries and protocols to operate by
- To at all times maintain confidentiality



## **OUR LADY'S SCHOOL PARENTS ADVISORY BOARD (PAB)**

### **Membership**

Open to all parents/carers – representing families

Principal (representing Parish Priest and School Community – children, families and staff)

School Leaders as required

Community members as invited e.g. Family-School Partnership convenor

### **Structure**

Chairperson

Deputy Chairperson

Secretary

Currently the Parents and Friends Committee meets and reports regularly to the Principal who will pass on relevant information to the Parents Advisory Board

### **Vision for Parent Advisory Board**

- To represent and to be representative of all parents and families, being inclusive and committed
- To share and live out the vision and the values of the school
- To be a rich source of wisdom and insight as well as working to strengthen community partnerships
- To consult and seek to achieve better outcomes for all members of the school community
- To be role models for others – maintaining a professional and confidential approach
- To make everyone feel included and welcome
- To be active listeners committed to working collaboratively
- To work proactively and positively for the school
- To represent the parent voice and the whole school community in a loyal and proper way
- To establish boundaries and protocols to operate by
- To at all times maintain confidentiality

### **Current protocols/agreements include:**

Maintain a positive and proper tone for all our communication – in meetings and in representing the school. Speak for the needs of all children and not our personal concerns (individual matters are to be discussed with the school leaders and teachers).

Agenda is set by the Chairperson in consultation with the Principal. All parents attending are welcome to add items to the agenda. New agenda items are tabled and then placed on the agenda of the next meeting.

Meetings start at 7.00pm and end at 8.00pm.

The chairperson communicates matters to the school community via Parent Advisory Board Newsletter article. Please email to: [jhill@olsunshine.catholic.edu.au](mailto:jhill@olsunshine.catholic.edu.au)

The principal follows up matters with the staff and the whole community.

The secretary records and distributes the notes of the meeting to all attendees and apologies.

Proposed agenda items must be emailed to the Chairperson / Deputy Chairperson / Secretary 1 week before the scheduled Board Meeting.



# *Parents Advisory Board*

## **Expression of Interest Form**

Expressions of Interest are invited for the Our Lady's School Parents Advisory Board 2021.

I, (your name) \_\_\_\_\_

Parent of (name and grade of your eldest child):

\_\_\_\_\_

Contact number: \_\_\_\_\_

Contact email: \_\_\_\_\_

Am interested in becoming a member of the Our Lady's School  
Parents Advisory Board in 2021

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

***EXPRESSIONS OF INTEREST FORMS ARE TO BE HANDED INTO THE OFFICE***

# Parents & Friends Committee

At Our Lady's school we are committed to developing and sustaining reciprocal partnerships with our parent community in order to improve student engagement, wellbeing, and learning. Joining the Parents and Friends Committee is a great way to contribute to strengthening your connection to this school. We are hoping that you will consider joining the Parents and Friends Committee. Over the years the Parents and Friends Committee and volunteers have raised money to purchase valuable resources for the school as well as providing additional rich experiences for the children of Our Lady's school to enjoy.

Our school values, encourages and appreciates parent involvement and children love to see their parents participating in the life of the school.

## Parents and Friends Committee

### Annual General Meeting 2021

**Wednesday 24 February at 7.00pm in the Mary  
MacKillop Library**

It is a great way of connecting with other parents and you will be made to feel very welcome. We look forward to adding new members to our already great team.

Attached you will find the role descriptions and a nomination form. Joining the Parents and Friends Committee is a wonderful way to meet other parents, support the school via many exciting fund raising activities and to enrich the children's school experience by organising special treat days or the Sacramental parties for the children who received their Reconciliation, Eucharist or Confirmation.



## **ROLE DESCRIPTIONS OF THE PARENTS AND FRIENDS COMMITTEE**

### **President**

The President's position carries a task of trust and responsibility and requires skill and time. The President should exercise authority with tact, be impartial and open to other points of view.

The main role of the President is to:

- \* Be the main representative/spokesperson for the P&F
- \* Liaise with the Committee members and set the agenda for meetings
- \* Be the main contact for agenda items
- \* Open the meetings punctually and ensure the agenda is followed
- \* Ensure those present at the meeting have the opportunity to discuss each item on the agenda prior to a decision being made
- \* Make sure, particularly on contentious matters, as many points of view as possible are expressed
- \* Make sure everyone is given an opportunity to speak and encourage members to speak by addressing questions to them
- \* Work towards a collaborative approach with other members of school community
- \* Be mindful of timelines, keep discussions on track and keep meetings moving
- \* Make sure everyone is given an opportunity to speak and encourage members to speak by addressing questions to them
- \* Work towards a collaborative approach with other members of school community
- \* Be mindful of timelines, keep discussions on track and keep meetings moving
- \* Make sure everyone is given an opportunity to speak and encourage members to speak by addressing questions to them
- \* Work towards a collaborative approach with other members of school community
- \* Be mindful of timelines, keep discussions on track and keep meetings moving

### **Vice-President**

The Vice President plays an important role by assisting the President with P&F responsibilities and replacing the President and chair meetings in the absence of the President.

### **Secretary**

The Secretary is very important to the efficient operation of the P&F. Duties and responsibilities include:

- \* Taking minutes at P&F and Committee meetings
- \* Photocopying and distributing minutes to Committee members along with agenda prior to the next meeting
- \* In consultation with the Principal and President:
- \* Providing a summary of the matters discussed at the meeting for display on the parents' notice board
- \* Dealing with any incoming/outgoing correspondence

### **Treasurer**

The Treasurer carries a task of trust and responsibility. Duties and responsibilities include:

- \* Taking charge of monies of the P&F
- \* Keeping accurate financial records of all receipts and expenditure
- \* Banking all money regularly
- \* Reporting regularly on the P&F's financial position at meetings
- \* Preparing a financial report for the Annual General Meeting

### **Committee Members**

Committee members have a responsibility to:

- \* Attend PFA meetings as regularly as possible and send apologies if unable to attend
- \* Help organise P&F activities and projects
- \* Work towards the best possible outcomes being achieved
- \* Be mindful that discussions should be on topics which are relevant to the whole school community
- \* Facilitate and nurture positive home/school relationships within the parent community





## Election of the Our Lady's School Parents and Friends Committee 2021

### **Nomination Form**

#### **P & F Annual General Meeting – Wednesday 24 February at 7.00pm**

Nominations are invited for the Our Lady's School Parents & Friends Committee 2021.

### **Nomination**

I, (your name) \_\_\_\_\_

Parent of (name and grade of your child) \_\_\_\_\_

Nominate: (name of person) \_\_\_\_\_

For the Position of: (one form per nomination)

☐

President

☐

Vice President

☐

Secretary

☐

Treasurer

### **Signed**

Nominator: \_\_\_\_\_

Date: \_\_\_\_\_

### **Nomination Acceptance**

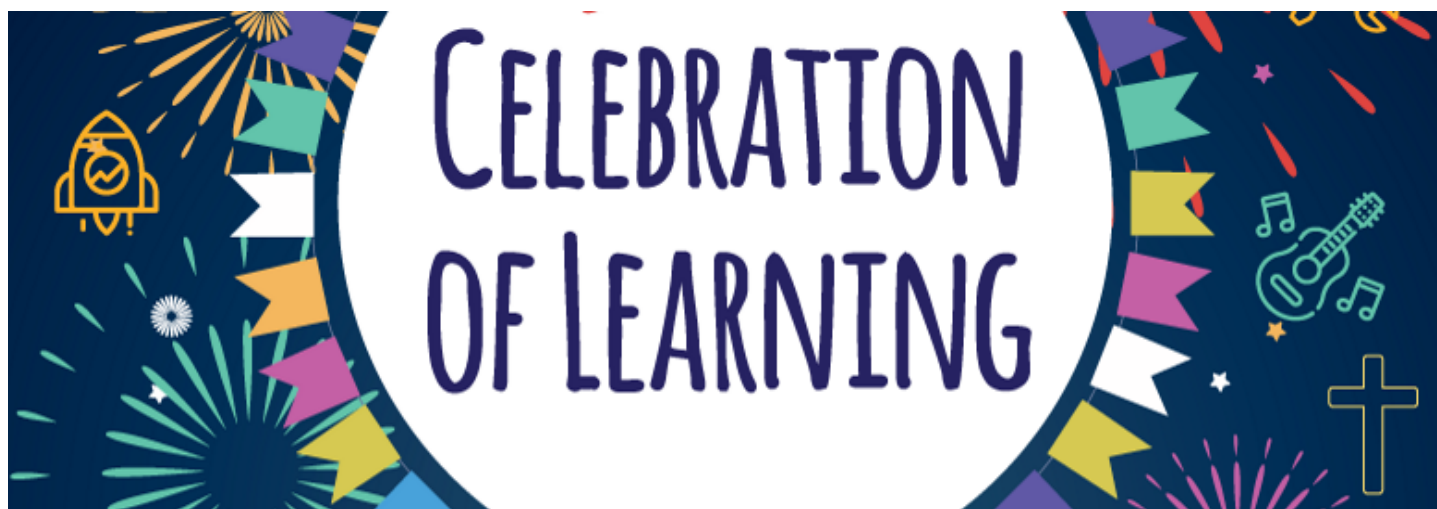
I, (nominee) \_\_\_\_\_

Parent of (name and grade of your child) \_\_\_\_\_

Accept the nomination as indicated above.

Nominee's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

***ALL NOMINATION FORMS ARE TO BE HANDED INTO THE OFFICE***



## FI

**Tom N** - You have been a fantastic Self-Manager by regulating your emotions and organising yourself. Well done!  
*From Ms. Cam Tu*

**Samuel P** - I'm very impressed by your attitude towards learning. You approach everything with great enthusiasm. *From Ms. Cam Tu*

## FJ

**Lily P.** - For showing persistence in her learning. You keep going even when learning is difficult. *From Miss Wendy*

**Sophie N.** - For explaining your learning to us. Thank-you for helping us to understand that we can change what we are going if it is not working out. *From Miss Wendy*

## 1K

**Catherine N-** for showing that you can be a Self-Manager in your learning and using beautiful manners. Well done *From Miss Scarpaci*

**Oliver S-** for showing fantastic listening skills, following instructions and following the school rules. Well done *From Miss Scarpaci*

## 1L

**Bonnie M** - For being a kind and compassionate friend who comforts those who are feeling down. *From Miss Steph*

**Damien C** - For being our 5 L's listening champion! Well done for making a great start to Year 1. *From Miss Steph*

## 2M

**Andi M-** for being a kind, and wonderful friend to her peers. Well done! *From Miss Frost*

**Matthew M-** for being a wonderful helper, and for his great listening skills! Awesome work! *From Miss Frost*

## 2N

**Helena L-** For having a positive growth mindset and starting Year 2 with such positivity! Keep it up Helena! *From Ms Howe*

**Imogen T-** For showing the Our Lady's Gospel Values of Respect and Peace during our first week in Year 2! You are a fabulous role model for your peers! Well done Imogen! *From Ms Howe*

## 3E

**Nevaeh M** - for volunteering to read the Acknowledgement of Country on behalf of the Year 3 students. Congratulations Nevaeh on your courage and positive attitude to learning. *From Miss Karen*

**Ryan V** -for making an amazing start to the school year and to 3E. Keep up the wonderful learning. *From Miss Karen*

## 3F

**Angeli** for coming back to school with a great attitude and being ready to learn!  
Well done! *From Mr Howarth*

**Henry** for demonstrating the learning asset of being a self-manager by being an independent learner. Keep up

the great work! *From Mr Howarth*

#### 4G

**Cade** - for demonstrating the School Gospel Value of 'Service'. It has been very impressive to see you helping, guiding and clarifying tasks to keep others on track. Amazing! *From Ms Wood*

**Eva** - for coming to school with such an amazing, positive and open-mindset. You have played a big role in making our classroom a bright and happy space. Keep it up! *From Ms Wood*



#### 4H

**Willow F** for following classroom expectations, respecting the teacher and contributing to class discussions. *From Ms. Robles*

**Van R** for being a good listener, following classroom expectations and always giving everything a go. *From Ms. Robles*

#### 5C

**Carry C** for living our Gospel Values of Respect and Service from the moment he walked into 5C *From Ms. Kaan*

**Jacqueline M** for bringing her Kind, polite and friendly nature to 5C and the Our Lady's. *From Ms. Kaan*

#### 5D

**Chanel P** For being a great role model to your peers by living out the school values through your words and actions! *From Mrs Mendoza*

**Olivia B** For the enthusiasm you have shown towards your learning. What a great start to a new school! *From Mrs Mendoza*

#### 6A

**Hunter W** For showing leadership through the use of initiative. Congratulations, keep up the great work. *From Mr Wickham*

**Izabella T** For displaying the Our Lady's School Gospel Value of Respect through her polite and quiet manner. Thank you for being a great role model. *From Mr Wickham*

#### 6B

**An D** - For making an excellent start to Year 6 by being focussed and meeting classroom expectations. Well done! *From Ms. Gurry*

**Eamon L** - For contributing to classroom discussions and always trying to think deeply about things and make connections. *From Ms. Gurry*



|                  |                |                 |
|------------------|----------------|-----------------|
| Mrs Mafodda      | Samuel A 6 B   | Myumi P 6 B     |
| Brian N F I      | Nha Dan T 6 B  | Jai J 6 A       |
| Levi J 6 B       | Thelma N F J   | Sam A 4 H       |
| Miss Catherine   | Saiyam S 3 E   | Van P F I       |
| Ben M 2 N        | Oliver B 2 N   | Lucas N 6 B     |
| Evelyn W 4 G     | Marietta G 6 A | Amelia M 5 C    |
| Karen H 5 D      | Matthew M 2 M  | Ava H 4 G       |
| Louise N 1 L     | Vabietha C F I | Sophia V 1 L    |
| Lily W 6 B       | Kim B 2 M      | Mason F 6 A     |
| Ms Kaan          | Miller M 5 C   | Elizabeth N 5 D |
| Andreas A 1 L    | Koby B 1 K     | Skylar C 2 N    |
| Teague A 6 A     | Delilah T 3 E  | Minh V F J      |
| Sumerpreet S 6 B | Ruth Z 5 C     |                 |













## We are excited about coming back to your school!

**Teeth On Wheels is returning to  
your school this term.**



If you completed a form this year, we will see your child. If you are unsure if you have handed a form in, please click on the link below and complete a new form!

<https://teethonwheels.com.au/consent-forms/consent-eform/>

For any questions or queries, please feel free to contact our team 03 9338 1191

**WE ARE A COVID-19 FRIENDLY PRACTICE**

**TeethOnWheels™**  
a positive dental experience



## INTERSCHOOL SPORT - TERM 1



| ROUND | DATE               |      | VERSUS                           |
|-------|--------------------|------|----------------------------------|
| 1     | Friday 12 February | Home | Our Lady's vs Ardeer South       |
| 2     | Friday 19 February | Home | Our Lady's vs St Theresa's       |
| 3     | Friday 26 February | Away | Sunshine Harvester vs Our Lady's |
| 4     | Friday 5 March     | Away | Albion vs Our Lady's             |
| 5     | Friday 12 March    | Away | Sunshine Heights vs Our Lady's   |
| 6     | Friday 19 March    | Home | Our Lady's vs St Paul's          |
| 7     | Friday 26 March    | Away | Sunshine North vs Our Lady's     |

## OUR LADY'S PARISH MASS TIMES

English: Saturday 5.30pm  
Sunday 9.00am, 10.45am, 5.30pm

Vietnamese: Saturday 7.30pm  
Sunday 12.30pm

Chin: Sunday 2.30pm



## SPORT AND ART TIMETABLE TERM 1 2021

These are the days which students have Sport and Art in Term 1 (and need to be in their sport uniform and have their Art Smock at school):



|             |            |         |            |         |           |
|-------------|------------|---------|------------|---------|-----------|
| Foundation: | Fridays    | Year 1: | Thursdays  | Year 2: | Thursdays |
| Year 3:     | Tuesdays   | Year 4: | Tuesdays   |         |           |
| Year 5:     | Wednesdays | Year 6: | Wednesdays |         |           |



## OUR LADY'S PARISH – SUNSHINE

*Welcome back and we keep praying for each other for many blessings on our year ahead. This is an update on a few changes on how to book in for Mass.*

### SPECIAL EVENTS

#### Masses in VIETNAMESE for the NEW YEAR

**BOOK your TICKET TODAY - [www.cam.org.au/sunshine](http://www.cam.org.au/sunshine) choose LINKS**

7.30pm Thursday 11 February: Fr Joe SDB (16 places left)      7.30pm Friday 12 February: Fr Cao SJ (39 places)

7.30pm Saturday 13 February: Fr Luan CS (58 places left)      12.30pm Sunday 14 February: Fr Joe SDB

*ARRIVE early- DOOR CLOSED at full capacity (current booking limit 100 people each Mass)*

ASH WEDNESDAY 17<sup>th</sup> FEBRUARY (*Bookings have opened online & close on 16<sup>th</sup> Feb*)

Mass in English: 9.00am; 6.30pm;      Mass in Vietnamese: 7.30pm

**Weekend Mass BOOKINGS** see [www.cam.org.au/sunshine](http://www.cam.org.au/sunshine) choose LINKS

#### CHANGE FROM 17<sup>TH</sup> FEBRUARY, 2021

**ALL BOOKINGS CLOSE BY 12.00PM MIDDAY EACH FRIDAY**

*This will allow the Parish Office to print lists before it closes.*

**Note:** Please offer to help doing bookings if you know some of the senior members of your family who would like to come to Mass but DO NOT USE COMPUTERS.

*IF YOU DO NOT BOOK in advance or IF YOU ARRIVE LATE* – Sadly the doors may be closed when you arrive and numbers may be at capacity if others have filled up the number of places the current government restrictions allow us.

The QR CODE on w/end Masses is for extra capacity if available. The link on our WEB PAGE is the main booking system

*IF we're fully BOOKED* – another SUNDAY MASS Option is available on TV – (intended also for the house bound or sick or in hospital): 6.00am Sunday on Ch 10; 11am Sunday on Ch 31 from St Patrick's Cathedral

**WEEKDAY MASS** Monday – Friday \* Please check in on arrival with the QR code using your phone – or write 1<sup>st</sup> name & number – required during the pandemic. (*Weekdays not online unless special events*)

PARISH OFFICE TELEPHONE: 9 4 0 1 6 3 4 4

Web Page: <http://pol.org.au/sunshine/Home.aspx>

Parish Office Hours Tuesday – Friday 11.00am – 2.00pm (*phone or email preferred*) Email: [sunshine@cam.org.au](mailto:sunshine@cam.org.au)

Outside of Office hours the staff are on modified arrangements working from home: for emails - we respond when able to



**Raised to Serve:** Reflection on this Sunday's readings by Scott Hahn - 5th Sunday in Ordinary Time

Readings: [Job 7:1–4, 6–7](#) [Psalm 147:1–6](#) [1 Corinthians 9:16–19, 22–23](#) [Mark 1:29–39](#)

In today's First Reading, Job describes the futility of life before Christ. His lament reminds us of the curse of toil and death placed upon Adam following his original sin (see [Genesis 3:17–19](#)). Men and women are like slaves seeking shade, unable to find rest. Their lives are like the wind that comes and goes. But, as we sing in today's Psalm, He who created the stars promised to heal the broken-hearted and gather those lost in exile from Him (see [Isaiah 11:12](#); [61:1](#)). We see this promise fulfilled in today's Gospel.



Simon's mother-in-law is like Job's toiling, hopeless humanity. She is laid low by affliction but too weak to save herself. But as God promised to take His chosen people by the hand (see [Isaiah 42:6](#)), Jesus grasps her by the hand and helps her up. The word translated "help" is actually Greek for "raising up." The same verb is used when Jesus commands a dead girl to arise (see [Mark 5:41–42](#)). It's used again to describe His own resurrection (see [Mark 14:28](#); [16:7](#)). What Jesus has done for Simon's mother-in-law, He has done for all humanity - raised all of us who lay dead through our sins (see [Ephesians 2:5](#)). Notice all the words of totality and completeness in the Gospel. The whole town gathers; all the sick are brought to Him. He drives out demons in the whole of Galilee. Everyone is looking for Christ. We too have found Him. By our baptism, He healed and raised us to live in His presence (see [Hosea 6:1–2](#)). Like Simon's mother-in-law, there is only one way we can thank Him for the new life He has given us. We must rise to serve Him and His gospel. Our lives must be our thanksgiving, as Paul describes in today's Second Reading. We must tell everyone the good news, the purpose for which Jesus has come - that others, too, may have a share in this salvation.

**Gifts for Sacraments:** [St Therese Pilgrim Statues](#) & [Columban Calendars](#) – with the saints feastdays  
\$10 each - at Piety Stall after Mass or contact Parish Office

**WEEKLY DONATIONS - Thanksgiving Collections - CDFpay** is a new option we'd like to move towards <https://bit.ly/CDFpaySunshine> It's difficult for the parish - our bills still need to be paid and loans payments made but it's also difficult for you, *so your needs are important to meet*, and after that, whatever you're able to give is very gratefully received. You're welcome to give regularly online if able to assist the parish financially during this difficult time. *Heartfelt thanks to those who have been giving each week in various ways especially the direct debits and CDF pay.*

**Your Help is Needed** at EVERY MASS: **PLEASE SIT AT THE FRONT** in the next available seat starting from the very front section of the church. Leave 1.5m between you and the next person IF they are not the same household. This will help assist us with cleaning, only the seats used, after each Mass, which we kindly do for the safety of all. *Help is needed each week* (immediately after Mass) - sanitizing of seats & high contact surfaces & the bathroom. **THANKYOU** for your kindness and help!

# insights



## Helping children make a bright start to school

by Michael Grose

*Starting school is a major step in a child's educational journey. It is made easier when children are prepared for the transition.*

Children's milestone events such as starting school always bring a mix of emotions for both children and parents, with excitement, anticipation and nervousness being the most common. If either you or your child is feeling anxious about the big event then the following tips will help ease the tension and ensure your child makes the best possible start to their school life:

### 1. Be positive about the year ahead

School starters generally take their cues from their parents so your attitude to school, your child's teacher and learning can set the scene for a positive year ahead. Be positive and confident that your child will fit in and succeed and you increase the likelihood that they will do so.

### 2. Tell them what to expect

One of the best ways to ease a child's anxiety is to provide information about what they can expect at school. Over the school holidays, reinforce what they have already learned about lining up, play areas, routines and other aspects of school they may have experienced during the transition program. In this way your child will be better prepared for what happens when real school starts.

### 3. Develop your child's independence skills

Children with age-appropriate self-sufficiency skills generally find starting school much easier than children who have always had everything done for them. In the months leading up to the start of school make sure your child knows: how to open and close their lunchbox; how to pack their bag or backpack; how to use the toilet independently; and how to pack away their belongings. Practise eating play lunch and school lunch with your child. Also help them develop the habit of packing up their toys, their dinner plates and their clothes. These simple habits soon become ingrained patterns that will help maximise your child's long-term success at school.



### 4. Explain what school expects from them

Let your child know that being at school requires some behaviours that may be very different from those required



at home. For instance, there will most likely be different rules and routines. They will probably have to work with many more children, they may have to put up their hand to get a teacher's attention and they may have to wait their turn to be heard. Help them understand that in a classroom they may not be able to do things when they want to – which can come as a shock to some children. These lessons about fitting in will help your child adapt quickly to their new surroundings.

## 5. Teach social etiquette

School requires children to make friends with other children and also to work and play alongside others. Take the time to explain and role-play the social etiquette that will help your child succeed socially. *“Jeremy, when you want to play with others you need to say, ‘Excuse me! Can I join in your game?’”* Another way for children to learn social etiquette is through play dates, family gatherings and family mealtimes. Also insist that your child shows good manners including using ‘please’ and ‘thank you’, which will aid their continued social development.



## 6. Familiarise them with the school environment

The scale of the physical environment of a school can be daunting for young children so consider spending some time at school during the holidays so they become familiar with the playground and the buildings. Also make the journey to and from school a number of times prior to the start of school so that they are comfortable when they go on the first day.

## 7. Develop a goodbye routine

Despite the best start to the school year there will always be those days when a child just doesn't want to go to school. Tears and tantrums are common for many school starters. It helps in these less-than-pleasant situations if you have a goodbye routine that includes a smile, a kiss and/or hug and leaving without looking back. If saying goodbye in the morning continues to be a struggle, seek the advice and help of your child's teacher.



## 8. Don't forget to develop a hello routine too!

Once school has finished some children just want to relax without talking about school, while others may unload about the events of the day. Follow their lead but regardless of whether your child opens up or closes down make sure they have some downtime so they can relax and unwind. If your child always presents a tale of woe about school (*“I hate school. I'm not going back”*), be patient and remember that children can be faulty observers and don't always see things as they really are. Help them look for the positive or good parts of their day by asking questions such as *“What did you enjoy about today?”*

At times of transition it's worth remembering that some children adapt to change far quicker than others. Some children adapt easily to new routines and new surroundings, while others may take many weeks to feel comfortable with going to school. If the latter is the case for your child, then patience, consistency and exposure to affirming parent networks may be the best allies that you and your child can have.



### Michael Grose

*Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.*



# Jesus is the Good News

5th Sunday in Ordinary Time, Year B



## Gospel Mk 1:29-39

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.



Jesus went away to be alone and pray.  
Where are some places that you pray?

Colour in all the shapes that contain dots to reveal what Jesus wants everyone to know.

