



*Laudato Si*  
 "All of us can cooperate as instruments of God for the care of creation, each according to his or her own culture, experience, involvements and talents." N14 Pope Francis

#### DATES FOR THE DIARY

**Fri 25 July** 9.00am Mass to welcome Mrs Madigan  
**Tues 29 July** Yr 3 Edendale Farm Excursion, Yr 4 Water Treatment Plant excursion  
**Thur 31 July** Morris Gleitzman Author visit for Book Week, 10.00am Bishop visiting  
**Fri 1 Aug** 100 Days of Foundation  
**Mon 4 Aug** Yr 6 Confirmation Reflection Day  
**Fri 8 Aug** Feast of St Mary of the Cross MacKillop 7.00pm Confirmation  
**Mon 11-Thur 14 Aug** Book Fair  
**Mon 11 Aug** Yr 5 Scienceworks excursion  
**Tues 12 Aug** Yr 4 Traffic School excursion  
**Wed 13th Aug** - Professional Development Day for Staff (no school for children) Religious Education Focus  
**Fri 15 Aug** Feast of the Assumption  
**Mon 25 Aug** Book Week Parade  
**Tues 26 Aug** Yr 3 Traffic School excursion

#### PAB Meetings

Wed 20 Aug 7.00pm  
 Wed 19 Nov 7.00pm

#### P&F Meetings

Tues 12 Aug 7.00pm  
 Wed 5 Nov 7.00pm

#### 2025 Professional Development Days for staff - No school for the children

##### Term 3

Wed 13th August - Religious Education Focus

##### Term 4

Mon 3rd of November

1:00pm finish days at the end of each term  
 Term 3 - Fri 19th September  
 Term 4 - Tues 16th December (last day of the 2025 school year for students).

#### Sacraments

**Fri 8 Aug** 7.00pm Confirmation for Yr 6

Dear Parents and Carers,

What a wonderful week it has been! I am so grateful for the kindness and support I have received from everyone, teachers, students, and families. It was a true honour to be welcomed today at our formal mass, with all three of our priests in attendance, as well as my family and friends. It was a moment of reflection and gratitude that I will always cherish.

Over the course of this week, I've had the privilege of meeting so many amazing students and families, and I've received so many kind well wishes. If you see me in the yard, please don't hesitate to come up, introduce yourself, and share your name. While I may recognise your face, it will take me some time to remember all the wonderful names that go with them!

I would also like to extend a special thank you to the 'Events Committee', who worked so closely with Mrs. Carabott to surprise me with the Q&A session. I truly hope that many of you have had the chance to get to know me a little better and learn about some of the things I enjoy doing outside of school life.

As we move forward, I want to inform you that over the next few weeks, we will be welcoming a number of visitors to our school. These visitors will be speaking with the leadership team and visiting some classrooms as part of a regular school review process. This is something that happens periodically in all schools, and we welcome Lorraine Kennedy, who will be conducting the review. Please join me in making Lorraine feel welcome as she works with us to reflect on our practices and identify areas for growth.

I feel incredibly blessed to be the Principal of a school that means so much to me. As a former student here, I know firsthand how strong the foundation is that this school provides, and I am honoured to now be in the position of caretaker and leader. I shared a little of my personal journey with those who attended today's

#### Welcome Mrs Madigan



Heavenly Father, we thank you for the gift of our new principal, Mrs Madigan. We are grateful for their willingness to accept this important leadership role and for their dedication to our school. We ask for your divine wisdom and guidance to be upon them as they lead our school community. Grant them strength, patience, and clarity of vision as they work with teachers, students, and families. May their leadership foster a positive and nurturing environment where all can thrive academically, socially, and spiritually. Bless our school with unity, compassion, and a shared commitment to excellence. We ask this in your name. Amen

mass, and I spoke about how profoundly my time at this school has shaped me. God truly works in mysterious ways, and I am so thankful that my journey has led me back to a place so special to me.

As I step into this role, I am mindful of the legacy of St. Mary of the Cross MacKillop, the Josephite Sisters, and all the previous Principals who have led this school with passion and care. I will do my very best to continue their work and build upon the foundations they have laid.

Thank you once again for making this week so memorable. I am looking forward to the journey ahead with all of you.

Have a safe and restful weekend.



## Getting quizzed by the Events Committee



Warm regards,

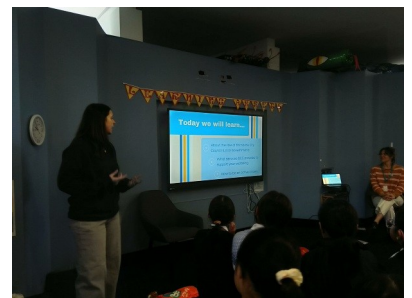
*Caroline Madigan*

**Mrs Caroline Madigan  
Principal**

[principal@olsunshine.catholic.edu.au](mailto:principal@olsunshine.catholic.edu.au)



# Yr 5 Local Government Incursion





## BOOK WEEK IS COMING!!



### BOOK PARADE

**MONDAY 25 AUGUST 8.45am in the Hall**

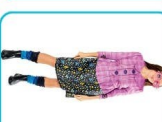
**Are you ready to dress up as your favourite book character?**

**If you could choose to be anybody from a book, who would it be?**

**You could be a superhero, a princess or a cat.**

**Who will you choose? Will it be a mask, a wig, a hat? Crazy socks look great as well!**

**Who will you be? What will you wear?  
We can't wait to see!!**





**OUR LADY'S SCHOOL PRESENTS**



# **THREE LITTLE BIRDS**

**TICKETS ON SALE VIA TRY BOOKING**

**MONDAY 21 JULY 9.00am**

**Tickets \$10.00 per person**

**No ticket needed for performers**

## **SESSION TIMES**

**Monday 8 September 2.00pm Group 1**

**Tuesday 9 September 2.00pm Group 2**

**Wednesday 10 September 2.00pm Group 1**

**Thursday 11 September 2.00pm Group 2**

**Monday 15 September 2.00pm Group 2**

**Tuesday 16 September 2.00pm Group 1**

**Wednesday 17 September 2.00pm Group 2**

**Thursday 18 September 2.00pm Group 1**



<https://www.trybooking.com/DCMJ1>

**ALL SESSIONS IN THE FR JOHN MAHER AUDITORIUM AT  
OUR LADY'S SCHOOL**

**The performance is repeated for each session.**

**GROUP 1 - FI, 1K, 2M, 3E, 4G, 5C & 6A**

**GROUP 2 - FJ, 1L, 2N, 3F, 4H, 5D & 6B**

# Peaceful Parents

**FREE 4 Week Workshop for parents of primary school children**



*Parents can learn for themselves...*

Mindfulness strategies

How to slow life down & be more in Flow

How to enjoy parenting more & reduce stress

Resilience building exercises & strategies

Self-Care & Wellbeing Boosters

Positive psychology strategies to boost wellbeing

*And ways to support their children...*

Mindful listening & responding

Effective Coping Strategies

Managing children's feelings & worries

Problem Solving strategies



**Dates:** Monday 4<sup>th</sup> August – Monday 25<sup>th</sup> August

**Time:** 10am – 12pm (Creche available)

**Location:** Brimbank Aquatic & Wellness Centre

Contact: Lynda 0491 152 786

Or complete the QR code & I will be in touch

 **Good Shepherd**  
Australasia New Zealand

Peaceful Parents Workshop





# PROJECT COMPASSION

## Certificate of Appreciation

Presented to:

Our Lady of the Immaculate Conception Primary School

♥ Thank you ♥

Your generosity during Project Compassion this year will support our neighbours worldwide, empowering the most vulnerable people to build a just future for themselves, their families and communities.

*Kirsten Siegers*

Caritas Australia CEO



**UNITE  
AGAINST  
POVERTY**  
this Lent

[fundraise.projectcompassion.org.au](https://fundraise.projectcompassion.org.au)

(02) 7254 5120

#projectcompassion

## SUNSHINE T-BALL COMPETITION

**When:** Every Wednesday, from  
30 July - 10 September 2025

**Where:** Sunshine Softball Association, More  
Park, Esmond St, Ardeer

**Time:** 5.00pm - 6.00pm

**Who:** All genders, ages 5-11

**What is T-Ball?** Bat and ball sport, similar  
to Softball, Baseball & Rounders, played on  
a diamond shaped field, ball is hit off a  
batting tee, fielders field ball with a glove.

**Equipment:** All equipment provided

**Cost:** \$55.00



**REGISTRATIONS  
NOW OPEN!**

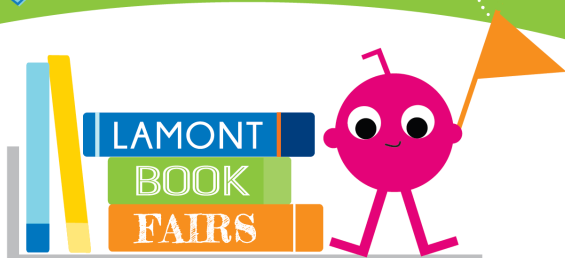
Scan QR code  
to register



<https://www.revolutionise.com.au/sunshinesa/events/303096>



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PROUDLY RUN BY LOCAL  
POLICE & VOLUNTEERS

**Blue Light**

**SIIPER  
HERO**

BRIMBANK

**BLUE LIGHT**

**FRIDAY 1ST AUGUST**

**6-8 PM | GRADES 3-6 | \$10 ENTRY**

ST ALBANS COMMUNITY CENTRE 33 PRINCESS STREET, ST ALBANS

HOT & COLD FOOD AVAILABLE  
FOR PURCHASE

DOORS CLOSE AT 6.30PM

**PURCHASE TICKETS HERE:**



bluelight\_brimbankmelton



Brimbank/Melton Blue Light





Melbourne Archdiocese  
Catholic Schools



SIMONDS  
CATHOLIC COLLEGE  
KNOWN - SUPPORTED - NURTURED

# YEAR 7 2027

## ENROLMENTS OPEN

limited places available at other year levels

### APPLICATIONS CLOSING

### 15 AUGUST 2025



Talk & Tour sessions pre-15 August fully booked.  
Private Tours available for 2027 Families on 29/7, 31/7, 7/8 & 12/8 at 9:30am & 1:30pm

### Dadfit is coming to Braybrook!

Dadfit is kicking off a new program for our local Dads commencing the 31st July at Braybrook Community Centre

Dadfit is a FREE community program to help you get active, connect with other local and school dads, and share experiences in a safe and supportive environment

The group will meet weekly on Thursday nights, 7-9pm, for five weeks

To sign up, please fill out this quick form on the Dadfit website:

<https://dadfit.au/maribyrnong>



**dadfit**  
Maribyrnong

Supported by:  
Maribyrnong

**DADFIT  
MARIBYRNONG**

FREE 5-WEEK PROGRAM

Only 20 spots available!

Starting Thursday 31 July



# The Two People Who Can Change Your Child's School Life

When we think about what helps our children thrive at school, we often focus on academics, extracurricular activities, or even which school they attend. But research suggests something far simpler—and far more powerful—can shape your child's school experience, for better or for worse:

Two people.

That's it. Just two.

If your child has:

1. **One adult at school they're excited to see (and who is excited to see them),** and
2. **One peer who welcomes them, includes them, or simply says, "Come sit with me,"**

...then your child is far more likely to enjoy school, participate, cope with challenges, and grow in confidence.

## Why These Two People Matter

A trusted adult gives your child a sense of stability, support, and significance. It could be a teacher, a librarian, a coach, or even a school office staff member. When a child knows there's at least one adult who notices them, smiles at them, and enjoys their presence, they feel *seen*—and that's powerful.

It's even better if that adult can ask them about their life. Sometimes it will be personal. "How did you go at the Eisteddfod on the weekend?" Other times it will be school-focused. "How are you feeling about the athletics carnival?" or "What did you think about the book you told me you were reading?"

What matters most is that an adult knows them by name and takes an appropriate interest.

The peer is possibly even more critical. One friend, one classmate, one buddy who says, "Hey, I saved you a seat," or "Want to hang out at lunch?"—this kind of welcome creates a sense of *belonging* that no school initiative can manufacture.

Together, these two people form a simple, meaningful support network that builds resilience, boosts wellbeing, and makes school a place your child *wants* to be.

## What Can I Do?

Every parent wants this magic for their child. But the challenge we face is that we can't force friendships or assign a teacher to love your child. What we can do is create opportunities and open doors. Here's how:

### 1. Help Your Child Build Connection with an Adult at School

- Encourage positive teacher-student relationships. Support your child to show interest in class, ask questions, or share something they enjoy with a teacher.

- Share positive feedback with your child's teacher. "Ella LOVED yesterday's lesson and couldn't stop talking about it" or "James speaks really highly of you and we've seen such an attitude change since you've been teaching him" can attune a teacher to your child's interests and presence.
- Reinforce respect and gratitude. Model how to say "thank you" and "hello" to staff—and encourage your child to do the same.

## 2. Create Space for Peer Friendships

- Ask gentle, open questions: "Who did you hang out with today?" or "Who do you enjoy talking to at recess?"
- Arrange occasional playdates, walks home, or weekend hangouts—especially in the early years of school or after a transition.
- Celebrate kindness, not popularity. Encourage inclusive behaviour: "I saw how you invited Jordan to play. How did that make him feel?"

## 3. If It's Not Happening, Take Action

If your child *doesn't* have these two people, don't panic—but don't ignore it either.

- Talk with your child about how they feel and what they wish was different.
- Partner with the school. Teachers and support staff can be intentional about pairing kids up, offering leadership roles, or facilitating small group activities.
- Consider extracurricular opportunities where your child can connect with like-minded peers or a new mentor figure.

School doesn't have to be perfect. For most children, it won't be. But if your child walks through the gates and feels a little spark of joy at seeing one trusted adult and one friendly peer, everything changes.

Two people. That's all it takes for a better school experience.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit [happyfamilies.com.au](http://happyfamilies.com.au).





17th Sunday in Ordinary Time, Year C

Use the words below to complete this prayer which Jesus taught to his disciples.

Our \_\_\_\_\_ who art in \_\_\_\_\_,  
 hallowed be thy \_\_\_\_\_;  
 thy \_\_\_\_\_ come, thy \_\_\_\_\_  
 be done on \_\_\_\_\_ as it is in heaven.  
 Give us this \_\_\_\_\_ our daily \_\_\_\_\_  
 and \_\_\_\_\_ those who trespass  
 \_\_\_\_\_ us, and lead us not  
 into \_\_\_\_\_, but deliver us  
 from \_\_\_\_\_. Amen.

will temptation name evil  
 heaven bread forgive Father  
 day kingdom earth against

## Gospel Luke 11:1-10

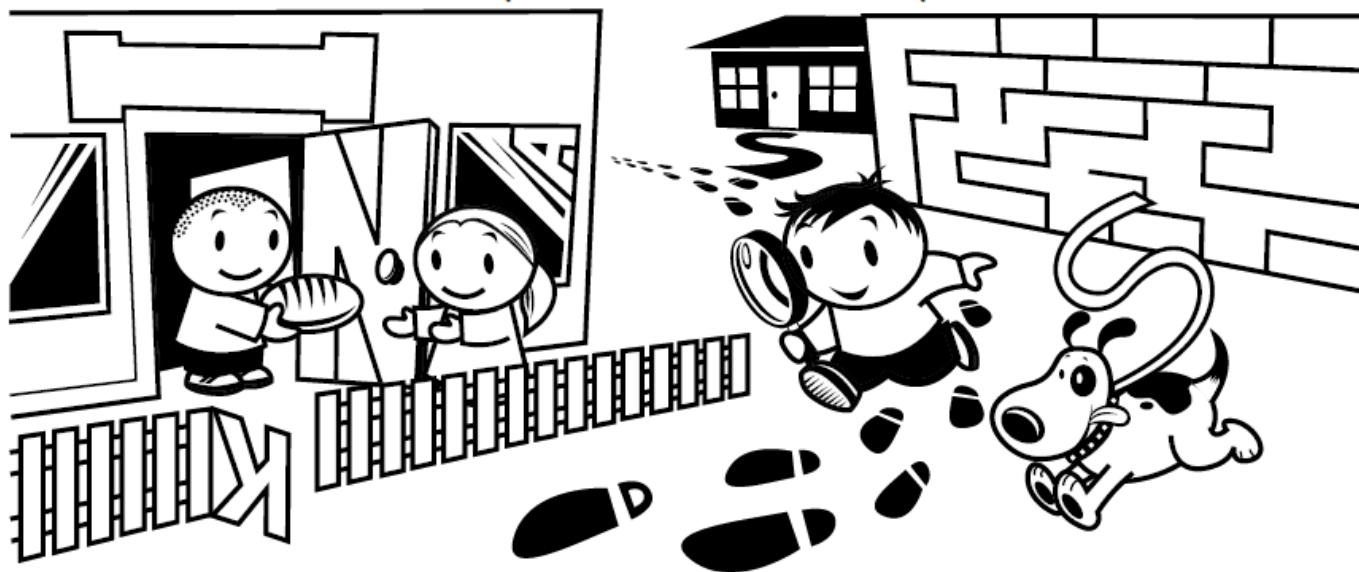
Once Jesus was in a certain place praying, and when he had finished, one of his disciples said, 'Lord, teach us to pray, just as John taught his disciples.' He said to them, 'Say this when you pray:

"Father, may your name be held holy,  
 your kingdom come;  
 give us each day our daily bread,  
 and forgive us our sins,  
 for we ourselves forgive each one who is in  
 debt to us.  
 And do not put us to the test."

He also said to them, 'Suppose one of you has a friend and goes to him in the middle of the night to say, "My friend, lend me three loaves, because a friend of mine on his travels has just arrived at my house and I have nothing to offer him"; and the man answers from inside the house, "Do not bother me. The door is bolted now, and my children and I are in bed; I cannot get up to give it to you." I tell you, if the man does not get up and give it him for friendship's sake, persistence will be enough to make him get up and give his friend all he wants.

'So I say to you: Ask, and it will be given to you; search, and you will find; knock, and the door will be opened to you. For the one who asks always receives; the one who searches always finds; the one who knocks will always have the door opened to him.

Find the hidden letters in the picture and use them to complete the sentence below.



Everyone who \_\_\_\_\_ will receive, everyone who searches will \_\_\_\_\_.