



OUR LADY'S SCHOOL NEWSLETTER

29 April 2022

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times:
English: Saturday 9.00am, 5.30pm, Sunday 9.00am, 10.30am & 5.30pm
Vietnamese: Saturday 7.00pm, Sunday 12.30pm, Friday 7.30pm
Burmese: Every 2nd Sunday 2.30pm
Chin: Every 1st, 3rd, 4th, 5th Sunday 2.30pm
Tongan: Every 1st Sunday 3.00pm
School Phone: 9312 2230
School website: www.olsunshine.catholic.edu.au

Our Lady's is a Child Safe School

*Then God said, "Let us make man in our image, after our likeness. And let them have dominion over the fish of the sea and over the birds of the heavens and over the livestock and over all the earth and over every creeping thing that creeps on the earth."
Genesis 1:26*

DATES FOR THE DIARY

Wed 4 May 7.00pm PAB AGM
Thurs 5 May Mother's Day Stall
Mon 9 May Students to be in Winter Uniform only from today
Sun 22 May 4G Eucharist 10.30am
Mon 23 May Whole School Athletics Day (Keilor Athletics Track)
Sun 29 May 4H Eucharist 10.30am
Wed 1 June School Closure Day - Staff Professional Development Literacy
Mon 13 June Queen's Birthday Public Holiday - No School
Fri 17 June Reports published
Fri 17 June P&F Trivia Night
Wed 22 June Three Way Learning Conversations 3.30-6.00pm
Thurs 23 June Three way Learning Conversations 8.00-3.30 **NO SCHOOL**
Fri 24 June End of Term 2

PLEASE TAKE NOTE OF THE 2022 SCHOOL CLOSURE DAYS

(students do not attend school):

Wednesday 1 June: Literacy Focus Professional Development with Deb Sukarna

Thursday 23 June: Three Way Learning Conversations (students attend at their appointment time)

Monday 31 October: Report Writing

SACRAMENT DATES

Sun 22 May 10.30am Eucharist 4G

Sun 29 May 10.30am Eucharist 4H

Fri 29 July 7.00pm Confirmation (Year 6)

Dear Parents,

I am delighted to welcome back the students, parents and staff back to Our Lady's school. The students have made a very good start to Term 2. I have included some photos from the Palm Sunday whole school celebration last term where we re-enacted the events of Palm Sunday with Sebastian (5D) who rode into our school on the back of a donkey just as Jesus did, with all the classes waving their palms. I hope you enjoy the photos below.



In loving memory of Fr John Maher OMI

On Thursday we remembered Father John Maher OMI with a great deal of fondness and love. Eleven years ago Father John Maher OMI who belonged to the Oblates of Mary Immaculate order and was our Parish Priest at the time, passed away into eternal life on 28 April 2011. Father John served at Our Lady's Parish as Parish Priest and School Chaplain from 2009-2011. Although Father John was at our Parish for a relatively short time he made a deep and everlasting impact on all those of us who were fortunate enough to know him.

Father John was instrumental in the building of the St Mary of the Cross MacKillop Library and we have named the Auditorium in his honour as Father John loved the theatre. I will always remember Father John's beautiful smile, love of good food and serene and gentle ways. I ask you all to join with me and pray that Father John is now peacefully resting in Christ's loving embrace.



ANZAC Day

On Monday we prayed for all soldiers, sailors, air pilots, doctors, nurses and ambulance drivers who have died in wars.

In a special way, we pray for the souls of the brave men and women from Australia and New Zealand who died at Gallipoli many years ago.

We pray for all men and women who travelled far from their country, so that the world could be a more peaceful world.

Please, God, give their souls rest. Reward them for their bravery. Give them peace.

Lest We Forget.



School Uniform

For the first two weeks of this term students can still choose to wear their Summer uniform as we are transitioning into the cooler weather. The children will be expected to be wearing their school winter uniforms from Monday 9th of May onwards.

If you are considering a new coat for your child this Winter, please remember that it is our preference to have either plain navy blue or black. Navy coats with warm polar fleece lining are available at the Uniform Shop or via the QKR App and can be worn when children are outside only. They are not to be worn instead of the jumper, or in the classroom. We do not allow the children to wear hoodies to school, nor do we allow logos that advertise brands.

The children should be wearing black leather shoes as a part of their uniform and runners **only on the day that they have sport**. Cargo pants are not part of our uniform.

No jewellery other than small studs or sleepers or a simple necklace with a religious medallion or cross should be worn

No leggings should be worn, girls should be wearing navy tights only under their tunics. These are sold for your convenience in our uniform shop which is a not for profit service that the school provides to parents.

Parents, please make sure that you purchase the correct Our Lady's school uniform as I have noticed that there are many variations being worn and our school is beginning to look untidy as a result. A uniform reflects the pride we have in our school and is an important part of our school identity. We want to project pride in our school by making sure that all children are wearing the correct school uniform. I ask all parents to support the school in this endeavour. Please feel free to come and discuss with me any issues you may have in regards to the school uniform. I am always happy to discuss these with you.

COVID update

While still recommended, face masks are not required in any school setting. This means students in Grades 3 to 6 and staff and visitors to primary schools are no longer required to wear face masks.

Household contacts of a positive case attending school who are over 8 years of age are required to wear face masks indoors unless they have a valid exemption.

Free rapid antigen tests will continue to be made available for all staff and students in the first 4 weeks of Term 2 2022.

Rapid antigen testing will be voluntary for all primary, secondary and specialist school staff and students. It is highly recommended that primary school students and staff test twice weekly during school days.

Household contacts are no longer required to quarantine as long as they take additional safety measures such as informing the school, wearing a mask if over 8 years old, using the Rapid Antigen tests and checking for symptoms.

If your child tests positive to COVID you are required to inform the school and quarantine your child for 7 days at home.



SCHOOL FEES

Term 2 school fees are now due and be paid at the Office (EFTPOS, cash) or by direct transfer to our bank account (details on your statement).



Direct Debit payments will continue to be processed on the scheduled dates as previously advised.

Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au



FI

Aliyah - For consistently showing whole-body-listening and being attentive all week in your learning. *From Ms. Cam Tu*
Alexander - For being a Self-Manager during writing and staying focused in order to complete writing a list. Well done! *From Ms. Cam Tu*

FJ

Flynn - For being a super reader! You can unjumble mixed up sentences and check to see if they make sense. *From Miss Wendy*
Louisa - You added more detail to your writing to help others understand your thinking. Fabulous work! *From Miss Wendy*

1K

Geronimo - for showing persistence by slowing down to sound out every letter in your writing. Your hard work is really paying off! *From Miss Shai*
Savannah - for settling well into Term 2 and consistently completing your work to the best of your ability. Keep it up! *From Miss Shai*

1L

Tom N - For being a Collaborator who works well with others. Great job talking with your group to see who goes first! *From Miss Steph*
Sophie N - For your great enthusiasm in class and your willingness to contribute your ideas to our discussion! *From Miss Steph*

2M

Tha Tha- For being a Self-Manager when completing all tasks, and for always using his best manners. Well done! *From Ms Frost*
Owen T- For displaying the Gospel Value of 'Respect' when interacting with teachers and friends. Well done! *From Ms Frost*

2N

Garang M for great improvement in your Writing. You wrote some great sentences about cheetahs. Well done! *From Mrs Mitchell*
Catherine M for reading with beautiful expression, thinking about words and explaining their meaning to the group. Well done! *From Mrs Mitchell*

3E

Mina N- For having a wonderful start at Our lady's school. You have settled in beautifully. Well done Mina! *From Miss Karen*
Kennedy H- For displaying the Our Lady's School Gospel value of Service by helping our new student, showing her around the school and by being a supportive friend. *From Miss Karen*

3F

Simeli C - For showing the Our Lady's School Gospel Value of Compassion by looking out for others. You are always ready and willing to help your teachers and peers. Well done! *From Mr Josh*
Jay T - For showing the Our Lady's School Gospel Value of Respect through the positive and friendly way you interact with others. *From Mr Josh*

4G

Cohen W - Cohen for displaying our Lady's Gospel Value of Service by being helpful around the classroom and always happy to help others in need. Well done Cohen! *From Ms Athena*

Lily H - Lily demonstrates Our Lady's Gospel Value of Respect in the respectful way she interacts and communicates with her teacher and her peers. Well done Lily! *From Ms Athena*

4H

Filip- For being an active member of our classroom by always sharing your ideas, knowledge and questions with your peers. Keep it up! *From Ms. Robles*

Michelle- For displaying a positive attitude when it comes to your learning and completing all tasks to the best of your ability. Keep it up! *From Ms. Robles*

5C

Annie- For being a Self-Manager with your learning, even when facing difficult learning opportunities. Well done, Annie! *From Mr Membrey*

Ari- For displaying the Learning Asset of Collaborator in Maths class by helping a classmate. It was great to see 5C students working 'shoulder to shoulder'. Keep it up, Ari! *From Mr Membrey*

5D

Natalie - for being a Self Manager and organising your learning space each morning. Your desk and your school work is always so neat and tidy. Keep up the great work! *From Mrs Muscat*

Rati - For having a seamless beginning to joining our learning community in 5D. A big welcome to you from all of the Our Lady's school community! *From Mrs Muscat*

6A

Alisha -For showing Leadership by taking on the responsibility of organizing a classroom task Keep up the great initiative you have shown. *From Mr Wickham*

Karen- For focussing on your learning in Mathematics by targeting your understanding of fractions. You have shown that you can set your mind to anything and succeed. *From Mr Wickham*

6B

Chloe Dan N - For displaying the Learning Asset of Communicator by translating a story into Vietnamese when reading aloud to your buddy. You also showed respect by ensuring they could enjoy the experience. Well done! *From Ms Gurry*

Zoe A - For showing Courage on Year 6 Camp by putting 100% effort into each activity, no matter how challenging it was. You didn't hesitate to tackle each and every task. Well done! *From Ms. Gurry*



Scarlett D 4G
Hniang Ku C 2N
Annie Rose S 4H
Nhien N 6A
Ms Karen
Thomas N FI
Mrs Ross

Makuei M 2N
Samara S 1K
Alexander W 6B
Lanchi T FI
Tling Za R 3E
Mrs Gardy
Quentin S 3E



THURSDAY 5 MAY

**Children will be able to purchase
special gifts for their wonderful
Mums, Grandmas and Carers ranging
from 50c to \$5.00**

**Please send along money on the day
(not more than \$10)**

**For more information or any questions,
please email the Parents & Friends on
parents@olsunshine.catholic.edu.au**

JOSEPH'S CORNER

a non-profit support service to families living with alcohol and drug addiction

High TEA



HONORING SR JEANNE DWYER

Sunday
15 May 2022
2pm-5pm

Mount St. Joseph
Girls' College
133 Maidstone St
Altona

\$30
pp

Music, Raffles,
Auction, Door Prizes



Guest Speaker **Marina Brbot**
Author, Motivational Speaker,
Award Winning Photographer

RSVP by 10 May to Mary 0432 517 833 or Tania 0439 165 660. All proceeds to Joseph's Corner.

INTERSCHOOL SPORT TERM 2 2022



ROUND	DATE	HOME/AWAY	AGAINST	VENUE
1	May 6	Away	Ardeer South	Ardeer South
2	May 13	Away	St Theresa's	St Theresa's & Selwyn Park
3	May 20	Home	Sunshine Harvester	School & Parsons Reserve
4	May 27	Home	Albion	School & Parsons Reserve
5	June 3	Home	Sunshine North	School & Parsons Reserve
6	June 10	Away	St Paul's	St Paul's & Ainsworth Reserve
7	June 17	Home	Sunshine Heights	School & Parsons Reserve

Home Games: Netball & Newcombe played at school. Football & T-Ball played at Parsons Reserve.

Open Day

SUNDAY 29 MAY

11am - 2pm

Join us for our College Open Day and enjoy a tour of all three campus', meet and greet our students and staff, have the opportunity to ask questions and learn more about our College, plus hear from our College Principal.



To RSVP, please follow the link or scan the QR code and secure your place at our upcoming College Open Day
www.trybooking.com/BYLUH
For more information, please visit cccc.vic.edu.au, contact registrar@cccc.vic.edu.au or call (03) 9296 5311.
We look forward to seeing you at our College Open Day!



EASTER RAFFLE



Congratulations to all the winners of our Easter Raffle which was drawn at Assembly on the last day of Term 1.

We hope you enjoyed sharing your prizes with your families!

Stephanie D 3E

Sylvia T FI

Eddy F 1L

Jayden L 1K

Klara M FI

Chanel C 1L

Mrs Mitchell

Louisa D FJ

Harrison H 6B

Ari I 5C

Alex H FI

Alexander S 4H

INSIGHTS

Why validation is the best parenting skill of all



At a time when the mental health and wellbeing of children and teenagers is firmly in the spotlight, validation is an essential parenting skill.

When a child or teen comes to you when they are struggling emotionally, they want you to understand their dilemma. They don't want to be dismissed or told to 'get over it'. They generally want someone to acknowledge that their concern is real with comments such as:

"I see you're worried about going to camp. I can understand that."

"Thanks for telling about the scary monsters in your bedroom. Let's see what we can do about them."

"I'd be afraid too if I was left alone on my own for that long."

Validation of a child's struggles helps them

Validating a child's struggles helps in a number of ways. It works to:

Build deep connection

Relationships built at the time of vulnerability go deep and are hard to break.

Promote a child's wellbeing

Validation helps kids feel safe, which is what 'worry warts' and anxious kids want. Lack of understanding rather than fear itself often impacts negatively on a child's happiness.

Overcome disappointment and build resilience

Validation encourages kids to give voice to their concern or disappointment and either takes steps to rectify it or move on.

Develop emotional intelligence

Parental validation models emotional intelligence for children and teens. It requires you to identify the emotions that may be behind their language or behaviour.

Encourage empathy

Validation requires you to stop, listen and get on the same wavelength as your child.

Four steps to validating your child's emotions

Follow these steps when your child comes to you with their worries or concerns to make sure they feel understood.

Attend

Stop what you are doing and give your child full attention.

parenting*ideas

Observe

Listen with your eyes as well as your ears.

Reflect back their worries

Get down to their eye level if necessary, saying something like, “I see you’re really concerned about this.”

Touch

If appropriate, gently touch their shoulder or give them a hug when you speak to them. This will help them feel safe and comforted.

There’s no better feeling for a child or teen who is struggling than knowing someone they value truly understands them.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia’s leading parenting educators. He’s an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



3rd Sunday of Easter, Year C

Gospel Jn 21:1-14

Jesus showed himself again to the disciples. It was by the Sea of Tiberias, and it happened like this: Simon Peter, Thomas called the Twin, Nathanael from Cana in Galilee, the sons of Zebedee and two more of his disciples were together. Simon Peter said, 'I'm going fishing.' They replied, 'We'll come with you.' They went out and got into the boat but caught nothing that night.

It was light by now and there stood Jesus on the shore, though the disciples did not realise that it was Jesus. Jesus called out, 'Have you caught anything, friends?' And when they answered, 'No', he said, 'Throw the net out to starboard and you'll find something.' So they dropped the net, and there were so many fish that they could not haul it in. The disciple Jesus loved said to Peter, 'It is the Lord.' At these words 'It

is the Lord', Simon Peter, who had practically nothing on, wrapped his cloak round him and jumped into the water. The other disciples came on in the boat, towing the net and the fish; they were only about a hundred yards from land.

As soon as they came ashore they saw that there was some bread there, and a charcoal fire with fish cooking on it. Jesus said, 'Bring some of the fish you have just caught.' Simon Peter went aboard and dragged the net to the shore, full of big fish, one hundred and fifty-three of them; and in spite of there being so many the net was not broken. Jesus said to them, 'Come and have breakfast.' None of the disciples was bold enough to ask, 'Who are you?'; they knew quite well it was the Lord. Jesus then stepped forward, took the bread and gave it to them, and the same with the fish. This was the third time that Jesus showed himself to the disciples after rising from the dead.

Jesus asked his disciples to let down their nets and they were rewarded. What are some things that Jesus asks us to do? How are we rewarded?

Help Peter swim to shore to be with Jesus.

