



Christ beside me: Walking in the footsteps of St Patrick

DATES FOR THE DIARY

Fri 18 Sept 1.00pm End of Term 3

Mon 5 Oct Start of Term 4

Thur 8 Oct Yr 6 Graduation Photo

Fri 16 Oct Colour Run

Thurs 22 Oct Yr 3/4 Camp 3.00pm-7.00pm

Tues 27 Italian Day

Mon 2 Nov Report Writing Semester 2

Tues 3 Nov Melbourne Cup Day Public Holiday

2026 Professional Development Days for Staff

Term 4

Mon 2 November - Report Writing Semester 2

Friday 27 November - 2027 Planning

1:00pm finish days at the end of each term

Term 3 - Fri 18 September

Term 4 - Tues 15 December (last day of the 2026 school year for students).

Dear Parents and Families,

A Message to Our School Community

As Term 3 comes to an end, we would like to take a moment to reflect on what has been another busy and rewarding term at Our Lady's.

A very special thank you to our wonderful staff for all their hard work, dedication and care throughout the term. Term 3 is always a long and challenging term, and we are incredibly grateful for everything our staff do each day to support and encourage our students.

We would also like to congratulate all of our students on their efforts this term. They have worked incredibly hard, embraced their learning and continued to grow in so many ways. We are very proud of their achievements.

September School Holidays

The September holidays are always an exciting time of year. With the warmer weather arriving, we hope our families have the opportunity to slow down, enjoy some quality time together and make some wonderful memories.

Perhaps you might take the opportunity to:

- Try some new foods.
- Learn how to cook something new together.
- Explore somewhere you have never visited.
- Enjoy a special day out as a family.
- Simply spend some time outdoors enjoying the beautiful weather.

There is certainly plenty happening across Melbourne, including the AFL Grand Final and the Royal Melbourne Show, making the September break an exciting time for families.

As always, please remember to take care and exercise caution around water, particularly as the weather becomes warmer. We also encourage everyone to stay safe when riding bikes, walking to the park or enjoying outdoor activities.



Holidays

Hooray for holidays!

Thank you, God, for holidays, and all the good things they bring.
After you had created the world you rested, so you know how good holidays are.

They are such a fun time!

Help us to make them a happy time for our parents, too, and for all the people we share the holidays with.

Please keep us safe. Thank you, God, for holidays!



Many families have already begun their holidays, and we wish them a wonderful and exciting break. Most importantly, stay safe, enjoy yourselves and make some special memories. We look forward to hearing all about your adventures when we return!

Looking Ahead to Term 4

There are many exciting events planned for Term 4, and we look forward to another wonderful term together.

We will begin the term with our Colour Run! Please make sure you have set up your profile and are ready to participate. All students will receive a little something on the day, and we are looking forward to seeing everyone get involved and have lots of fun!

We will also celebrate Italian Day and host our Annual Art Show, which will include the draw for our School Christmas Raffle.

Term 4 is also a particularly special time for our Year 6 students, as they begin their final term at Our Lady's. We wish them a wonderful final term and look forward to providing them with many exciting experiences and special moments to help them finish their primary school journey with happy and lasting memories.



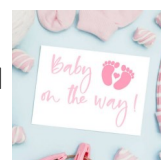
Best Wishes to Mrs Rochelle Kumar

We would like to extend our very best wishes to Mrs Rochelle Kumar and her husband as Rochelle begins her maternity leave and prepares for the arrival of their beautiful new baby.

We sincerely thank Rochelle for her wonderful contribution to our school community and for all she has given to our students and families. We wish Rochelle and her husband every happiness as they begin this exciting new chapter and start their journey as a family.



We look forward to welcoming her back when the time is right and wish her a very special and memorable maternity leave.



Thank You to Our Small Businesses

A heartfelt thank you to the local small businesses and members of our community who have kindly donated services and products towards our Christmas Raffle.

Your generosity and support are greatly appreciated and will help us make this year's raffle bigger and better than ever!

More information about the Christmas Raffle will be released early in Term 4, so please keep an eye out for further details.

Have a Safe and Happy Break

Finally, we wish every member of Our Lady's community a safe, happy and relaxing school holiday break.

Enjoy the warmer weather, spend time with the people you love, try something new and make some wonderful memories together.

We look forward to welcoming everyone back for a fantastic Term 4.



Take care, stay safe and enjoy the holidays!

Warm regards,

Caroline Madigan

Mrs Caroline Madigan

Principal

principal@olsunshine.catholic.edu.au

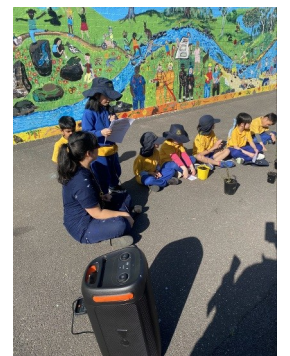
Assembly Timetable for Term 4

Friday 9 October	Whole School	Friday 16 October	Yrs F-2
Friday 23 October	Yrs 3-6	Friday 30 October	Whole School
Friday 14 August	Yrs 3-6	Friday 21 August	Yrs F-2
Friday 6 November	Yrs 3-6	Friday 13 November	Yrs F-2
Friday 20 & Friday 27 November	No Assembly (Swimming)		
Friday 4 December	Whole School		
Friday 11 December	Whole School (Sport)		
Tuesday 15 December	Last day of school		





Year 2 Tree Planting



SUMMER 2026/7 UNIFORM PRICE LIST

All summer items will available on QKR now.

With Melbourne's unpredictable weather, you can choose what uniform to wear until FULL SUMMER
UNIFORM COMES IN ON MONDAY 19 OCTOBER (Term 4 Week 3)

Remember that Term 4 is a 'No School Hat, No Play' term.

<u>JUMPERS</u> 5 - \$55.00 6 - \$55.00 7 - \$60.00 8 - \$60.00 9 - \$65.00 10 - \$65.00 12 - \$70.00 14 - \$70.00 16 - \$75.00		<u>SHORTS</u> 4 6 8 10 12 14 16 \$35.00	
<u>SHIRT</u> <u>Short Sleeve Open Neck</u> 4 6 8 10 12 14 16 \$27.00		<u>SOCKS</u> <u>(Cotton/Nylon Anklet – School Colours)</u> 9 – 12 13 – 3 2 – 8 \$12.00	
<u>DRESS</u> 4 6 8 10 12 14 16 \$32.00		<u>SCHOOL HATS</u> LEGIONNARIES (ONE SIZE FITS ALL) - \$14.00 SLOUCH (SMALL MED LAR) - \$14.00	
<u>WINDCHEATER WITH SCHOOL LOGO</u> 4 6 8 10 12 14 16 \$32.00		<u>TRACKSUIT PANT – RIBBED CUFF, DOUBLE KNEE</u> 4 6 8 10 12 14 16 \$30.00	
<u>SPORT POLO T-SHIRT WITH SCHOOL LOGO</u> 4 6 8 10 12 14 16 \$26.00		<u>RUGBY SPORT SHORTS (Draw cord) & SKORTS</u> 4 6 8 10 12 14 16 \$25.00	

OUR LADY'S WORLD CUP NEWS

Over the past 2 terms Years 3-6 have been involved in their own World Cup Series.

The 3-4 teams that played in the Grand Final were Argentina and Portugal and it ended in a draw. They will play again in Term 4 to decide the winner.

The Year 5/6 played the Grand Final last week that also ended in a draw. They played again on Wednesday 16th September. Brazil played France and the final score was Brazil 1 to France 0. Congratulations to the Brazil team.

Thanks to all the Year 5 and 6 students who helped referee the games.





COLOUR RUN—4 WEEKS TO GO!

We're halfway to the final day. Let's keep the momentum going.

IL is in the lead with a huge \$1,260 raised so far.

And congratulations to our current top 3 fundraisers:

- 1. Ryan L (IL)**
- 2. Ava H (6B)**
- 3. Charlie T (4G)**

Has your child set up their online fundraising page yet? Now's the perfect time. It's super quick and every dollar helps.

- Raise \$10 to receive a prize
- Your child could even get to Slime a Teacher—an unforgettable experience!
- The top three fundraisers at the start of Term 4 will **win a Flip Out Voucher**
- Enter the colouring competition and win an amazing prize. Return it to school after the school holidays.



ON-SITE AFTER SCHOOL CARE WHAT'S ON AT EXTEND!

OUR LADY OF IMMACULATE CONCEPTION | MON - FRI | 3:05PM - 6:05PM

An Exciting Week Ahead with Extend!

Get ready for another fun-filled week at Extend After School Care at Our Lady of the Immaculate Conception!

Our program is all about giving children a safe, welcoming, and enjoyable place to learn, play, create, and connect with their friends after school.

Throughout the week, children can look forward to a variety of exciting activities, including:

Creative Arts: Let their imaginations shine with painting, drawing, colouring, and creative projects.

Papercraft & Making: Get hands-on with fun craft activities where children can create something special to take home.

Sports & Ball Games: Stay active and have fun with a range of indoor and outdoor games.

Games & Challenges: Enjoy group games, puzzles, and activities that encourage teamwork and problem-solving.

After-School Adventures: Unwind after a busy school day with friends, games, crafts, and plenty of opportunities to have fun.

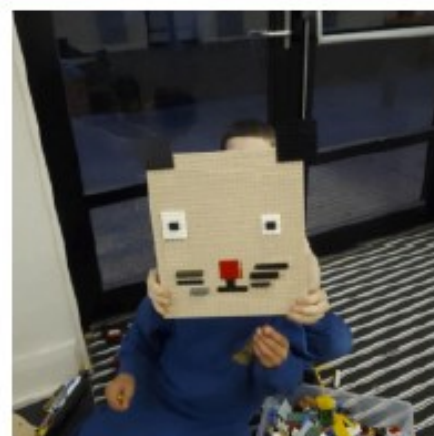
Healthy & Delicious Snacks

We know that after a big day at school, children need something tasty to keep them going! Our Extend service provides fresh, healthy, and yummy afternoon snacks each day, giving children the energy they need to enjoy their afternoon.

Don't miss out! Secure your child's bookings today through Extend and get ready for an extraordinary week of fun, friendship, creativity, and adventure!

Name: Arti

Position: Coordinator





2027 TRIALS + OPEN SESSIONS

REGISTRATIONS NOW OPEN

NEW + RETURNING PLAYERS WELCOME
GIRLS + BOYS FROM U7 AND ABOVE
OCTOBER 2026

SESSION DATES

TUESDAYS 6 • 13 • 20

THURSDAYS 8 • 15 • 22

SESSION TIMES

U7-U10 | 5:30PM – 6:30PM

U11+ | 6:45PM – 7:45PM

SCAN HERE TO REGISTER



Trial/Open Session fees will be deducted from 2027 registration fees.
Full 2027 registration fees confirmed in November.



SHJSC
enter via Pellew St,
Sunshine West VIC 3020

MINIROOS + MINITILLIES

TERM 4 REGISTRATIONS NOW OPEN
FOR KIDS AGED 4-7

WEDNESDAYS

5:30PM – 6:15PM

OCTOBER 7 • 14 • 21 • 28

SCAN HERE TO REGISTER



Game-based football fun

No experience needed

Football boots + shin guards required

Bring a drink bottle

SHJSC

enter via Pellew St,
Sunshine West VIC 3020

MINIROOS

BOYS + GIRLS

MINITILLIES

GIRLS ONLY



The Three Questions Victoria's Attorney-General Asked Her Son

Recently, Victoria's Attorney-General, Sonya Kilkenney, was in Parliament House launching a campaign about coercive control when she put her notes down and spoke a little more personally - about her own family. Kilkenney's sixteen-year-old son had come home and told her what some of his mates were doing to their girlfriends. Location tracking. Checking their phones to see who they were speaking to. And constantly checking in. "Where are you?" "Who are you with?" "What are you doing?"

The Attorney-General said she asked her son three questions.

Do you know that is wrong?

Do you know that is a red flag?

What do the girls think about this?

Of all the commentary I've read these past few weeks, those three questions are likely the most useful thing in any of it. Our newsfeeds are full of hideous stories where girls have been hurt or have died because boys and men couldn't answer them - or more likely, didn't pause long enough to ask.

Because they're trying to be "the" man rather than "a" man, too many boys think this is how they're *supposed* to be. They act jealous and pass it off as caring. Their possessiveness is disguised as devotion. If they are controlling, it is because they are "so crazy about you". Some think it makes them a good boyfriend.

Why? Because the Internet, the social media feeds, the ugly parts of the manosphere, and their peers tell them that's the script. And we - the parents - aren't teaching them otherwise. In fact, only around [three per cent](#) of Australian parents of 16 and 17 year old boys believe their son has come across the really ugly material online. But the majority have seen it - online and IRL. Here's a taste of what's circulating:

White nationalist Nick Fuentes posted ["Your body, my choice. Forever."](#) He picked up more than 90 million times, and the line was being used in schools within days, chanted at girls in class.

Andrew Tate, who faces criminal charges he denies, [posted this](#): "Fact. Women are sex workers. Their primary job now is to find one customer, called a boyfriend, to pay for their entire lives in return for p****. If they fail at this they do Only Fans or porn; the same game with more than one customer. If they're ugly they work a job (badly) and are miserable."

Australian teachers [report](#) students quoting Tate to refuse instructions from female staff while obeying identical instructions from male colleagues - in children as young as six.

It's vile. I hate sharing this, but too many parents are oblivious to what their kids are seeing, and saying - and it starts *in primary school!* (I also need to say the other half: nearly every day I meet boys who are nothing like this. They're horrified by it. They despise the culture but feel helpless in the face of it.).

So what do we do?

Underpinning all of this - for boys and girls - is the need to understand what healthy masculinity is.

Healthy males help the people around them feel safer and stronger.

Ask the right questions

Based on this, ask them, "When did you see a boy/man help someone feel safer or stronger today?" Listen closely to their answer. Ask them how it felt to watch that happen.

Then, reverse it. "When did you see a boy/man leave someone feeling smaller or weaker today?" Listen closely to those answers. Ask them how it felt to watch that happen.

Finally, ask your boy: "What kind of man do you want to be? The first one, or the second one?" And ask your girl, "What kind of men do you want to spend time with? The first one, or the second one?"

Call out red flags

You could just start a chat by mentioning you read this. Ask your child, "Does this happen with your friends? What do you think about it? You know it's wrong?" Say the red flags out loud so they can name them: tracking her phone, demanding to know who she's with, needing a reply immediately, having opinions about what she wears, and the worst of them, "if you loved me, you would..." Your daughter needs that list every bit as much as your son does. And again, this stuff often starts in primary school..

Be open about the scourge of pornography

Talk about pornography, and be specific. Average pornography exposure in Australia somewhere around age 11. That means 50% of kids see it before Grade 5!

Your child needs to hear from *you* that it teaches things that hurt people. Strangulation during sex has killed young women here. There is no safe way to do it, and they may never hear that from anyone else. It's a hard, horrible conversation, but if you won't say it, who will? (Note. Save that one for high-schoolers!)

Tell them the words they'll need

Finally, for parents of boys: give them something to say when they spot unsafe, unhealthy behaviour. Most kids who go quiet when a mate says something degrading or misogynistic aren't agreeing with him. They just have nothing ready to respond with and no appetite for the social cost of saying it. Rehearse it. "Mate, that's not cool." Even a flat "nah" as he walks away will do the job.

Let's wrap up with the story we began with. Notice the bit that's easy to miss in the Attorney-General's experience with her boy? Her son came home and told her about it all. He was disclosing. He wanted his mum to know.

That's what everything else depends on. Kids who stay in conversation with us get our guidance. The rest get somebody else's.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.

