



## OUR LADY'S SCHOOL NEWSLETTER

7 June 2018

[www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

Parish Priest: Fr. Peter-Damien McKinley  
Principal: Ms. Patrizia Bertani  
Parish Mass Times: Saturday 6:00pm  
Sunday 9:00am, 10:30am & 5:30pm  
School Phone: 9312 2230  
School website: [www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)  
*Our Lady's is a Child Safe School*

*God has made us what we are, and in our union with Jesus Christ he has created us for a life of good deeds, which he has already prepared for us to do. Ephesians 2: 10*

### DATES FOR THE DIARY

#### **Fri 8 June**

Parish Movie  
Sacred Heart Mass 11.00am

#### **Mon 11 June**

Queen's Birthday Public Holiday. No school for the children

#### **Fri 15 June**

Gr 3 Incursion

#### **Fri 22 June**

9.00am Community Classrooms

Reports go home today

#### **Wed 27 June**

3 Way Learning Conversations  
3.30-6.00pm

#### **Thur 28 June**

3 Way Learning Conversations  
8.00am-3.00pm **No school for the children**

#### **Fri 29 June**

Last day of term 2 at 3.15pm  
Team Colours Day

Family Movie Night 6.30pm  
Sun Theatre Yarraville

#### **Mon 16 & Tues 17 July**

Staff Conference **No school for the children**

#### **Wed 18 July**

Term 3 begins for children

#### **Thurs 26 July**

Feast of Saints Anne & Joachim - Grandparents Day

#### **Thurs 2 Aug**

7.00pm Reconciliation Parent Night

#### **Wed 8 Aug**

Feast of St Mary of the Cross  
Mackillop

#### **Fri 10 Aug**

Parish Movie

#### **Wed 15 Aug**

Feast of Assumption

### SACRAMENTS

Reconciliation (Year 3)

Thurs 6 Sept 7.00pm

Confirmation

(Year 6)

Fri 16 Novem-

ber 7.00pm



Dear Parent,

This week we celebrated the Feast of the Sacred Heart, it falls 19 days after Pentecost and this year on Friday 8th of June. The Feast of the Sacred Heart has been in the Roman Catholic liturgical calendar since 1856. Devotion to the Sacred Heart is one of the most widely practiced and well-known devotions, taking Jesus' physical heart as the representation of his divine love for humanity. The devotion especially emphasizes the unmitigated love, compassion, and long-suffering of the heart of Christ towards humanity. Today we celebrate the beautiful Feast of the Sacred Heart as a way of expressing our compassion and love for others. I encourage you to begin each day with a prayer ritual. Encourage the children to pray for themselves, their families, each other and for the world.

A big thank you from Shaun Crosbie who joined us at the Mass today and thanked Our Lady's school and parish for their generous and ongoing support for St Vinnies who will use the money to support vulnerable families in our local community.

I would like to congratulate the children in Year 4G who made their First Eucharist last Sunday. The children were so prayerful and reverent throughout the mass. We loved hearing their singing and their prayers. A special thank you to Father Peter and their teacher Miss Teagan Cullum and our RE Leader Ms Kriss Oliver who together prepared the children so beautifully. Once again a special thank you to the members of the Tongan choir. This Monday the Parents and Friends organised a special First Eucharist party at lunchtime for the Year Four students. Thank you to all the parents who volunteered. The children enjoyed the celebration. especially the food.

### **An important opportunity for parents to have a voice.**

We have invited our parent community to come and express their ideas and opinions in regards to the curriculum that is offered at our school. As has been advertised on July the 16 and 17 staff of Our Lady's school will be working on renewing the current curriculum and we will bring the ideas we gather from the students and parents to the meeting and your ideas will help to shape to our renewed curriculum. We are having two meetings that you can choose to attend: Wednesday 13th of June from 2:15-3.00pm and Friday 15th of June from 8:00am -8:45. Please come and join us, we would love to hear your thoughts about what you believe is important for your child to learn.



### **♥ Prayer to the Sacred Heart**



O most holy Heart of Jesus, fountain of every blessing, I adore you, I love you and will a lively sorrow for my sins. I offer you this poor heart of mine. Make me humble, patient, pure, and wholly obedient to your will. Grant, good Jesus, that I may live in you and for you. Protect me in the midst of danger; comfort me in my afflictions; give me health of body, assistance in my temporal needs, your blessings on all that I do, and the grace of a holy death. Within your heart I place my every care. In every need let me come to you with humble trust saying, Heart of Jesus, help me. Amen.

## SPORT NEWS

Heidi D, Ella D, Lucas A, Noah A and Will D have all made it through to The Regional Cross Country Event. They competed on Wednesday 6th June at Brimbank Park for the Maribyrnong Division and all made it through. Great running.

*We are all so proud of your achievement!*

**Congrats**



## A WONDERFUL ACHIEVEMENT

You may remember that I wrote about Teague (3E) who was inspired to run 65 laps of an oval in order to raise money to support his cousin who has cystic fibrosis. Teague persevered with his goal and many other children, inspired by his dream, joined in and supported him. Below you can see Teague carrying his cousin Noah, surrounded by his supporters completing his 65th lap around the oval.



Teague saw a need and he did something about it. In doing so he has managed to raise a whopping \$10,264 which will be put towards buying much needed equipment.

*Congratulations Teague we are all so very proud of you!*

## Thank you to Henry and his parents Sarah and Simon

In the picture on the right you can see Henry (2N) holding a very special bear that has been donated to our school by his parents who have both served in the Australian army.

This bear's name is Sister Bernadette O'Meara and she represents more than 2,500 women who served in the Australian Army Nursing Service during the great war (4 August 1914 -11 November 1918). The school will purchase another three bears to use as a teaching resource for both Anzac Day and Remembrance Day. We sincerely thank Sarah and Simon for their generous gift to Our Lady's school. We are sure the children will love learning about the roles and contributions made by the people who served in the Australian armed forces. May God bless those serving now and keep them safe.



Yours sincerely,

*Patrizia Bertani*

**Ms Patrizia Bertani**

**Principal**

[principal@olsunshine.catholic.edu.au](mailto:principal@olsunshine.catholic.edu.au)









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DAY



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If you can't reuse it, refuse it

**BEAT**  
PLASTIC  
POLLUTION



WORLD  
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DAY

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# Eucharist Celebration

Many thanks to the Parents and Friends for the setting up and wonderful food provided for the Grade 4 children to celebrate the Sacrament of Eucharist.







# Italian Week











# Grade 5 planting at Kororoit Creek





**Book Now!**

Bookings are now open!  
Please note:  
Bookings must be made 7 days  
prior to the School Closure Day



**When:**  
**28<sup>th</sup> June**  
**16<sup>th</sup> July**  
**17<sup>th</sup> July**

## School Closure Day Programs!

**Please come and join us at our Camp Australia School Closure Day Program for non-stop fun with friends, including outdoor group games, sport, art & craft and much more!!!**

**Time:** 8:00am to 6:00pm **Where:** The After School Care Room at Our Lady's School

**What to bring:** Morning Tea and Lunch. Breakfast and Afternoon Tea will be provided!

**Fees:** \$69.00 per child minus CCB/CCR benefits

Please visit our website [www.campaustralia.com.au](http://www.campaustralia.com.au) or contact our Customer Service Team on 1300 105 343 to register your child for the School Closure Day program.

*Please Note: 18 Minimum bookings are required to operate the School Closure Day Program, so please book in as soon as you can. You will be notified 7 days prior to the School Closure Day if the session is no longer running.*

### ART ROOM NEWS

The art room is needing any old white sheets that we can cut up to use for batik art. We are also after old taps, small castor wheels and handles. These will be used to embellish clay creatures. We are always looking for used, washed foam meat trays that we use as paint palettes. If you have any old calendars, the type with landscape photos we are also collecting these. **Please drop off at the Art Room on Tuesdays, Wednesdays or Thursdays.**



Miss Pina

Pina McDonald Art Teacher

### FAMILY MOVIE NIGHT FUNDRAISER

The Parents & Friends Committee are organising a **Family Movie Night** which will be a great opportunity to get together with family, friends and meet other parents while enjoying the latest in **The Incredibles** franchise.

**When:** Friday June 29 (last day of term)

**Time:** 6.30pm

**Where:** The Sun Theatre - 8 Ballarat Street Yarraville

**Tickets available via our Qkr App**

**Movie Ticket Cost:** \$15 per person

**Popcorn and Drink Mini Combo Deal (250ml drink small popcorn):** \$5.00

**Popcorn and Drink Large Combo Deal (500ml drink large popcorn):** \$10.00

**Only 195 tickets available**

**Tickets on sale now until June 13 unless sold out earlier only on our Qkr App.**





## PARENTS AND FRIENDS NEWS

*The Parents and Friends Committee would like to thank the following businesses for their donation to the Incredibles 2 Movie night.*

**Remember to book your tickets via our Qkr app. Bookings close 13 June unless sold out earlier.**



## THREE WAY (PARENT STUDENT TEACHER) LEARNING CONVERSATIONS

Letting all families know that from tomorrow you will be able to book our June Three Way (Parent Student Teacher) Learning Conversations for either Wednesday 27 June (3.30-5.55pm) or Thursday 28 June (8.00am-3.30pm - No school for children on this day).

Use the user name and password that will be given to you on the slip tomorrow to login to the PTO website. Please note that the password WILL be different than the one given for the February Conversations. You can also book an interpreter for your appointments.

**HOW TO:** 1.Go to the school's home page [www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

2.Click *Read More* on the Three Way Conversation Article

3.Click the PTO icon as shown here ...

4.Enter your surname and PIN, provided on the slip going home tomorrow



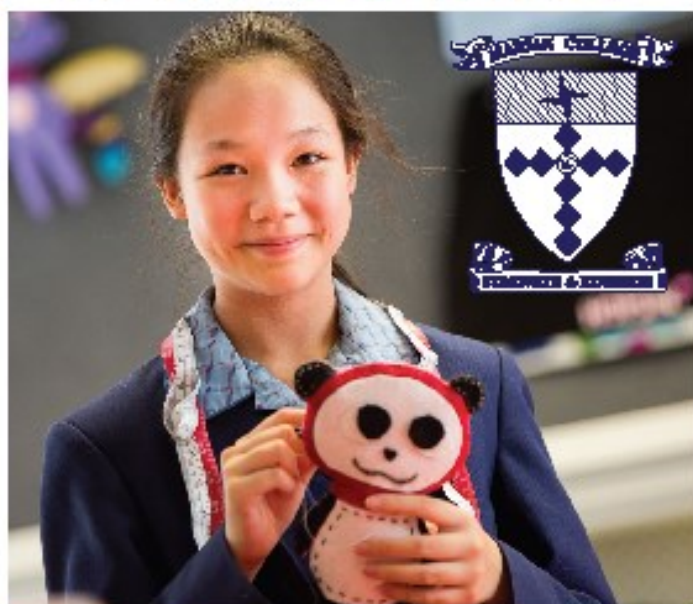
If you have any problems or need help booking, please come into the Office with your Booking Slip and the Office Staff will be happy to help you through the booking process.



# MARIAN COLLEGE

## ENROLMENT INFORMATION EVENING

YEAR 2020 ONWARDS  
Tuesday 19th June  
7pm



ENROLMENTS  
FOR  
YEAR 7 2020  
CLOSE  
17TH AUGUST 2018



## OPEN DAYS

ONCE A MONTH  
AT 9:00AM

Book your tour  
today by calling  
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# insights

## Bully-proofing kids

by Michael Grose



*Despite the fact schools are very pro-active when it comes to making them safe places for kids, bullying unfortunately, is something that's still with us. According to the 2009 Australian Covert Bullying Prevalence Study one in four kids from Years 4 to 9 experiences some type of bullying at school.*

Frequent bullying is highest in Year 5 (32 per cent experiencing some bullying) and Year 8 (29 per cent) so it is something that parents and teachers need to understand. Bullying is an insidious behaviour that transgresses a child's right to feel safe and secure. It can adversely affect children's learning, further peer relations and their emotional well-being.

### **Often children will tease, argue and sometimes fight, which shouldn't be confused with bullying.**

Bullying is selective and intentional. It's also repetitious rather than a one-off or occasional event. It can be physical, verbal or social exclusion. It also now happens online, which means some kids no longer feel safe at home. Kids generally feel powerless when they experience bullying.

Bullying is an issue to be discussed around the meal table, in the context of keeping kids safe. Talk to kids about their right to feel safe; how to know when they feel unsafe and what to do if they experience or witness bullying.

### **Knowing when kids are being bullied?**

Some research suggests that around 20 per cent of bullying goes unreported so it can be difficult spotting children who experience bullying. However, kids will usually show signs in three ways:

**Acting out:** outward signs such as displays of unusual aggression at home, talking about hating school and getting into trouble more often.

**Acting in:** subtle behaviour changes such as sullenness, withdrawing from usual activities, being uncommunicative, feigned illness, bed-wetting and altered sleep patterns.

**Telltale signs:** more obvious physical signs such as torn clothes, items missing, altered school routes and physical injuries.





Children who are bullied usually display a combination of signs. Children often find it hard to communicate that they are being bullied. Some don't have the language required. Many kids feel ashamed, or even believe what bullies tell them. Sometimes kids are also reluctant to tell adults about bullying, as they fear that they will take the matter out of their hands, so your approach needs to be gentle and non-judgmental.

## Here are six things to do if you suspect your child is being bullied:

### 1. Listen to their story

It really is important to stay calm and get the real story. Kids need to be believed when they are bullied, so make sure they get the chance to talk.

### 2. Get the facts

Bullying behaviour usually follows patterns. An accurate picture will help you determine your next course of action, for example, whether you need to give your child some avoidance or coping strategies or gain assistance from your

child's school.

### 3. Recognise & validate their feelings (anger, fear & sadness are common)

Bullying always elicits strong feelings so make sure kids can share their thoughts and feelings with you.

### 4. Give them some common coping skills & defense mechanisms

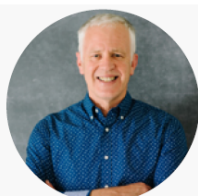
Look for some simple ways to help them handle the bullying such as making sure they stay in pairs, practising a comeback line or even walking and talking confidently.

### 5. Get the school involved

If your child continues to struggle with bullying contact your child's school. Resist the temptation to confront suspected bullies, or their families. Teachers generally have very practical, tried and true ways to tackle bullying.

### 6. Help build your child's support networks & their self-confidence

Positive peer groups are great protective factors for kids when they are bullied so do all you can to encourage and build their friendship groups inside and outside school.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World* and *Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*. A trailblazer in the parenting and educational scenes Michael regularly appears in the media throughout Australia in programs including *The Project*, *The Today Show* and ABC radio.



# Those who obey God are my brother or sister or mother



10th Sunday in Ordinary Time, Year B

When Jesus spoke to the crowd of followers, he referred to them as his own family because they were following the will of God. Draw a picture of yourself surrounded by some people you know who also follow God's will.



Jesus tells us that a nation whose people fight each other won't last long. Write down some ways you can help to resolve the conflicts you might have with your family and friends.



I can resolve conflict with my family and my friends by...

## Gospel

Mk 3:20-26, 31-35

Jesus went home with his disciples, and such a crowd collected that they could not even have a meal. When his relatives heard of this, they set out to take charge of him, convinced he was out of his mind.

The scribes who had come down from Jerusalem were saying, 'Beelzebul is in him,' and, 'It is through the prince of devils that he casts devils out.' So he called them to him and spoke to them in parables. 'How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot last. And if a household is divided against itself, that household can never stand. Now if Satan has rebelled against himself and is divided, he cannot stand either - it is the end of him.'

His mother and brothers now arrived and, standing outside, sent in a message asking for him. A crowd was sitting round him at the time the message was passed to him. 'Your mother and brothers and sisters are outside asking for you.' He replied, 'Who are my mother and my brothers?' And looking round at those sitting in a circle about him, he said, 'Here are my mother and my brothers. Anyone who does the will of God, that person is my brother and sister and mother.'