

OUR LADY'S SCHOOL NEWSLETTER

3 May 2018

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley Principal: Ms. Patrizia Bertani Parish Mass Times: Saturday 6:00pm Sunday 9:00am, 10:30am & 5:30pm

School Phone: 9312 2230

School website: www.@olsunshine.catholic.edu.au Our Lady's is a Child Safe School

God has made us what we are, and in our union with Jesus Christ he has created us for a life of good deeds, which he has already prepared for us to do. Ephesians 2:10

DATES FOR THE DIARY

Fri 4 May

Interschool Sport begins Mon 7 May

Professional Learning Day for Staff (Student Wellbeing Berry Street) - No school for the children

Tues 8 May

7.00pm Maria Forde Eucharist **Family Night**

Wed 9 May

Open Day for new Foundation • students. Tours leaving the office at 9.30am, 12.00pm and 2.15pm

Year 1&2 Camp Night

Thurs 10 May

Mother's Day Stall

Fri 11 May

2.30pm Mother's Day Assem-

Tues 15-Thurs 17 May

NAPLAN for Grades 3 and 5

Fri 18 May

Walk Safely to School Day Parish Movie

2.30pm Pentecost Assembly

Mon 21 May

Whole School Athletics Day at **Keilor Athletics Track**

Tues 5 June

World Environment Day

Fri 8 June

Parish Movie

Sacred Heart Mass 11.00am

Mon 11 June

Queen's Birthday Public Holiday. No school for the children Dear Parent,

If your child has asthma, attending school camps and excursions can introduce them to new asthma triggers especially if they are going into new environments. It is essential that your child can participate fully and safely in all school activities. The following is a list of considerations to make for your child before they go on school camp or an excursion:

- Is your child's asthma currently well controlled (e.g. no symptoms at night, reliever use less than 3 times per week)?
- Has your child had an asthma attack or asthma symptoms recently?
- Does the school have a current Asthma Action Plan for your child?
- Has the school asked you to complete a School Camp and Excursion Medical Update Form?
- Does your child have their reliever medication and spacer on hand at all times?
- Are they attending with any other medications to be taken on the camp/ excursion? If so, are there sufficient instructions to staff for use/dosage?
- Does your child self-administer their medication? If so, has their technique been checked recently?

For more information please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au

National NAPLAN testing

The NAPLAN tests are just one piece of evidence about your child's learning. Please speak to your child and reassure them that teachers are also using many other forms of assessment and observations to make judgements about their progress in the different areas of the curriculum.

Our Grade Three and Grade Five students will be participating in the NAPLAN from Tuesday the 15th of May to Thursday the 17th of May.

If children are sick on a certain day, we can hold make-up sessions which will allow the children to participate in the NAPLAN testing. Parents can choose for their child not to participate and additional support can be organised.

SACRAMENTS

Eucharist (Year 4) Sun 27 May 10.30am (4H) Sun 3 June 10.30am (4G) Reconciliation (Year 3) Thur 6 Sept 7.00pm Confirmation (Year 6) Fri 16 November 7.00pm

Brayer for Children

Children are in need in our world. We must reach out to them. Jesus, teacher and redeemer, you told the apostles, 'Let the children come to me.' Today we pray for all the children of all nations and all races. We pray especially for children who are hungry, homeless, lonely, sad or afraid, help them to know your love and care and your presence in their lives. Teach us to share what we have and to reach out to children so they will have what they need to live and grow as God's children. Each person can make a difference in our world if we follow in your way. Help us to care about all your children. Amen

School Uniform

Thank you to all the parents who have been sending their child/children to school in their Winter uniform. The children should now all be wearing their school winter uniforms. If you are considering a new coat for your child this Winter, please remember that it is our preference to have either plain navy blue or black. Navy coats with warm polar fleece lining are available at the Uniform Shop or via the QKR App for \$25.00.



We do not allow the children to wear hoodies to school, nor do we allow logos that advertise brands. The children should be wearing black leather shoes as a part of their uniform and runners only on the day that they have sport. Unfortunately, I have seen some students wearing cargo pants, these are not part of our uniform. No jewellery other than small studs or sleepers or a simple necklace with a religious medallion or cross should be worn

No leggings should be worn, girls should be wearing navy tights only under their tunics. These are sold for your convenience in our uniform shop which is a not for profit service that the school provides to parents.

Parents please make sure that you purchase the correct Our Lady's school uniform as I have noticed that there are many variations being worn and our school is beginning to look untidy as a result. A uniform reflects the pride we have in our school and is an important part of our school identity. We want to project pride in our school by making sure that all children are wearing the correct school uniform. I ask all parents to support the school in this endeavour. Please feel free to come and discuss with me any issues you may have in regards to the school uniform. I am always happy to discuss these with you.

Mothers Day Stall-Thursday - 10th of May

The Parents and Friends will be running a Mother's Day Stall on Thursday May 11th. This service is provided to give the children an opportunity to choose an inexpensive present for someone special on Mothers Day. The Parents and Friends will be selling items ranging between \$0.50c and \$5. Please do not give your child an excessive amount of money. We find that if children are given too much money, then most of it goes towards the tuckshop rather than the present buying experience.

Student Mobile Telephones

Some parents have decided that their child should have access to a mobile phone while walking/riding to and from school. Once the child comes to school with their mobile phone the expectation is that they adhere to the following school procedure:

Upon arrival to school the child /children must hand over their mobile phone to the Office staff who will keep it in a safe place throughout the day.

After school the child/children will go to the Office and pick up their mobile phone before they leave the school premises.

No child is to bring a mobile phone into the classroom during the school day.

No child is to keep a mobile phone in their bag during the school day.

Yours sincerely,

Patrizia Bertani Ms Patrizia Bertani

Principalprincipal@olsunshine.catholic.edu.au

Staff Professional Learning Day-Monday 7th of May

Berry Street facilitator Michelle Sampson will be delivering Professional Learning focussed on developing positive relationships in order to enhance student learning and self-esteem to all our Staff on Monday.

FOUNDATION 2019 REMINDER

If you are a current family with a child to begin Foundation in 2019 please make sure that you have picked up an enrolment pack from the front Office, filled in the enrolment form, handed it back to the office and made an appointment for an enrolment interview.



I have already begun the process of interviewing families who already have children at Our Lady's and wish to enrol a younger child for Foundation 2019. If you have not put in an enrolment form please do so as soon as possible to ensure your child has a place in 2019.

Professional Learning Day for Staff Reminder (Monday 7 May)

A reminder that there will be a Professional Learning Day for teachers on Monday the 7th of May and that parents who require to put their child into day care at school with CAMP Australia should register their child/children with Camp Australia. Parminder and her staff are in the Hall Kitchen from approximately 2.30pm each afternoon for any questions, or call on 0438 593 298 or see below for more detail.



we make Kids smile





Staff Professional Learning Day Programs!

Please come and join us at our Camp Australia Staff Professional Learning Day Program for non-stop fun with friends, including outdoor group games, sport, art & craft and much more!!!

Time: 8:00 to 18:00

Where: The Before and After School Care Room at Our Lady of the Immaculate Conception What to bring: Morning Tea and Lunch. Breakfast and Afternoon Tea will be provided!

Fees: \$59.00 per child minus CCB/CCR benefits

Please visit our website www.campaustralia.com.au or contact our Customer Service Team on 1300 105 343 to register your child for the Pupil Free Day program.

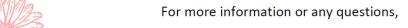
Our Lady's School Parents & Friends Committee will be holding their annual



On Thursday, 10 May 2018

Children will be able to purchase special gifts for their wonderful Mums, Grandmas and Carers ranging from <u>50c to \$5.00</u>

Please send along money on the day (not more than \$10)



























































Camp Australia News



OSHC and what it means to Camp Australia

Outside School Hours Care (OSHC) can be a vitally important program for children and families who need affordable care. OSHC makes it possible for parents to work or attend to other commitments, secure in the knowledge that their children are being cared for by qualified educators in a safe and supportive environment.

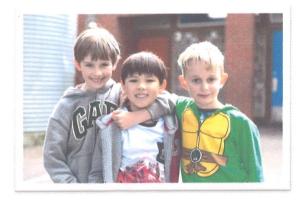
All OSHC services must meet the stringent requirements set out in the Education and Care Services National Act and Regulations, as well as the National Quality Standard. This ensures that the OSHC curriculum enhances learning and development outcomes for each child, specifically in relation to their identity, connection with community, wellbeing, confidence as learners and effectiveness as communicators.

But that doesn't mean that every activity or program should be scheduled. Having already spent the day in a classroom, kids need some space to explore their own interests – sports, craft or cooking – rather than being taught more information (unless there's homework your child needs help with!).

At Camp Australia, we know that the time spent at OSHC is a time for possibilities. Every session is guided by the children's interests and reflects their dreams and imagination.

It's a time to form friendships outside their immediate classmates, to grow and learn, or to try something new. All the programs at Camp Australia are offered onsite, so your kids can leave the classroom and be playing soccer, eating a healthy snack or learning how to play a board game within minutes of the bell ringing.

Our program also promotes cooperation, support and respect. The stakes may not feel as high as they do in school. As a result, they may be more willing to try new things or start a conversation.



Program details

We're here to make Outside School Hours Care the best experience possible for your child.

To find out more about our program, view fees and to register visit www.campaustralia.com.au

From the Team at Camp Australia

parenting *ideas

insights

Why it's more important than ever to foster positive relationships in children and young people

by Michael Grose



Four practical ways to promote positive relationships based on respect, fairness and tolerance among young people.

We live in interesting times. The Donald Trump Presidency has changed the political landscape in many ways, but particularly the way politics is waged and how the major political players treat each other. Mr. Trump's way of dealing with people could best be described as direct and combative and, at worst, bullying and badgering. Gone are the conventions in international relationships of keeping up civil appearances in public despite what may have happened between parties in private. As he showed recently following a telephone conversation with Mr. Turnbull, Australia's Prime Minister, Mr. Trump has few qualms about tweeting his disapproval to the world if a private conversation doesn't go according to his plan.

In recent weeks there's been major concern expressed right around the world about how Mr. Trump 'does politics' – particularly his treatment of those with whom he disagrees. This high level of public protest should be applauded by parents and teachers as the tone of public discourse can easily trickle down into schools and families. At a time when peer-to-peer bullying and disrespectful relationships are ongoing issues in many schools, parents and teachers need to be more mindful than ever of the importance of promoting positive relationships based on respect, fairness and tolerance. Here are three practical ways to foster positive relationships among children and young people.

1. Instil integrity in children and young people

'Do what's right. Not what's easy.' I heard my wife Sue say this to our children often when social circumstances presented them with a moral dilemma. Times such as when they agreed to visit a friend's house only to get a better offer elsewhere; when they'd hurt a sibling's feelings and they took the easy option of staying out of their way rather than approaching them to make an apology; and when they'd tell a small lie to excuse themselves from a party or school event that they were expected to attend.

'Do what's right' is an integrity statement. It's a declaration of character that's central to children developing respectful relationships with their peers. Every parent wants to raise kids to be fine young people. But to do this we need to instil in kids more than just skills, attitudes and positive behaviours. We need to provide a compass to help them navigate the myriad of decisions they make every day as children and as teenagers. Integrity sits at the



top of that compass.

2. Walk the walk

The concern about children and young people being witness to disrespectful, combative behaviours in public figures is that these behaviours soon feel normal. The same principle, of course, applies with adults closer to home. If parents, coaches or teachers harangue, harass or bully others then these behaviours become normalised and in effect, give kids permission to act in the same ways. It's a matter of, If Mum can do it, then I can too!

Conversely, when adults treat each other, children and young people fairly; display a willingness to listen and talk things through; and show a propensity to compromise we are teaching the next generation the basics of respectful and positive relationships.

3. Talk the talk

Families develop their own proprietary language around the behaviours and attributes that are valued including integrity, respect, fairness, tolerance and other values that underpin strong positive relationships. Take the time to reflect on common statements you already use that reflect relationships based on respect and fairness. Write them down. Develop them into repeatable phrases such as, 'Everyone deserves a fair go. Let's talk through our disagreements. Ask before you jump to conclusions', to make them memorable. Positive relationships are taught through actions, but reinforced by common language.

At a time when the way many prominent public figures treat others can leave a fair-minded person shaking his or her head in dismay it's worth remembering that through our own fair and tolerant treatment of others we can positively impact how children and teenagers treat others.

4. Put integrity top of the pedestal of character traits

Every parent wants their child to have the strength and fortitude to do the right thing and not follow the crowd. This is easier for young children because the pull of the group and the allure of the media doesn't have such a strong hold as it so often does in adolescence. Strong-willed children and those who like to have their own way can also find doing the right thing less of struggle. But the development of integrity and related traits such as respect, honesty and fairness is an important part of a child's moral compass that will help him/her make smart decisions when you're not around. Generally, integrity is developed in childhood and put to the test in adolescence.

In 2017 put some focus on developing a sense of integrity in your kids – the rock star of character traits.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children. Michael regularly appears in the media throughout Australia in programs including The Project, The Today Show and ABC radio.

Love one another as have loved you



6th Sunday of Easter, Year B

Jn 15:9-17

Jesus said to his disciples:

'As the Father has loved me.

so I have loved you. Remain in my love.

If you keep my commandments you will remain in my love, just as I have kept my Father's commandments

and remain in his love.

I have told you this

so that my own joy may be in you

and your joy be complete.

This is my commandment:

love one another,

as I have loved you.

A man can have no greater love

than to lay down his life for his friends.

You are my friends,

If you do what I command you,

I shall not call you servants any more.

because a servant does not know

his master's business:

I call you friends.

because I have made known to you everything I have learnt from my Father.

You did not choose me,

no, I chose you;

and I commissioned you

to go out and to bear fruit,

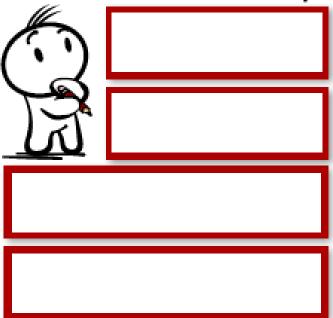
fruit that will last;

and then the Father will give you

anything you ask him in my name.

What I command you is to love one another."

Jesus is our friend. He loves us so much that he was prepared to give up his life for us. What are some things you can do to show Jesus that you are his friend?



The people I love are...

Draw some pictures of the people you love and write a little bit about each of them.

