



#### OUR LADY'S SCHOOL NEWSLETTER 18 October 2024 olsunshine.catholic.edu.au

 Parish Priest:
 Fr. Peter-Damien McKinley

 Principal:
 Ms. Patrizia Bertani

 Parish Mass Times:
 English: Saturday 9.00am, 5.30pm, Sunday 9:00am, 10.30am & 5:30pm

 Vietnamese: Saturday 7.00pm, Sunday 12.30pm, Friday 7.30pm

 Chin Hakha/Burmese: 2.30pm

 Tongan: Every 1st Sunday 3.00pm

 School Phone:
 9312 2230

 School website: www.olsunshine.catholic.edu.au

 Our Lady's is a Child Safe School

'What Jesus did here in Cana of Galilee was the first of the signs through which he revealed his glory; and his disciples believed in him.' John 2:1-11

#### DATES FOR THE DIARY

Fri 18 Oct Yr 6 BluEarth Transition Activities St Theresa's Albion Fri 18 Oct Yr 1 Mad About Science Incursion Mon 21 Oct Yr 2 Mad About Science Incursion Fri 25 Oct Day for Daniel - wear a splash of red Mon 28 Oct Yr 4 Mad About Science Incursion Wed 30 Oct Yr 3 Mad About Science Incursion Wed 30 Oct Years 3&4 Camp Activities 3.10-7.00pm

#### PUPIL FREE DAYS

Mon 4 Nov Professional Practice Time for Staff- No School for the Children Tues 5 Nov Melbourne Cup Public Holiday

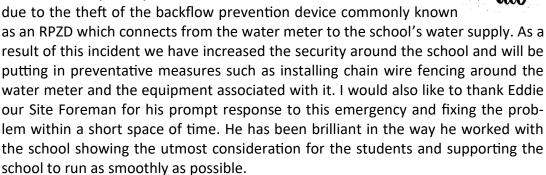
#### END OF YEAR 2024

**Tues 17 Dec** Students finish for 2024 at 1.00pm

#### START OF 2025

Tues 28 Jan Staff Return Wed 29 Jan Getting To Know You & Your Child Day 1 Yrs 1-6, Foundation at school 8.35-1.00 Thurs 30 Jan Getting To Know You & Your Child Day 2 Yrs 1-6, Foundation at school 8.35-1.00 Fri 31 Jan Classes start for all (F-6)

Dear Parents and Carers, I would like to extend a big thank you to our parent community for the understanding and collaboration you showed on Monday when we had to temporarily close the school as we had no water. This was due to the theft of the backflow prevention device commonly known



#### A warm invitation to all Our Lady's School Parents

An invitation to all Our Lady's parent community to join us for the Official Opening of the new building is going home today. The official name of the building is the *St. Joseph of the Sacred Heart Learning Centre.* We warmly invite all parents to join the staff, students and official guests as we celebrate this great achievement which could not have been possible without the support of you our parents.

You have collaborated with the school through all the ups and downs that un-



dertaking a build of this scope inevitably brings. You have supported the school both financially and in your understanding of the various challenges that arose throughout the build. I cannot thank you enough for all you have done to make this building possible. Please come and join us at the official opening and celebrate this wonderful achievement that we as a school community have realized together.



#### Loving One Another

When people are nice, it's easy to love them. When people are mean, it's not. When they are rude, or bad or cruel, that's when I need a spot Of your special love and kindness, your eyes to help me see How much they mean to you, God, even when they're mean to me.

'But I am giving you a new command. You must love each other, just as I have loved you.' John 13:34

# Below you can read about the items recently completed or close to completion.

The nature playground is expected to be finished by the end of next week and the aqua bubblers should also be installed by the end of next week.

Pinboard and whiteboards – 100%. Hearing augmentation – 95%. Corromesh screening – 100%. Independent fire testing – 100%. Water tap in – 100%. Concrete paving – 100%. Epoxy to balcony – 100%. Landscaping – 70%.





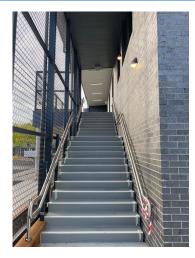
#### Warm regards,

Patrizia Bertani

Ms Patrizia Bertani Principal principal@olsunshine.catholic.edu.au

# BUILDING PROJECT

WE ARE NEARLY FINISHED





#### A FUNDRAISING INITIATIVE FROM THE PARENTS AND FRIENDS

We are holding a School Fun Run's Crazy Colour Day this year. We will be raising much needed funds in the lead up to our event for a Shade Sail over our new playground with a target of \$15,000, so we're asking all families to pitch in!

We are super excited to announce that we will be holding our event on FRIDAY 15th NOVEMBER 2024 at 2.10pm here at School! What is the School Fun Run?

It is an online fundraising program, where all families go home and create their own online profile. You then choose your target prizes and work towards hitting your target! In your profile you will have a unique cyber safe link to share with your family and friends to donate to get you close to your target.

#### What do we need you to do?

All we need you to do this week is create an online profile at funrun.com.au

Students will wear casual dress and we suggest a white (or light coloured) t-shirt, shorts and runners – that you don't mind getting the colour powder sprinkled on (the colour powder is easily removed in the wash!)

This is an inclusive fundraiser we would love you to be a part of it.



#### FI

**Brooklyn** - For being a Self-Manager. You are always trying your best. Well done! *From Miss Seona* **Amanda** - For showing the Gospel Value of Respect to her classmates. Well done! *From Miss Seona* 

#### FJ

Max - For being a great Self-Manager when writing about the life cycle of a butterfly. Well done! *From Miss Wendy* Isaac - For making good behaviour choices and following directions to pack up quickly. Well done, Isaac. *From Miss Wendy* 

#### **1**K

Joanne - for showing the Our Lady's School Gospel Value of Service by consistently looking for ways you can help your peers with their work and around the classroom. Thanks Joanne! *From Ms Shai* 

**Eli** - for displaying the Learning Asset of a Communicator when working with your group to solve clues during Year 1 and 2 camp. *From Ms Shai* 

#### **1L**

**Siam** - For showing the Our Lady's Gospel Value of Service. Thank you for seeing a need and doing something about it. Well done! *From Miss Scarlett* 

**Casper** - For showing the Learning Asset of Collaboration when working with your team during the Grade 1/2 camp. Well done! *From Miss Scarlett* 

#### 2M

**Ryan C** - For how well you have been listening to and following instructions. Keep it up! *From Ms Rochelle* **Mai** - For your positive attitude and hard work in writing. I have enjoyed seeing how enthusiastic you have been. You are doing such great work! *From Ms Rochelle* 

#### **2N**

**Ava-** For showing the Our Lady's Gospel Value of Courage, you are a persistent learner. Well done! *From Ms Robles* **Thomas-** For being open to challenge and writing a description text about an iceberg. Keep it up! *From Ms Robles* 

#### **3E**

**Anabella L** - For showing the Communicator Learning Asset by consistently having a go and participating in class discussions. *From Ms Steph* 

Samara S - For being a Self-Manager who is focused during independent learning. From Ms Steph

#### 3F

Alyssa D - For showing enthusiasm and being a great Collaborator while conducting different experiments to investigate Matter. Keep it up Alyssa! From Ms Christine & Mrs Majczak

**Ethan H** - For demonstrating the Learning Asset Thinker while making predictions and a hypothesis before conducting different experiments to investigate Matter. Well done Ethan! From Ms Christine & Mrs Majczak

#### **4G**

**David**- For showing interest and enthusiasm in our FLI unit about Matter. It was great to see you doing extra research at home. *From Ms Karen & Mrs Mendoza* 

**Isaac**- For showing enthusiasm in your writing. I was impressed with your focus and creativity when writing your recount about your Vietnam holiday. *From Ms Karen & Mrs Mendoza* 

#### **4H**

Bonnie- For your positivity and hard work in class. Keep up the great work! From Ms Rebecca

**Garang**- For your enthusiasm and focus during writing sessions. Keep it up! *From Ms Rebecca* 

#### **5C**

**Natalie-** For being organised, focused and keen to learn. Keep up the great work! *From Ms Huyen* 

**Andi-** For demonstrating Our Lady's Gospel Value of Compassion, when you showed your support and care for a member of our class. You saw a need and you acted on it. *From Ms Huyen* 



#### 5D

Jasmine - For displaying Our Lady's Gospel Value of compassion towards others in the classroom and playground. From Ms Gurry

Mina - For working hard in reading sessions to improve your skills. Well done and keep it up! From Ms. Gurry

#### **6**A

**Peter-** For showing commitment to a task that requires giving up his own time at breaks. *From Mr Wickham* **William** - For speaking up in class discussions and sharing ideas and opinions. *From Mr Wickham* 

#### **6B**

**Tracey** - For demonstrating the Gospel values of peace and compassion. Tracey always treats her peers with kindness and shows genuine care for others. You are a wonderful asset to our classroom! *From Mrs Belinda & Ms McManus* **Cohen** - For demonstrating the Gospel values of peace and respect. Cohen treats his peers with kindness, always listens to others, and embraces differences without judgement. We are very grateful to have you in our class! *From Mrs Belinda & Ms McManus Belinda & Ms McManus* 



2N: Isabella W 4G: Ethan N 4H: Evelyn L 5D: Mina N

## **MISSION MONTH 2024**



October is Mission Month all around Australia. As an active social justice community, we support the Catholic Mission by raising money for those in need around the world. This year the Catholic Mission is raising money for the Don Bosco centre in Mongolia. The students and teachers of each year level have planned and organised how they would like to raise money for the children in Mongolia. Please take note of the following fundraising activities that are taking place. Items will range from 50c to \$2.



When?	Who is organising?	What?	Where?
Everyday until the 8th Nov	Year 5 and Year 6	Year 5/6 are designing, creating and testing Sock (soccer) Balls. Donations of any amount are welcome.	Kicking goals on the green grass area
Wednesday, 23rd Oct	Year 3	Selling sherbet during Break 2 50c per patty pan Sherbet ingredients: icing sugar, jelly crystals, citric acid & baking soda	Outside the Art Room
Thursday, 24th Oct	Year 4	Selling Honey Jumbles (50c) and soap during Break 2 Honey Jumbles ingredients: butter, honey, sugar, flour, bi-carb soda, ginger, cinnamon, nutmeg, cloves, milk, egg white & food colouring	Outside the Planning Room
Thursday , 31st Oct	Year 1	Selling popcorn and jelly during Break 1 and Break 2 until sold out Popcorn ingredients: popcorn kernels, butter & salt	Outside the Year 1 classrooms
Thursday, 31st Oct and Friday, 1st Nov	Year 2	Selling playdough and honey joys during Break 2 Honey joy ingredients: corn flakes, butter, sugar & honey	Outside the Year 2 classrooms
Friday, 1st Nov	Foundation	Whole-school Crazy Socks Day Donations of any amount are welcome.	Come to school wearing crazy socks!



#### DAY FOR DANIEL - PROMOTING CHILD SAFETY - FRIDAY 25 OCTOBER

#### Dear Parent,

Just a reminder that next Friday 25th October, Our Lady's will be participating in the registered event 'A Day for Daniel' for the eighth year in a row. It has been organised by the Daniel Morecombe Foundation to help promote and educate children about safety. Our Lady's supports this initiative as it strongly connects to what we already do in our Student Wellbeing/Social Emotional learning Program across the school. On this day, students are encouraged to wear something RED, which could be a red tee-shirt or red socks, with their casual clothing.

To prepare for this day, the students will be engaging in a number of 'Child Safety' lessons, which also support our Social and Emotional Learning Program. These lessons promote and teach students to *Recognise, React and Report if they find themselves in situations that make them feel unsafe. We encourage you to continue to talk to your child about what they are learning in class.* 

#### Wellbeing: Child Safety

As a whole school approach, and as part of the wellbeing and child safety curriculum, the students will be immersed in exploring different emotions. This also involves consolidating the concept of respecting each other's personal space and emotions. Students in Years F-3 will be viewing a video exploring a student's reaction to a homework situation at home with a sibling. Follow-up from the video will involve students exploring other ways that the situation can be dealt with in relation to taking one's emotions and feelings into account. The Years 4-6 will be watching a video involving students playing football with a focus on emotions and behaviour and how one person's behaviour can affect themselves and those around them. Both year levels will also be viewing a video about body clues when they may feel uncomfortable.

The resources we are using are provided for all students nationally and can be found on the following website: <u>https://danielmorcombe.com.au/keepingkids-safe-resources/</u>



Keeping kids safe!

## ST MARY MacKILLOP AWARD

Congratulations to the recipients of our St Mary MacKillop Award for October 2024.

Congratulations to:



Hanna L 5D



Amanda L FI















































# FINISH THE YEAR Strong with extend! Book online today for term 4!

It's the final lap of the school year as we welcome in Term 4 with Extend's premium Outside School Hours Care!

Hit the ground running this term and end the year in style with exhilirating and creative activities, a menu of yummy nutritional snacks and a fun space for children of all ages!

Make your enrolments and bookings at **extend.com.au** and finish the school year strong with reliable service!



## **BOOK 14 DAYS IN ADVANCE TO SECURE THE EARLY BIRD RATE!**

#### **PREPARATIONS FOR 2025**

As we are beginning our preparations for 2025 we ask that parents let us know as soon as possible if their child/ren are <u>not</u> returning to Our Lady's next year. We have had many inquiries about places for 2025 and we need to let these parents know if there are places for their children. We currently have a waiting list for Prep and we have had several enrolment enquiries coming in for the other year levels.

If your child is not returning in 2025 (NOT OUR CURRENT YR 6 STUDENTS) please complete the form below and return it to the office. It is vital that you return this form as soon as possible. *Thank you*.

Chi	Idren NOT returning to Our Lady's School in 2025
Family Name:	
Child/children's na	mes
1	2024 Grade:
2	2024 Grade:
3	2024 Grade:
Name of our new s	school:
Our new address:	
Signed:	(Parent)
Plec	se return this form to the office as soon as possible



INSIGHTS

happy families. [SCHOOLS

### The Quest for Independence and Identity

"A lot of parents will do anything for their children, except let them be themselves." — BANKSY

This quote hits home for many of us. We all want the best for our kids, but sometimes our efforts to guide them can stifle their individuality. While setting boundaries is essential (think veggies, homework, and bedtime), too much control can backfire.

#### **Revel in Rebellion**

Setting limits on our children's behaviour is a natural part of parenting, but it's important to strike a balance between limits and control. Our kids are wired to test boundaries, and that's actually a good thing! Their defiance is often a sign of a healthy desire for autonomy and independence.

Yes, our children's defiance can be inconvenient or even frustrating, but research suggests that those so-called "strong-willed" children often develop stronger self-reliance and well-being later in life. So, if you find yourself parenting a little rebel, take heart – their spirited nature is likely a positive sign of their growth and development.

#### Be their Safety Net, not their Sherpa

Think of your child's journey as a mountain they need to climb. It's tempting to try to pave the path for them, but they need to scramble, stumble, and figure things out on their own. Your job is to be their safety net, not their Sherpa.

Our role isn't to control, but to guide. By offering a safe space to push against, we empower our children to flourish and become their most authentic selves.

#### The Identity Quest

The quest to find out who we really are begins early and lasts a lifetime. Letting children be themselves means fostering self-understanding, discovering passions, promoting independent thinking, and allowing autonomy to shape their identity and decisions. Children need the freedom to make choices – even mistakes – to discover who they truly are.

#### What Lights You Up?

Have you noticed that your child is energised by some things but completely uninterested in others? Each of our children has unique talents, strengths, and gifts. Helping them discover those things that spark delight and enthusiasm, and developing those things over time, will help them discover themselves.

#### Don't Follow the Crowd

Encouraging our children to think independently and stand up for what they believe in, even when it means standing alone, is crucial in helping them discover who they really are. You can help your children do this in a number of ways:

#### 1. Don't *tell* them what to think. Instead, *ask* them what they think.

It might be easy in the heat of a disagreement to tell your teen that they don't know what they're talking about when they offer an opinion contrary to yours. You'll actually get further by digging a little deeper, rather than trying to prove them wrong: "Wow, you have strong opinions about [topic]. Tell me why you feel so strongly."

#### 2. Invite them to take the perspective of others.

When someone with a different religion, culture, or way of life does something that they react negatively to, invite them to consider *why* that person may have acted that way.

#### 3. Encourage them to think critically but act compassionately.

Unfortunately the people who get the most global attention are not always the best role models. Rather than shielding your child from difficult news stories, use them as a springboard for meaningful conversations (while keeping their age in mind). Instead of focusing on simple judgments of "right" or "wrong," dig deeper with questions like:

- "What have you heard about this situation? What are your initial thoughts?"
- "Why do you think people have different opinions on this matter?"
- "How might the actions of those involved affect others? How might they feel?"
- "If you were in their shoes, what would you do differently?"

By asking open-ended questions, you encourage your child to think critically, analyse different perspectives, and develop empathy for those involved. It's a chance to help them form their own opinions based on thoughtful consideration, rather than simply repeating what they hear from others.

Letting go and allowing our children to make their own choices, even with the risk of missteps, can be one of the hardest yet most rewarding parts of parenting. By offering support, guidance, and unwavering belief in their potential, you empower your child

to forge their own path and become a confident, independent individual.

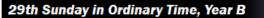


#### AUTHOR

#### Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit <u>happyfamilies.com.au</u>.

# To be good people ist serve others



### Gospe Mk 10:35-45

James and John, the sons of Zebedee, approached Jesus. 'Master,' they said to him, we want you to do us a favour.' He said to them, 'What is it you want me to do for you?' They said to him, 'Allow us to sit one at your right hand and the other at your left in your glory.' 'You do not know what you are asking' Jesus said to them. 'Can you drink the cup that I must drink, or be baptised with the baptism with which I must be baptised?' They replied, 'We can. Jesus said to them, 'The cup that I must drink you shall drink, and with the baptism with which must be baptised you shall be baptised, but as for seats at my right hand or my left, these are not mine to grant; they belong to those to whom they have been allotted.

When the other ten heard this they began to feel indignant with James and John, so Jesus called them to him and said to them: 'You know that among the pagans their so-called rulers lord it over them, and their great men make their authority felt. This is not to happen among you. No; anyone who wants to become great among you must be your servant, and anyone who wants to be first among you must be slave to all. For the Son of Man himself did not come to be served but to serve, and to give his life as a ransom for many.'



#### Serving Others

Jesus tells us that we need to serve others in order to be good people. What are some ways you can be of service to others?

I can serve my family by ...

I can serve my school by ...

I can serve my community by ...

# **Ruler or Servant**



Which of the following things best describe a ruler or a servant? Draw a line from each description to what you think is the correct side.

RULER	ORDERS OTHERS TO DO THEIR WORK	SERVANT
	WORKS FOR OTHERS	
	WANTS TO BE GREAT	
	SHOWS HUMILITY	
	HAS POWER OVER OTHERS	
	MAKES SACRIFICES	
Draw a picture of a king or queen	TREATS THEIR LEADERS WITH RESPECT	Draw a picture of a servant

The scriptural quotations are taken from the Jerusalem Bible, published and copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers.

