



OUR LADY'S SCHOOL NEWSLETTER

19 April 2024

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley

Principal: Ms. Patrizia Bertani

Parish Mass Times:

English: Saturday 9.00am, 5.30pm, Sunday 9.00am, 10.30am & 5.30pm

Vietnamese: Saturday 7.00pm, Sunday 12.30pm, Friday 7.30pm

Chin Hakha/Burmese: 2.30pm

Tongan: Every 1st Sunday 3.00pm

School Phone: 9312 2230

School website: www.olsunshine.catholic.edu.au

Our Lady's is a Child Safe School

*The Lord God took the man and put him in the garden of Eden to till it and keep it.
Genesis 2:15*

DATES FOR THE DIARY

Mon 22 Apr Maths Information Night for Parents (Michael Ymer) 7.00-8.30pm

Wed 24 Apr 7.00-8.00pm RE Sacrament Information Evening with Maria Forde (online)

Thur 25 April ANZAC Day Public Holiday. No school

Fri 26 April School Closure (All MACS schools)

Wed 1 May Open Day for Foundation 2025. Tours at 9.00am and 4.00pm

Thur 2 May Teeth on Wheels

Thu 2 May Year 3 Reconciliation at 6.30pm

Fri 3 May Interschool Sport starts, Years 1-2 CERES Excursion

Wed 8 May Y3 Jawbone Excursion, Yr 4 You Yangs Excursion

Thur 9 May Mother's Day Stall, Teeth on Wheels

Fri 10 May Walk Safely to School Day, other's day Morning Tea

Sun 12 May Mother's Day

Mon 13 May Yr 3 You Yangs Excursion

Mon 27 May Athletics Day at Keilor Athletics Track

SACRAMENTS

Thurs 2 May 6.30pm Reconciliation for Year 3

Sun 26 May 10.30am Eucharist for Year 4

Fri 2 Aug 7.00pm Confirmation for Year 6

PROFESSIONAL LEARNING DAYS - PUPIL FREE DAYS

Friday 26 April - School Closure (All MACS schools)

Wed 26 & Thurs June - Three Way Learning Conversations

Dear Parents and Carers,

This week we have started our enrolment interviews with families who have children starting at Our Lady's School in 2025. It has been a great pleasure to have a chance to meet the children and to have some time speaking to the parents. If you know of any-one who lives in the area and is still to enrol their child please let them know that they need to come to the office to collect an enrolment pack as soon as possible.

We will be holding an Open Day for those families who are new to the school and are considering to enrol their child at Our Lady's school on Wednesday the 1st of May and Monday 3rd June. There will be 2 tours of the school. One at 9.00am and the other at 4.00pm.

Next week there will be two days where the school will be closed. The first is the Anzac Day public holiday on Thursday the 25th of April and this will be followed by Friday the 26th of April. The Friday school closure day has been approved by our governing body Melbourne Archdiocese Catholic Schools (MACS) so that the school can comply with the *Catholic Education Multi-Enterprise Agreement 2022* which entitles teachers to receive time in lieu for attending after school events which are outside their normal 38 hour week and which are requested by the principal.



ANZAC DAY

Invitation Reminder: An Invitation to ALL Parents

Next week there will be two opportunities for Parents to learn more about the contemporary teaching and learning approaches at Our Lady's for Mathematics and Religious Education. We urge all parents to make the time to attend as we are sure that it will help you to connect more deeply to your child's learning.

1. **Mathematics with the wonderfully informative Michael Ymer on Monday the 22nd of April at 7.00pm at school.**
2. **Understanding the Sacraments – Religious Education focus with the engaging Maria Forde. This will be an online event which you can participate in from the comfort of your own home at 7.00pm.**

3. **Parents and teachers collaborating together to improve learning opportunities for our children.**

God Loves Me!



Thank you, God, for loving me, I'm so happy that you do.
It's good to know you're always there standing with me too.
I know I'm sometimes naughty and sometimes get things wrong,
But you'll always love me anyway and with you I belong.
There's nothing I could ever do to make you love me less
So thank you God, for loving me
Even when I make a mess!

BUILDING PROJECT UPDATES

At this week's building meeting we received an updated completion date for the new building - the 9th of October. The building is progressing very well. The roof is almost completed and the brick laying should commence within a couple of weeks as well as the installation of the windows.

In 3 weeks time we should see the plasterboard being installed on the ground floor. Our building is really beginning to take shape and it is great that we have a roof as we are heading into colder and wetter weather. This will ensure that the various trades people can continue to work in spite of the weather.

PLAYGROUND UPDATE

Today the concrete base for our playground was poured. This will enable for the soft rubber surface to be placed over the top of the concrete surface beginning on Monday. Once that has been completed the turf will be installed over the rest of the area. Thank you to all students and parents for being so patient and understanding about the disruption that this work has caused.



CELEBRATING MOTHER'S DAY AT OUR LADY'S SCHOOL

As next week we will not be sending out a newsletter I would like to remind you about the Mother's Day stall organised by the Parents and Friends committee on Thursday the 9th of May. This is an opportunity for your child to purchase a gift/gifts for their mums.

A very special Mother's Day invitation has been sent out by the Year 6 Events Committee who have planned to really spoil the mums of Our Lady's School with a special morning tea on Friday the 10th of May at 8:30am in the staffroom. Please RSVP with the note that was sent out today.

As an extra special treat there will be a coffee van in the school on Friday the 10th of May from 8:15am and they will be giving out free coffees to all mums. This will ensure that those mums who can't attend the special morning tea will still be able to have a special treat.

Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au



FJ: Kathy B

FI: Eve A

1L: Noso N, Dann J, Euro L

2M: Lanchi T, Mia D

2N: Flynn L

3E: Tia T, Samara S, Naing M

3F: Kei L

4G: Mila M, Hnaing Ku C, Monique C

4H: Ijay K, Dylan T, Van C, Catherine M, Makuei M

5C: Xavier S

5D: Jacob T

6A: Nina B, Scarlett D, Annie Rose S

ANZAC DAY BADGES

The Sunshine RSL has the following items available for purchase from the Office for ANZAC Day, Thursday 25 April 2024.



TERM 2 INTERSCHOOL SPORT DRAW

Friday 3 May	Away Game	Ardeer South v OLPS
Friday 10 May	Away Game	St Theresa's v OLPS
Friday 17 May	Home Game	OLPS v Harvester
Friday 24 May	Away Game	St Paul's v OLPS
Friday 31 May	Away Game	Albion v OLPS
Friday 14 June	Home Game	OLPS v Sunshine North
Friday 21 June	Home Game	OLPS v Sunshine Heights
Home Games:		Netball & Newcombe played at school
		Football & T-Ball played at Parsons Reserve



Teeth on Wheels - Final Reminder

We have Teeth On Wheels visiting our school for dental check-ups and oral health education starting the 02/05/2024. Click the link below to sign your child up - IT MIGHT BE FREE!

<https://teethonwheels.com.au/consent-forms/consent-eform/>

CUT OFF DATE FOR COMPLETING YOUR CHILDS FORM IS ON THE 24/04/2024.

Please complete your form today and the Teeth On Wheels team will be in contact to schedule your child's appointment and notify you if your child's eligible for FREE dental care through the Child Dental Benefit Schedule.

Any further questions, please contact the Teeth On Wheels team on (03) 9338 1191.



Complete your E-form today and a Teeth on Wheels team member will contact you if your child is eligible for **FREE DENTAL CARE!**



CLICK OR SCAN THE QR CODE TO COMPLETE YOUR FORM



TeethOnWheelsAustralia



#teethonwheels

Phone: (03) 9338 1191

Email: info@teethonwheels.com.au



SPORT NEWS - CROSS COUNTRY

Today 31 students represented Our Lady's in Cross Country at Sassella Park in Deer Park after the event being cancelled and then the organisers deciding to go ahead! Thank you to all the parents for their understanding with the confusion this morning.



All our runners did their very best and we thank them for their efforts!

Ms McManus

Cross Country Team 2024

<i>Dylan T</i>	<i>Samantha H</i>	<i>Ethan N</i>	<i>Joanne H</i>	<i>Benjamin B</i>
<i>Kim B</i>	<i>Mika P</i>	<i>Bonnie M</i>	<i>Andreas A</i>	<i>Sylvee V</i>
<i>Brian N</i>	<i>Sophia S</i>	<i>Indiana L</i>	<i>Jesse D</i>	<i>Andi M</i>
<i>Xavier S</i>	<i>Vivienne M</i>	<i>Simon L</i>	<i>Emily N</i>	<i>Thien N</i>
<i>Lara M</i>	<i>Andrew T</i>	<i>Angeli C</i>	<i>Henry A</i>	<i>Holly B</i>
<i>Peter D</i>	<i>Kloe N</i>	<i>Leonardo S</i>	<i>Giselle T</i>	<i>Kobe P</i>
<i>Filip S</i>				





Parent Information Night Maths for Parents!

Presented by Michael Ymer

Monday 22nd April 2024

7.00pm to 8.30pm

Our Lady's School



Michael Ymer is a specialist mathematics consultant from Melbourne, Australia. He is involved in many Professional Development programs in schools across Australia and Asia.

Michael is an enthusiastic and entertaining presenter who has a clear and practical approach to the challenges that confront schools and parents in mathematics. On this evening, Michael will address the following areas:



- What is my child learning in mathematics?
- How can I help my child become an efficient problem solver?
- How do children best learn mathematics?
- How can parents promote quality thinking and learning?
- How can I help my child in mathematics?

We commend this evening to all parents as a very worthwhile session that will help you understand the focus of Mathematics in schools today and offer strategies and ideas to help you support your young mathematicians.

We look forward to sharing this evening with you.

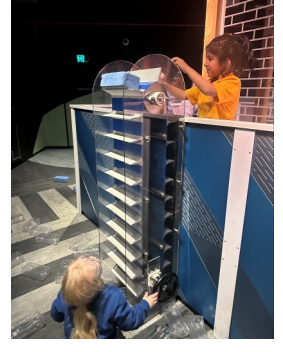
Mrs Anna Kalc Smyth

Mathematics Leader

Hope to see you there!



Foundation at Scienceworks



Parent Information Night

Caroline Chisholm Catholic College will be holding a Parent Information Night for families interested in joining our school community.

Hear from our Acting Principal, Mrs Laura Ruddick, as she unpacks who we are, what we offer and what our plans for the future are.

Information about enrolments for Year 7 2026 will also be available.

We have two information sessions available to choose from -

Session 1: Tuesday, 4th June 2024 4.30pm – 5.30pm
Gates open at 4.15pm.

Session 2: Tuesday, 4th June 2024 7.00pm – 8.00pm
Gates open at 6.45pm.

Location: Quin Auditorium, Corner of Darnley Street & Churchill Avenue, Braybrook.
Enter via Gate 3.

RSVP: Please RSVP by Friday, 31st May 2024, by scanning the QR code.

For any questions regarding the event, please contact registrar@cccc.vic.edu.au or call us on 9296 5311.



Join us for our upcoming Open Day 2024

Sunday 19th May, 2024
11.00am – 2.00pm
204 Churchill Avenue

<https://www.cccc.vic.edu.au/open-day-2024>





JOIN THE FUN!

Sunshine Auskick Centre

Kinder Smith Reserve, Braybrook

**REGISTRATIONS
ARE NOW OPEN**

Friday

**FIRST SESSION
MAY 3rd**

5pm-6pm

Please contact

kris.mannix@afl.com.au

Co-ordinator: Tom Millar (James 1L) 0438 625 209

Scan the QR Code to register!



You are invited.

To an **ONLINE** evening via **GOOGLE MEET** with Maria Forde



**Wednesday,
24th April 2024
7-8pm**



All F-6 parents and children will:

- Learn about the Sacraments;
- Reflect on their relationship with God and each other;
- Use a candle to pray at home;
- Spend time connecting with each other.

Maria Forde is a well known educator, songwriter and musician who draws on her Irish heritage and her love for God to create a sacred space where everybody can be still and feel the presence of God.

We hope you can join us online for this spirit filled evening!



**Our Lady's
Primary
School
Sunshine**

ENROLMENTS

FOR FOUNDATION 2025
OPEN
MARCH 4 2024

**Our Lady's School is
a Catholic Primary
School serving the
Parish of Our Lady's
Sunshine.**

**In a spirit of unity and
harmony, we strive to
develop the whole person;
providing an excellent
education for all and inspiring
our community members to
live a Christian way of life.**



OPEN DAYS

**Wednesday 1 May &
Monday 3 June**
**Tours at 9.00am &
4.00pm**



9312 2230

FOR MORE INFO VISIT NOW

www.olsunshine.catholic.edu.au

Principal
Ms Patrizia Bertani
principal@olsunshine.catholic.edu.au

**Our Lady's
School**
**32 Station
Place Sunshine
3020**

The art of good conversation with young people



Conversations can be challenging with every age-group, young and old, and for so many different reasons. With children and teens just getting the conversation going can be the biggest challenge – How many times have you said, “how was your day?” only to be told “Good” or asked them what they did today only to be told “not much”? So where to start?

8 tips for turning chit-chat in to richer conversation

1. Don't wait for young people to ask questions or reach out. Raise discussions yourself
2. Be open about your own experiences, in doing so, children are more likely to be open and honest
3. Choose your timing – preferably when you are naturally together anyway in a relaxed setting, rather than setting up a stressful, anxiety provoking meeting. Side by side chats work well (e.g. while driving, walking, doing an activity together like a chore or jigsaw)
4. Be calm, prepared and genuinely ready to give your time and attention
5. Listen in a nonjudgmental and curious way. Ask, don't assume! Remember that this is a chance for the speaker to talk through their feelings, not for you to fix their problems
6. Acknowledge and validate their feelings. Don't minimize their concerns or fears. Whilst they may seem trivial to you, they are real for your child and part of their current experience. Try to understand the importance of what is going on, and the impact for them. Reassure them that whatever they are feeling is okay
7. Leading relationship research tells us that 'understanding must precede advice'. Premature problem solving tends to shut people down. Solution finding should only begin once you feel you understand what your teen is going through, and your teen feels understood
8. Remember that you do not need to have all of the answers. Ask young people questions like 'what do you need?', 'what do you think would help?', 'how can I support you better?', 'what would make this easier for you?'. Then together you can come up with an action plan

How to be a good listener

Great conversation requires great listening. Listening well reduces misunderstanding, eliminates conflict and allows us to understand the other person's perspective.

Listening is the key to empathy.

- Feeling heard is very validating for young people and it helps to increase their self-esteem, confidence and independence. It also improves relationships and communication skills – so how can we do it well with young people of all ages
- Be present, make eye contact and remove distractions – don't be half in half out
- Listen with the opportunity to learn, not respond
- Play the same role for your child as a trampoline does – to bounce ideas off, amplify, energise and clarify, provide support

parenting*ideas

- Be comfortable in silence – you don't need to respond immediately; holding space and silence for someone; share insights that
- Have a beige face – neutral, not reacting, remain calm and listen
- Remain curious throughout

Becoming an active listener to further improve conversation

Active listening has 3 steps.

Hearing

What did you think you were told?

Understanding

What does this mean to you?

Assessing

Does the statement make sense to you?

Active listening includes:

- Non-verbal responses – eye contact, nodding, posture
- Encouragers – mmm, yes, right, okay, uh-huh
- Reflection of content and feelings – stating back events or emotions
- Matching young people's language/terms – when appropriate
- Summarising – brief replay of what was said
- Noticing what is missing – gaps, conflicting info, hidden meanings

Finally, here are some effective responses to keep the conversation going while listening actively

- Could you tell me more about that?
- What happened next?
- That must have hurt/felt
- How have you handled things like this before?
- I can see this is really troubling you
- You feel (emotion) because of (situation)?
- Could you repeat that? I want to really understand
- I like how you said
- What options might we have in this situation?

Good conversation with young people, comes down to time – creating the time and space and then using that time wisely, perhaps by using the tips above. The art of good conversation teaches us all to build great communication skills, skills that improve our quality of life enabling us to express ourselves clearly and confidently through every aspect of our life.



Lucy Snowball

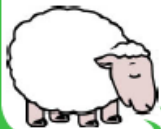
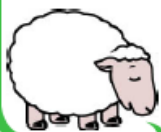
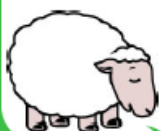
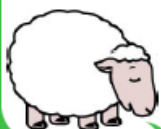
Lucy Snowball is the Data and Youth Insights Director at Raise Foundation. Raise offers early intervention, evidence-based mentoring for young people in high schools with trained and trusted independent adults. Find out more about Raise at www.raise.org.au.

Jesus is the good shepherd

4th Sunday of Easter, Year B



As followers of Jesus we are never alone; Jesus is always there to help us and take care of us. What are some of the ways that the Good Shepherd takes care of his sheep?



Gospel John 10:11-16

Jesus said:

'I am the good shepherd:
the good shepherd is one who lays down his life
for his sheep.
The hired man, since he is not the shepherd
and the sheep do not belong to him,
abandons the sheep and runs away
as soon as he sees a wolf coming,
and then the wolf attacks and scatters the sheep;
this is because he is only a hired man
and has no concern for the sheep.
I am the good shepherd;
I know my own
and my own know me,
just as the Father knows me
and I know the Father;
and I lay down my life for my sheep.
And there are other sheep I have
that are not of this fold,
and these I have to lead as well.
They too will listen to my voice,
and there will be only one flock
and one shepherd.'

I am the _____.
I know my own _____ and they
_____ me, just as the _____
knows me and I know the Father.
I lay down my _____ for my sheep.

Use the following words to find
out what Jesus said his disciples.

shepherd

Father

life

good

sheep

know

