



OUR LADY'S SCHOOL NEWSLETTER

14 July 2023

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley

Principal: Ms. Patrizia Bertani

Parish Mass Times:

English: Saturday 9.00am, 5.30pm, Sunday 9.00am, 10.30am & 5.30pm

Vietnamese: Saturday 7.00pm, Sunday 12.30pm, Friday 7.30pm

Burmese: Every 2nd Sunday 2.30pm

Chin: Every 1st, 3rd, 4th, 5th Sunday 2.30pm

Tongan: Every 1st Sunday 3.00pm

School Phone: 9312 2230

School website: www.olsunshine.catholic.edu.au

Our Lady's is a Child Safe School

'Ask and it will be given to you; search and you will find; knock and the door will be open for you.' Matthew 7:7

DATES FOR THE DIARY

Mon 17 July Year 4 Prayer

Day at Heritage Centre

Wed 19 July Yr 1 Science-
works Excursion

7.00pm P&F Meeting

Fri 21 July Wellbeing Casual
Day with donation

Mon 24 July Year 3 Excursion
to Jawbone

Tues 25 July 7.00pm PAB
Meeting

Fri 28 July Professional
Learning for Staff (RE). No
school for the children

Wed 2 Aug 100 Days of
Foundation

Fri 4 Aug District Athletics
(Newport Athletic Track)

Mon 7 Aug Cyber Safety Pro-
ject

Tues 8 Aug Feast Day St
Mary of the Cross

Wed 9 Aug 7.00pm P&F

Mon 14 Aug 7.00pm
Confirmation Formation
Meeting

Tues 15 Aug Feast of the
Assumption

Mon 21 Aug Book Week
Parade

Wed 30 Aug 7.00pm Student
Wellbeing Parent Session

SACRAMENTS

**Thur 24 Aug: 7.00pm Confir-
mation for Year 6**

PROFESSIONAL LEARNING DAYS - PUPIL FREE DAYS

**Fri 28 Jul: RE with Maria
Forde**

Mon 6 Nov: Report Writing

Dear Parents,

Welcome to a new Term. It is extremely hard to believe we have just commenced Term 3 and finished week 1 at school. It has been a wonderful week back at school. When I was on early morning duty on Monday, it really was a delight to see so many students very happy to be back. Many of our teachers also said the same and how engaged and eager students were to get into their learning and routine.

On Tuesday, our Year 4s had an excursion opportunity to visit Kororoit Creek to participate in a macroinvertebrates study and plant some trees. The session was led by The Friends of Kororoit Creek and The Werribee River Keeper. It culminates the Inquiry 'How and why are we called to be stewards of creations?' and has the purpose of providing the students with an opportunity to take some action in helping look after our environment. We have some wonderful pictures in our newsletter.

Another excellent aspect is all the sewer works were successfully completed. The last week of the holidays focused on cleaning up all the debris and having the area ready for us to return. Last Thursday, Ms Bertani and I attended an online building meeting which was quite positive overall. We have six tenders that have been submitted. The next part of the process is our MACS team and architects exploring and comparing all tender applications. If all goes according to plan, we are hopeful that a new builder will be assigned sometime in August, with works commencing soon after that.

As our pick up times have returned to the normal times of 3:10pm each day, it has been great to have Station Place back into use.

As always, we ask for your co-operation to keep the pick-up spots on Victoria Street clear. Cars are not meant to be parked there for more than two minutes. Please remember, if you need to come into the school grounds to collect your child, you need to park in a different spot so those few drop off spots are kept clear. We thank all parents who continue to support us and work together to keep all students safe.

In addition, just a reminder that during school time, particularly at the end of the day, no adults are allowed in the school toilets for child safety reasons. Thank-you for your support in this matter.



Giving Prayer

We can make the world a better place. God helps others through us.

Lord, we come to you and ask you to hear us as we offer our prayers to you.

Make us people who know how to give from the heart.

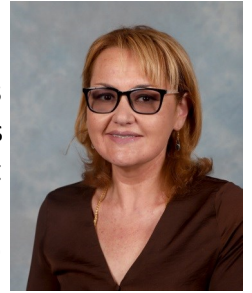
Make us people who go out of their way to help others in need.

Make us people who follow in your footsteps of service. May we show the light of your love to other people in all we do and say. Amen

staff news

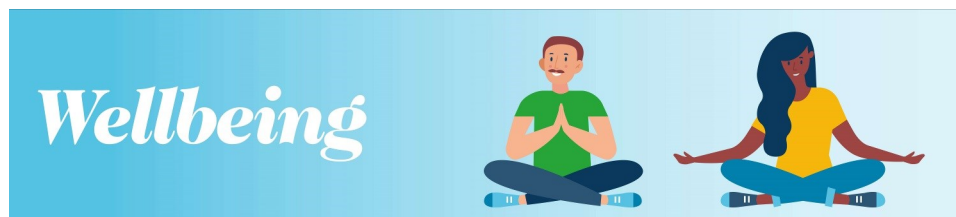
On Tuesday, Ms Bertani sent home a letter to the parents of 6B to inform that Mrs Monica Muscat will be leaving Our Lady's school due to personal reasons. Mrs Muscat's last day will be on Friday the 21st of July. We thank Mrs Muscat for providing excellent care and learning and teaching for the students of Year 6B.

Mrs Muscat has also held the role of Senior school Learning Leader and has led the Year 5 and 6 team in the area of Personal Inquiry learning. We thank Mrs Muscat for all she has contributed to our school community. We wish Mrs Muscat all the very best as she moves on from Our Lady's school.



We are very fortunate to have Ms Christine Chu and Mrs Justine Sales share the position of Year 6B classroom teacher.

Ms Christine Chu will be working 4 days a week (Monday to Thursday) and Mrs Justine Sales will be teaching 6B on Fridays. Both of these teachers are highly experienced, know the students in 6B and have been working at Our Lady's school for many years. In these times of critical teacher shortages, we are very fortunate to secure these two expert teachers.

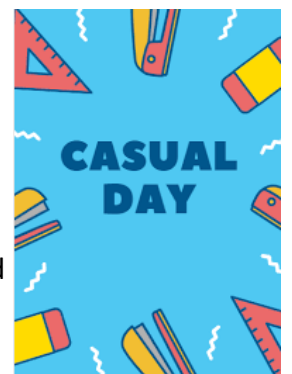


Our Wellbeing committee consists of three of our Year 6 students: Miranda, Ari and Kingsley.



They have been organising a **Casual Day** for our students to promote wellbeing. They have designed a poster which is included in our newsletter. Casual Day, with a donation, is **Friday 21st July**. The students have asked that all donations will be going towards our new playground.

Thank-you to the team for organising this day, which involved writing a proposal and meeting with Ms Bertani last term.



We have some very exciting news.

On Wednesday, 12 July Our Lady's football team and boys soccer team participated in a round robin finals game against other schools in the Maribyrnong district. They played against three schools and played hard. The football team won one out of the three games. The soccer team won the first game and drew the last game which meant that they finished second in their group which is the highest level a soccer team has reached. Well done to all.

Thank-you to Ms McManus and Mr Membrey for all their work and for taking the students on Wednesday.



Congratulations!



Please join our online assembly at 2.40pm which will be hosted by 4G this week.
Wishing you all a lovely weekend.

Yours sincerely,

Christine Carabott

Mrs Christine Carabott

Deputy Principal

ccarabott@olsunshine.catholic.edu.au



FI

Lincoln - For showing the Our Lady's School Gospel Value of Compassion. You showed great care and empathy when a member from our class was upset and took a long time to calm down. You are such a great role model. *From Ms. Cam Tu & Mrs Granata*

Alannah - For working hard on your model during Faith-Life Inquiry. Keep it up! *From Ms. Cam Tu & Mrs Granata*

FJ

Zeallian For being a great self-manager. You get yourself ready to learn and pack up after yourself. Well done! *From Miss Wendy*

Noso For working hard at everything you do, and always trying your best. You are a great Self-Manager, Noso! *From Miss Wendy*

1K

Aliyah - for bringing a positive attitude into our school and classroom. You encompass the Our Lady's School Gospel Value of Peace in everything that you do. *From Miss Shai*

Lucas - for sharing your bright ideas and deep knowledge of various subjects during our learning experiences. You are a great Contributor! *From Miss Shai*

1L

Kitty M - For using whole body listening and following instructions in the classroom. *From Miss Steph*

Ryan N - For excellent effort in writing this week! You did a great job sounding out words. *From Miss Steph*

2M

2M - For making a strong start to the term by showing that you are ready and excited to get back into your learning! *From Ms Rochelle*

2N

Brian N - For your thoughtful contribution to class discussions and your improved focus when writing, reading and doing multiplication equations. Well done! *From Mrs Mitchell*

Alyssa D - For the wonderful improvement in your handwriting! Keep it up. Well done. *From Mrs Mitchell*

3E

Ava - For being an amazing self-manager. You are always focussed and work hard to complete tasks on time. Great work Ava! *From Ms Howe & Ms Belinda*

Kiera - For always having a positive 'can do' attitude. This outlook is reflected in the high quality work you consistently produce. Amazing effort! *From Ms Howe & Ms Belinda*

3F

Koby B - For showing the Our Lady's Gospel Value of Respect by speaking kindly to others. Keep it up! *From Mr Josh*

Catherine N For being a Self Manager and organising your learning space each morning Well done! *From Mr Josh*

4G

Lincoln B- For sharing his wonderful I.C.T knowledge to support others. Well done and thank you! *From Ms Karen*

Jake C- For speaking fluently and clearly so that others can understand what he is reading and saying. Great work! Keep it up! *From Ms Karen*

4H

Harper- For implementing the Writer's workshop routine, you are able to shape your thinking into different purposes. *From Ms. Robles*

Angelina- For being a self-manager by managing your learning time efficiently. *From Ms. Robles*



5C

Lily- for the confident manner in which you have started Semester Two. Well done Lily! *From Mr Membrey*

Pharrell- for your enthusiasm for learning during Week One. Your contributions to class discussion are thoughtful and creative. *From Mr Membrey*

5D

Ken - For your incredible enthusiasm and effort during Dance sessions with Andy! You are an inspiration for all of 5D! *From Ms. Gurry*

Peter - For displaying exceptional leadership during Soccer at the Interschool Sports Finals. Well done on being a positive role model for others. *From Ms. Gurry*

6A

Zack - For writing a thoughtful book report on the story Holes. Well done Zack. *From Mr Wickham*

Sam- For showing perseverance when working on division calculations. *From Mr Wickham*

6B

Zac - For continuously making valuable contributions to class discussions and enthusiastically sharing your ideas. Well done! *From Mrs Muscat*

Grace - For consistently displaying an excellent, responsible attitude towards all her learning and continually encouraging her peers. Outstanding leadership skills—Well Done!! *From Mrs Muscat*



HOLIDAYS AND WEEK 1

FI: Andy L, Violet S

FJ: Gabriel L, Zeallian T

1K: Tanishka M

2M: Snowbery T

2N: Billy H, Isaiah M, Winnie B

3F: Laura B, Olive M, Tha Tha B

4G: Louisa Jane S

5C: Kayla M

6A: Ari I

6B: Bidao K

Staff: Nubia, Ms Howe



Our wellbeing is important!
We all love to wear our comfortable clothing to express our personality!

Wellbeing casual day at OLPS



Wellbeing



Wear casual clothes on Friday 21st July with a donation

Money raised will go towards our new school playground



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We all love to wear our comfortable clothing to express our personality!



Student Wellbeing Parent Information evening

Focus: Zones of regulation;
social and emotional learning;
Wellbeing

**When: Wednesday 30th
August at 7:00pm**





Year 4 at Kororoit Creek



We're calling on YOU!



We would love to collect mobile phones to be recycled to help the gorillas.

Please send along any mobile phones you no longer have any use for. They can be cracked, broken or in any condition. Money raised from the donation of phones will support the Gorilla Doctors who care for wild populations of gorillas whose lives are affected by the destruction of their habitat.

PLEASE HELP US TO HELP THEM!

Thank you,
The children in 2N



GROW YOUR LOVE OF THE GAME WITH THE 2023 SOFTBALL JUNIOR DEVELOPMENT PROGRAM



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BEGINNER TO INTERMEDIATE

\$70 PER PERSON

SEE WEBSITE FOR TIMES
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JULY 29 TO SEPT 2

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WITH EXPERIENCED COACHES & STATE PLAYERS**

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MILL PARK, SUNSHINE & WAVERLEY**



Scan the QR
code or visit
the website
to register

www.softballvic.org.au/get-involved/junior-development



OPEN NIGHTS 'NEW MEMBER OFFER'

MONDAY 17 JULY - SATURDAY 22 JULY

WANT TO KNOW MORE ABOUT TAEKWONDO?

Introducing friends & family to Hall's Taekwondo.
Check us out at OPEN NIGHTS & SATURDAY.

If you 'Join the Club' take advantage of Hall's Taekwondo special
Open Nights Offer - this week only!

NEW MEMBER OFFER:
ONE FREE UNIFORM
MORE THAN \$90 VALUE- ALL WELCOME!

VISITING TIMES:

MONDAY 17 JULY - THURSDAY 20 JULY: 4pm - 7pm
and SATURDAY 22 JULY: 9am- Noon

PROGRAMS TO SUIT EVERYONE

- Benefit from more than 39 years of consistent HALL'S TAEKWONDO success.
- Student performance is based on a strong link between physical, intellectual, emotional and social skills. The synergy of the four skill areas is reflected in our age specific Taekwondo programs developing students to reach their full potential.
- Highly qualified Instructors work together as a strong team to ensure students are taught the best practical aspects of traditional and competition Taekwondo in sparring, patterns and self defence. But more than that, at Hall's Taekwondo you're not just doing Taekwondo. Class content includes a range of separate martial arts applications including boxing, wrestling and ground self-defence.

CLASS HIGHLIGHTS:

- » See Taekwondo students in action
- » Check out timetables
www.hallstaekwondo.com.au
- » Participation optional
- » All visitors will receive showbags
- » Facility Q & A's

CONTACT US »

www.hallstaekwondo.com.au



FULL-TIME CENTRES ACROSS MELBOURNE

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Enrolments Now Open YEAR 7 2025

Enrolment applications for current Grade 5 students close on August 18, 2023. **Applications closing soon.**

*I want my child to attend the College.
What do I do?*

1. Complete an enrolment application form.

Visit www.cccc.vic.edu.au to access and complete our online Application Form.

2. Submit your completed application form.

Ensure you provide all required documents with the application. A non-refundable application fee is required at the time of submission. Applications close mid-August each year.

3. The College will conduct Interviews of all applicants.

Families will be invited to attend an enrolment interview with a senior staff member of the College.

4. Enrolment and waiting list offers will be sent to families.

Families will be notified of any offer after the interview process.

If you have any questions please contact the College on 03 9296 5311 or email registrar@cccc.vic.edu.au



CAROLINE
CHISHOLM
CATHOLIC COLLEGE

INSIGHTS

Encourage kids to occupy themselves



A child's ability to fill in their own time and cope with moments of boredom are important independence skills to develop. Children have less practise at keeping themselves occupied than those of past generations. You have many jobs as a parent, but constantly entertaining your child, should not be one of them. These ideas will help:

Invite them to keep themselves busy

When your child tells you that he or she is bored they are bringing you a problem to solve. Boredom is your child's problem, not yours. If this happens, encourage your child to keep themselves busy by asking questions such as "How can you keep yourself amused?"

Make a list

If your child is stuck for ideas make a list of activities that they can refer to when they're bored. Include a variety of activities such as creative tasks, performance tasks, crafts, sports, indoor and outdoor games, music activities, reading and helping. Place the list in a convenient place with easy access and visibility.

Make a boredom buster jar

Cut up a list of boredom busting activities and place them in a jar. When your child is stuck for an idea to keep him or herself amused invite them to select an activity from the boredom buster jar. Ask your child to add enjoyable activities to the jar over time.

Encourage plenty of green-time

Today's children spend more time in front of screens, and less time outdoors than those of previous generations. Not only is time spent in natural environments refreshing, relaxing and rejuvenating, but It's also a wonderful way for kids to relieve boredom. Encourage your child to spend some of their free time outside in natural environments to promote good mental health and develop their confidence.

Help find their interests

If your child struggles to keep him or herself occupied, consider helping them identify a hobby or interest that they enjoy. Often finding that one activity a child loves or excels in makes a huge difference to their self-esteem and wellbeing, and can become the driver for future career choice.

parenting*ideas

Build in downtime

A trait common among healthy families is the propensity for everyone to enjoy spending downtime or unstructured time together. It's during downtime that parents and children share activities together, which promotes better relationships and helps children's informal learning.

Most children when given unstructured time will rise to the occasion (even after some complaining) and will find interesting things to do. By encouraging them to find something "to do", other than filling their time with screen-based activities, you are promoting a fabulous life-skill in your kids.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

The seed fell on good ground

15th Sunday in Ordinary Time, Year A

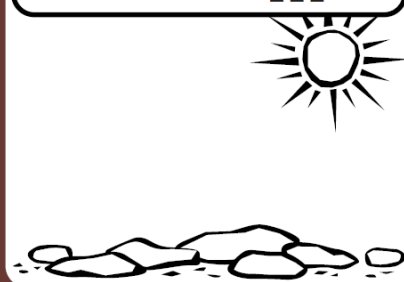
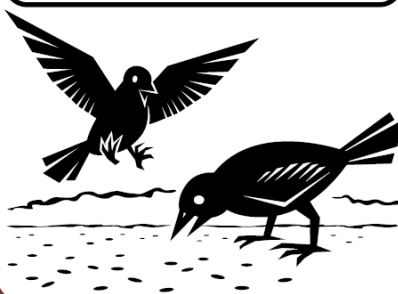


Help Jesus tell the story of the farmer sowing the seed. Add words and pictures to the story.

A farmer scattered
_____ in a field.

Some seed fell on the road
and was...

Some seed fell on rocky
ground where the soil was not
deep; the plants that grew
withered in the ____.



Draw the farmer sowing seed.

Write down what happened to the seed.

Draw what happened to the seed
which fell on rocky ground.

Some seed fell among thorns,
which choked the plants that grew.

But some seed fell on good ground and...

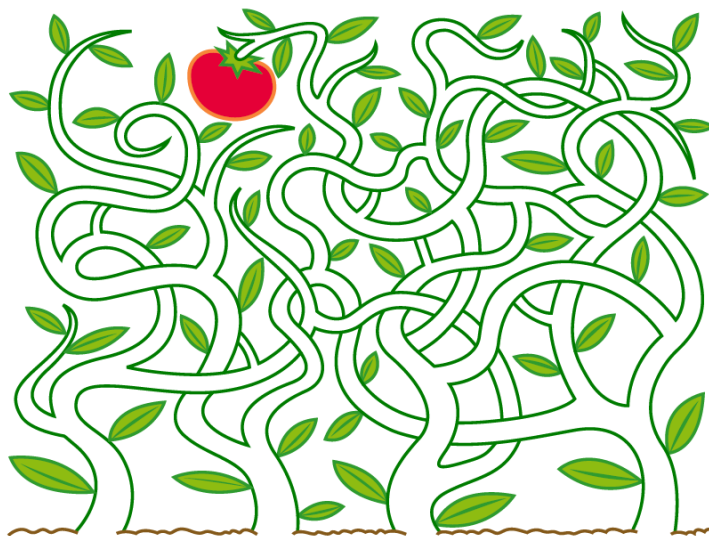


Draw thorns choking the plants.

Write down what happened to the seed that fell on good ground and draw a picture of it.

Gospel Matthew 13: 1-9

Jesus left the house and sat by the lakeside, but such crowds gathered round him that he got into a boat and sat there. The people all stood on the beach, and he told them many things in parables. He said, 'Imagine a sower going out to sow. As he sowed, some seeds fell on the edge of the path, and the birds came and ate them up. Others fell on patches of rock where they found little soil and sprang up straight away, because there was no depth of earth; but as soon as the sun came up they were scorched and, not having any roots, they withered away. Others fell among thorns, and the thorns grew up and choked them. Others fell on rich soil and produced their crop, some a hundredfold, some sixty, some thirty. Listen, anyone who has ears!'



Which of these four plants is the one bearing fruit?