



# OUR LADY'S SCHOOL NEWSLETTER

## 2 September 2022

[www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

**Parish Priest:** Fr. Peter-Damien McKinley

**Principal:** Ms. Patrizia Bertani

**Parish Mass Times:**

English: Saturday 9.00am, 5.30pm, Sunday 9.00am, 10.30am & 5.30pm

Vietnamese: Saturday 7.00pm, Sunday 12.30pm, Friday 7.30pm

Burmese: Every 2nd Sunday 2.30pm

Chin: Every 1st, 3rd, 4th, 5th Sunday 2.30pm

Tongan: Every 1st Sunday 3.00pm

**School Phone:** 9312 2230

**School website:** [www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

*Our Lady's is a Child Safe School*

*"Christ has no body now but yours. No hands, no feet on earth but yours."*  
*Attributed to St Teresa of Avila*

### DATES FOR THE DIARY

**Wed 31 Aug - Fri 2 Sept** Year 5 Camp

**Sun 4 Sept** Father's Day

**Wed 7 Sept** 7.00pm PAB

**Thurs 8 Sept** Years 1-2 Camp Activity Afternoon

**Fri 16 Sept Show Day!** End of Term 3 at 3.15pm

**Mon 3 Oct** Start of Term 4 at 8.45am

**Thurs 13 Oct** Year 6 Leadership Day

**Mon 31 Oct** School Closure Day - Report Writing (no school for the children)

**Tues 1 Nov** Melbourne Cup Day Public Holiday (no school for the children)

**Mon 14 - Fri 25 Nov** Swimming Program

**Fri 9 Dec** Reports published on nForma Portal

### PLEASE TAKE NOTE OF THE 2022 SCHOOL CLOSURE DAYS

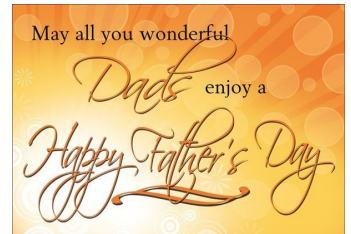
(students do not attend school):

Monday 31 October: Report Writing

Dear Parents,

This Sunday we celebrate Father's Day. A time to express our thanks and gratitude for the role our fathers, step-fathers, grandfathers, uncles and anyone who has been a father figure in the lives of our children. We hope you all have a wonderful day on Sunday and that you get spoilt by your family.

I would like to thank the Parents and Friends Committee and all the volunteers who so generously gave up their time to organise and run the Fathers' Day stall on Tuesday. It was a very big success and the children enjoyed shopping for their dads.



### Year 5 Camp Update

On Wednesday Mrs Carabott and myself visited the Year 5 students at their camp at Narmbool. The children had been for a long walk to familiarise themselves with the camp.

As you can see below from their happy smiles they were thoroughly enjoying the experience.



A reminder that next Wednesday the 7th of September at 7.00pm there will be a Parent Advisory Board meeting. This will be held in the school staffroom. We invite all parents who are interested to come.

**Families In Schools**  
Building Partnerships for Student Success

### *Father's Day Prayer*

Heavenly Father, you entrusted your Son Jesus, the child of Mary, to the care of Joseph, an earthly father.

Bless all fathers as they care for their families.

Give them strength and wisdom, tenderness and patience; support them in the work they have to do, protecting those who look to them, as we look to you for love and salvation.

Amen



# Students' Reflections on the Writer's Workshop

Read about what students at Our Lady's school think about using the Writer's Workshop as a tool for Writing.

## Student Voice - Our thoughts on Writers Workshop

The Writers Workshop is brilliant because it helps us organise our writing and explore our different thoughts for us to write. Sophie 5C

Writing is a peaceful time to learn more about what you like. Cade 5D

It's always quiet so I can think. Ben 2N

I like writing about my family because I love them so much. Pearlyn 1K

The Writers Workshop is really good because it kind of helps you to create a better and deeper version of your writing. Nevaeh 4G

Writing is thinking because when we write we need to think deeply. Bella 5D

The Writers Workshop is really good because the routine is helpful. It helps me write. Kloe 4H

Writers Notebook- You can't write without thinking. Harry 5D

The Writers Notebook helps me write freely. Cade 5D

Seeds help me research my passions and I get to think about what I like. Will 5C

It helps me think more about my writing. Elke 3F

I like that I can be creative. Archie 3F

I like the Writers Notebook because we can choose what we do and unpack our thinking. Ava

Writers Notebook helps me choose a purpose for my writing. Vivienne 3E

The Writers Notebook helps me organise my ideas Jumon 5D

## Student Voice....

Conferencing gives me more ideas and helps me make my writing more interesting for others to read. Sophie 5C

Conferencing is good because you hear other people's opinions of the writing and it can help you make better choices in your writing. Nevaeh 4G

Conferencing- My teacher gives me good ideas on how I can improve my writing. Ben 2N

Yours sincerely,

*Patrizia Bertani*

**Ms Patrizia Bertani**  
**Principal**

[principal@olsunshine.catholic.edu.au](mailto:principal@olsunshine.catholic.edu.au)

2M: Hannah L, Akoldh N

3E: Jesse D

4H: Ethan N

5D: Van Duh C, Zac W

6A: Michael S

Staff: Ms Oliver



### PREPARATIONS FOR 2023

As we are beginning our preparations for 2023 we ask that parents let us know as soon as possible if their child/ren are not returning to Our Lady's next year. We have had many inquiries about places for 2023 and we need to let these parents know if there are places for their children. We currently have a waiting list for Prep and several of the other year levels are full, with enrolment enquiries coming in.

**If your child is not returning in 2023 (NOT OUR CURRENT YR 6 STUDENTS) please complete the form below and return it to the office. It is vital that you return this form as soon as possible. *Thank you.***

#### Children NOT returning to Our Lady's School in 2023

Family Name: \_\_\_\_\_

Child/children's names

1. \_\_\_\_\_ 2022 Grade: \_\_\_\_\_

2. \_\_\_\_\_ 2022 Grade: \_\_\_\_\_

3. \_\_\_\_\_ 2022 Grade: \_\_\_\_\_

Name of our new school: \_\_\_\_\_

And / Or

Our new address: \_\_\_\_\_

\_\_\_\_\_

**Signed:** \_\_\_\_\_ **(Parent)**

*Please return this form to the office as soon as possible*

# Show Day at Our Lady's!

## Friday 16 September

As part of our *Show Day* celebrations on Friday 16 September (last day of term 3) all children are able to purchase a bag of popcorn, fairy floss, a slice of pizza for lunch and a show bag to take home.

**All orders must be placed via our QKR app.**

Showbags are \$7.00 - \$8.00 each

Slices of pizza (Margherita or Hawaiian) are \$3.00 each

Fairy Floss and Popcorn are \$1.50 each

**Orders ARE NOW OPEN and close on Tuesday 13 September.**

**No late orders can be accepted. No cash orders can be accepted.**

**Show bag numbers are limited, so get in quick to get your favourite.**

**If a show bag is not listed on QKR it has sold out.**



Trolli  
\$7.00



Furry  
Friends  
\$7.00



Girls Rule  
\$8.00



Totally  
Boys  
\$8.00



Tricks and  
Jokes  
\$8.00

Show bag contents are also listed on QKR.





# Father's Day Stall



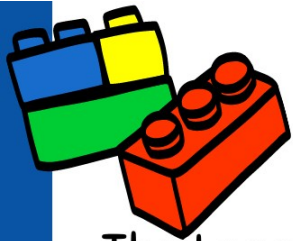




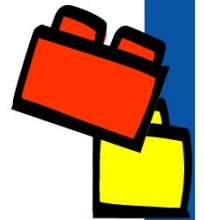
# Day One at Year 5 Camp







# LEGO CLUB RAFFLE!



The Lego Club and the Events Committee have teamed up to raise money for a very important project. We would like to buy enough Lego to build a 1 metre by 1 metre Our Lady's school crest to hang in the new building. Please help us to make this project a reality by buying lots of raffle tickets.



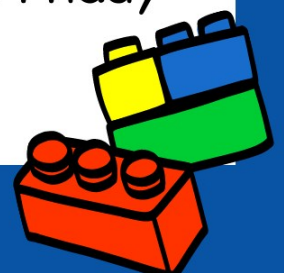
## 3 GREAT PRIZES TO BE WON!



Cost per ticket = \$1

You can buy your tickets on the QKR app from Monday  
5 September to Thursday 15 September

Raffle will be drawn on Friday 16 September at Friday  
assembly



## INSIGHTS

### Why dads matter



Father's Day can be a tricky occasion for some families, especially for those who don't have a father who is present in their life because of family breakdown, or a geographical distance which may not allow them to be close by. There are also those of us who have lost a father, or who are being raised by single mums who are both mum and dad to their kids. This too can impact how our kids view 'dad' and what he means to them. Other family structures exist where dad is not present either, and this can complicate Father's Day further.

The reality is that dads, when present and safe, take different shapes and forms. And research shows that kids thrive when dad is that positive, safe presence in their lives.

Over the past few decades, research has shown us that dads (and other male role models like teachers, coaches, church leaders, uncles, grandpas, and more) matter. Enormously. Their positive impact cannot be understated or waved away. And research also tells us that dads (and those other male role models) are stepping up and presenting that positive and active presence in their children's lives.

#### Why do dads matter?

Having involved fathers, however they might look to you and your family, has a lasting effect on their children's lives, for the better.

Firstly, dads engagement can help kids achieve better results at school, help increase their self-esteem and even reduce the risk of delinquency, substance abuse and other high-risk behaviours in kids. Known as the **'father effect'** – this umbrella term describes these and the many other benefits of a paternal presence, a presence who values and prioritises quality time.

Secondly, these dads matter because their influence, attention, nurturing, and affection help promote children's social and emotional development. They set up a healthy relationship with their children, allow for emotional growth and help develop positive health and wellbeing. And they provide a model of healthy masculinity for their kids; the kind of masculinity that helps those around them feel safer and stronger.

Third, there is a sense of acceptance and security that fathers can help provide which not only help our kids in the short term but continues as they move into adulthood as well. This protective presence can come from both parents but seems particularly present with actively and positively engaged fathers.

Fourth, engaged fathers matter because they can also help our kids develop important life skills including respect, problem solving, empathy and social skills. They teach them about limits, consent, and responsibility. Researchers aren't quite sure why or how, but these things seem to develop differently when dads are present versus when they're not.

#### What does an engaged dad look like?

In TV talk, an engaged dad looks like everyone's favourite blue heeler dad, Bandit from Bluey.



# parenting\*ideas

If you've watched the show, you'll have seen that Bandit isn't perfect. He can be dismissive now and then. He can say things that are challenging. But despite his imperfections (which we all have), Bandit listens to his children – their thoughts, their concerns, their dreams and their ideas. He encourages them, he challenges them, he shows an interest in them.

And Bandit talks to his children – he makes jokes, he reads books, he tells them about his day, he involves them in other parts of his life. He is verbally expressive with clear communication but without being controlling or belittling.

Bandit plays with his children – he kicks the footy in the backyard, or feeds the baby doll a bottle; he helps put together Lego or find the missing piece of a puzzle. He supports their interests, imagination, and growth. He helps set limits and boundaries and regulate emotions.

Bandit also supports his children – emotionally he helps navigate their problems or worries with them, he doesn't dismiss them. Rather he guides them to solve problems or cope with disappointment themselves. He supports them physically – he watches their sports matches, or dancing recitals; he is their biggest supporter.

Bandit is a positive role model – he demonstrates values that he wishes to instil within his own child/ren. He is honest and shows integrity. But he's not perfect. He makes mistakes – because he is human and when he does, he will own them and will say sorry.

He grows alongside his kids – as his children get older and mature, his relationship with them evolves with it. They learn about each other and grow and feel confident and secure in their relationship together. He values self-care – he has time for himself and ensures his own wellbeing and health is prioritised too because without this, he can't be his best self.

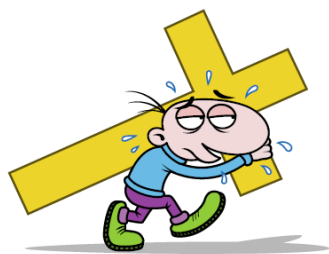
## All dads are different but equally important

These qualities of an engaged dad aren't a checklist that dads need to tick off. Every dad will be different and that is okay. What's important is that dads are there for their kids and want to grow with them. That's what life is. Growth. That is what our kids will notice the most and how they will know you matter... because you do!



### Shona Hendley

Shona Hendley is a freelance writer and a former secondary school teacher. Her work appears in Kidspot, ABC Everyday, The Guardian, Body + Soul, and News.com.au amongst others. Shona currently lives in regional Victoria with her family, including husband, two daughters, two cats, and three super cheeky goats. You can follow her on [Instagram](#).



Jesus tells us that choosing his way is not always easy.  
When might it be hard to do what Jesus asks us?

## Gospel

Luke 14:25-27

Great crowds accompanied Jesus on his way and he turned and spoke to them. 'If any man comes to me without hating his father, mother, wife, children, brothers, sisters, yes and his own life too, he cannot be my disciple. Anyone who does not carry his cross and come after me cannot be my disciple.'

What are some good choices you can make this week?  
Tick the good choices and cross the bad ones.



HELP AROUND THE HOUSE  
WITHOUT BEING ASKED TO

☐

DON'T WORRY ABOUT  
SAYING MY EVENING  
PRAYERS

☐

CONTRIBUTE TO THE  
OFFERTORY PLATE

☐

MAKE FRIENDS WITH  
SOMEONE NEW

☐

MAKE FUN OF THE  
TEACHERS

☐

OWN UP TO MAKING  
A BAD DECISION

☐

TURN OFF THE T.V.  
AND READ A BOOK

☐

STOP DOING YOUR  
HOMEWORK AND GO  
OUTSIDE TO PLAY

☐

DO SOMETHING NICE  
FOR YOUR PARENTS

☐