



# OUR LADY'S SCHOOL NEWSLETTER

## 24 June 2022

[www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

**Parish Priest:** Fr. Peter-Damien McKinley  
**Principal:** Ms. Patrizia Bertani  
**Parish Mass Times:**  
English: Saturday 9.00am, 5.30pm, Sunday 9.00am, 10.30am & 5.30pm  
Vietnamese: Saturday 7.00pm, Sunday 12.30pm, Friday 7.30pm  
Burmese: Every 2nd Sunday 2.30pm  
Chin: Every 1st, 3rd, 4th, 5th Sunday 2.30pm  
Tongan: Every 1st Sunday 3.00pm  
**School Phone:** 9312 2230  
**School website:** [www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

*Our Lady's is a Child Safe School*

*Then God said, "Let us make man in our image, after our likeness. And let them have dominion over the fish of the sea and over the birds of the heavens and over the livestock and over all the earth and over every creeping thing that creeps on the earth."*

*Genesis 1:26*

### DATES FOR THE DIARY

**Fri 24 June** End of Term 2 at 3.15pm  
**Mon 11 July** Start of Term 3  
**Wed 13 July** 7.00pm Confirmation Information Session (Students, Parents, Sponsors) 7.00pm PAB  
**Wed 20 July** School Disco (Christmas in July). 5.30-7.00pm  
**Fri 29 July** Confirmation for Year 6 at 7.00pm  
**Wed 3 Aug** 7.00pm P&F  
**Mon 8 Aug** *Feast of St Mary of the Cross*  
**Tues 9 Aug** Parent Online Cyber-safety Information night at 7.30pm  
**Mon 15 Aug** *Feast of the Assumption*  
**Tues 16 Aug** Parent Information night focussed on Writing with Deb Sukarna at 7pm at Our Lady's school  
**Fri 19 Aug** Book Week Parade  
**Wed 31 Aug - Fri 2 Sept** Year 5 Camp  
**Wed 7 Sept** 7.00pm PAB  
**Fri 16 Sept** End of Term 3

### PLEASE TAKE NOTE OF THE 2022 SCHOOL CLOSURE DAYS

(students do not attend school):

Monday 31 October: Report Writing

### SACRAMENT DATES

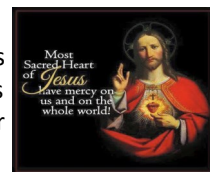
**Fri 29 July 7.00pm Confirmation (Year 6)**

Dear Parents,

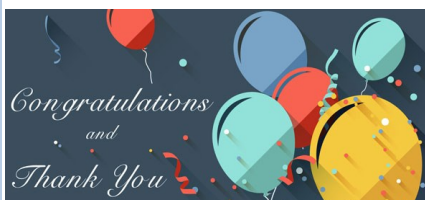
Today we celebrated the Feast of the Sacred Heart in the beautiful Our Lady's Church. I would like to thank Father Peter for celebrating the mass and Ms. Kriss Oliver for organizing the mass. A big thank you to the Our Lady's school choir who sang the songs so sweetly.

The Feast of the Sacred Heart celebrates love and invites us to love others by showing care, compassion and reaching out to support those in need and less fortunate. I would like to say a big thank you to all the parents for their generous donations of clothing and toiletries which today we will take to the local St Vinnie's shop here in Sunshine who will then distribute these much needed items to those in need.

I would like to pay tribute to Sister Jeanne Dwyer who recently passed away. Sister Jeanne was a Sister of St Joseph who had a deep connection with Our Lady's school and visited our school many times over the years. Sister Jeanne established an organisation called Joseph's Corner which for over 20 years has been supporting families who have been drug affected in the Western suburbs. She worked tirelessly in the service of these people and Our Lady's school was part of her network of schools who supported her cause. Sister Jeanne embodied the spirit of Saint Mary MacKillop of the Cross *by never seeing a need without doing something about it*. She brought Christ's light of hope and love into the homes of all the families she worked with. Sister Jeanne has been and always will be an inspiration for all of us who seek to make the world a more just place for all. May she rest in peace in God's love.



**A BIG THANK YOU TO THE PARENTS and FRIENDS who raised a whopping \$4400 for Our Lady's school!!!!** They put in a lot of time and effort and organised a hugely successful and very well attended Trivia night last Friday. Thank you to all the parents, staff and friends of Our Lady's school who attended. You can see from the photos that a fun time was had by all.



### **PRAYER FOR THE END OF THE TERM**

We thank you Lord, for this term. For the challenges, the successes, and the mistakes from which we have learnt. Be with us as we spend our time with family and friends. Give us strength and courage to do what is right; to be witnesses of our faith. Help us to appreciate what others do for us, to give time and effort to help others, to be peace-makers in our family. Keep us safe in our activities; give us good rest and good fun and may we bathe in the warmth of your love, to come back refreshed and ready for a new term.

We thank you for the wonderful community of learners and their families at Our Lady's, may a hot chocolate always be available where we can sit and marvel at our beautiful world, and may we always be conscious of you in our lives. Amen.



# Important Dates and INFORMATION

Monday 11 July	Term 3 starts at 8.45am
Wednesday 13 July	7.00pm Confirmation Information Session (Students, Parents & Sponsors)
Wednesday 13 July	7.00pm Parent Advisory Board (PAB) Meeting
Wednesday 20 July	Whole School Disco (Christmas in July) and Parent Information evening
Friday 29 July	7.00pm Sacrament of Confirmation for Year 6
Wednesday 3 August	7.00pm P&F
Monday 8 August	Feast of St Mary of the Cross MacKillop
Tuesday 9 August	Cyber Safety Parent Session
Monday 15 August	Feast of the Assumption of Mary
Tuesday 16 August	7.00pm Deb Sukarna (Literacy) Parent Session
Friday 19 August	Book Week Parade
Wed 31 Aug - Fri 2 Sept	Year 5 Camp
Wednesday 7 September	7.00pm PAB
Friday 16 September	Last Day of Term 3 at 3.15pm

## THANK YOU TO THE OUR LADY'S SCHOOL COMMUNITY FOR MAKING THIS TERM A GREAT ONE

As we bring this term to a close, I want to once again thank you the parents and families for your collaboration throughout this Semester. It is a great privilege and joy to support your child/children to grow and flourish at Our Lady's School. I'm sure that you are all proud of the effort and achievements that your child/children have made this Semester. These were celebrated during the Three Way Learning Conversations which were held this Wednesday and Thursday. We look forward to working together next term. May God's blessings be on you all.

Thank you to the staff and students of Our Lady's school for making Term 2 such a successful term. I wish you all a very safe and happy holiday.

There are some very exciting things in store for us all in Term 3.

Yours sincerely,

*Patrizia Bertani*

**Ms Patrizia Bertani**

**Principal**

[principal@olsunshine.catholic.edu.au](mailto:principal@olsunshine.catholic.edu.au)





## FI

**Harry** - For showing huge improvement in your focus when working with me. You're a superstar! *From Ms. Cam Tu*

**Chloe** - For showing the Our Lady's Gospel Value of Courage. Chloe, you have been honest to the teacher and others in your interactions and this is to be commended. Well done! *From Ms. Cam Tu*

## FJ

**Sienna D** - For always being a great Self-Manager in Discovery Learning. You set up for your own learning and look after our resources. Great work, Sienna! *From Miss Wendy*

**Grace L** - For working very hard at her reading. You are using lots of strategies and checking if what you read makes sense. Great work, Grace! *From Miss Wendy*

## 1K

**Pearlyn K** - for displaying the Learning Asset of a Communicator by confidently expressing to your peers how you feel in particular situations. *From Miss Shai*

**Geronimo M** - for showing the Our Lady's Gospel Value of Courage when you performed in front of the entire class with your guitar as a writing seed! *From Miss Shai*

## 1L

**Hamish M** - For being a Researcher by using different sources to find out what refugees eat on a boat. Well done finding out information in lots of ways! *From Miss Steph*

**Alyssa D** - For showing improvement in being a confident communicator! Well done sharing your learning with your family in a confident manner. *From Miss Steph*

## 2M

**Justin C** - For eagerly sharing your thoughts and ideas during class discussions. Well done using the learning asset of Communicator! Keep it up! *From Mrs Granata & Mrs Mendoza*

**Koby B** - For making good choices in your learning. We love that you are trying your best to follow instructions and stay focused! Well done! *From Mrs Granata & Mrs Mendoza*

## 2N

**For all the children in 2N** for a wonderful semester of learning. You have shown persistence and determination in your efforts to learn new skills and great collaboration with each other. Well done to all! *From Mrs Mitchell*

**Sophia** For a wonderful start to learning at Our lady's School. Well done! *From Mrs Mitchell*

**Damien C**: For showing compassion and organising a class fundraiser to raise money to help the poor. Well done! *From Mrs Mitchell*

## 3E

**Paul Z**- For demonstrating the Our Lady's School Gospel value of Service by helping others when using the equipment in DDT. *From Miss Karen*

**Kim B**- For displaying the Learning Asset Thinker by wanting to grow her learning by asking relevant questions and thinking about how she could add further information to her learning. *From Miss Karen*

## 3F

**Ngun P** - For showing the Our Lady's Gospel Value of Service by helping your friends in the classroom and playground. Keep up the great work Ngun. *From Mr Josh*

**Charlotte M** - For showing the Our Lady's Gospel Value of Courage by not shying away from a challenge and always trying your best. Amazing work Charlotte! *From Mr Josh*

#### 4G

**4G** For all your efforts and hard work in semester 1. You all displayed a positive attitude and persisted when faced with learning challenges, keep it up! *From Ms Athena*

#### 4H

**All of 4H-** For all your efforts and hard work in semester 1. You all displayed a positive attitude and persisted when faced with learning challenges, keep it up! *From Ms Robles*

#### 5C

**All of 5C-** For your amazing work in preparing for the 3 Way Learning Conversations. You showed maturity in the way you reflected on your learning and how you communicated this to your families. I am very proud of you all! *From Mr Membrey*

#### 5D

**Cade A** - For demonstrating the Our Lady's School Gospel value of Courage and Justice by being honest and reflective. *From Mrs Muscat*

**Van Duh** - For demonstrating persistence with your writing, you have been working so diligently to improve your skills! Keep it up! *From Mrs Muscat*

#### 6A

**Simon T** - For your enthusiastic participation in the Andrew Chinn performance ... a star in the making! *From Mr Wickham*

**Henry W** - For displaying the Learning Asset of Thinker through your reflective comments and written responses in class. *From Mr Wickham*

#### 6B

**Max H** - For pushing yourself outside your comfort zone and participating enthusiastically during the Andrew Chinn concert. Well done! *From Ms Gurry*

**Eve I** - For being an excellent self-manager in all areas of her learning and for consistently showing respect to others. Well done! *From Ms. Gurry*



Samantha N 2M  
Eva T 5C  
Miranda N 5D  
Joy Ken T 5D





**SAVE THE DATE**



Tuesday, 16th August 2022

7pm

Our Lady's Primary School

## *A Writer's Workshop information evening for parents hosted by Deb Sukarna*

*Deb has been a leading educator for 37 years and has presented professional development programs for State, Catholic and Independent schools. She has worked in the United States and has co-authored a number of books on literacy education. In 2011, Deb was the recipient of the ACEL Hedley Beare Educator of the Year Award and received a Fellowship in Leadership from ACEL in 2014. Deb has been both a Primary Principal and Principal of a Balinese Community School. She has recently retired from Ivanhoe Grammar School as Head of Plenty Campus (Prep to Year 12) and Deputy Principal of Ivanhoe Grammar School (2004-2016). Deb has an expertise and passion for literacy and her workshops are based on her own classroom practice from ELC to Year 9.*

How can I help my child with their writing?

What's a Writer's Notebook?



How do children learn to write?

Why do students use seeds for writing?

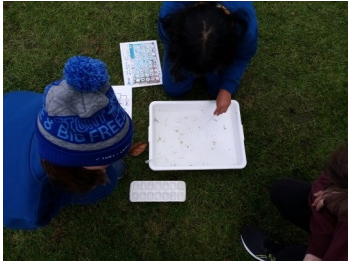
How is the Writer's Workshop organised?



# Andrew Chinn at Our Lady's







# Year 5 at Port Phillip Eco Centre





# EXCITING NEWS

## Teeth on Wheels are visiting next Term



**PAPER FREE FROM 2022- ONLINE FORMS ONLY**

At Teeth On Wheels, we provide the highest quality dental treatment while making it fun, positive and memorable for children.

With the help of the government your child might be eligible for **FREE** dental care.

Our dental services include:

- ✓ Check-ups
- ✓ Scale, Clean and Fluoride Treatments
- ✓ Fissure Sealants
- ✓ X-rays
- ✓ Fillings
- ✓ Extractions

Proud Partners with



**CLICK HERE TO COMPLETE YOUR FORM**

TeethOnWheelsAustralia #teethonwheels

Phone: VIC (03) 9338 1191

Email: [info@teethonwheels.com.au](mailto:info@teethonwheels.com.au)

Dear Families,

We are excited to have Teeth on Wheels Visiting our school for dental visits starting on the **29th of July**.

Below is a link to their E-form which needs to be completed **by 29th of July** for your child to participate.

**PLEASE KEEP IN MIND NO PAPER FORMS WILL BE GOING OUT FOR 2022.**

<https://teethonwheels.com.au/consent-forms/consent-eform/>

Teeth on Wheels are focused on providing a positive dental experience and specialise with working with children. They can provide check-up and clean appointments and more onsite and will be able to advise you if your child is eligible to received dental care for **FREE** under the Child Dental Benefit Schedule.

Complete your form today and the Teeth on Wheels team will be in contact to schedule your child's appointment.





CAROLINE  
CHISHOLM  
CATHOLIC COLLEGE

# Parent Information Night

**Caroline Chisholm Catholic College will be holding a Parent Information Night for families interested in joining our school community.**

Hear from our Principal, Mr Robert Brennan as he unpacks who we are, what we offer and what our plans for the future are. Information about enrolments for Year 7, 2024 will also be available.

## Session 1

Monday, 25 July 2022  
4.30pm-5.30pm  
(gates open at 4.15pm)

OR

## Session 2

Monday, 25 July 2022  
7pm-8pm  
(gates open at 6.45pm)

**Location** Quin Auditorium, 204 Churchill Avenue Braybrook. *Enter via Gate 3.*

**RSVP** Visit [cccc.vic.edu.au](http://cccc.vic.edu.au) or scan the QR code to let us know you can join.  
Please RSVP by Friday 22nd July.





# EXTEND OUTSIDE SCHOOL HOURS CARE

**Why not make Term 3 that much easier by booking  
your Extend needs in advance!**

Secure your place in Before and After School Care right now.  
You can book 24 hours a day, 7 days a week!

Rest assured your child will be enriched with educational fun  
and games in the safe and reliable hands of our Extend educators.

You can sit back and relax knowing your children will be cared for  
throughout Term 3.

**Visit [extend.com.au](https://extend.com.au) to enrol your child or book your sessions today!**

**BOOK 14 DAYS IN ADVANCE TO SAVE MONEY!**

**Enquiries 1300 366 437 Book online today [extend.com.au](https://extend.com.au)**





# SCHOOL HOLIDAY SPORTS CLINIC

## **Week 1**

**Monday 27 June - Basketball**

**Tuesday 28 June - Multi-Sports**

**Wednesday 29 June - Soccer**

**Thursday 30 June - AFL**

**Friday 1 July - Gymnastics**

## **Week 2**

**Monday 4 July - Soccer**

**Tuesday 5 July - Multi-Sports**

**Wednesday 6 July - Min-Y Tennis**

**Thursday 7 July - Basketball**

**Time - 10am - 4pm**

**Age Range - 5 - 12yo**

**Price - \$45 per day**

**Register today!**



## INSIGHTS

# Why validation is the best parenting skill of all



At a time when the mental health and wellbeing of children and teenagers is firmly in the spotlight, validation is an essential parenting skill.

When a child or teen comes to you when they are struggling emotionally, they want you to understand their dilemma. They don't want to be dismissed or told to 'get over it'. They generally want someone to acknowledge that their concern is real with comments such as:

*"I see you're worried about going to camp. I can understand that."*

*"Thanks for telling about the scary monsters in your bedroom. Let's see what we can do about them."*

*"I'd be afraid too if I was left alone on my own for that long."*

### Validation of a child's struggles helps them

Validating a child's struggles helps in a number of ways. It works to:

#### **Build deep connection**

Relationships built at the time of vulnerability go deep and are hard to break.

#### **Promote a child's wellbeing**

Validation helps kids feel safe, which is what 'worry warts' and anxious kids want. Lack of understanding rather than fear itself often impacts negatively on a child's happiness.

#### **Overcome disappointment and build resilience**

Validation encourages kids to give voice to their concern or disappointment and either takes steps to rectify it or move on.

#### **Develop emotional intelligence**

Parental validation models emotional intelligence for children and teens. It requires you to identify the emotions that may be behind their language or behaviour.

#### **Encourage empathy**

Validation requires you to stop, listen and get on the same wavelength as your child.

### Four steps to validating your child's emotions

Follow these steps when your child comes to you with their worries or concerns to make sure they feel understood.

#### **Attend**

Stop what you are doing and give your child full attention.



# parenting\*ideas

## **Observe**

Listen with your eyes as well as your ears.

## **Reflect back their worries**

Get down to their eye level if necessary, saying something like, “I see you’re really concerned about this.”

## **Touch**

If appropriate, gently touch their shoulder or give them a hug when you speak to them. This will help them feel safe and comforted.

There’s no better feeling for a child or teen who is struggling than knowing someone they value truly understands them.



### **Michael Grose**

Michael Grose, founder of Parenting Ideas, is one of Australia’s leading parenting educators. He’s an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



## Gospel Luke 9:57-62

As Jesus and the disciples travelled to Jerusalem, they met a man on the road who said to him, 'I will follow you wherever you go.' Jesus answered, 'Foxes have holes and the birds of the air have nests, but the Son of Man has nowhere to lay his head.'

Another to whom he said, 'Follow me,' replied, 'Let me go and bury my father first.' But he answered, 'Leave

the dead to bury their dead; your duty is to go and spread the news of the kingdom of God.'

Another said, 'I will follow you, sir, but first let me go and say good-bye to my people at home.' Jesus said to him, 'Once the hand is laid on the plough, no one who looks back is fit for the kingdom of God.'

**On the road draw some people you know who follow Jesus.**

