



# OUR LADY'S SCHOOL NEWSLETTER

## 17 September 2021

[www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

**Parish Priest:** Fr. Peter-Damien McKinley  
**Principal:** Ms. Patrizia Bertani  
**Parish Mass Times:**  
English: Saturday 5.30pm, Sunday 9:00am, 10:45am & 5:30pm  
Vietnamese: Saturday 7.30pm, Sunday 12.30pm  
Chin: Sunday 2.30pm  
**School Phone:** 9312 2230  
**School website:** [www.olsunshine.catholic.edu.au](http://www.olsunshine.catholic.edu.au)

*Our Lady's is a Child Safe School*

*"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms." 1 Peter 4:10*

### **DATES FOR THE DIARY**

*Every Friday Assembly is online*

#### **Fri 17 September**

End of Term 3 at 3.15pm

#### **Mon 4 October**

Start of Term 4 at 8.45am

#### **Mon 1 November**

**School Closure - Report Writing**

#### **Tues 2 November**

Melbourne Cup Public Holiday

#### **Fri 12 November**

Yr 6 Confirmation

#### **Mon 15-Fri 26 November**

10 Day Swimming Program

### **PLEASE TAKE NOTE OF THE 2021 SCHOOL CLOSURE DAYS**

**Mon 1 Nov** Report Writing

Dear Parents,

Yesterday was a day filled with music and talent. Beginning with the Our Lady's Got Talent show and ending with the Our Lady's Disco. Thank you to all our many students who participated and show cased their many talents. I think Our Lady's school students have the best dance moves after watching our students dance away to Dolly the DJ's wonderful music. I would like to thank Ms Kriss Oliver (RE/Learning and Teaching Leader) for organising the Our Lady's Got Talent show. A big thank you to Mrs Christine Carabott (Deputy Principal/Wellbeing Leader) and Mr Greg Woolford (Family School Partnership Convenor) for organising the Our Lady's Disco.

We have arrived at the end of another term and we look forward to next term with a renewed sense of hope. Throughout this unique term of lockdowns and online learning we have been called even more so to care for each other. Regardless of the upheaval and uncertainty that this lockdown has created, with faith and love we as a school community have found the creativity and energy to successfully provide continuous learning opportunities for our students. In close collaboration with you the parents the staff has worked hard to find ways to maintain the children's motivation and engagement not only to their learning, but equally importantly to each other and to their school.

I would like to thank the Our Lady's staff for their courage and tenacity, their collaboration, care and unswerving dedication to our beautiful students. You have been amazing and have once again inspired me and uplifted this school community. With our students as our inspiration, we have faced and traversed through this term together, giving our all to making sure that we have woven and sprinkled in amongst the angst and uncertainty much joy, moments of laughter, success, a feeling of unity and belonging, care and many, many sparkling moments which we hope will be etched in our students' minds when they look back on this term.

A big thank you to Father Peter who has supported both myself and the school throughout this term. Father Peter sends his best wishes and hopes that the students, staff and parents of Our Lady's all have a safe and relaxing holiday.

This week is also the last for Mrs Tanya Majczak as she goes on maternity leave and prepares to meet her new bundle of joy. Thank you Mrs Majczak for taking on the role of intervention teacher for our junior classes this year. You have made a great difference to each and every child you worked with. They have all improved their reading skills and you have also created warm and trusting relationships with the students, building their self confidence and their wellbeing.

We will miss so many things about you Tanya, but we are so happy for you and your family. On behalf of us all I wish you nothing but the very, very best as you and your family prepare to welcome your new baby boy. We look forward to meeting him in the new year.



### **HOLIDAYS**

**Hooray for holidays!**

Thank you, God, for holidays, and all the good things they bring.

After you had created the world you rested, so you know how good holidays are. They are such a fun time!

Help us to make them a happy time for our parents, too, and for all the people we share the holidays with.

Please keep us safe. Thank you, God, for holidays!



A big thank you to all the wonderful students of Our Lady's school. You should all be very proud of your achievements this term. You have shown that you are focused on learning and improving by participating in the online classes and uploading all the work your teachers required you to do. You also cared for and looked after each other and contributed to making this a successful term.

Thank you to each and everyone of you for living out the Our Lady's school Gospel values:

**In faith and love we are people of**

**Justice**

**Service**

**Respect**

**Peace**

**Courage**

**Compassion.**



*Wishing our students, families and staff a safe and relaxing holiday. I hope that the holidays will give you the time and space to replenish your minds and your spirit.*

*May God fill you with faith, love, trust, grace and peace so that we can all reunite next term feeling refreshed and renewed.*

*Keep well and keep safe! See you in Term 4.*

Yours sincerely,

*Patrizia Bertani*

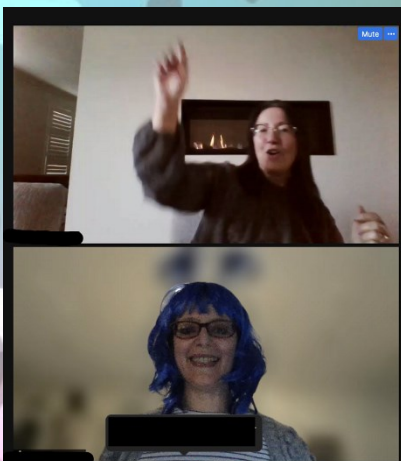
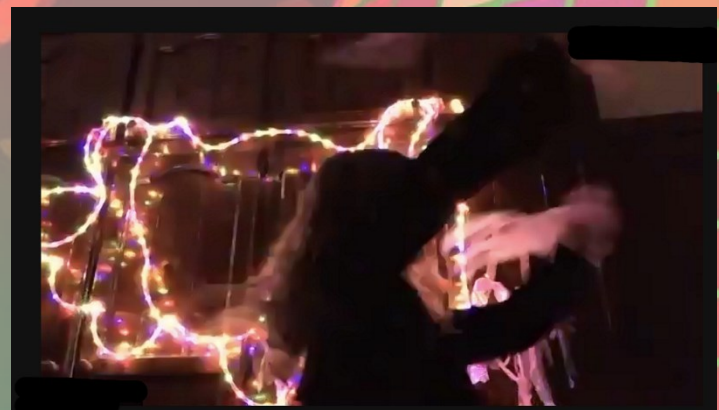
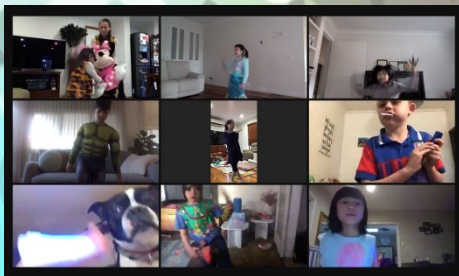
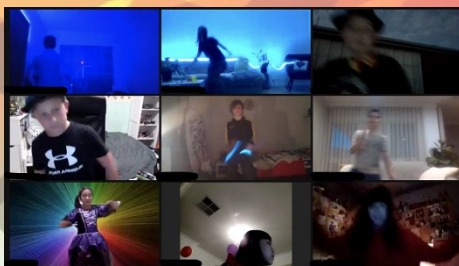
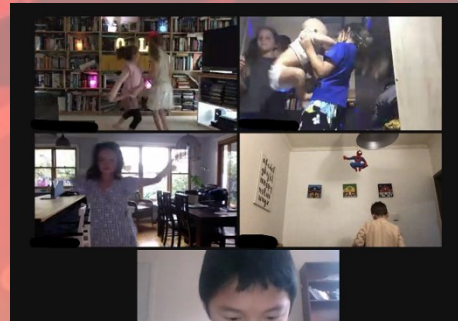
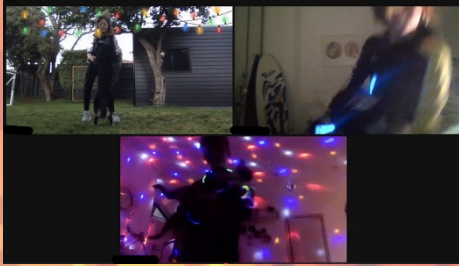
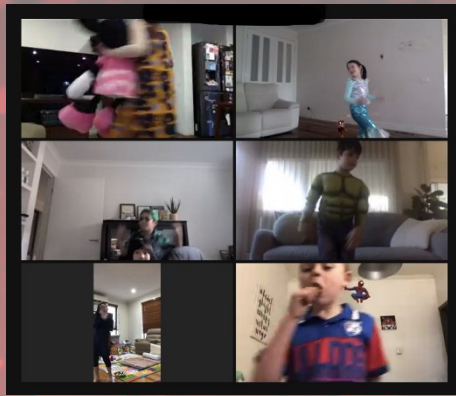
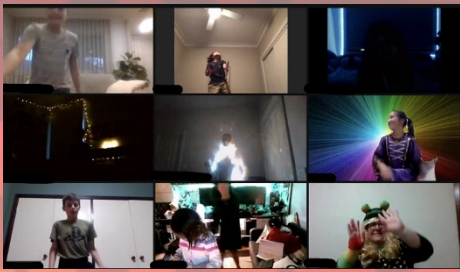
**Ms Patrizia Bertani**  
**Principal**

[principal@olsunshine.catholic.edu.au](mailto:principal@olsunshine.catholic.edu.au)



Peter D 3F  
Justin B 1K  
Sung Khun T 1L  
Emily K FJ  
Ms Cam Tu  
Aria W 4G  
Dao Lai Sa D 4G  
Sally P 3E  
Olivia T 2N  
Ms Wendy

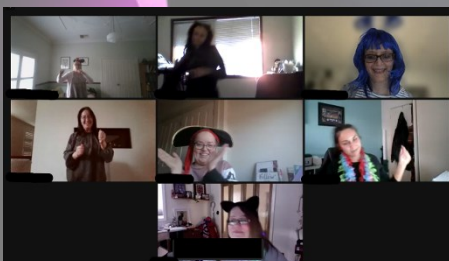
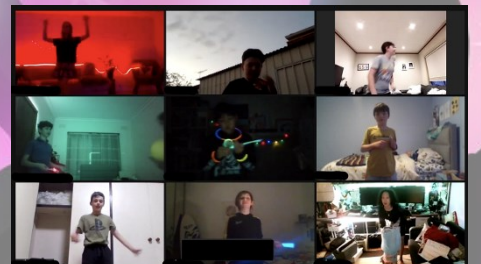
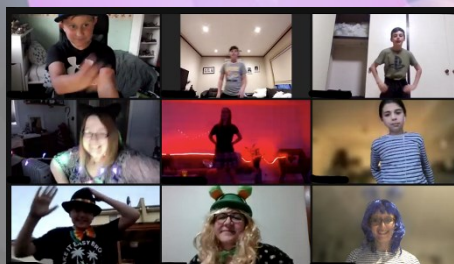
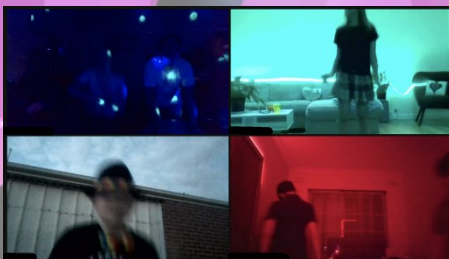
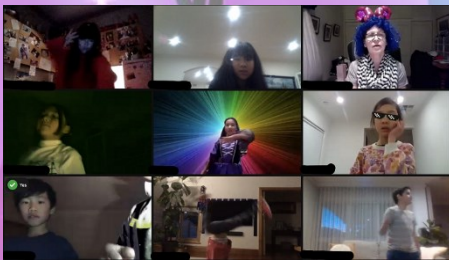
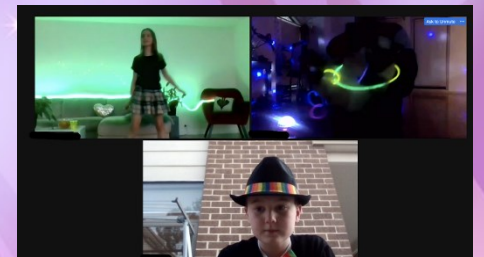
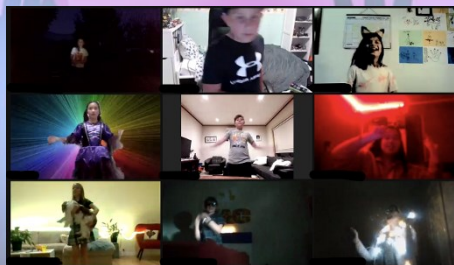
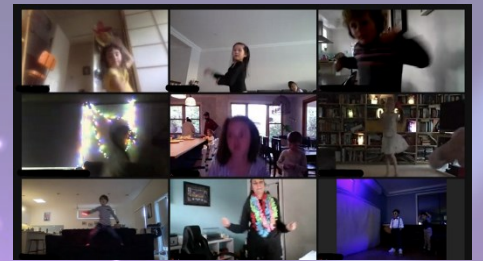
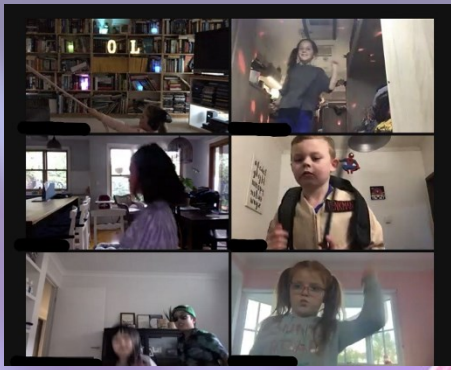














# save the date

We have organised for Michael Grose to facilitate an online information session for parents/ guardians that plans to provide many useful tips and information, especially during the difficulties the pandemic brings. See below for all the details.

## Parenting/Guardian digital presentation

**Topic:** Anxiety to resilience -How kids can turn their anxiety into resilience

**Speaker:** Michael Grose

**Date:** Tuesday 19th October 2021

**Time:** 7.00pm -8.30pm (AEDT)

**Venue:** A Zoom meeting link (to be shared closer to the date).

The pandemic continues to bring worry and anxiety to children and young people. Fortunately, there are many things parents can do to assist. While children are the special focus of this presentation, the messages of hope and resilience are just as pertinent for parents and teachers. In this presentation Michael cover:

- The origins of anxiety and why it's so prevalent today
- Essential tools to help kids self-regulate their anxiety and stress
- Ways that adults can effectively respond rather than react emotionally to kids' anxious moments
- The parenting style kids need when they're anxious



## **Michael Grose**

### **Parenting expert, author, speaker**

Michael Grose, founder and Managing Director of Parenting Ideas, is one of Australia's leading parenting educators and an award-winning speaker who has been informing and inspiring audiences in Australia, Asia, in the US and UK for more than 20 years. He was also the first person to conduct a parenting seminar to Federal politicians in Parliament House Canberra.

A recognised media figure Michael has had parenting segments on The Project, The Today Show, Weekend Sunrise, 3AW, ABC radio and more. He has contributed to Huff Post, Kidspot and Mamma Mia, and is a former columnist with News Ltd and Fairfax newspapers.

Michael is a former primary school teacher with 15 years' experience. He holds a Master of Educational Studies from Monash University specialising in parenting education and a Bachelor of Education and a Diploma of Primary Teaching from SCV Toorak University (now Deakin University).

He is a bestselling author of 12 books for parents including *Spoonfed Generation*, *Thriving!*, *Anxious Kids* and his latest re-release *Why First Borns Rule the World and Later Borns Want to Change It*.

Michael is the parent of three children who have all successfully flown the parenting nest.



### PREPARATIONS FOR 2022

As we are beginning our preparations for 2022 we ask that parents let us know as soon as possible if their children are not returning to Our Lady's next year. We have had many inquiries about places for 2022 and we need to let these parents know if there are places for their children. We currently have a waiting list for Prep and several of the other year levels are full, with enrolment enquiries coming in. **If your child is not returning in 2022 (apart from our current year 6 children) please complete the form below and return it to the office. It is vital that you return this form as soon as possible.**

***Thank you.***

#### Children NOT returning to Our Lady's School in 2022

Family Name: \_\_\_\_\_

Child/children's names

1. \_\_\_\_\_ 2021 Grade: \_\_\_\_\_

2. \_\_\_\_\_ 2021 Grade: \_\_\_\_\_

3. \_\_\_\_\_ 2021 Grade: \_\_\_\_\_

Name of our new school: \_\_\_\_\_

And / Or

Our new address: \_\_\_\_\_

***Signed:*** \_\_\_\_\_ ***(Parent)***

*Please return this form to the office as soon as possible*



## INSIGHTS

# Collaborative parenting style wins the day during COVID-19



The close quarter living that most of us have experienced during the COVID-19 pandemic has tested the patience and communications skills of even the most assured parent. The constancy of members living together is a test of family management skills, revealing any flaws or limitations that exist.

Those that rely on a coercive (“do as I say”) approach probably discovered that dominance works well in small doses, but fails miserably over the long-term, with family harmony severely impacted.

Parents who use a laissez-faire (“she’ll be right”) approach may have found that one or more children struggled with a lack of structure. In the absence of positive leadership, a child more than likely stepped up to fill the void, rendering parents with limited influence.

Those who used a parallel (“you go your way, I’ll go mine”) approach may have experienced a relatively quiet parental existence, but this will more than likely come at the expense of group cohesion and children’s mental health.

## Collaborative family leadership

Life in the family cocoon has suited parents that use a more inclusive, collaborative parenting style. This is a style that gives children a voice, commensurate with their developmental stages, in how the family conducts itself.

## Features of a collaborative family

Parents who adopt a collaborative approach impact family culture in positive ways, so that their family becomes a collaborative unit. Here are some features shared by collaborative families:

### Respect is a key value

This style of leadership treats kids with respect but importantly, expects respectful, considerate behaviour from children in return. When kids fail or forget to practise respectful treatment of others they are respectfully brought into line and reminded of their responsibility to others.

### Kids contribute

Kids in collaborative families generally help out without being paid. A jobs’ roster is the preferred method for ensuring kids contribute as authority is diverted from parent and rests with the group instead.

# parenting \* ideas

## Language is cooperative

Parents who adopt a collaborative approach generally use language that invites children to cooperate. They also use the word “We” a great deal. “We’re relying on you to set the table before dinner” reminds a child or teenager of their contribution to the family good.

## Rituals are strong

Collaborative families also use rituals such as mealtimes, special days and the like to build strong family bonds. These structured get-togethers are balanced with plenty of informal, fun activities where members can enjoy each other’s company.

## Decision-making is shared

Most parents who successfully adopt a collaborative leadership style have a process that engages kids in family decision-making and resolution of conflict between siblings. A regular family meeting or council is a common forum used by collaborative family leaders. These meetings may take time to get right and some effort to convince all family members of their benefits, however once they’re embedded they become an invaluable part of a family’s culture.

There are many ways and methods you can use to successfully raise a family, however not every method stands up to the scrutiny close of quarter living we’ve been encountering. With more time at our disposal, a wonderful opportunity exists to implement a collaborative leadership style, that will bring benefits well after the COVID-19 pandemic.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia’s leading parenting educators. He’s an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



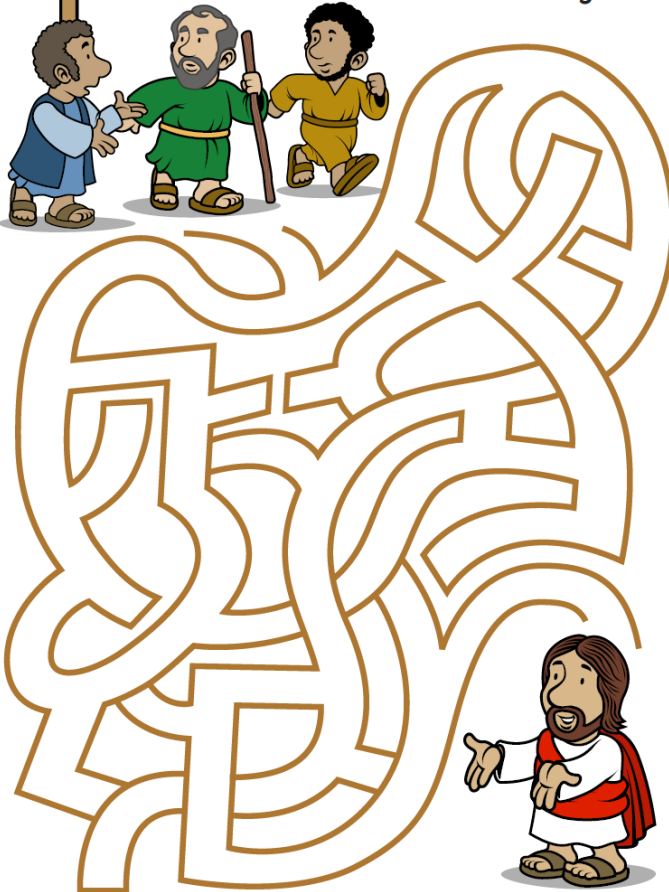
# Those who serve others are greatest

25th Sunday in Ordinary Time, Year B



The disciples travelled to Jesus' home and they argued along the way. Help them get to Jesus so that he can help them settle their argument.

CAPERNAUM



## Gospel

Mk 9:33-37

Jesus and his disciples came to Capernaum, and when he was in the house he asked them, 'What were you arguing about on the road?' They said nothing because they had been arguing which of them was the greatest. So he sat down, called the Twelve to him and said, 'If anyone wants to be first, he must make himself last of all and servant of all.' He then took a little child, set him in front of them, put his arms round him, and said to them, 'Anyone who welcomes one of these little children in my name, welcomes me; and anyone who welcomes me welcomes not me but the one who sent me.'



How can you be of service to others? Complete the following statements with words or pictures.

I can serve members of my family by...

I can serve my friends by...

I can serve people in my community by...