



OUR LADY'S SCHOOL NEWSLETTER

3 September 2021

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times:
English: Saturday 5.30pm, Sunday 9:00am, 10:45am & 5:30pm
Vietnamese: Saturday 7.30pm, Sunday 12.30pm
Chin: Sunday 2.30pm
School Phone: 9312 2230
School website: www.olsunshine.catholic.edu.au

Our Lady's is a Child Safe School

"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms." 1 Peter 4:10

DATES FOR THE DIARY

Every Friday Assembly is online at 2.30pm

Sun 5 September

Father's Day

Fri 17 September

End of Term 3 at 3.15pm

Mon 4 October

Start of Term 4 at 8.45am

Tues 12-Wed 13 October

Staff RE Conference—no school for the children

Mon 1 November

School Closure - Report Writing

Tues 2 November

Melbourne Cup Public Holiday

Fri 12 November

Yr 6 Confirmation

Mon 15-Fri 26 November

10 Day Swimming Program

PLEASE TAKE NOTE OF THE 2021 SCHOOL CLOSURE DAYS

Tues 12-Wed 13 Oct Staff RE Conference (re-scheduled)

Mon 1 Nov Report Writing

Dear Parents,

Amid the news that the lockdown has been extended we all try to find ways to deal with the feelings that come to the surface. I try to focus daily on the things that I am grateful for and to make some time each day to focus on these. Taking the time to be appreciative of the here and now rather than looking too far ahead or too far behind, is important during uncertain times such as these.

Participating daily in activities that re-energise us and help to lift our mood such as: walking, praying, exercise, connecting with nature, connecting with others and with ourselves, meditating, listening to music, humour or simply relaxing support our wellbeing.

Joining the Our Lady's community for the Friday assemblies or the online incursions and events that we have on each week is also a great way to connect with others and find the joy in the present. Never hesitate to contact us if you are in need of any support, we are here for our community.

NAPLAN 2021

This week we were able to access our school's NAPLAN results and I was very happy to find that the results showed that our school was outperforming the State in every area: Reading, Writing, Spelling, Grammar and Punctuation and Mathematics for both Year 3 and Year 5. Although NAPLAN is a snapshot of students' learning, it is also used as a tool by schools to see how they are performing overall. This is a wonderful result for our school community as it demonstrates that our students continued to learn and grow.

We owe much of this achievement to you the parents who have supported the teachers so brilliantly over last two years. We should all be very proud of our results and our Year 3 and 5 students.



A FATHER'S DAY PRAYER



Heavenly Father, you entrusted your Son, Jesus, the child of Mary, to the care of Joseph, an earthly father. Bless all fathers as they care for their families.

Give them strength and wisdom, tenderness and patience; support them in the work they have to do, protecting those who look to them, as we look to You for love and salvation, through Jesus Christ our rock and defender, in union with the Holy Spirit, one God forever and ever.

St Joseph, Pray for all our Fathers.

Amen

We hit the headlines in the Star Weekly!

Many of you know that I have applied for a building permit from the Brimbank Council. Hopefully we will have that permit by the end of this month. If things go to plan we hope to start building by the end of June in 2022. The building should take a year to complete.

Below you will see an article that came out in this week's Star Weekly and included a schematic, initial draft of what the building may look like. It is a very exciting project for our school community which will ensure that our students and families have continued access to a contemporary and quality learning environment. I'm sure that you are just as excited as I am about this new possibility for our school.

Government commits \$3m to Sunshine school upgrades

Funding for the first stage of a masterplan for Our Lady of the Immaculate Conception Catholic Primary School in Sunshine has brought a buzz to the school community.

The school has applied for grants for upgrade works for the past three years. Its hand work recently paid off, with the state government committing \$3 million funding.

The funding is part of the third round of the Non-Government Schools Capital Fund.

Principal Patrizia Bertani said the funding would allow the school to start stage one of the three stage masterplan for the 101-year-old school.

"We are delighted and it's a dream come true," she said.

"We've been waiting for this for three years, it's a third time lucky.

"School improvements lifts the environment not only at the school and around the area. The



Concept design of the new building. (supplied)

new building will be built around our broad concepts of collaboration, diversity, flexibility, inclusivity and safety.

"We are proud to be in Sunshine and want nothing but the best."

Ms Bertani said the school would get a new double-storey building which would include 10 flexible learning spaces.

She said the new building would replace some of the old buildings including one which

is at least 70 years old.

"Our school has been dedicated to quality primary education for the local community, quality Catholic education," she said.

"These really up-to-date contemporary facilities will not only be for the students, but for when we invite the community into our presence.

"The buildings will be safe and inclusive for all students to learn. We want students to be comfortable and the build will help engage students with flexible and diverse learning spaces.

"They will meet the current and future needs of the community."

Ms Bertani thanked Education Minister James Merlino and the state government for the funding on behalf of the school community.

Tara Murray

Tuesday, 31 August, 2021 BRIMBANK & NORTHWEST STAR WEEKLY 5

FATHER'S DAY

Wishing all the Dads, Grandfathers, Step-Fathers, Uncles and those we love like Fathers in our community a very Happy Father's Day for Sunday. We hope you are able to enjoy their day with people you love and who love you.



Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au

Ms Oliver
Michael S 5C
Hannah L 1L
Van Duh C 4H
Akoldh N 1L
Zac W 4H
Ethan N 3F
Lincoln B 2M

**IT'S OUR
BIRTHDAY!**



Reflections from our Year 5 students on their virtual camp experience.



Asha 5D

Thank you for all the effort and time you put into the grade 5's camp day it was so so much fun I think it was as close to going as possible, once again thank you so much it was awesome.

Nhien 5C

Dear All Teachers that organised our camp,

Thank you so much for organising a virtual camp for us even though we all know that we all would rather be at a real camp all together. You put so much effort into the Camp and it all paid off, we had the best camp experience ever! Even though it wasn't a real camp all together, I think everyone in Grade 5 is still thinking of this amazing time that we got to have.

Sidney 5C

Dear Miss Kaan and Miss Marina,

Thank you so much for putting camp together. It must have been such a hustle. I was so grateful to be a part of the first (and hopefully the last) Our Lady's virtual camp experience! We are all so happy and grateful that you (and everyone else involved) went to this level to create a substitute for our camp.

Miller 5C

To the teachers that made the best home learning day ever. Ms Kaan, Ms Marina, Ms McManus, Ms Pina and Ms Oliver. This was one of the funnest and best times. You have put so much time to do this for us so thank you very much. You made all the activities as fun as you all are. Again, thank you very much.

Karen 5D

Dear to all the teacher who organised camp,

Thank you so much for organising this amazing camp, even though we're in lockdown right now, you guys make the lockdown fun!

Julianna 5C

Dear teachers,

Thank you for organising this fun day for us! You put so much time and effort into the camp day and we all appreciate this very much. One of the main highlights of the virtual camp was making damper with Miss Kaan, it felt like I was on MasterChef! I also loved the quiz that Miss Marina had organised. All of the activities that you planned were so fun, that I can't find the right words to explain it! Once again, thank you for all the hard work you did to make this happen.





Our Lady's Online Disco: At Home in your Lounge/living room

We invite you to OLPS first

ONLINE DISCO

**When: Thursday September 16th
Years Foundation – Year 3 @ 5:00-5:45pm
Years 4-6 @ 6:00- 6:45 pm**



We hope to bring some **cheer and fun** to your living rooms and provide an opportunity for fun and a catch up, you are invited to some time to dance, sing and have fun with your school friends online. **This is a school event happening in two segments and will be run online through Zoom, hosted by Dolly's Disco Bingo.**



What you can expect?

Dolly will play your favourite songs, take requests and lead us all in the Dance Party.

You can dress up and/or bring items in your home for fun.

e.g. wigs/hats/ costumes/hairbrush microphones/egg spatula etc. These items can be on standby for dancing/lip syncing/couch dancing.



All dancers welcome and encouraged! Please turn on your screen for this event. Your screen will be randomly highlighted to encourage you to dance! So don't be shy!

You can make a costume change, have fancy lights, plug into the Smart TV, or have a Bluetooth speaker. *Dress to impress!* Dolly will take requests as well on the night via the chat function on zoom.

How to join?

Parents and children, we will send the zoom link via Seesaw 5 minutes before your session starts. So at 4:55pm for F-3 students and 5:55pm for 4-6 students. We will have the link open 5 minutes prior if you want to check your settings.

We hope to see you at the disco for some dancing fun!

Regards

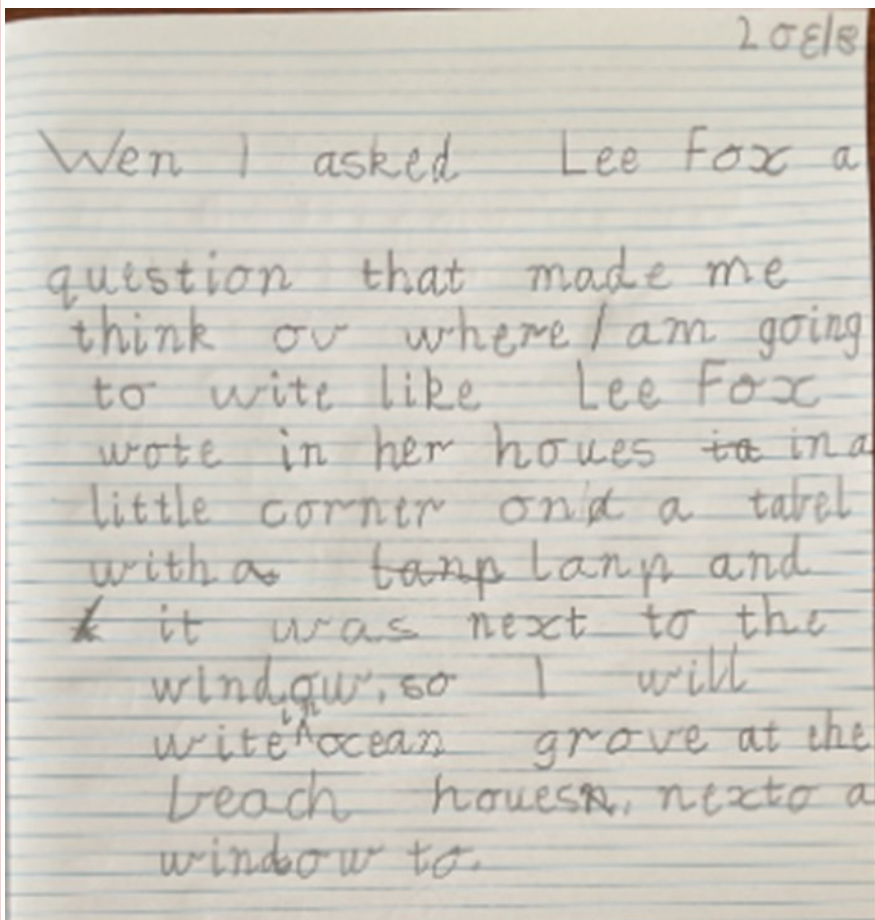
Mrs Carabott & Mr Woolford

Lee Fox Incursion Reflection

After Lee Fox showed us where her writing area was, Indi from FI asked Lee why she chose to write in the corner by the window?

Lee Fox replied that as a writer, sometimes you get stuck or you need a break. So what she does is look out the window at the garden to give her brain a break or to focus on something outside she notices.

This was Indi's reflection after the incursion. She answered the question 'What has it got you thinking?'



Indi wrote: "When I asked Lee Fox a question that made me think of where I am going to write like Lee Fox wrote in her house in a little corner and a table with a lamp and it was next to the window. So I will write in Ocean Grove at the beach house next to a window too."

Indi dressed as George from the Famous Five!



Book Week 2021

ONLINE BOOK WEEK PERFORMANCE

Monday, 6th September

9:15am Foundation-Year 3

11:40am Years 4-6

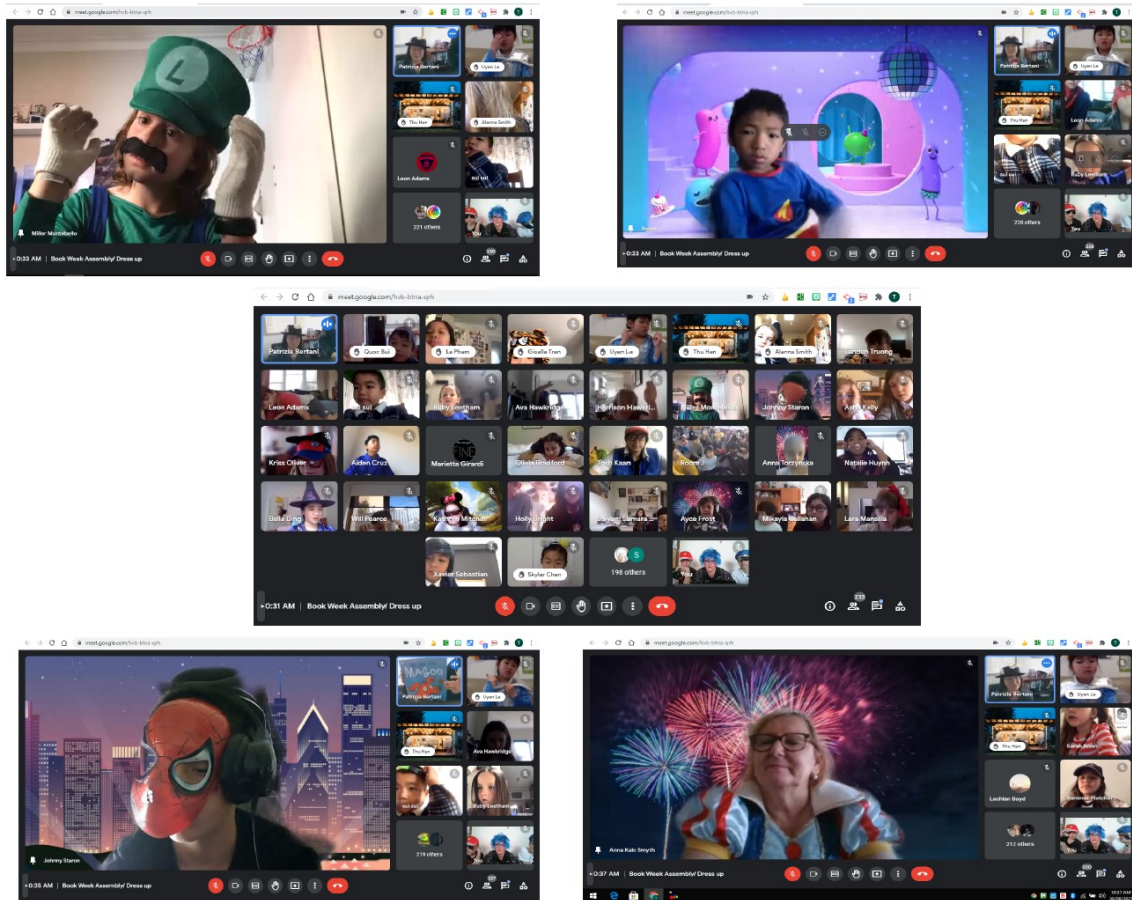


Please join us on Monday, 6th September for a special Book Week performance by Perform Education. Please use this link <https://performlivestream.com/> and enter the school password **gF9R4Ou** 5 minutes before your session and then wait for the host to begin. See you there!

BOOK WEEK REFLECTIONS



Book Week 2021



Tristan Bancks Author Visit Year 6

"Tristan Bancks is a skilled author with lots of potential and has a great imagination. So why don't you hop online and go buy some of Tristan Bancks books and give yourself a challenge of reading one in less than a week!" By Marietta

"I really liked it because Tristan gave everyone some tips and tricks about how to write the best stories. I will definitely use those tips and tricks in the future!" By Izabella

"His biggest advice is to read and write a lot. Try to write daily so that you can get better ideas each time you write. Try to write in different places so your writing can expand." By Esthy

Lee Fox Author Visit Foundation

"I asked Lee Fox a question that made me think about where I am going to write like Lee Fox. In a little corner, on a table and with a lamp next to the window. So I will write in Ocean Grove, next to the window too." Indi

insights

Father to Father

by Michael Grose



As a father and father-in-law to three young dads, it's great to see each of them embracing the life-changing nature of fatherhood and becoming fully involved in their children's lives.

I see myself in these young fathers, and in doing so I'd like to guide them away from making the same fathering mistakes I did. However, knowing that young dads are loathe to take fathering advice from a member of the previous generation, I'll give the following advice to my younger self instead:

1. Play to your strengths

Men generally parent differently to women, based on their biology. Fathers often parent in a more active or action-oriented way than mothers so games, play and physical activity become important parts of a man's parenting repertoire. Your partner may not always appreciate your more active approach, particularly if you play with kids just before bedtime then leave it to her to calm them down.

Practical advice: Be yourself, but be smart about it!

2. Lighten up – don't take yourself too seriously

It's easy to get caught up in your own importance, taking yourself and your work too seriously. For many men a bad day at work translates into poor or, at best, distracted experiences when they're with their families. Consider putting a strategy in place, such as exercise, that will help you leave work and the moods it engenders behind.

Practical advice: Be present in mind as well as in body when you're with your kids.

3. Have something in common with each child

It would be wonderful to say that you can always connect with your kids, but family life is not that straightforward. There'll always be a child who we struggle to connect with or a developmental stage during which a child seems alien to us. In these cases and times it helps if you share a common interest (such as a love of sport or music) with a child so that you always have something that will bring you together, even though you may not always see eye to eye.



Practical advice: Be prepared to take an interest in your child's interests.

4. Take it easy on your son

Many dads are tough on their boys and have expectations way above their son's interest and ability levels. It helps

to remember that it takes a little longer for a boy to mature. Resist the temptation to turn every game and every joint activity into a lesson and avoid giving advice when all your son wants is some understanding.

Practical advice: See the boy as he is now, not the future man, when you spend time with him.

5. Enjoy the outdoors with your daughter

The biological nature of fathering causes most men to be very protective of their daughters. But that doesn't mean you should put your daughter on a pedestal and treat her like a little princess. Expect a lot from her. Play with her, and get her outside into nature as it will do wonders for her confidence levels.

Practical advice: Enjoy spending time with your daughters on a daily basis.

6. Be ready for kids to knock you off your pedestal

Most children in the pre-school and middle- to late-primary school years look up to their dads. "My dad is better/bigger than your dad" is a type of mantra that's familiar to many parents. Make the most of it as this Superman Syndrome doesn't last. Young children soon become adolescents and will go to great lengths to prove that you're Clarke Kent after all. Expect that they will stop laughing at your jokes, raise an eyebrow at your well-intentioned advice and even stop being friendly to you in public. Ouch! It can be hurtful to a man who just wants to be the best dad he can be.

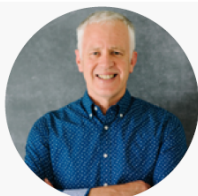
Practical advice: See number 2 above: don't take yourself too seriously.

7. Give your kids a compass and a map

One day your children will become independent of you. Don't worry! You won't be irrelevant, just redundant in a practical and managerial sense. There are two things you can do to help your kids safely navigate the world when you're not around. First, help them develop a set of positive values including integrity, honesty and respect that will act as their moral compass when they have difficult decisions to make. Second, reveal your personal story over time as this narrative will become a personal map that will reassure them when life gets tough. It's good to know that they are not in uncharted territory when they finally strike out on their own.

Practical advice: Tell kids your story – don't make them guess it or learn it from someone else.

Father's Day is a wonderful opportunity to reflect on the contribution that men make to the lives of their children. It's a very personal reflection as each man's experience of fathering is as unique as the children they are raising. I invite you to reflect on your own fathering as well as the contribution that fathers – whether your own dad or someone else's – have made to your own life.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.

Jesus cures a man who cannot hear or speak

23rd Sunday in Ordinary Time, Year B



Finish the story of Jesus healing the deaf man by adding the missing words and pictures.

Jesus travelled to the land of Decapolis.

A crowd of people _____ Jesus to heal a man who was _____ and could not speak properly.



Draw Jesus walking along the road

Draw the deaf man

Jesus touched the man's _____ and tongue and said, 'Effatha!', meaning '_____ up'.



The man was very happy because now he could hear and talk! The people praised Jesus.



Draw the people celebrating and praising Jesus

Gospel

Mk 7:31-37

Returning from the district of Tyre, Jesus went by way of Sidon towards the sea of Galilee, right through the Decapolis region. And they brought him a deaf man who had an impediment in his speech; and they asked him to lay his hand on him. He took him aside in private, away from the crowd, put his fingers into the man's ears and touched his tongue with spittle. Then looking up to heaven he sighed; and he said to him, 'Ephphatha,' that is, 'Be opened.' And his ears were opened, and the ligament of his tongue was loosened and he spoke clearly. And Jesus ordered them to tell no one about it, but the more he insisted, the more widely they published it. Their admiration was unbounded. 'He has done all things well,' they said 'he makes the deaf hear and the dumb speak.'



Jesus did many good things, such as healing people and helping those in need. What are some good things you can do for others?