

OUR LADY'S SCHOOL NEWSLETTER

7 November 2019

www.olsunshine.catholic.edu.au

Parish Priest: Fr. Peter-Damien McKinley
Principal: Ms. Patrizia Bertani
Parish Mass Times: Saturday 6:00pm
Sunday 9:00am, 10:30am & 5:30pm
School Phone: 9312 2230

School website: www.@olsunshine.catholic.edu.au *Our Lady's is a Child Safe School*

'In his hand is the life of every living thing and the breath of all mankind' Job 12:10

DATES FOR THE DIARY

Thurs 7 Nov

2020 Foundation Transition Session 2.00-2.45pm

Fri 8 Nov

Year 6 Confirmation Prayer Day

Mon 11 Nov

Remembrance Day

Tues 12 Nov

2020 Foundation Transition Session 2.00-2.45pm

Mon 18-Fri 29 November

Whole School 10 Day Intensive Swimming program

Tues 3 Dec

2020 Foundation Transition Session 2.00-2.45pm

Wed 11 Dec

Step Back in Time Performance 7.00pm Quin Auditorium

Mon 16 Dec

Graduation Mass for Gr 6 at 5.45pm

Tues 17 Dec Last Day of 2019

11.30am Final Mass

3.15pm School finishes for 2019

SACRAMENTS

Fri 15 Nov

7.00pm Confirmation

Dear Parent,

Last Friday we had our last Parents and Friends meeting for the year. I would like to highlight the dedication and hard work of the Parents and Friends Committee members who led the organisation of so many fun and exciting events throughout the year. On behalf of our whole school community we thank-you all.



This year the Parents and Friends raised a total of \$3525.65! This money will be used to enhance our current Reading re-

sources by purchasing new books for Years 3 to 6 classes to use. I invite you to please think about joining the Parents and Friends Committee in 2020. it is important that we have more members coming in 2020. We will be trialling both morning and evening meetings in the hope that more people will be able to attend.

Many thanks to all of you who have volunteered throughout the year at the various events organised by the Parents and Friends Committee members. Your hard work has made a positive difference to our school.

Crazy Sock Fundraising

CONGRATULATIONS AND THANK YOU to all our stu-

dents and families for raising \$320 for Catholic Missions on our Crazy Sock day last Friday. Thank you for living out our school values.



Foundation 2020 Transition

Today we will be having our first Transition session for the Foundation 2020 students. It is a wonderful opportunity to warmly welcome back existing families with young siblings and to also embrace new families to the Our Lady's Parish School Community. The three sessions that are offered are intended to support the children in making a confident and smooth start as they begin their first year of schooling. The next two Foundation Transition sessions will be on Tuesday 12th November and Tuesday 3rd of December.

Loaves and Fishes Prayer

This is a story of sharing. People shared and Jesus shared.

Jesus, Lord and Redeemer, when the people were hungry some of them shared their food.

Because some people were generous you were able to feed thousands on the mountainside that day.

Help us to remember that you work through us. May we open our hearts and our lives to the needs of others.

Help us to come forward as these people did.

May we learn to give in your name.

Amen



Absenteeism and Lateness

I would like to share this information with all parents to highlight the importance of regular school attendance. If we are to provide the optimal learning conditions for all children the school and parents need to collaborate. It is a useful guide and clearly explains the consequences of both absenteeism and lateness.

0-6days

This is within normal range. A child with this attendance rate is able to take full advantage of the teaching and learning opportunities available to them.

7 – 10days

This attendance rate is below average. A child with this attendance rate could miss over one year of schooling between reception and year 10.

11 -20 days

This is a poor attendance rate. A child with this attendance rate could miss out on up to two years of schooling between reception and year 10.

20+days

This is a very poor attendance rate. A child with this attendance rate could miss over two and a half years of schooling between reception and year 10.

Remember

Students need to attend school regularly to make the most of educational opportunities. There is a direct link between school attendance and achievement in later life. Poor patterns of attendance in the early years leads to poor attendance throughout the school years.

When young people are in school every day, they are safer and less likely to be victims of crime or become involved in crime.

Latecomers

A student who comes fifteen minutes late for school everyday is missing more than you think.

15 minutes per day adds to 1 hour 15 per week. If we take this out of the Numeracy block where classes generally teach five hours per week, by the end of the year the students has nearly missed one terms worth of Maths. Can your student afford to lose this?

The same things add up if we consider this as a literacy block where classes generally have ten hours per week. The percentage is halved, but it still adds up to a student missing nearly half a term of literacy. Lateness adds up quickly!!



DATES FOR 2020

Tuesday 28 January Staff back at school

Wednesday 29 January Getting To Know You Sessions Day 1
Thursday 30 January Getting To Know You Sessions Day 2

Families will attend a time on one of these two days to meet their 2020 teacher.

Friday 31 January Classes begin for all students Foundation to Grade 6 8.45am-3.15pm

Monday 3 February *Professional Development Day for Staff (Literacy Focus)*:

No school for the children

Tuesday 18 February Professional Development Day for Staff (Review planning):

No school for the children

No school for the children

Yours sincerely,

Patrizia Bertani

Ms Patrizia Bertani

Principal

principal@olsunshine.catholic.edu.au

REMEMBERANCE DAY 2019

The Sunshine RSL has provided the school with the following items for Remembrance Day
11 November 2019. All are available at the Office







\$2.00 poppy

\$3.00 bracelet

\$4.00 bag tag

Children NOT returning to Our Lady's School in 2020	
Family Name:	
Child/children's names	
1	2019 Grade:
2	2019 Grade:
3	2019 Grade:
4	2019 Grade:
Name of our new school:	
And / Or	
Our new address:	
Signed:	(Parent)
Please return this form to the office as soon as possible	



parenting *ideas

insights

8 confidence-building strategies every parent and teacher should know

by Michael Grose



POSITIVE PARENTING

Instilling confidence takes more than heaping praise on kids. Here are 8 practical confidence-building strategies for parents and teachers of children and young people.

Children with healthy self-esteem and self-confidence learn more, achieve more and are generally happier than those with low confidence levels. Building children's and young people's confidence is complex. It's more than being a praise robot and heaping positive comments on a child at the first sign of them doing something well. Confidence building requires a number of approaches that impact on how they think, how they feel and what they can do.

Here are eight practical strategies that you can use to build real self-confidence in kids of all ages:

1. Model confident thinking

Kids soak up the language, thinking and behaviour of those closest to them in their environment. Parents and teachers, play a part in modelling confident thinking and behaviour particularly when it comes to tackling new activities. In particular, let kids hear positive self-talk when you tackle something new. They should hear something like, "I'll have a go at this. If I don't do so well then I can try again tomorrow." This is far more effective than "I'm no good at this. I'll probably stuff it up."

2. Focus on effort & improvement

Current thinking shows that people who believe that they can increase their intelligence through effort and challenge actually get smarter and do better in school, work, and life over time. One way to develop a growth mindset is to focus your language on effort and improvement rather than on the results of what they do. By linking success with effort you are teaching them success comes from something other than purely their ability, talents or smarts.

parenting *ideas

3. Praise strategy

While effort is key for achievement, it's not the only thing. Kids need to try new strategies and seek input from others when they're stuck. They need this repertoire of approaches – not just sheer effort – to learn and improve. It helps too to focus language on better and smarter ways on improving. Comments such as "That was a smart idea to tackle the hardest task while you were fresh!" (strategy) and "You recognised the first few steps were the most important but then after that you were right" are descriptive statements that have significant instructional value for kids.



4. Develop self-help skills from an early age

A child's self-esteem comes as a result of his or her successes and accomplishments. The most important competencies to build confidence are basic self-help skills. These form the building blocks upon which other competencies such as organisational skills and many social skills are formed.

5. Give them real responsibility

From a young age start giving children responsibility for some aspects of their lives. By giving kids responsibility for many aspects of their lives we are sending a powerful message that we think they are capable. Also they are learning the skills necessary to care for themselves.

6. Practise unconditional acceptance

Your ability to accept children and young people's best efforts in any area of endeavour, irrespective of the results, will go a long way toward to determining their self-esteem and confidence. If a child makes their bed to the very best of their ability, resist fixing it, even though it may fall short of your adult standards. Instead remind them next time of how to do it well.

7. Expand their horizons

Some kids are confident and capable at home but are fearful and nervous when it comes to new social situations and unfamiliar environments. Children today, have less opportunity than those in the past to negotiate and explore unpredictable situations. Wherever possible look for opportunities to expand children's horizons to include unfamiliar places and unfamiliar locations including catching public transport and walking to friends' places unattended when capable.

8. Recognise improvement

Focus your comments on children's effort and improvement rather than on winning the game or getting top marks. Help kids set realistic goals in line with their capabilities and interests. Learning five new spelling words a week maybe more realistic than 20 words that his school may require.

Most importantly, great parents and teachers have a knack of communicating confidence in kids. They find ways to let kids know that they believe in them – that they know their kids will perform and succeed, that they have faith that they can deal with life's challenges and know that they can become more independent.





During our life we prepare for a time when God will be with us forever in heaven.
Write down things you can do that prepare you for eternal life with God.

Gospel

lk 20·27-38

Some Sadducees – those who say that there is no resurrection – approached Jesus and they put this question to him, 'Master, we have it from Moses in writing, that if a man's married brother dies childless, the man must marry the widow to raise up children for his brother. Well, then, there were seven brothers. The first, having married a wife, died childless. The second and then the third married the widow. And the same with all seven, they died leaving no children. Finally the woman herself died. Now, at the resurrection, to which of them will she be wife since she had been married to all seven?'

Jesus replied, 'The children of this world take wives and husbands, but those who are judged worthy of a place in the other world and in the resurrection from the dead do not marry because they can no longer die, for they are the same as the angels, and being children of the resurrection they are sons of God. And Moses himself implies that the dead rise again, in the passage about the bush where he calls the Lord the God of Abraham, the God of Isaac and the God of Jacob. Now he is God, not of the dead, but of the living; for to him all men are in fact alive.'

Spot the difference

Can you find the eight differences between these two pictures of seven brothers?

